

A LETTER FOR WOMEN

From a Woman Whose Serious Illness Was Overcome by Lydia E. Pinkham's Vegetable Compound.

Garnett, Kas.—"I first took Lydia E. Pinkham's Vegetable Compound for a complete nervous breakdown following the birth of my oldest child. I got up too soon which caused serious female trouble. I was so weak that I was not able to be on my feet but very little and could not do my housework at all. I had a bad pain in my left side and it would pain terribly if I stepped off a curb-stone. One day one of your booklets was thrown in the yard and I read every word in it. There were so many who had been helped by your medicine that I wanted to try it and my husband went to town and got me a bottle. It seemed as though I felt relief after the second dose, so I kept on until I had taken five bottles and by that time I was as well as I could wish. About a year later I gave birth to a ten pound boy, and have had two more children since and my health has been fine. If I ever have trouble of any kind I am going to take your medicine for I give it all the praise for my good health. I always recommend your medicine whenever I can."—Mrs. EVA E. SHAY, Garnett, Kansas.

Church Bells in Asia Minor. Church bells are an abomination to Moslems. In 1917, the Turks, hearing that the Germans had melted their church bells and made them into bullets, decided they would melt the church bells of Asia Minor. In order to add insult to injury some of the bell metal was made into stirrups, to show the Armenian Christians that they were both in fact and figure under the feet of their Mohammedan overlords. But the Armenians of Marash have collected the money for a good church bell, to be purchased in America, and are looking forward to a time when they can worship God in peace.

Important to Mothers. Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletcher* in Use for Over 30 Years. Children Cry for Fletcher's Castoria.

In a Bad Way. "I'm telling you the truth when I say that I was much happier when I was poor." "Then why don't you let your millions go and be poor again?" "That would be of no use. I'd still feel miserable thinking of those poor fellows cursed with money."

Sure Relief



BELL'S
FOR INDIGESTION
25 CENTS

6 BELL'S
Hot water
Sure Relief
FOR INDIGESTION

BETTER DEAD

Life is a burden when the body is racked with pain. Everything worries and the victim becomes despondent and downhearted. To bring back the sunshine take **GOLD MEDAL HARLEM OIL CAPSULES**.

The national remedy of Holland for over 200 years; it is an enemy of all pains resulting from kidney, liver and uric acid troubles. All druggists, three sizes. Look for the name Gold Medal on every box and accept no imitation.

WE REPAIR

FALSE TEETH IN 24 HOURS

Broken plates \$1.50 up. Mail teeth, we return same day.

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The Healthy Shaving Soap

Cuticura Soap shaves without sting. Everywhere.

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FRECKLES

POSITIVELY REMOVED by Dr. Barry's Freckle Remover. See description on box. Sold by all druggists. Write for Big Sales. **Howe Co., Plattsville, Oa.**

GIVE ATTENTION TO LITTLE CALF

Start It Right if It Is to Develop Into Healthy and Profitable Cow.

KEEP IN THRIFTY CONDITION

Milk Testing Four to Five Per Cent Is Not Readily Digested by Young Calves and Often Causes Scouring—Roughage Invaluable.

During the first six months of its life a calf needs considerable attention. If it is to develop into a healthy and profitable cow. At this time of the year when a great many calves are started special care should be taken not only to get them started right, but also to keep them in a thrifty condition.

It is economy to keep calf in such condition that it will gain one to one and one-half pounds daily, rather than to allow it to become at all stunted. As rich milk, testing four to five per cent, is not readily digested by young calves and often causes scouring, it is best to feed them three to three and one-half per cent milk. A strong calf at this time of the year can be given one pound of milk for every eight pounds of its live weight.

Be Careful With Gruel. Most dairymen get their calves gradually to eating some kind of calf meal fed in the form of a gruel, but many make the mistake of feeding too large a quantity of this gruel, thinking that it is not as wholesome as milk, and that they must, therefore, feed more of it to make up for the food value of the milk. This causes indigestion, and the calves become pot-bellied. The better practice is to feed from six to



Starting Early in Dairying.

eight quarts of gruel and give the calves a good allowance of granulation consisting of equal parts by weight of corn, oats, bran and oil meal.

