

### END OF EIGHT YEARS MISERY

Used Lydia E. Pinkham's Vegetable Compound and Recovered.

Newark, N. J.—"The doctor said I had an organic trouble and treated me for several weeks. At times I could not walk at all and I suffered with my back and limbs so I often had to stay in bed. I suffered off and on for eight years. Finally I heard that Lydia E. Pinkham's Vegetable Compound was a good medicine and tried it with splendid effect. I can now do my household work and my washing. I have recommended your Vegetable Compound and your Blood Medicine and three of my friends are taking them to advantage. You can use my name for a testimonial."

You are invited to write for free advice. No other medicine has been so successful in relieving woman's suffering as has Lydia E. Pinkham's Vegetable Compound. Women may receive free and helpful advice by writing the Lydia E. Pinkham Medicine Co., Lynn, Mass. Such letters are received and answered by women only and held in strict confidence.

### SQUEEZED TO DEATH

When the body begins to stiffen and movement becomes painful it is usually an indication that the kidneys are out of order. Keep these organs healthy by taking GOLD MEDAL HARLEM OIL CAPSULES. The world's standard remedy for kidney, liver, bladder and uric acid troubles. Famous since 1895. Take regularly and keep in good health. In three sizes, all druggists. Guaranteed as represented. Look for the name Gold Medal on every box and accept no imitation.

Boys and Dog Dig Up \$2,000. Four schoolboys, while spending the Whitsuntide holidays in Mullindart, a village outside Dublin, ratted with a terrier, discovered a hoard of more than £400 in sovereigns (normally \$2,000) in a rat hole. The news quickly spread, and a local postman claimed the money as his. He says about £400 was left to him by his father, a blacksmith, who had inherited it from his father, and to keep it safely in these troublous times the postman buried it in a field where it would still have remained but for the inquisitive terrier. The postman's claim was admitted unanimously and the parents of the boys returned him sums amounting to about £150. Local volunteers are making inquiries with a view to having the balance of the money restored.—Edinburgh Scotsman.

Popular—Indeed. Mrs. W. had just brought home her new hat and was exhibiting it to her husband hoping to win his approval thereby. He looked at it critically. "Yes," she chirruped, "it's real old-fashioned. Just look at the flowers—popples and petunias and nasturtiums and see here—this wheat." "Um huh," Mr. W. nodded his approval. "But if you wanted this hat to be popular, Mary, why didn't you have them change this wheat on your hat to rye?" Good taste is essentially a moral quality.—Tushin.

### BIG CROPS ASSURED IN WESTERN CANADA

Need of Farm Labor Urgently Required for Harvest.

Rains of the past week which have been general throughout all portions of Western Canada, covering MANITOBA, SASKATCHEWAN, and ALBERTA, have placed beyond all manner of doubt the certainty of vast grain crops throughout the entire district. Reports from all points indicate marvelous and rapid growth. The conditions of a week or so back, which were decidedly less promising and led many to think that there might be a partial failure, have disappeared altogether and now there is a wave of optimism circulating throughout the entire country.

In 1915 there were enormous yields reported from all parts, and it would appear now as if in many places the yields of 1915 would be equalled if not beaten. What might appear to be a drawback, is the apparent shortage of farm help. The Province of Manitoba through its Employment Bureau in Winnipeg, is asking for 10,000 harvest hands and over, offering from \$5 to \$8 per day. The Province of Saskatchewan is asking for 15,000 extra hands to take care of the immense harvest that is certain to be reaped in that Province. In Alberta the crop area is somewhat less, the labor conditions somewhat better, and is making a request for 5,000 extra farm hands.

Interviewing the officials of the different Governments, they are inclined to the opinion that as the crops in Kansas, Nebraska, South Dakota, Illinois and other Central States are harvested there will be a movement northward that will materially help to take care of the labor situation. With the low railroad rates that may be secured on application to the Employment Offices at Winnipeg and at boundary points, or which may be secured through the Canadian Government Offices at Chicago, Ill.; Detroit, Mich.; Milwaukee, Wis.; Kansas City, Mo.; Omaha, Neb.; Des Moines, Ia.; Watertown, S. D.; St. Paul, Minn., and Grand Forks, N. D., will give to those seeking employment the opportunity to reach the harvest fields at a low cost.—Advertisement.

### HE HAD MISSED SOMETHING

Mr. Gap Johnson Brought to a Realization of His Ignorance of His Surroundings. "It must be wonderful to live all your life long in the midst of the 'Land of a Million Smiles,' where the silvery waters purr and plash and the nymphs frolic all the day!" prattled one member of a party of city motorists who had invaded the Ozarks. "To live in the 'p'tu!'—which?" surprisingly returned Gap Johnson of Rumpus Ridge. "Here among the hills and dells of 'The Playground of America.' Look at the advertisement in the newspaper and—"

"Well, I'll be—p'tu!—dogged! I never would 'a' b'lieved it in the living world if I hadn't seed it in the paper! I've lived yur since Heck was a pup, and I never knowed nuthin' like these yur ladies—nmps, I b'lieve you called 'em—to be setting on rocks this-a-way and skylarking around with nuth'n in pertleklar on but undershirts and smilies. Say, how long has this yur—p'tu!—business been going on, anyhow?"—Kansas City Star.

Very Much So. "Hungary seems inclined to go back to the monarchy." "She would find that her crowning misdeed."

## DAIRY

### SKIM MILK RATION FAVORED

Greatest Gain in Weight Made When Calf is Fed Large Quantities in Daily Ration.

How much skim milk should be fed to calves daily? Results obtained thus far at the dairy division experiment farm, Beltsville, Md., indicate that calves will make the greatest gains in weight when fed comparatively large quantities of skim milk daily (one-fifth of their body weight, or all they will drink), but that the most economical gains are made on smaller quantities.

In an experiment to determine the effect of feeding various quantities of skim milk, 16 calves were divided into groups of four calves each. These groups were balanced as nearly as possible with reference to breed and body weight at birth. One group was given a daily ration of one-seventh of the body weight, the quantity being regulated by body weights taken every ten days. Two other groups were fed at the rate of one-sixth and one-fifth of their body weights; and the fourth group was given all the milk the calves would drink, twice a day. Each calf received its mother's milk until it was ten days old. The change to skim milk was then made gradually, and at the age of fifteen days the calf was on an entire skim milk ration. The experiment ran for 70 days. Weights obtained for three consecutive days, at the end of the 70-day period, were taken as the final weights. The average results from each group are given in tabular form:

| Rate of feeding.                          | Milk per    |           |       |
|---|-------------|-----------|-------|
|   | Daily gain. | per pound | gain. |
| Group 1 (one-seventh of body weight)..... | 0.95        | 13.02     | 14.4  |
| Group 2 (one-sixth of body weight).....   | 1.09        | 16.99     | 16.6  |
| Group 3 (one-fifth of body weight).....   | 1.26        | 20.96     | 17.0  |
| Group 4 (all they would drink).....       | 1.48        | 24.22     | 16.6  |

The groups were well balanced as regards weight and thrift of the calves. The gains increased with the quantity of skim milk fed, the calves which received all they would drink making gains at least 50 per cent larger than those receiving milk at the rate of one-seventh of their body weight. To do this they drank about 80 per cent more milk. As a consequence the skim milk required for one pound of gain was greater with the heavily fed calves.

No bad results from heavy feeding were noticed, although all of the calves



Heavy Skim Milk Rations, It Has Been Found, Are Beneficial for Calves.

In group 4, with one exception, drank, at times, more than 40 pounds of skim milk a day. This leads us to believe that overfeeding is not in itself a common cause of scours.

### TO PREVENT TAINTED BUTTER

Churn Must Be Kept Sweet and Clean at All Times—Small Brush Quite Convenient.

If proper care is not exercised in keeping the churn sweet and clean the butter will be tainted, no matter how well the milk and cream have been cared for before churning begins. A small brush is a convenient article to use about the churn, as it is somewhat difficult to clean the corners and joints with a cloth and it is these that hold particles of milk and cream and make breeding places for microbes.

### BULL OF GREAT IMPORTANCE

Because of Extensive Influence on Herd Animal Should Be Best Breeder's Can Purchase.

A cow is the dam of but one calf in the herd, but a bull is the sire of all the calves. Because of his extensive influence on the herd, the herd bull should be just as good as the new breeder can possibly afford to buy. In fact, the price of the herd bull should be of far less consideration than the price of the cow. The buyer should not be satisfied with a cheap bull, but when he pays a good price he should buy a good bull.

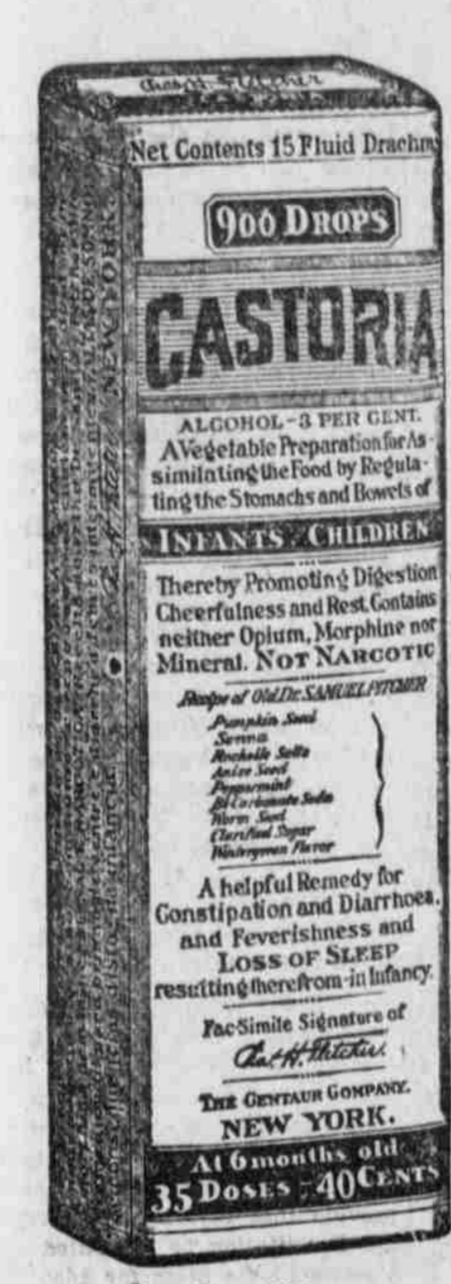
## Some More Truths.

