## Will Not be One Day Without PE-RU-NA

This Lady TELLS Her FRIENDS

Mrs. Mary Fricke, 507 Bornman St., Belleville, Ill., is just one of the many thousands of ladies throughout the country who, after an agony of years, have at last found health, strength and vigor in PE-RU-NA.

Her own words tell of her suffering and recovery better than we can do it: "I suffered with my stomach, had awful cramps and headaches so I often could not lay on a pillow. Saw your book, tried PE-RU-NA and got good results from the first bottle. To be sure of a cure I took twelve bottles. I have recommended FE-RU-NA to my friends and all are well pleased with results. I will not be one day without PE-RU-NA. Have not had a doctor since I started with PE-RU-NA, which was about fifteen years ago. I am now sixty-three years old, hale, hearty and well. Can do as much work as my daughters. I feel strong and healthy and weigh near two hundred pounds. Before, I weighed as little as one hundred. I hope lots of MRS. MARY PRICKE people use PE-RU-NA and get the results I did." An experience like that of Mrs. Fricke is an inspiration to every sick and suffering



If you have catarrh, whether it be of the nose, throat, stomach, bowels, or other organs, PE-RU-NA is the remedy. It is not new; it is not an experiment. PE-RU-NA has been tried. PE-RU-NA has been used by thousands who once were sick and are now well. To prevent coughs, colds, grip and Influenza and to hasten recovery there is nothing better.

PE-RU-NA will improve the appetite and digestion, purify the blood, sooth the irritated mucous linings, eradicate the waste material and corruption from the system. It will tone up the nerves, give you health, strength, vigor and the joy of living. Do what Mrs. Mary Fricke and thousands more have done—try PE-RU-NA. You will be glad, happy, thankful.

Tablet or Liquid. Sold Everywhere.

Still Left.

"Is there anything about here with "Sure; there's Bill Jones' pot. ex-army mule."

None Available.

"Have you any soft drinks here?" "None but hard water."-Baltimore American.

Important to Mothers Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it

Signature of Charly Thickers In Use for Over 30 Years. Children Cry for Fletcher's Castoria

A Snap.

"Everything is so high, these days!" complained a prospective customer.

everything!" replied the proprietor of you wash them. You can hang them the Right Place store at Petunia. "These thermometers are down pretty low this morning."-Kansas City

Equally Diaphanous.

hoo, in the midst of her perusal of the lunch she failed to put in a small pie, ordinary soap bubble is only one five- simply put the ple in a paper sack pretty thin, isn't it?"

Star.

She Was a Peach.

Three-year-old Mary Ellen demands the reasons are mother's sudden inspirations. Sometimes she passes them winged, magical nothings in society, on to other children. The other afteryou think I'm sweet?" she asked

mamma found me in a neach basket" face, and uneasy of feet. Two or three of the children giggled but twelve-year-old Arthur sprang gal- finally begged, say something to us? lantly to the rescue, "No wonder

A Preference,

Knicker-America is the melting Bocker-Fine, but we'd rather be

the sugar bowl. RECIPE FOR GRAY HAIR.

in the attic,"

To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and 1/4 oz. of glycerine. Apply to the hair twice a week until it becomes the desired shade. Any druggist can put this up or you can mix it at home at very little cost. It will gradually darken streaked, faded gray hair, and will make harsh hair soft and glossy. It will not co'or the scalp, is not sticky or greasy, and does not rub off.—Adv.

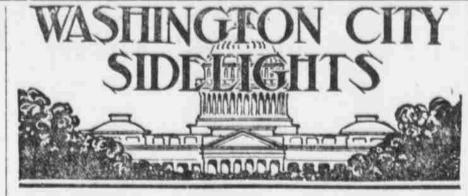
Would Be All Right. Bernice asked her mother what she was going to do today. Her mother sald she was going to wash the windows. Bernice answered: "Oh, mother, don't; it's going to rain." Whereupon "Oh, no, Mrs. Straddup; not quite Dorothy, aged three, said: "Mother,

