#### DON'T WHIP!

Stop Lashing Your Bowels with Harsh Cathartics but take "Cascarets."

-----Everyone must occasionally give the bowels some regular help or else suffer from constipation, bilious attacks, stomach disorders, and sick headache. But do not whip the bowels into activity with harsh cathartics.

What the liver and bowels need is a gentle and natural tonic, one that can constantly be used without harm. The gentlest liver and bowel tonic is "Cascarets." They put the liver to work and cleanse the colon and bowels of all waste, toxins and poisons without griping-they never sicken or inconvenience you like Calomel, Salts, Oil, or Purgatives.

Twenty-five million boxes of Cascarets are sold each year. They work while you sleep. Cascarets cost so little too,-Adv.

More Trouble,

Discussing the various tangles that amendments and reservations to the League of Nations proposal were developing, a senator sald;

"The utter impossibility of straightening out the situation and getting a cleawcut proposition reminds me of the old lady who was milking a cow when a dog came along and lapped some of the milk out of a bucket.

"'There, plague on it!' the old lady enid: 'now I suppose I'll have to strain that milk again."

#### If You Need a Medicine You Should Have the Best

Have you ever stopped to reason why it is that so many products that are ex-tensively advertised, all at once drop out of sight and are soon forgotten? reason is plain-the article did not fulfill the promises of the manufacturer. This applies more particularly to a medicine, A medicinal preparation that has real curative value almost sells itself, as like an endless chain system the remedy is recommended by those who have been benefited, to those who are in need of it.

A prominent druggist says "Take for example Dr. Kilmer's Swamp-Root, a preparation I have sold for many years and never hesitate to recommend, for in almost every case it shows excellent results, as many of my customers testify. No other kidney remedy has so large a

According to sworn statements and verified testimony of thousands who have used the prevaration, the success of Dr. Kilmer's Swamp-Root is due to the fact, so many people claim, that it fulfills almost every wish in overcoming kidney, liver and bladder ailments; corrects prinary troubles and neutralizes the uric acid which causes rheumatism.

You may receive a sample bottle of Swamp-Root by Parcels Post, Address Dr. Kilmer & Co., Binghamton, N. Y., and enclose ten cents; also mention this paper. Large and medium size bottles for sale at all drug stores.—Adv.

New Raisin.

A process has been discovered by which wine-grapes can be turned into a kind of raisin which has not been produced before but which is finding a ready market, both on this continent and abroad. The demand for it, we are told, will be large enough to absorb the entire wine-grape crop of California, amounting to about 400,000 tons, which will probably not be needed for wine under temperance legisla-

#### ASPIRIN FOR HEADACHE

Name "Bayer" is on Genuine Aspirin-say Bayer



Insist on "Bayer Tablets of Aspirin" in a "Bayer package," containing proper directions for Headache, Colds, Pain, Neuralgia, Lumbago, and Rheumatism. Name "Bayer" means genuine Aspirin prescribed by physicians for nineteen years. Handy tin toxes of 12 tablets cost few cents. Aspirin is trade mark of Bayer Manufacture of Monoaceticacidester of Salicylicacid .- Adv.

Liked to Go and Come.

Little Mary, on being asked if she liked to go to school, said: "Oh, yes, I like to go and come back. Staying there between times is what I don't

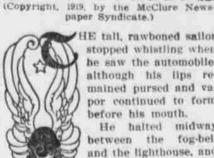
#### BOSCHEE'S SYRUP.

A cold is probably the most common of all disorders and when neglected is apt to be most dangerous, Statistics show that more than three times as many people died from influenza last year, as were killed in the greatest war the world has ever known. For the last fifty-three years Boschee's Syrup has been used for coughs, bronchitis, colds, throat irritation and especially lung troubles. It gives the patient a good night's rest, free from coughing, with easy expectoration in the morning. Made in America and used in the homes of thousands of families all over the civilized world. Sold everywhere .- Adv.

Many an uncivil young man manages to pass a civil service examination.

# Santa's Red Guide

By R. RAY BAKER



HE tall, rawboned sailor stopped whistling when he saw the automobile, although his lips remained pursed and vapor continued to form before his mouth.

He halted midway between the fog-bell and the lighthouse, and stamped his feet energetically on the beaten snow path, for they

were cold in spite of heavy overshoes. "Ben Clark's automobile," he said. and he did not say it joyfully. "He's callin' on Marie ag'in.'

The door of the dwelling part of the lighthouse opened and a young man, dressed in a fur coat, came out, placing a cap, also of fur, on his head. He paused when he saw the sailor.

"Merry Christmas," said the fur-clad one, grinning, and he passed on to the automobile, climbed in, and soon was whirling away.

"Same to yuh," sang out the sailor, although he scowled as he approached the door through which the other had



A Light Shone Forth Into the Winter Night.

emerged. "Seems he's gettin' in a burry about it. Christmas don't come till tomorrow.

There was nothing about the sallor to denote that he was a seafaring man, unless it was his rolling gait, for he was bundled up much as the other man, although his cont. