

## WOMEN OF MIDDLE AGE

May Pass the Critical Period Safely and Comfortably by Taking Lydia E. Pinkham's Vegetable Compound.

Summit, N. J.—"I have taken Lydia E. Pinkham's Vegetable Compound during Change of Life and I think it is a good remedy in such a condition. I could not digest my food and had much pain and burning in my stomach after meals. I could not sleep, had backache, and worst of all were the hot flashes. I saw in the papers about Vegetable Compound so I tried it. Now I feel all right and can work better. You have my permission to publish this letter."

—VICTORIA KOPPL, 21 Oak Ridge Ave., Summit, N. J.

If you have warning symptoms such as a sense of suffocation, hot flashes, headaches, backache, dread of impending evil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness, inquietude, and dizziness, get a bottle of Lydia E. Pinkham's Vegetable Compound and begin taking the medicine at once. We know it will help you as it did Mrs. Kopl.

**Comfort Your Skin With Cuticura Soap and Fragrant Talcum**  
Soap 25c, Ointment 25 and 50c, Talcum 25c.

**Kill All Flies!** THEY SPREAD DISEASE. **DAVEY FLY KILLER** attracts and kills all flies. Nest, clean, ornamental, convenient and safe. Made of metal. Lasts all season. Can't spill or tip over. Will not soil or injure anything. Guaranteed. **DAVEY FLY KILLER** at your dealer or by EXPRESS, prepaid, 41c. **CHAROLD SOMERS, 156 De Kalb Ave., Brooklyn, N. Y.**

### EXPLAINING THAT 30 CENTS

Champ Clark Wanted to Know About It, and the Clerk Gave Him the Information.

Champ Clark likes shirts that have a small red stripe. Not long ago he went into the shop of a Washington haberdasher to buy a dress shirt. Seizing one, he gave the clerk a \$10 bill, and while waiting for his change wandered around looking at the shirts displayed. But let the former speaker tell us about it, says The Nation's Business.

"I found a fine shirt with small red stripes and I like to wear that kind. During the war you could not get a shirt with red stripes which would not fade. I said to the clerk: 'What is the price of that shirt?' 'Three dollars.' 'Give me that and take it out of the ten.' 'When he came back with the change he did not have enough and I called his attention to it. 'You are gouging me. What is that extra thirty cents for?' 'That,' replied the clerk, 'is the sales tax that you d—fools enacted up there in congress.'"

**Lax Laws.** Governor Smith, advocating stricter divorce laws, said in Albany the other day: "They told me at Atlantic City on Easter Sunday a story about a beautiful young woman at one of the leading hotels. It seems that she was heard to sigh bitterly and exclaim: 'What annoys me isn't George's desertion but the fact that my next husband will be the thirteenth.'"

### JUST MADE HIM HOMESICK

Cookery Book Brought Fond Recollections to Colored Doughboy Serving in France.

He was very black, says the Saturday Evening Post, and in his khaki he looked like coffee and chocolate ice cream. After eating a hearty meal in the American Red Cross canteen he sat down with a book near the counter. The kind-hearted worker looked over once or twice in his direction and was surprised to see big tears rolling down his cheeks.

"Why, this will never do," she said kindly. "Is there anything I can do to help you? I'll be glad to, if I can." He dug his knuckles into his eyes and replied: "I shot myself, ma'am. This yer book done make me so mighty homesick."

She picked up the book he had been reading. It was the canteen cook-book, and it was opened at the section on "How to Fry Chicken."

### SAVE SHOES AND STOCKINGS

They will last twice as long if you shake Allen's Foot-Ease into your shoes. It takes away the sting of corns, bunions, calluses, sore, itching, swollen, tender feet. Allen's Foot-Ease stops the friction which causes the wear on shoes and stockings, saves expense and makes walking a delight. Shake it into your shoes. Sprinkle it in the foot-bath. Sold everywhere.—Adv.

### Jap Youths Study Languages.

Yokohama now has a school of languages for Japanese young men, started with the idea of promoting the development of foreign trade. The school was officially opened in Hommoku recently. Modern languages will be made a special study, although allied subjects are included in the curriculum. The popularity of the project is assured by the large class which numbered 180 pupils.—North China Herald.

Children's handkerchiefs often look hopeless when they come to the laundry. Wash with good soap, rinse in water tinted with Red Cross Bull Blue.

### The Minedelaying System.

Admiral William S. Sims writes in the World's Work: "If you had seen following one of the mine layers while it operates, you would probably have been surprised at the apparent simplicity of the task. The vessel was going at its full speed; at intervals of a few seconds, huge black objects, about five feet high, would be observed gliding toward the stern; at this point they would then give a mighty lurch, fall head first into the water, sending up a great splash, and sink beneath waves. By the time the disturbance was over the ship would have advanced a considerable distance; then, in a few seconds, another black object would roll toward the stern, make a similar plunge and disappear."