Lost Her Pie. In an effort to combat the high cost of eating, a girl living on the Illinois car line sometimes carries a midday "Well, suzz!" ejaculated Mrs. Waw- lunch,. Recently in fixing up her county paper. "It says here that an so rather than untie the package she millionth of an inch thick. That's and put it in a pocket of her coat. She had to stand all the way down-"Eli-youp!" replied honest Farmer town and in some manner the ple got Wawhoo, "About as thin, I should crowded out of her pocket so that say, as young Gabe Gawk's excuse that when she started to leave the car the he wants to talk hoss-swap with me, pie fell out of the sack face down on when he comes over to set up along- the floor of the car. And it was a side of Hettie Jane."—Kansas City soft berry pie, too.—Indianapolis News.

"Not all the poets," observed a frea reason for everything and some of quenter of cosmopolitan society "have the gift of uttering quick, light-

"I knew of one poet, greatly in noon a group of children was talking vogue in Paris some years ago, who to the wee miss, all giving her that was not exactly a fluent dispenser of sort of confection known as "taffy," epigram. He was invited to the house Mary Ellen are it with relish. Sud- of a great lady of the Faubourg St. denly she turned to the child nearest Germain, and as soon as he entered he her, "Do you think I'm pretty? Don't became the center of a circle of admirers, who waited vainly for some He answered in the affirmative, subtle or poetic conceit. The poet "Well," she smiled sweetly, "my remained silent, ill at ease, red in the

"'Come, my dear poet,' the hostess "'Have you observed-duchess,' he you're such a little peach," he re-faltered, desperately, 'that-thisyear's pawn tickets are pink?"



### U. S. May Loan You Money on Your Liberty Bonds

WASHINGTON .- A plan by which the government can make \$100,000,000 a year, protect the hosters of Liberty bonds against the loss incurred in selling to profiteers, and stabilize the price of bonds has been worked out by the United States bureau of effi-

ciency and is suggested in the annual report of Herbert D. Brown, chief of the bureau, which has just been made

Owners of Liberty bonds of small denominations have been liquidating them at the rate of from \$10,000,000 to \$12,000,000 a day, according to Mr. Brown, selling them in the majority of cases, to money lenders who Immediately benefit by such discounts as they can exact and then pass the bonds on to legitimate investors who wish to hold them. War savings cer-

tificates also are being redeemed on a large scale. To protect the original purchaser and correct any impression that a Liberty bond is an unprofitable investment, it is proposed that the government, through the postal savings system, make loans at post offices on bonds at a low rate of faterest, with privilege of redemption limited only by the

maturity of the bond. The plan provides that loans be made in two amounts only-\$45 on a \$50 bond, and \$90 on a \$100 bond, the limit of the amount which may be leaned to one person being \$200. The post office will then accept maturing coupons in 11 m of interest, and charge on payment a fee of \$1 on a \$45 loan and \$2 on a \$90 loan. The borrower may sell his bond to the government with the privilege of redemption any time before maturity.

### Compulsory Military Training in the U. S. Senate

EGISLATION which would amount to a virtual reorganization of the army with protection from outside attack as a primary purpose and with compulsory military training for boys from eighteen to twenty-one years of age

as a leading feature has been agreed upon tentatively by the senate military subcommittee considering a permanent military policy for the nation.

BORROW

THIS BOND

\$45 ON

While various minor details of the plan remain to be worked out, the committee's present agreement, Senator Wadsworth said, calls for a permanent standing peace army of 280,-

One big army composed of the regular army as now organized and a reserve or citizens' army is provided in the tentative legislation. Of the latter army the National Guard

would be a part, although the details of the organization of that service re main to be worked out. Youths within the prescribed age limits would be required to take four months' military training with provision made for either the regular army

or the National Guard of the various states being used in furnishing this The youths, however, would be given an opportunity to elect either taking this training in a lump or of joining the National Guard for a fixed pe-

riod, during which they would receive the same amount of training as precribed for the four-month period. Upon completion of this training, the recruits would be placed in a reserve army for a period of five years, but under no conditions, Senator Wadsworth said, could the reservists be called upon to perform military serv-

ice except in case of declaration of war. While the bill will provide for compulsory military training," Senator Wadsworth said, "there will be no provision made for compulsory military

#### Virtue Its Own Reward, Even in the Wilderness

NATIONAL park and national forest rangers are usually picked men. It's right they should be. They represent the federal government. Recently a party of tourists was motoring along a forest road in a lonely region not

far from the Grand Canyon in Arizona. The big car was passing a tiny brown cabin, trimmed neatly in white with a green roof, set in a clump of juniper and pine near the road, when one of the party pointed to the cabin and explained to the man at his side: "One of our ranger stations,"

"Fine!" the man returned. "Suppose we stretch our legs a bit and go over and look around."

