

**DO ALL MY HOUSEWORK**

Before I took Lydia E. Pinkham's Vegetable Compound I could hardly stand, says Mrs. Kwarcinski.

Chicago, Ill.—"I suffered with displacement and irregularities and I did not know what to do. My mother advised me to take Lydia E. Pinkham's Vegetable Compound and use the Sanative Wash so I took her advice and used these remedies and cured myself. I feel fine and do all my housework which I could not do before, as I could hardly stand up and I have three healthy children. You can use this letter if you wish, for your remedy is certainly wonderful for sick, run down women."—Mrs. A. KWARCINSKI, 8627 W. Oakdale Ave., Chicago, Ill.

For forty years Lydia E. Pinkham's Vegetable Compound has been making women strong and well, relieving headache, nervousness, ulceration, and inflammation, weakness, displacements, irregularities and periodic pains. It has also proved invaluable in preparing for childbirth and the Change of Life.

Women who suffer are invited to write for free and helpful advice to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. It is free and always helpful.

**Your Liver Is Clogged Up**

That's Why You're Tired—Out of Sorts—Have No Appetite CARTER'S LITTLE LIVER PILLS will put you right in a few days.

They act quickly though gently and give nature a chance to renew your health. Correct constipation, biliousness, indigestion and sick headache.

**Small Pill—Small Dose—Small Price** DR. CARTER'S IRON PILLS, Nature's great nerve and blood tonic for Anemia, Rheumatism, Nervousness, Sleeplessness and Female Weakness.

Genuine mast bear signature. *Don't fool*

Clean Bill. "Have you any avuncular relatives?" "No; haven't a disense of any kind in our family."

The war has made table linen very valuable. The use of Red Cross Ball Blue will add to its wearing qualities. Use it and see. All grocers, 5c.

The common house-fly usually becomes full grown four weeks after birth.

**Sure Relief**

**BELLANS FOR INDIGESTION** 6 BELLANS Hot Water Sure Relief **BELLANS FOR INDIGESTION**

A man is lucky if he can sell his experience for one-tenth its cost price.

Garfield Tea, the incomparable laxative, pleasant to take, pure, mild in action and wonderfully health-giving.—Adv.

Diamonds worth \$100,000 have been obtained in two months on a farm in the Orange Free State.

**BACK GIVEN OUT?**

There's surely some reason for that lame, aching back. Lately it's your kidneys. A cold or strain oftentimes clogs the kidneys and slows them up. That may be the reason for that nagging backache, those sharp pains, that tired, worn-out feeling. You may have headaches and dizzy spells, too, with annoying bladder irregularity. Use Doan's Kidney Pills. They have helped thousands. Ask your neighbor!

**A Nebraska Case**

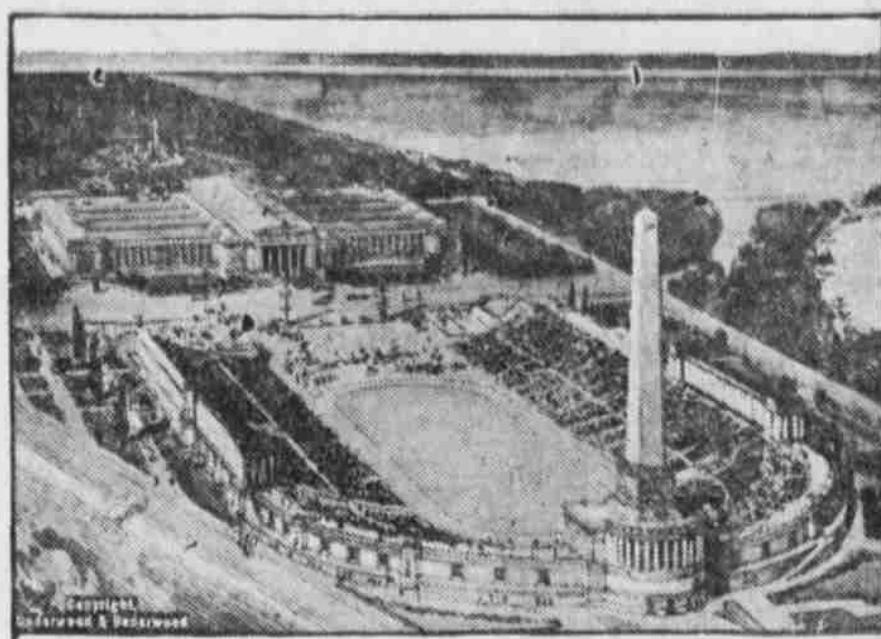
"I'm with prop. of barber shop, 1313 Fourteenth St., Aurora, Neb., says: 'I had a constant dull ache in the small of my back. I was lame and tired all the time. Mornings I felt stiff and could hardly get my clothes on. The kidney secretions were profuse and so frequent in passage that I was obliged to get up several times during the night. I finally began using Doan's Kidney Pills and my back soon became strong and all symptoms of kidney trouble disappeared.'"

Get Doan's at Any Store, 60c a Box **DOAN'S KIDNEY PILLS** POSTER-MILBURN CO., BUFFALO, N. Y.

**Stop Your Coughing**

No need to let that cough persist! Stop the irritation, and remove tickling and hoarseness by soothing the inflamed throat with **PISO'S**

**CHICAGO TO HAVE A GREAT STADIUM**



This is the accepted design for a great stadium which will be built by the South park commission of Chicago in Grant park just south of the new Field museum. It will cost \$1,500,000 and will seat 100,000 persons.

**Zuyder Zee to Be Reclaimed**

Work on \$125,000,000 Engineering Project Will Start This Year.

**PROVIDE LAND FOR 300,000**

Dike Thirty Miles Long Is Part of Plan to Add New Province to Holland—Area of 827 Square Miles to Be Reclaimed.

The Hague.—Work is to begin this year on the reclaiming of the Zuyder Zee, one of the world's greatest engineering projects, by which it is proposed to restore to Holland within 35 years what was once hers but was taken away by storms of many centuries.

When the work is finished not only the original land will be restored, but many thousand acres which always have been beneath the sea will be ready for cultivation.

According to pre-war estimates the entire work of reclaiming the Zuyder Zee would have cost approximately \$88,800,000, but, with the increased cost of labor and materials in the last six years, it is believed the cost will be well in excess of \$125,000,000. The work will be done and paid for by the state, through special loans, and the state, through rental of the land reclaimed, expects the scheme to pay for itself within a few years, and thereafter yield a handsome revenue.

**Will Support 300,000 Persons.**

The total amount of land to be reclaimed will be 827 square miles, which will constitute a twelfth province of Holland, capable of supporting a population of 300,000, and where several cities of ancient trading fame are expected to be restored to commercial importance. The engineering work is now well under way.

Centuries ago, at the beginning of the Christian era, when the Romans had their settlements in Holland, much of the space now occupied by the Zuyder Zee was land and the south part of the present sea was a lake, called Flevo. Northwest tempests swept the

**N. Y. Hostelry Opened in 1812 Closed by Dry Law**

New York.—Prohibition closed the doors of another famous hostelry, the Eastern hotel at the Battery, which was first opened shortly after the war of 1812. Solid mahogany beams form the framework of the structure, one of the oldest on the island of Manhattan. Many prominent persons made their headquarters at the hotel, including Robert Fulton, steamboat inventor; Daniel Webster, Commodore Vanderbilt, J. P. Morgan, P. T. Barnum and General Grant.

who has devoted nearly all his life to the idea of reclaiming the Zuyder Zee, explained the plans to the Associated Press correspondent. He is now a member of the state council which will carry out the work.

"The first thing to do," said Doctor Reekman, "is to construct a gigantic dike to keep out the North sea. This will be 30 miles long, stretching from Wieringen to the Frisian coast, where the water ranges in depth from 16 to 17 feet above the sea level. There will be a double-track railway on top of the dike. Its construction will take nine years and its cost, by pre-war estimates, will be more than \$20,000,000.

"The total surface to be reclaimed is 827 square miles. There will remain a lake of 600 square miles, which will act as a reservoir during the periods when, owing to northwestern storms, the water of the River Yssel and of the canals cannot be emptied into the North sea. The water of the lake will be let out into the North sea through five great sluices at the Wieringen end of the dike.

"Most of the land to be reclaimed now lies 13 feet beneath the sea level. Part of it is expected to be dry within 14 years, as pumping out will begin as soon as the dike is completed. The last of the land is expected to be dry within 55 years."

**Loses Pension for Bravery.**

Tokyo, Japan.—The Japanese rickshaman who saved the life of the former Emperor Nicholas of Russia, when an attempt was made to kill him on his visit to Japan as czarovich in 1891, has lost the pension which was paid him for many years for that service to the Russian ruler. This is the result of the death of the former emperor and the Russian revolution.

Nicholas was attacked by a Japanese policeman with a saber. Interference by the rickshaman enabled him to escape with a slight wound. While receiving his pension the rickshaman lived in luxury, but now has returned to the work of hauling his ricksha.

**Noah's Ark as Model for Boat**

Lake Erie Fisherman Had Faith Enough in Idea to Build One.

**PROVED SAFE AS A HOUSE**

Now the United Fishing Company Has Built One and Will Build Five More—Successfully Combats Roughest Seas.