Silage Often Disastrous. Silage is often fed to calves with disastrous results. This may be overcome by first feeding grain, milk and hay, then silage. Good roughage is invaluable, and it is a wise practice to use the second cutting of alfalfa or clover for calf feeding.

KEEP BIRDS OUT OF GUTTERS

Strip of Galvanized Wire Cloth or Netting Will Effectively Exclude Sparrows.

To keep the birds from nesting in the gutters or leaves from blowing in, a strip of No. 4 or No. 6 galvanized wire cloth or netting should be crimped on top of the eaves gutter or held in place by wire passed around at intervals of every two or three feet. The number of the wire cloth indicates the number of meshes to the inch, the finer being more suitable for the purpose. The covering will not interfere with a free passage of water, but will effectively exclude trash. Such a covering would be more effective if soldered in place before the gutter is put up.

RIGHT DRAFT OF EVENERS

First Thing to Do Is to See That They Are Working Free From Friction and Binding.

When figuring on the draft of eveners, and the allowance to be given, the first thing to see to is that the eveners are working free from friction and binding. After that, the next matter of importance is whether or not the part of the load to be carried by each horse is fair to the horse. Roughly, it will be found that a horse's working capacity is in proportion to its weight, that is, for horses of similar build. Put the bulk of the load on the bigger and stronger horse, but don't overdo the matter. A couple inches the advantage means a lot—both ways!

ROLLING CUTTER IS USEFUL

Most Satisfactory for Covering Weeds, Tall Stubble and Other Rubbish on Farm.

Weeds, tall stubble and trash can be covered more satisfactorily if a rolling cutter is used on the plow. Set the cutter so that it makes a cut deep enough to separate roots and stubble. The cut should be made just ahead of and outside of the point of the plowshare. A trash gatherer, chain or rod, will help turn the stubble under. If plowing with a tractor, a better job can be done if the speed is increased to three miles per hour.

DEVICE FOR HOLDING BAGS WHILE FILLING

Saves Backache and Many Useless Adjectives.

Contrivance Is Made of Half a Pickle-Barrel and Attached to Side of Bin or Granary—One Man Does Work of Two.

This device for holding sacks while filling them should save backache and many useless adjectives.

It is made of half a pickle-barrel with the ends knocked out, attached by a small block of wood to the side of a bin or granary.

Five or six nails driven through the sides of the barrel from the inside and pointed at an upward angle when the barrel is in place, hold the sack in place during the filling. The sack is



With This Arrangement for Holding the Sack, One Man Can Do the Work of Two.

pulled up over the bottom of the barrel as shown. It should be at the right height from the floor for filling, at the same time resting on the floor to prevent strain on the nails and tearing the sack.—Dale Van Horne, in Popular Science Monthly.

BOTH FRIEND AND NUISANCE

Crow Wages Warfare All Summer Long on Insect Pests—Raids Cornfield and Hen Yard.

That the crow's character is not so black as it is usually painted is disclosed by investigations made by the bureau of biological survey of the United States Department of Agriculture. In fact, the department's "birdmen" say that much of the work the crow does is of direct assistance to the farmer, for "Mister Crow" wages warfare all summer long on insect pests. In fact, insects supply about one-fifth of his food, and those which he prefers in his diet are the worst insect pests the farmer has to contend with—grasshoppers, caterpillars, and white grubs and their parents, May beetles.

On the other hand, the crow raids the cornfield and the poultry yard, and kills small wild birds and destroys their nests. From the evidence at hand the crow's merits and shortcomings appear about equally divided. While it would not be well to give it absolute protection and thus afford the farmer no recourse when the bird is doing damage, the bureau of biological survey believes that to adopt the policy of killing every crow that comes within gunshot would be equally unwise.

DISTRIBUTE EXCESS PROFITS

Growers of 1918 Wool Crop Being Paid as Rapidly as Possible by Department of Agriculture.