On his order the car stopped and the party, consisting of four men and several women, passed through the two tall posts at the gateway, supporting the neatly painted sign bearing the name of a national forest and of this paricular ranger station

Late that day, a tired man threw himself wearily from his horse at the corral gate. His horse rubbed down and turned out to pasture, the ranger reached the back door of his cabin, entered and started his preparations for There was no indication of the unexpected visit his cabin had been given

In his absence. But as he turned to his kitchen table his eye caught sight of two white bits of cardboard lying there. The first had written across it: "I am sorry I missed you, I congratulate you on the immaculate condition of your station." Embossed on the

card was the name "David F. Houston," and in the corner "The Secretary of The second card had written on it: "I, too, congratulate you on the fine appearance of your cabin," Printed on the card was "Dr. Hans Suizer," and in the corner was "Ambassador from Switzerland."

#### Michigan Establishes Victory Highway Memorial

M ICHIGAN has jumped ahead of the other states in previding a me-morial for its sons who served in the European war. The Michigan idea is a Victory highway, a paved road running across the state in a northensterly direction.



The Michigan State Good Roads association started to work out the plan several mouths ago, but nothing much was said about it until it was assured that there would be no hitch in carrying it out. The contracts are now being let.

In Michigan the road is to run from New Buffalo, near the Indiana line to Port Huron. It will be 343 miles in length and will traverse 12 counties. It will pass through St. Joe,

Kalamazoo, Camp Custer, Battle Creek, Charlotte, Lansing, Owosso, Flint, and La Peer. There will be a northern branch, starting from Owosso. through Saginaw to Bay City, where the Dixle highway can be picked up.

The various counties along the proposed route have pledged their road funds to build the highway. The counties also plan to erect memorial buildings and monuments, also parks. The names of the men who served in the army will be listed on these monuments, with a special provision for those who were killed or wounded. One plan is to have memorial tablets by counties or townships.

A double row of walnut trees will be planted along the entire highway. These will be supplied by the Michigan state agricultural college.

# **How Competition** Helps You

The competition that exists among the hundreds of meat distributors, large and small, means

> Rivalry in Prices Rivalry in Service Rivalry in Economy Rivalry in Quality

Swift & Company sells meat at the lowest possible price, consistent with quality and service. Our profit of only a fraction of a cent a pound on all products is evidence of keen competition.

Swift & Company must provide the best service to your dealer or he will buy from our competitors. This means a supply of fine fresh meat always on hand for you at your dealer's.

Swift & Company must keep down manufacturing and selling costs, and use all by-products to avoid waste, or else lose money meeting the prices of competitors who do.

Swift & Company must make its products of the highest quality, or see you turn to others. This means better meat for you and a greater variety of appetizing, wholesome food.

We are as glad for this competition as you should be. It helps to keep us on our mettle.

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#### **Nebraska Directory**

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Eager to Recite.

One day in school my teacher asked who was the backbone of the Amertean revolution. I was eager to recite and replied; "The backbone is the spinal cord." At this exclamation the class laughed to my embarrassment.-Exchange.

If one has "pep," he does something, whether it is worth doing or



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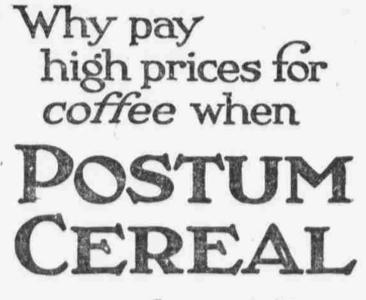
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