Sandusky, O.—Ed. Lampe, a fisherman at Vermilion, a Lake Erie port town twenty-two miles east of this city, was reading a story about Noah's ark to his children one night several months ago, when it occurred to him that were the craft of Noah's time resurrected and modernized a little it might have a tendency to lessen the toll that storms take annually in the Great Lakes section.

Lampe is a gillnetter of many years' experience, and in the picture of Noah's ark that embellished the story he was reading, he recognized wonderful possibilities. The storms of the Great Lakes section rage furiously in spring, following the opening of the navigation season, and again in fall, just before the season closes. Many men lose their lives and much valuable property is destroyed.

The gillnetters, as those fishermen who fish with gill nets are known, are often the victims than are the members of any other body of men engaged in fishing; their work is more hazardous. When disaster comes it is usually the gillnetters' boat, or "tug," that is destroyed.

**A Real Success.** Lampe designed a boat on the plan of Noah's ark. With the aid of several fishermen friends he brought his design to materialization. He tried the craft out and it met every expectation. It ploughed the most vicious billows, going out and returning when other boats had to be kept in port.

Lampe's craft attracted the attention of the commercial fishing interests of the Lake Erie section and investigators were sent to Vermilion. If it were true that a Vermilion fisherman had invented a boat patterned after Noah's ark that would lessen the risk of spring and fall season fishing they wanted to give the fisherman the benefit of the discovery, they said.

The Vermilion gillnetter would not listen to a proposition to sell his idea, nor would he talk of royalty.

"If you can save some poor devil's life by using my style of boat, go ahead and use it," he said.

The United Fisheries company of this city, one of the largest organizations of its kind operating on Lake Erie, recently completed the first of six gillnet tugs of the type designed by Lampe, at a shipbuilding plant in this city. The other five are to be ready to be commissioned at the beginning of the spring fishing season of 1920.

Lampe christened his boat Victory, for the reason that she is believed to have triumphed over the storm. With a bow like that of a battleship, and a body otherwise that resembles the conventional pictures of Noah's ark, she has been successfully combating the roughest seas that the Lake Erie nor'easter has been able thus far to kick up.

Victory is fifty-five feet long, with a fifteen foot beam. She is equipped with two power plants, so that if one should happen to "go bad," the other will be available. Her upper works are so constructed that they can be made almost water tight, and her hull bears the weight required to right her immediately if she should happen to turn over.

"I would as lief be sitting in the cabin of Victory as in my office or my home, no matter how severe the storm," said Charles F. Mischler, president of the United Fisheries company, discussing the new gillnetting craft.

Fishermen say that boats of this kind will, in the near future, replace the old-time gillnetting tugs now in use, and that a big saving in life and property will result.

**YOUNGSTERS!**

Need "Cascarets" when Sick, Bilious, Constipated.

When your child is bilious, constipated, sick or full of cold; when the little tongue is coated, breath bad and stomach sour, get a box of Cascarets and straighten the little one right up. Children gladly take this harmless candy cathartic and it cleanses the little liver and bowels without griping. Cascarets contain no calomel or dangerous drugs and can be depended upon to move the sour bile, gases and indigestible waste right out of the bowels. Best family cathartic because it never cramps, sickens or causes inconvenience.—Adv.

**One of the Old Birds.**

One of the "old birds" who spends most of his time among the girls of the younger set was invited to a masquerade ball. "The first time I saw him on the floor I guided my partner in his direction.

To our delight we came up just in time to hear him implore the little shepherdess to come sit in the corner, uzmask, and talk with him. She skillfully led him on, then suddenly ran laughing away. My partner was giggling so extra agently that I pressed her for the reason.

"First time I ever heard of a girl vamping her own dad!" was the answer.—Exchange.

**Important to all Women**  
**Readers of this Paper**

Thousands upon thousands of women have kidney or bladder trouble and never suspect it.

Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.

If the kidneys are not in a healthy condition, they may cause the other organs to become diseased.

You may suffer pain in the back, headache and loss of ambition.

Poor health makes you nervous, irritable and may be dependent; it makes any one so.

But hundreds of women claim that Dr. Kilmer's Swamp-Root, by restoring health to the kidneys, proved to be just the remedy needed to overcome such conditions.

Many send for a sample bottle to see what Swamp-Root, the great kidney, liver and bladder medicine, will do for them. By enclosing ten cents to Dr. Kilmer & Co., Binghamton, N. Y., you may receive sample size bottle by Parcel Post. You can purchase medium and large size bottles at all drug stores.—Adv.

**The Cors of the Afternoon.**

Little Marjorie, who is three, told her mother the other evening that while the mother was uptown shopping in the afternoon the little girl had been taken by a servant to call on her father in the latter's office.

