

PAINS NEARLY DOUBLED ME UP

Nothing Helped Me Until I Took Lydia E. Pinkham's Vegetable Compound.

Wyandotte, Mich.—"For the last four years I have doctored off and on without help. I have had pains every month so bad that I would nearly double up. Sometimes I could not sweep a room without stopping to rest, and everything I ate upset my stomach. Three years ago I lost a child and suffered so badly that I was out of my head at times. My bowels did not move for days and I could not eat without suffering. The doctor could not help me and one day I told my husband that I could not stand the pain any longer and sent him to the drug store to get me a bottle of Lydia E. Pinkham's Vegetable Compound and threw the doctor's medicine away. After taking three bottles of Vegetable Compound and using two bottles of Lydia E. Pinkham's Sanative Wash I could do my own housework. If it had not been for your medicine I don't know where I would be today and I am never without a bottle of it in the house. You may publish this if you like that it may help some other woman."—Mrs. MARY STENDER, 120 Orange St., Wyandotte, Mich.



Cuticura Soap — The Healthy — Shaving Soap

Cuticura Soap shaves without stung. Everywhere.



To Preserve and keep all household linen spotlessly white and in perfect condition use

Red Cross Ball Blue in the laundry every week.

Nothing else will take its place and nothing else is just as good. All grocers, 5c

SKIRTS ADOPT MODISH PLAITS



ACCORDION plaits and side-plaits appear to be occupying the thoughts of many designers this season. They are shown in everything, from capes to negligees. In the soft, sheer materials, the thin, supple silks and satins, they are at their very best, and in the heavier fabrics, used for suits or skirts or capes, designers have managed them cleverly. In stripes and plaids, plaits change the lines and predominating colors so that manufacturers of separate skirts appear to be fascinated by them; they give so much opportunity for the exercise of ingenuity. It seems like painting the lily and adorning the rose to change or add anything to some of the beautiful plaids and stripes that appear in silk and wool materials—but it is done, and we have to concede that something of interest is added to the garment made in this way.

One of the skirts pictured here fea-

tures stripes running horizontally and the material laid in moderately wide side plaits. Odd and fanciful pockets, without plaitings are set on at each side. They are something like saddle-bag pockets, with rounded flaps, and they hang as if separate from the skirt. Four balls covered with the material make an unusual finish across the bottom of them. The grille is ingenious, too. Its ends are split at the front, forming two straps, the top straps fastening with a large button while the lower ones cross and are finished at the ends with balls. Accordion plaiting has been chosen by the designer of the plaid silk skirt and he has shown his independence of any other material in this model. It sets close to the figure and this, with its girde of silk with flat hanging ends at the front, somehow suggests an Egyptian inspiration. The sash ends are folded over the belt and gathered into silk ornaments at the bottom.

New Departure in Smocks



ALL at once and with one accord, the creators of smocks and blouses seemed to have seized upon tricolette as a promising material for their purposes. Whoever started it uncovered an idea that has flourished from the beginning and has led into several by-paths in apparel. Besides smocks, close-fitting jackets, or bodices, often sleeveless and extended at the front into girdles or sash ends, have made their entry for summer wear. In gay and beautiful colors, tricolette and other weaves in the same silk fiber, make many of these; they will be rivals of the silk sweater later on and belong among the glorified sports clothes that are entrenched for a long stay and crowding tailored modes for street wear.

Tricolette in one of the most popular smocks is shown here, with a finish of silk fringe at the bottom and embellishment embroidered of flower sprays about the neck and down the front opening. Gray is a favorite color for smocks of this kind and gay colors appear in the flowers, but the smocks are made in many colors. A plain girde, made of the material, or a silk cord and tassel, matching the smock in color, furnish the best management of the waistline. The neck and short front opening are bound with plain satin and small round buttons, covered with it, add a last touch to a delightful piece of work.

A handsome georgette smock, with all-over pattern in silk embroidery, is used for the dressier model shown in the picture. It is one of many in which georgette, in a dark color, serves as a background for rich embroidered effects and these pretty garments are in high favor for formal afternoon and

summer dress. Two colors in georgette are sometimes combined in them, vivid shades of green proving particularly effective with the quieter colors. It appears in smocks for evening wear, along with turquoise and lighter colors, adorned with beads or with the richest and most colorful embroideries.

Julia Bottomly

Glove Lore.

Nothing looks worse than shabby gloves, and as they are expensive articles in dress, they require a little management. A good glove will, with care, outlast three cheap ones. Do not wear your best gloves at night. The heat of the gas, etc., gives a moisture to the hands that spoils the gloves; do not wear them in very wet weather, as carrying umbrellas and drops of rain spoil them.

Trimming for Child's Frock.

Unique trimming for children's frocks is made from striped material. The stripes are connected or divided by a chain stitch of red worsted. A band of this trimming can be used round the sleeves and down each side of the frock, at back and front.

Unique Millinery Novelty.

An interesting and unique millinery novelty for recreation wear is a large poke bonnet, made entirely of wool crocheted and wired and trimmed with crocheted flowers of the same material.

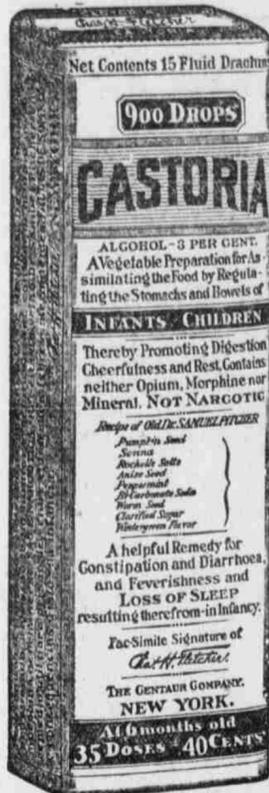
Are You Human?

