

# HAS NO PAIN NOW

What Lydia E. Pinkham's Vegetable Compound Did for Mrs. Warner.

Onalaska, Wis.—"Every month I had such pains in my back and lower part of stomach I could not lie in bed, I suffered so it seemed as though I would die, and I was not regular either. I suffered for a year and was unfit to do my housework, could only wash dishes once in a while. I read an advertisement of what Lydia E. Pinkham's Vegetable Compound had done for other women and decided to try it. It surely did wonders for me. I have no pains now and I can do my housework without any trouble at all. I will always praise your medicine as I do not believe there is a doctor that can do as much good in female weakness, and you may use these facts as a testimonial."—Mrs. LESTER E. WARNER, R. 1, Box 69, Onalaska, Wis.



Time Well Spent. Jud Tunklis wishes to explain that he was not wasting precious time when he was sitting on the fence whittling. What he was cutting up was the family outja board.—Washington Star.

## Get Back Your Health!

Are you bragging around day after day with a dull headache? Are you tired, and lame mornings—subject to headaches, dizzy spells and sharp, stabbing pains? Then there's surely something wrong. Probably it's kidney weakness! Don't wait for more serious kidney trouble. Get back your health and keep it. For quick relief get plenty of sleep and exercise and use Doan's Kidney Pills. They have helped thousands. Ask your neighbor!

**A Nebraska Case**  
C. W. Foiden, retd. farmer, Geneva, Neb., says: "My back bothered me a great deal, especially when I bent over or lifted anything. My kidneys were so weak at times the recreations passed too freely. They were dark in color and then again as clear as spring water. I was advised to try Doan's Kidney Pills and I found relief in a short time."

## VICTIMS RESCUED

Kidney, liver, bladder and uric acid troubles are most dangerous because of their insidious attacks. Heed the first warning they give that they need attention by taking

**GOLD MEDAL HAARLEM OIL CAPSULES**  
The world's standard remedy for these disorders, will often ward off these diseases and strengthen the body against further attacks. Three sizes, all druggists. Look for the name Gold Medal on every box and accept no imitation.

**Cuticura Soap Clears the Skin and Keeps it Clear**  
Soap 25c, Ointment 25 and 50c, Talcum 25c.

The more explaining a man has to do the less humanity has to do with him.  
Use **MURINE** Night and Morning **Keep Your Eyes** Clear—Clear and Healthy Write for Free Eye Care Book Murine Co., Chicago, U.S.A.

## QUACK GRASS IS EASILY KILLED

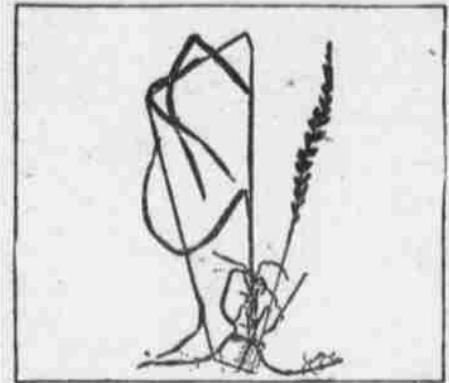
Special Type of Plow Is Recommended for Purpose of Turning Over Sod.

### DISK HARROW QUITE USEFUL

Exposure to Sun and Breaking Loose From Lower Soil Soon Kill Out Plants—Bury Mass of Roots in Spring by Plowing.

The process of killing quack grass on sod or pasture lands, beginning in midsummer, is a very simple one. The first step is to plow the sod, cutting just under the turf, which is usually about three inches deep. To thoroughly turn over a stiff quack-grass sod as shallow as three inches it is advisable to use a special type of plow (Scotch bottom) having a very long, gradually sloping moldboard. It has been found that with this type of plow the sod can be turned very shallow. The next step is to go in a week or ten days later with a disk harrow and thoroughly disk the sod. Repeat this treatment every ten days or two weeks until fall, when the quack grass will be completely killed out.

Too Hard to Plow. It sometimes happens that with certain kinds of soil during drier periods in the summer the ground becomes too hard to plow. With the type of plow suggested, however, it has been found that very hard and dry sods can be turned. In case it is not possible to



Quack Grass.

turn the sod on account of dry weather, the treatment can be given with the disk harrow alone. We have been able to thoroughly kill the grass with either the disk or the combination of plow and disk treatment. Where plowing is possible, however, it is usually cheaper to kill the grass with plow and disk alone, according to specialists of the United States department of agriculture.