### We Say So—Too.

He was a bashful young man and he wished much to propose to his best girl. Every time he called on her he tried to give expression to his desire, but he simply could not do so. Then he decided to find some other fitting way, and just as he was racking his brain most he happened to see in a window a postal card on which there was the picture of a bride and a bridegroom.

He bought the card, addressed it to his best girl, and signed his name. Then under the touching scene he wrote: "Eventually—Why not now?" Then he mailed it.

And she answered it—satisfactorily, too.

### Judging by Appearances.

"I beg your pardon," said the dyspeptic man who had been caught gazing intently at a stranger. "You remind me of somebody I know." "I fear that somebody owes you money, sir." "Why do you think so?" "Your scrutiny was extremely sour, sir; extremely sour."

## DAIRY FACTS

### ASSOCIATIONS ARE BIG HELP

Evidence of Popularity of Plan With Small Dairymen Is Shown in Mississippi County.

From Attala county, Mississippi, new evidence of the popularity of the bull association among farmers with small dairy herds has come to the attention of the dairy division, United States department of agriculture, through the announcement that a cooperative bull association has been organized in that community.

Dairying is almost a new venture with many of the farmers in Attala county. Perhaps it is this very newness and the consequent lack of prejudice in favor of old methods of doing things that has made it so comparatively easy to introduce this modern method of improving cattle. Many of the dairymen in the community have shown themselves to be progressive, but one man especially stands out as a leader in this respect. We will call him Green. He is a good old Southerner who is said to have farmed for some sixty years.

When the agricultural extension agents from the federal and state departments came into the community to organize a bull association Green was the man they called on first. They knew from experience that he would be very likely to see the advantage of such an association to the community, and would be a strong factor in swinging into line other farmers in the neighborhood. As was expected, Green at once saw the advantages that the proposition offered, and the very next day he started in on the preliminary work of organizing a bull association "block."

A few days later the extension men heard over the telephone that a block was practically assured. Later, however, Green telephoned that some of the prospective members were dropping out, as they remembered a disastrous experience of some years before, when they had paid a high price for a worthless stallion. This objection was met, however, with the assurance that the federal and state agents were indorsing this project and would see that no one was swindled.

Later on Green informed the county agent that a block of 40 cows had been formed and could be signed up if the agent and specialist would come out to the schoolhouse and clear up certain doubtful points. This was done, and six farmers signed up 43 cows, so that \$430 was then available for buying a bull.

Things were moving along in such a promising manner that the farmers who had refused to join decided that



Good Pasture Is One of the Best as Well as One of the Most Economical Cow Feeds.

It would be a good thing to get into the association after all, and requested membership in this block.

"No, sir," said Green, who had been elected director of the block. "You had your chance and wouldn't come in. Organize a block of your own. We don't want you in ours."

With the arrival of the excellent Jersey bull Oxford Mon Plaisir 169738, which had been secured for the use of block members, the farmers who had at first refused to join the association were doubly anxious to get in, but were again told that they would have to organize a block of their own. Thus it appears that the doubting ones, who are found in every community, had to pay the penalty of hesitating. While they may still get into the association and enjoy its benefits by organizing a new block, they have lost a great deal of time.

### ESTIMATES OF FEEDSTUFFS

Quart Measure Will Be Found Quite Handy Where Scales Are Not Convenient.

Frequently no scales are at hand when the feeder is trying to feed a balanced ration. The following estimates of the common feeding stuffs will be handy:

A quart measure of cottonseed meal weighs 1.5 pounds; wheat bran (course), .5 pound; wheat middlings (course), .8 pound; wheat middlings (fine), 1.1 pounds; mixed wheat feed, .8 pound; cornmeal, 1.5 pounds; oats, 1.2 pounds; rye bran, .8 pound; linseed meal, 1.1 pound; gluten, 1.2 pound.

## DEVELOPMENT OF TRUCK BUSINESS

Motor Industry in Rural Territory Has an Important Effect on Marketing Costs.

### WAR BROUGHT ABOUT CRISIS

Conditions Precipitated Action by Creating Demand for Transportation Facilities of All Kinds—Difference in Plans.

Three general causes have contributed to the exploitation of the motor truck industry in rural territory—an industry which has an important effect on farm-marketing costs. These causes are: (1) the growth of our larger cities and the consequent development of near-by producing areas to provide for part of the food needs of these cities; (2) the failure of the railroads to keep pace with the expansion of their short-haul business; (3) the development of the motor truck manufacturing interests and the consequent extension of their sales campaigns.