Excess profits made by dealers who handled the wool clip in 1918 are being distributed to some 100,000 wool growers by the United States Department of Agriculture. It is estimated that the total amount of such excess profits is more than one million dollars, of which a little less than half has been turned over to the bureau of markets for distribution at the present time.

Some of the dealers who accumulated excess profits have failed or refused to refund the entire amount so far, and the bureau is working to secure the full amount. The department of justice is co-operating with the bureau, and it is hoped to complete the distribution of the funds at an early date.

DANGER OF DUST EXPLOSIONS

Cost 80 Lives and \$7,000,000 Property Damage in 1919—Evil Almost Eliminated.

Grain dust and similar mill siftings appear harmless, but filtered through the air and ignited in a closed structure, they are as deadly as dynamite. Such explosions cost 80 lives and \$7,000,000 property damages in 1919. The United States Department of Agriculture dust-explosion investigation service has practically eliminated the evil.

LEAD PENCIL MOST HELPFUL

Handy Little Tool Can Do Wonders in Pointing Out Profits and in Saving Losses.

The handiest, most helpful tool on the farm is a well-used lead pencil. Applied to a piece of paper, and moved as directed by a fair amount of brains it can do wonders in saving losses and in pointing out where profits are to be had.

POULTRY FLOCKS

POULTRY FLOCK IN BACKYARD

Will Convert Table Scraps and Kitchen Waste Into Wholesome and Nutritious Food.

In every household, no matter how economical the housewife, there is a certain amount of table scraps and kitchen waste which has feeding value, but which, if not fed, finds its way into the garbage pail.

Poultry is the only class of domestic animals suitable for converting this waste material, right where it is produced in the city, into wholesome and nutritious food in the form of eggs and poultry meat.

Each hen in her pullet year should produce 10 dozen eggs, poultry men



Help Reduce Cost of Living by Keeping Small Flock of Hens in Backyard.

cialists of the United States Department of Agriculture say. The average size of the backyard flock should be at least 10 hens. Thus, each flock would produce in a year 100 dozen of eggs, which at the conservative value of 35 cents a dozen, would be worth \$35.

By keeping a backyard poultry flock, the family would not only help in reducing the cost of living but would have eggs of a quality and freshness often difficult to obtain.

Remember that eggs produced by the backyard flock cost very little, as the fowls are fed largely upon waste materials.

AUTUMN TROUBLES IN FLOCK

Roup is One of Most Common Diseases and is Most Often Contracted by Weak Fowls.

One of the most common diseases of the farm poultry flock during the autumn is roup. This disease is frequently found in damp, poorly ventilated houses and is most often contracted by birds that are poorly developed and of low vitality. Fowls of this type frequently get roup and are the means of spreading it throughout the flock. Obviously, prevention should consist of eliminating the weaklings from the flock and providing a house that will be dry and free from drafts, but well ventilated, says the United States Department of Agriculture.

An additional prevention against this disease is the following: Add as much potassium permanganate as will remain on the surface of a dime to each gallon of drinking water and keep before the fowls. This acts as an antiseptic and will help to keep the birds in good condition. An attempt to cure the individual of roup is not advisable, for, although in the majority of cases, there may be an apparent cure, the danger of reinfection is great, and frequently such birds cause the disease to spread throughout the flock. The safest policy is immediately to remove such birds from the flock and kill them as soon as they show the first symptoms, recognized by a watery discharge from the nostrils or eyes.

KEEP DUCKS AND GEESSE BUSY

Feed Enough to Keep Them in Condition and Leave Them Eager for Something More.

After the birds are mated, preferably not later than December 1, keep them active. Their ration should be bulky, using about one-fifth of green stuff. They should not be fed all they can eat, but enough to keep them in condition and leave them eager for food.

They do better on cracked corn than on a ration of cornmeal only. If ducks and geese are wintered in good condition, and mated early, there should be no difficulty in getting fertile eggs. Too early eggs are not desirable. Ducks especially lay very early in the morning, and the very early eggs are apt to freeze.