If the disk alone is to be used, it should be set practically straight, well weighted with bags of dirt, and the field zone over three or four times. The first two cuttings should be at right angles and the other cuttings diagonally across. The sod in this way is divided into small blocks. Then the disk is set at an angle, when it will be found that the first two or three inches of the sod, which contain practically all of the quack-grass roots, can be cut loose from the soil below. The exposure to the sun and the breaking loose from the lower soil soon kill out the quack grass. This ground should be gone over at intervals of ten days or two weeks throughout the remainder of the season.

Plow Again in Spring. The following spring the infested land, on which the grass has been killed either by the disking method or by the combination of plowing and disking, should be plowed to a good depth in order to bury the mass of dead roots thoroughly. This will facilitate the cultivation of the spring crop. If the work has been carefully done the quack grass will not show up at all in the spring crop.

Both these methods have been thoroughly tested.

### MAKE PROFIT WITH ALFALFA

Growers Who Are Most Successful Make Practice of Cultivating Once or Twice Yearly.

The man who is making a practice of growing alfalfa successfully over a long period of years are practicing cultivating the crop at least once or twice a year. The common disk harrow is used to some extent, although the spring-tooth cultivator usually gives better results. Some people cultivate the alfalfa field early in the spring, but the more common practice is to follow the second and third cuttings. The main purpose is to keep the blue grass out. This is best accomplished during the dry portion of the summer. In a test carried on by the Iowa agricultural experiment station, the annual yield has been increased almost a ton per acre by cultivation.

### CONCRETE FLOOR FOR FOWLS

First Cost Is Greater Than for Others, but in Few Years It Will Pay for Itself.

It pays to build a concrete floor in the poultry house. The first cost is greater, but in two years the concrete floor will pay for itself. Dirt floors should be replaced; they require more litter, more eggs are soiled and extra labor is required. In two years these extra costs are enough to have built a concrete floor.

## MILK PLANT IN CITY REQUIRES MUCH CARE

Efficiency Depends Largely on Equipment Used.

Arrangement of Various Rooms and Machinery Also Important—Specialists Point Out Ten Points to Be Remembered.

The construction of a city milk plant requires careful study and planning. The building represents a large investment, and it is important, therefore, that the plans be carefully laid. The efficiency of the plant depends to a large degree upon the type of equipment used and the arrangement of the various rooms and machinery. It is possible for a well-arranged plant to effect great economies in labor, while a poorly planned plant may become a continual source of expense because of the extra labor required. These points, according to specialists of the United States department of agriculture, should be borne in mind in locating a milk plant:

1. Ease of access from as many sides as possible.
  2. Value of property.
  3. Cost of getting the milk to the plant.
  4. Proximity to distribution center.
  5. Advertising possibilities.
  6. Opportunity for retail counter cash trade.
  7. Nearness to city water supply and electric power.
  8. Avoidance of heavy traffic surroundings.
  9. Good drainage.
  10. Pure air and clean surroundings.
- Anyone contemplating building a new plant will do well to visit various up-to-date plants in different cities to get the latest ideas on construction, layout of rooms, and equipment. If it is impossible to visit other plants, plans and specifications sometimes can be obtained and ideas gained from them. Also, he should write the United States department of agriculture, Washington, D. C., for department Bulletin 849 on City Milk Plants; Construction and Arrangement.

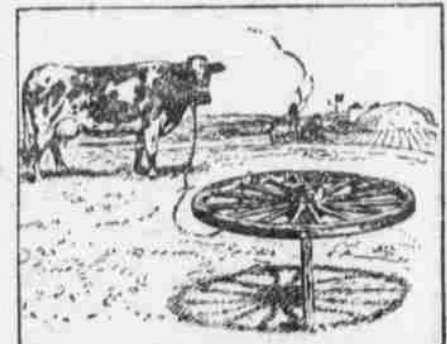
### HELP PREVENT WOODS FIRES.

Be sure your match is out before throwing it away. Don't throw away burning tobacco. Choose a safe place and make your campfire small. Put out your fire with water and then cover it with earth. Don't make large brush heaps. Choose a still day for burning and plow furrows to protect nearby woods. **BE CAREFUL WITH FIRE.**

### HITCHING HORSES OR CATTLE

Rope Attached to an Old Cart-Wheel Gives Animal Chance for Ranging Without Tangles.

The illustration shows a very good method of tying cattle or horses so



Bossy can't entangle her hitching rope if it is attached to a wheel which revolves as she moves about to graze.

that they may have free range without entangling their ropes. Secure an old cart-wheel and its axle. Set the off end of the axle in the ground with the wheel underneath, then tie the cow's rope to this wheel. —Popular Science Monthly.