### Crisis in Transportation.

The crisis in the transportation field, brought about by national war emer-



A Type of Motor Truck That Requires Skill for Most Efficient Operation.

gency, afforded stimulus to the development of rural motor transportation more powerful than any other general influence. Doubtless the motor truck, in any event, would have established itself as a factor in the rural field, but ordinarily this would have been a slow process, involving the many preliminary steps. War conditions precipitated action by creating a very unusual demand for transportation facilities of all kinds. It has been necessary only to develop the opportunity. Such development necessitates or presupposes a certain familiarity with the problem as a whole. That such familiarity did not exist among those interested in developing rural motor routes was shown by preliminary investigations, initiated by the bureau of markets, United States department of agriculture. An attempt was made more than a year ago to conduct a general preliminary survey of rural motor routes established or in process of establishment. The purpose was to secure basic information regarding the desirability of establishing such routes, the methods undertaken by the beginners in this field, and the measure of success which had been attained during the early period of operation.

### Truck Is Newcomer.

The information collected shows considerable differences in the plans adopted by the average inexperienced operator. The word "inexperienced" is used advisedly in view of the fact that the motor truck is a comparative newcomer in the field of transportation and there has not yet been time for many of the important preliminary problems to be worked out and a general understanding of possibilities secured. The results of the department's investigations in this field have been compiled in a bulletin, "Motor Transportation for Rural Districts," which will be sent on request. Address United States department of agriculture, Washington, D. C.

### PUREBREDS NEEDED AT HOME

Wisconsin Bank Offers to Advance Money to Customers Who Wish to Purchase Holsteins.

The Better-Sires campaign conducted by various states in co-operation with the bureau of animal industry, United States department of agriculture, is developing the fact that bank credit is as available to the progressive live stock farmer as to the progressive business man of the city.

A letter received by the bureau of animal industry reports the following announcement published by a Wisconsin bank to its farmer patrons:

"Why not keep some of those purebred Holsteins at home? Many fine animals will be sold at the first annual sale of the Brown County Holstein Breeders' association to be held in the Brown county fair grounds West De Pere, Wis. The bank is ready to stand back of any of its customers who wish to purchase some of the stock to be offered for sale and who do not feel able at present to carry the investment. Call at the bank, and the accommodation can be easily arranged."

## MARKET INFLUENCED LARGELY BY SUPPLY

Lowest Prices Prevail After the Heaviest Shipments.

With Decreasing Stocks Prices Advance, Sometimes Recovering Much of Early Decline—Careful Study Will Assist.

The man engaged in either selling or buying perishable produce will do well to familiarize himself with the usual course of the market in such lines during a season. The natural market course, according to marketing experts of the United States department of agriculture, is somewhat as follows:

It starts high with active movement even for inferior stock because the demand has the sharp edge of novelty and appetite. The price gradually declines and poor stock becomes harder to sell as the supply increases. Lowest prices arrive soon after the heaviest shipments begin, and a glut may occur, especially if many sections are shipping at once and there is much poor stock. Then, with a decreasing supply, prices advance, sometimes recovering much of the early decline, but usually not reaching the opening prices because demand is far less keen at the end of a long season. If the last of the shipments are inferior, as happens frequently with many perishable crops, the season may close at or near bottom prices.

The common or natural market developments do not always take place as might be expected. Quite frequently superior quality of the main crop or absence of general competition will bring higher prices in mid season. Unexpected shortage may cause the reserve stock in storage to sell at high prices at the close of the season, especially the less perishable crops like potatoes, onions, apples, cabbage, etc. Careful study of crop, shortage, supply, and shipment should enable a fairly good judgment to be made of the outcome. However, quickly perishable short season crops like strawberries or melons are very irregular, and so it is difficult to form a reliable market judgment of them.

### BEAUTIFY FARM HOME YARDS

Shrubbery, Flower Beds and Good Lawn Involve Comparatively Small Amount of Labor.

The dwelling is the headquarters of the farm business. Chores are done before breakfast and often after supper, the stock need close attention, certain farm seeds are kept in the house, the hired man may sleep there, and the women folks take care of the poultry; thus it is almost essential that the house be reasonably close to the other buildings.

The value of the house constitutes an important part of the real estate value of the farm, says the United States department of agriculture. On the higher-priced corn-belt farms and the low-priced cotton-belt farms the value of the dwelling represents from



Modest Farm Home Showing Simple and Effective Beautification by Inexpensive Planting.

5 to 15 per cent of the real estate value of the farm, while in the eastern part of the United States this percentage is more commonly 20 per cent or over.