SECURE STOCK FOR BREEDING

Fowls Should Be Accustomed to New Quarters Before Season Opens in Spring.

Unless it has already been done, stock needed for breeding this season should be bought immediately because the supply is rapidly growing less and also for the reason that the birds should be changed and accustomed to their new quarters before actual breeding begins.



Aspirin

Then it is Genuine

Warning! Unless you see the name "Bayer" on tablets, you are not getting genuine Aspirin prescribed by physicians for 21 years and proved safe by millions. Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains proper directions for Colds, Headache, Pain, Toothache, Neuralgia, Rheumatism, Neuritis, Lumbago.

Handy tin boxes of 12 tablets cost but a few cents—Larger packages. Aspirin is the trade mark of Bayer Manufacture of Mononuclears of Salicylic Acid.

He Was No Gambler. Tommy, a small Presbyterian was being examined in the catechism by the visiting minister. "What is meant by regeneration?" asked the divine. "Why, it's just being born again." replied the victim, with some maternal prompting. "And wouldn't you like to be born again?" No reply to this, even under parental pressure, until finally, in desperation, the truth came out: "I ain't taking no chances on being a girl!"—Judge.

Seeking Information. O. A. Hutchens, an examiner for the state board of accounts, tells a story on two Hoosier maid school teachers who sat in front of him in a street car one day last week when the annual convention of the State Teachers' association was in progress. "Have you noticed how the people here put their hands out of the sides of their automobiles so much?" inquired one of the other. "Yes," replied the other. "What do you suppose they do it for—do they think it is raining, or what?"—Indianapolis News.

Another Royal Suggestion

MUFFINS and COFFEE CAKE

From the NEW ROYAL COOK BOOK

BREAKFAST is too often eaten as a duty rather than a joy. The Royal Educational Department presents here some breakfast dishes that will stimulate the most critical appetite.

Muffins
3 cups flour
3 teaspoons Royal Baking Powder
1 tablespoon sugar
1/2 teaspoon salt
1 cup milk
1 egg
1 tablespoon shortening
Sift together, flour, baking powder, sugar, and salt; add milk, well-beaten eggs and melted shortening; mix well. Grease muffin tins and put two tablespoons of batter in to each. Bake in hot oven 20 to 25 minutes.

Coffee Cake
3 cups flour
1/2 teaspoon salt
1 tablespoon sugar
4 teaspoons Royal Baking Powder
3 tablespoons shortening
3/4 cup milk
Mix and sift dry ingredients; add melted shortening and enough milk to make very stiff batter. Spread 1/2-inch thick in greased pan; add top mixture. Bake about 30 minutes in moderate oven.

Top Mixture
2 tablespoons flour
1 tablespoon cinnamon
3 tablespoons sugar
3 tablespoons shortening
Mix dry ingredients; rub in shortening and spread thickly over top of dough before baking.

SENT FREE
New Royal Cook Book containing scores of delightful, economical recipes. Many of them the most famous in use today. Address: **ROYAL BAKING POWDER CO.**, 115 Fulton Street, New York City.

Shaft Peculiarly Situated. A mining shaft in Sombrerete, Mex., is almost exactly on the Tropic of Cancer, and at noon on June 21, the sun shines to the bottom, lighting up the well for a vertical depth of 1,100 feet or more.

Famous Fish Family. Pickerel is diminutive for pike, and is applied to the smaller species of the pike family and to the young of the larger species. It is most often applied to the banded pickerel, which seldom exceeds 12 inches in length. The muskellunge is a very large species of pike, sometimes attaining a length of eight feet. It is found in northern fresh waters of North America, and is a famous game fish.

Harvest 20 to 45 Bushel to Acre Wheat in WESTERN CANADA



Think what that means to you in good hard dollars with the great demand for wheat at high prices. Many farmers in Western Canada have paid for their land from a single crop. The same success may still be yours, for you can buy on easy terms.

Farm Land at \$15 to \$30 an Acre
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