### PRODUCE ALL GARDEN SEEDS

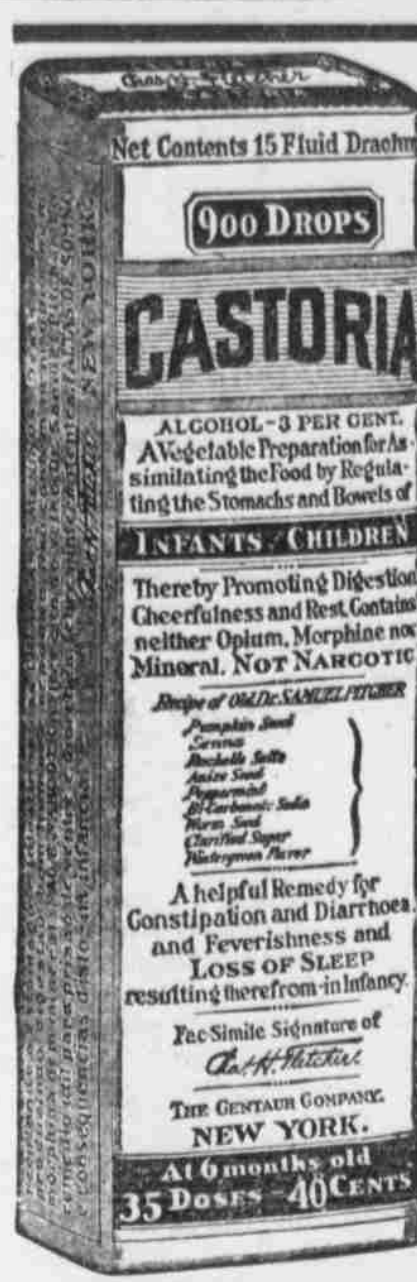
No Special Work Required With Majority of Crops—Pick From the Best Specimens.

Produce the seed supply for next year in your own gardens. Cucumber, melon, squash, tomato and other crops require no special work. Simply mark the best and earliest fruits and when fully ripe, gather and remove the seed. The beet, onion, turnip, carrot, parsnip, winter radish, rutabaga, kohlrabi, cabbage and others are biennial and it is necessary to set out roots in the spring, which will send up flowering stalks to produce seed in late summer.

### GOOD QUALITIES OF CAPONS

Fowls Need No Fattening Rations Until Few Weeks Before Marketing—Fine for Table.

The old saying, "The proof of the pudding is the eating," is surely true of capons. Once you have eaten capons you will make a wry face if an old rooster is put on your table. After being caponized the combs and wattles stop growing, the birds do not crow and are gentle and peaceful of disposition. They need no fattening rations until a few weeks before marketing.



Exact Copy of Wrapper.

# Children Cry For Fletcher's CASTORIA

Special Care of Baby.

That Baby should have a bed of its own all are agreed. Yet it is more reasonable for an infant to sleep with grown-ups than to use a man's medicine in an attempt to regulate the delicate organism of that same infant. Either practice is to be shunned. Neither would be tolerated by specialists in children's diseases.

Your Physician will tell you that Baby's medicine must be prepared with even greater care than Baby's food.

A Baby's stomach when in good health is too often disarranged by improper food. Could you for a moment, then, think of giving to your ailing child anything but a medicine especially prepared for infants and children? Don't be deceived.

Make a mental note of this:—It is important, Mothers, that you should remember that to function well, the digestive organs of your Baby must receive special care. No Baby is so abnormal that the desired results may be had from the use of medicines primarily prepared for grown-ups.

MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

GENUINE CASTORIA ALWAYS

Bears the Signature of

*Chas. H. Fletcher*  
THE CENTAUR COMPANY, NEW YORK, CITY.

## Ugly, Unsightly Pimples Are Signals of Bad Blood

Give Heed to the Warning.

Pimples on the face and other parts of the body are warnings from Nature that your blood is sluggish and impoverished. Sometimes they foretell eczema, boils, blisters, scaly eruptions and other skin disorders that burn like flames of fire. They mean that your blood needs S. S. S. to cleanse it of these accumulations that cause unlimited

trouble. This remedy is the greatest vegetable blood purifier known, and contains no minerals or chemicals to injure the most delicate skin.

Get a bottle of S. S. S. today, and get rid of those unsightly and disgusting pimples, and other skin irritations. If you wish special medical advice, you can obtain it without charge by writing to Medical Director, 105 Swift Laboratory, Atlanta, Ga.

### HAD USE FOR HIS MILLION MERELY MAKING IT WORSE

Zeb Would at Least Employ It to Good Advantage, as Far as It Would Go.

A party of baymen gathered round the stove in a little oyster shack on the Great South bay started the old, old question as to what they would do if they suddenly came into possession of \$1,000,000. Some thought great ocean-going yachts; others endowed schools, and one even offered to contribute his to help out the government.

Tommy Was Naturally Fearful as to the Consequences of Any More Interruptions.