WOULD you use a steam shovel to move a pebble? Certainly not. Implements are built according to the work they have to do.

Would you use a grown-up's remedy for your baby's ills? Certainly not. Remedies are prepared according to the work THEY have to do.

All this is preliminary to reminding you that Fletcher's Castoria was sought out, found and is prepared solely as a remedy for Infants and Children. And let this be a warning against Substitutes, Counterfeits and the Just-as-good stuff that may be all right for you in all your strength, but dangerous for the little babe.

All the mother-love that lies within your heart cries out to you: Be true to Baby. And being true to Baby you will keep in the house remedies specially prepared for babies as you would a baby's food, hairbrush, toothbrush or sponge.



## Children Cry For Fletcher's CASTORIA

Are You Prepared?

A doctor in the house all the time would be a good idea. Yet you can't afford to keep a doctor in the family to keep baby well or prevent sickness. But you can do almost the same thing by having at hand a bottle of Fletcher's Castoria, because it is a wonderful remedy for indigestion, colic, feverishness, fretfulness and all the other disorders that result from common ailments that babies have.

Fletcher's Castoria is perfectly safe to use. It is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. Children cry for Fletcher's Castoria, and mothers recommend it because they have found it a comfort to children and a mother's friend.

If you love your baby, you know how sweet it is to be able to help baby when trouble comes. You cannot always call upon a doctor. But doctors have nothing but good to say of Fletcher's Castoria, because they know that it can only do good—that it can't do any harm—and they wouldn't want you to use for baby a remedy that you would use for yourself.

MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher.

THE CENTAUR COMPANY, NEW YORK CITY.

Nickel No Good. A little girl walked into a confectionery one morning, placed a nickel on the counter and called for an ice cream cone. "Ice cream cones are 7 cents, little girl," the tizz clerk announced. "Well, then gimme a soda pop." "Six cents." "Got any root beer?" "Yep, 6 cents, too." The little girl sighed disappointedly and started out, leaving her nickel on the counter. "Here, little girl, you're leaving your nickel," the clerk called to her. "Oh, that's all right," the child shouted back. "It's no good to me—it won't buy anything!" Fewer men would protest against drinking soda water if it weren't for the name of the stuff.

### Don't Let Catarrh Drag You into Consumption

Avoid Its Dangerous Stage. There is a more serious stage of Catarrh than the annoyance caused by the stopped-up air passages, and the hawking and spitting and other distasteful features. The real danger comes from the tendency of the disease to continue its course downward until the lungs become affected, and then dreaded consumption is on your path. Your own experience has taught you that the disease cannot be cured by sprays, inhalers, jellies and other local applications. S. S. S. has proven a most satisfactory remedy for Catarrh because it goes direct to its source, and tends to remove the germs of the disease from the blood. Get a bottle from your druggist today, and begin the only logical treatment that gives real results. For free medical advice write to Medical Director, 104 Swift Laboratory, Atlanta, Ga.

Waste. Samson pulled down the temple. "Heavens, man," we cried, "don't you know how scarce buildings are?" The Meaning. "Why does a bride carry a shower bouquet?" "That's easy; to show she intends to reign." Real self-sacrifice is to be a benefactor without praise or gratitude. Ingratitude is always ready to offer some kind of excuse.

## WARNING!

The "Bayer Cross" on tablets is the thumb-print which positively identifies genuine Aspirin prescribed by physicians for over 20 years, and proved safe by millions.



Safety first! Insist upon an unbroken "Bayer package" containing proper directions for Headache, Earache, Toothache, Neuralgia, Colds, Rheumatism, Neuritis, Lumbago and for Pain generally. Made and owned strictly by Americans.

## Bayer-Tablets of Aspirin

Handy tin boxes of 12 tablets cost but a few cents—Larger packages Aspirin is the trade mark of Bayer Manufacture of Monoclonalacetate of Salicylic Acid

**When Something Is Wrong With Your Comfort**

—when nervousness, indigestion, biliousness or some other upset makes you think you are not eating or drinking the right thing

—if you're a coffee drinker, cut out coffee ten days and use

**Postum Cereal**

This delicious drink with its coffee-like flavor, suits coffee drinkers. Its value to health soon shows, and its economy is so apparent under use that one quickly realizes.

**"There's a Reason"**

Made by Postum Cereal Co., Inc. Battle Creek, Michigan