"What time did you go?" asked the mother.

"Oh, in the core of the afternoon," replied the little girl.

"Mother doesn't understand what you mean by the 'core' of the afternoon," it was explained to Marjorie.

"Why, I mean the middle," she said simply, as if wondering at the ignorance of grown folks.

**All Going Smoothly.**

The chaplain came plodding along the road coming back from the front lines several hours after the infantry had gone over the top.

"How are things going up there?" inquired an artillery lieutenant.

"Fine, fine," said the chaplain.

"We're knocking them for a goal."

"Haven't seen many prisoners," said the lieutenant skeptically.

"No, I guess you won't," replied the chaplain, "our machine guns haven't jammed all morning."—The Home Sector.

Fortunate is the man who really deserves his own good opinion of himself.

Half the troubles we complain of are troubles because we complain of them.

**COLDS breed and Spread INFLUENZA**  
KILL THE COLD AT ONCE WITH

**HILL'S CASCARA QUININE PROMIDE**

Standard cold remedy for 25 years—tablets form—safe, sure, no opiates—breaks up a cold in 24 hours—relieves grip in 3 days. Money back if it fails. The genuine has a Red top with Mr. Hill's picture. At All Drug Stores.

**Acid-Stomach**  
Makes 9 Out of 10 People Suffer

Doctors declare that more than 70 non-organic diseases can be traced to Acid-Stomach. Starting with indigestion, heartburn, belching, food-repelling, blood, sour, gassy stomach, the entire system eventually becomes affected, every vital organ suffering in some degree or other. You see these victims of Acid-Stomach everywhere—people who are subject to nervousness, headache, insomnia, biliousness—people who suffer from rheumatism, lumbago, sciatica and aches and pains all over the body. It is safe to say that about 3 people out of 10 suffer to some extent from Acid-Stomach.

If you suffer from stomach trouble, or even if you do not feel any stomach distress, yet are weak and ailing, feel tired and dragged out, lack "pep" and enthusiasm and know that something is wrong although you cannot locate the exact cause of your trouble—you naturally want to get back your grip on health as quickly as possible. Then take EATONIC, the wonderful modern remedy that brings quick relief from pains of indigestion, belching, gassy blast, etc. Keep your stomach strong, clean and sweet. See how your general health improves—how quickly the old-time vim, vigor and vitality comes back!

Get a big size box of EATONIC from your druggist today. It is guaranteed to please you. If you are not satisfied your druggist will refund your money.

**EATONIC**  
**(FOR YOUR ACID-STOMACH)**

**BE A NURSE**

Exceptional opportunity at the present time for young women over nineteen years of age who have had at least one year in high school to take Nurses' Training in general hospital. Our graduates are in great demand. Address: Supt. of Nurses, Lincoln Sanitarium, Lincoln, Neb.

**Cuticura Talcum**  
**is Fragrant and Very Healthful**  
Soap 25c, Ointment 25 and 50c, Talcum 25c.

W. N. U., OMAHA, NO. 8-1920.

**WOOD VERY LIKE MAHOGANY**

Cariania Can Be Used to Advantage in the Absence of the More Valuable Lumber.

It is interesting to note that more than twenty mahoganylike woods are now offered as true mahogany, not to mention a considerable number of woods cunningly stained to imitate mahogany. In the present circumstances, therefore, when the demand for mahogany is greater than the supply, unusual literature attaches to such woods as Cariania or Colombian mahogany, which is acknowledged not to be mahogany, but which is so similar to it in color, grain effects and working qualities as to serve for the rare wood.

The statement is made that while Cariania differs widely in its botanical and anatomical characters from true mahogany, its close superficial resemblance to mahogany and its physical properties at once distinguish it as a high-class cabinet wood. When properly seasoned it does not warp, check or shrink, while much of the lumber is beautifully figured. It works well, takes a filler readily and can be highly polished.

You will never know the true value of a dollar unless you earn it yourself.

No, Hazel, footsteps are not always 12 inches.

**WHERE UNCLE SAM TESTS YOUR HOME BREW**



This is the government laboratory which gives the final answer on the alcoholic content of home brews when Uncle Sam's prohibition sleuths seize. Hard cider, hair tonics, patent medicines, flavoring extracts, and all other forms of alcoholic drinks which the government samples will reach the same goal. The laboratory is in the treasury department where it has passed from the jurisdiction of the bureau of internal revenue to the federal prohibition commission.

**Your Table Drink**  
should bring you comfort as well as appetizing flavor.  
Let us Suggest  
**INSTANT POSTUM**  
If you have used this pleasing table beverage, you know its wholesome charm.  
If you have never tried Instant Postum, you have a delight in store.  
All Grocers sell Postum  
**"There's a Reason"**