The beautifying of the yard by shrubbery, flower beds, and a good lawn involves the occasional use of manure, the introduction of fertile soil, the use of a team and of small farm tools, all of which are available on the average farm.

### MOVIE ATTRACTION IS NEW

Series of Pictures and Stereopticon Slides to Be Used to Boost "Better Sires."

The department of agriculture is preparing a series of motion pictures and stereopticon slides for use in the "Better Sires" campaign. The interest aroused among the breeders of the United States is taking the form of requests upon the department of agriculture for information which, it is hoped, the film feature will be able to satisfy. It is probable that the motion pictures will be ready for issue next fall.

### RAPE IS ESPECIALLY USEFUL

If Not Pastured Down Too Close Crop Will Grow Until Fall—Withstands Hot Weather.

Rape seeded early will grow until fall if not pastured down to less than four or five leaves to the plant. The crop is especially useful during the hot, dry months. It will grow until heavy frosts come and may be pastured from early June to the middle of November, or about six months.

## POULTRY FACTS

### SUCCESS IN RAISING SQUABS

Opportunity Is Well Worth Considering for Those Who Have Lofts—Produce Meat Quickly.

The back yard poultry keeper can hardly hope for success with turkeys, geese, ducks or guineas, but for those who have lofts over a garage, stable, or coal shed, the opportunity for squab growing is well worth considering.

For food purposes pigeons are usually classed with poultry. Culturally they are in a class by themselves, producing meat only, producing it very quickly, and able to produce well under conditions that do not admit of growing any other creature used for food.

While the ideal arrangement for pigeons is to have their house on the ground, and a small covered yard, called a "fly," connecting with it, pigeon keeping may be carried on quite extensively in upper rooms or lofts, with or without open-air flies. Many flocks of pigeons are kept in large cities in quarters provided for them in the lofts or on the roofs of buildings used for mercantile and manufacturing purposes.

A space six feet square and high enough for the attendant to stand erect will accommodate eight to ten pairs of pigeons for squab breeding, the poultry specialists in the United States department of agriculture say. The birds mate and begin breeding when six to seven months old. The male shares with the hen the duty of incubation. The young hatch in about 17 days. At four weeks old, average squabs will weigh about three-quarters of a pound each. Some of the larger ones will weigh over a pound at that age.

A good pair of breeders will produce six or seven or more pairs of squabs a



Runt Cross and White Runt (Female).

year. As many as 11 pairs of squabs have been produced by one pair in a year. When production is high the female lays and begins incubation while she has young still in the nest, leaving the care of them to her mate.

Raising squabs has been increasing in cities in recent years. On farms the tendency has been the other way. On a farm a flock of free pigeons, if not kept down by killing off the increase, soon becomes a nuisance, destroying grain and doing a great deal of damage, especially on new-seeded ground.

### PLAN TO CARRY LIVE FOWLS

Bird Wrapped in Cornucopia of Newspapers and Given Plenty of Air Is Quite Content.

Carrying live fowls in a cornucopia of newspapers, in the manner of carrying a bouquet, is a good idea. The bird is laid down on the paper and the legs straightened out on a flat with the tail; the wings are held in position at the sides. The newspaper is then rolled around the bird, making a cornucopia, and the lower end is twisted, which leaves the upper end open. When carrying the bird in this manner, the twisted end of the cornucopia is held in the hand, allowing the roll to rest on the arm. The bird has plenty of air and seemingly is content in its peculiar position.

### PURE BREEDS ARE PAMPERED

Supposition That Common Fowls Are Most Hardy Is Erroneous—Only Strongest Survive.

The supposition that common fowls are harder than pure breeds is not borne out by the facts. Those who hatch chicks of the common kinds lose a large number of them, only the strongest surviving, and every year they are more and more inbred. The pure breeds suffer from being pampered by their owners in many instances, in which cases they do not compare favorably with common fowls.

### SMALL START FOR BEGINNER

Safest Plan for Those About to Embark in Poultry Business—Many Hard Problems.

The safest way for those who are about to make their first attempt at poultry raising is to start in a small way with a few fowls and learn the business thoroughly before making large investments. Mistakes will be made and many difficult problems will be presented for solution before success in any large measure will be attained.

## As A Table Drink Postum Cereal

meets every requirement!

The flavor, much like superior coffee, always pleases; and when health and economy are considered, this wholesome beverage fits every need.

Boil Postum Cereal fully 15 minutes, after boiling begins—or if you prefer a quickly prepared drink, buy the newer form—Instant Postum, which is made instantly in the cup.

"There's a Reason" for Postum

Made by Postum Cereal Company, Inc. Battle Creek, Michigan