A little baby. A little child. Don't they appeal to you? Doesn't your heart yearn to pick them up, to cuddle them close to you, to shield them from all harm? sure it does else you're not human. Being human you love them. Their very helplessness makes you reach out in all your strength to aid them. In health there's no flower so beautiful. In illness there's no night so black.

Save them then. Use every precaution. Take no chance.

When sickness comes, as sickness will, remember its just a baby, just a child and if the Physician isn't at hand don't try some remedy that you may have around the house for your own use.

Fletcher's Castoria was made especially for babies' ills and you can use it with perfect safety as any doctor will tell you. Keep it in the house.



Exact Copy of Wrapper.

Children Cry For Fletcher's CASTORIA

Do the People Know?

Do you know why you are asked to call for Fletcher's Castoria when you want a child's remedy: why you must insist on Fletcher's? For years we have been explaining how the popularity of Fletcher's Castoria has brought out innumerable imitations, substitutes and counterfeits.

To protect the babies: to shield the homes and in defense of generations to come we appeal to the better judgment of parents to insist on having Fletcher's Castoria when in need of a child's medicine. And remember above all things that a child's medicine is made for children—a medicine prepared for grown-ups is not interchangeable. A baby's food for a baby. And a baby's medicine is just as essential for the baby.

The Castoria Recipe (it's on every wrapper) has been prepared by the same hands in the same manner for so many years that the signature of Chas. H. Fletcher and perfection in the product are synonymous.

MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

THE CENTAUR COMPANY, NEW YORK CITY.

Not a New Discovery.

George Ade, seated in the library of the Chicago Athletic club, looked up from his magazine and said:

"It says here that an English scientist has discovered how to turn anything to gold."

Mr. Ade blew forth a smoke cloud thoughtfully.

"But, then," he added, "our professors discovered that several years ago."

Early Humor.

"Professor Diggs has no recreations whatever, I hear."

"Ah! very much mistaken."

"He chuckles over the wheezes of Babylonian column conductors, written on tablets of clay."—Birmingham Age-Herald.

Bird Neglect Is Short-Sighted.

The destruction of the quail is costing the wheat growers of the entire United States \$100,000,000 a year—chinch bugs. Potato growers of the United States are paying out \$15,000,000 a year for Paris green to protect their potatoes from the potato bug. The quail, natural enemy of the bug, has been almost exterminated.

Mighty Few Do.

"Why don't you join a golf club?"

"Man, I don't know how to play golf."

"That's no reason. Ninety per cent of the golf club members don't know how to play the game, either."

Tuberculosis in Cattle.

The bureau of animal industry of the department of agriculture reports that tuberculosis in cattle was responsible for the condemnation of more cattle, slaughtered under federal meat inspection last year, than all other diseases combined. Information from the bureau shows that 59,547 carcasses of cattle were condemned on post-mortem inspection and of that number 37,900 were the result of tuberculosis. In addition 53,652 parts of cattle carcasses were condemned for the same cause.

The bureau points out that tuberculosis in cattle and hog cholera in swine are the two most serious contagious diseases affecting meat animals, and there is evidence that a heavy loss occurs on farms in addition to condemnations at establishments where government inspection is maintained.

Embarrassing Moment.

The new minister was calling. Among other things he was inventing the prevalent use of profanity, the habit growing even among children.

The small daughter of the house, standing by, said timidly, "Mister, I don't swear, but I know all the words."—Indianapolis News.

Cause and Effect.

Two notices on a church bulletin board in Manchester, England, ran as follows:

"A potato supper will be held Saturday evening."

"Subject for Sunday morning: 'A Night of Agony.'"—Boston Transcript.

Miss Alcott's Elms.

Among the trees in historic Concord are the two old elms in front of the Louisa May Alcott house, and the little grove of pines and spruces just beyond it. Under the shade of the elms once lived the author of "Little Women" and among the whispering pines Hawthorne walked, thought and wrote, or conversed with his friend, Thoreau. The elm at the left of the door as the visitor approaches the old house is 13 feet in circumference, and the one at the right is 15. The trees have been nominated for a place in the Hall of Fame for Trees being compiled by the American Forestry association of Washington, D. C.

Nebraska Directory MOORE "30"

"Looks Good" "Rides Well" \$1,175 Factory List

The World's Biggest Little Automobile Good territory open to live dealers. KNUDSEN AUTOMOBILE COMPANY 2107 Farnam St., Omaha, Neb. Distributors, Nebraska and Western Iowa.

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Exceptional opportunity at the present time for young women over nineteen years of age who have had at least one year in high school to take Nurses' Training in general hospital. Our graduates are in great demand. Address Supt. of Nurses, Lincoln Sanitarium Lincoln, Nebraska.

Creamery and Cream Station Supplies Milk Bottles and Dairy Supplies; Egg Cases and Chicken Coops. KENNEDY & PARSONS CO. 1309 James St. OMAHA 1801 E. 4th St. SIOUX CITY

AWNINGS?

WRITE Scott-Omaha Tent & Awning Co. 15th and Howard, Omaha, U. S. A.

THE SOLAR SANITARIUM Masonic Temple Bldg. 19th and Douglas St., Omaha Solar Baths FOR RHEUMATISM Write for booklet.

The Radium Hospital OF OMAHA 34th and Farnam Streets For the treatment of Cancer, Tumor, Goiter and Precancerous Conditions The Largest Institution of its Kind in the World.

Each Cup Of INSTANT POSTUM

contains the same uniform quality of goodness that makes this table beverage so popular. Make it strong or mild as you prefer by varying the quantity used. No wonder so many prefer it to coffee, not alone on account of taste but because of its abundant healthfulness. Truly—

"There's a Reason" for POSTUM

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