A very junior officer was trying his first case. "Seven days confinement to camp," he snipped. "Beg pardon, sir," whispered the company sergeant-major. "You mustn't give a sentence like that. You—" "All right, then, fourteen days," retorted the sub. "But, sir," pleaded the sergeant-major, "it's not—" "Arf a mo', major," interposed the Tommy. "Don't check 'im again or 'e'll give me twenty-one. 'E ain't a horficer—'e's a hauctioneer!"—London Tit-Bits.

The question finally came round to old Zeb Banks, noted as the ne'er-do-well of the fishing neighborhood.

"And now, Zeb, you've been keeping pretty quiet," one of them said. "Just what'd you do if you had a million dollars?"

"Well, I don't know 'actly," responded Zeb reflectively as he spat at the stove. "I reckon I'd pay it on my debts, 's far as it went."—Saturday Evening Post.

Her, Make-Believe Dog.

A little girl stood at the bottom of the stairs calling: "Here, Fido! Here, Fido!" A man who likes puppies stopped a moment to see what kind of a pet the little girl had.

When the pet made its appearance he exclaimed in surprise: "Didn't I hear you call it Fido?"

"Yes," the little girl replied complacently. "I know it is a cat, but I am having it for a dog."—Youngstown Telegram.

The man who lacks friends usually lacks in friendliness.

## Those who have used POSTUM CEREAL

instead of coffee during the past year are sure to be ahead in purse and are quite apt to be ahead in health.

Fair price, uniformly pleasing flavor and general table satisfaction keep Postum in first place with many a family.

"There's a Reason"

Made by Postum Cereal Company Inc. Battle Creek, Mich.

## Men and Women

WHY SUFFER from bad-tasting mouth, coated tongue, foul gases coming from a sour stomach, constipated bowel, bad liver, skin, blood, heart and kidney trouble? Our booklet of Home Treatment has helped thousands back to health and happiness. Send 2c stamp for booklet. HOME REMEDY COMPANY, RUMFORD, MAINE

## AWNINGS?

WRITE Scott-Omaha Tent & Awning Co. 15th and Howard, Omaha, U. S. A.

## Constipation Vanishes Forever

Prompt—Permanent—Relief CARTER'S LITTLE LIVER PILLS never fail. Purely vegetable—act surely but gently on the liver.

Stop after-dinner distress—correct indigestion; improve the complexion—brighten the eyes. Small Pill—Small Dose—Small Price.

## Thousands of Happy Housewives in Western Canada

are helping their husbands to prosper—are glad they encouraged them to go where they could make a home of their own—save paying rent and reduce the cost of living—where they could reach prosperity and independence by buying on easy terms.

## Fertile Land at \$15 to \$30 an Acre

—land similar to that which through many years has yielded from 20 to 45 bushels of wheat to the acre. Hundreds of farmers in Western Canada have raised crops in a single season worth more than the whole cost of their land. With such crops come prosperity, independence, good homes, and all the comforts and conveniences which make for happy living.

## Farm Gardens—Poultry—Dairying

are sources of income second only to grain growing and stock raising. Good climate, good neighbors, churches, schools, rural telephone, etc., give you the opportunities of a new land with the conveniences of old settled districts.

For illustrated literature, maps, description of farm opportunities in Manitoba, Saskatchewan, and Alberta, reduced railway rates, etc., write Department of Immigration, Ottawa, Can., or W. V. BENNETT, Room 4, Bee Bldg., Omaha, Neb. Canadian Government Agent.

## "Eatonic, in Four Days Did Me \$20 Worth of Good"

So writes Mr. Edward W. Bragg of Mecca, Ind., who suffered from stomach troubles for a long time but could not find anything to help him, but at last had faith enough to give eatonic a test. It quickly removed the excess acids and poisonous gases from the body and the misery disappeared. Of course, when the cause of the trouble is removed, the sufferer must get well. Eatonic is quick, sure and safe, and the lasting benefits come in new strength, life and pep. Your druggist will supply you with eatonic at a trifling cost and every ailing person should get it today. Adv.

FACTS FURNISHED SHOWING OPPORTUNITIES offered by the Oil Industry. Large credits secured from small investments. Adv. Post Office Box 1425, Wichita Falls, Texas.

For Sale by Owner—Several rich subural farms in Mississippi Delta. Richest land on earth. J. B. VanLandingham, Greenville, Miss.

MILK GOATS. Write us your wants. E. P. Courtright, Kearney, Nebraska.

FRECKLES POSITIVELY REMOVED by Dr. Perry's Cream. Write for Free Booklet. Dr. Perry's Cream Co., 257 1/2 Market Avenue, Chicago, Ill.

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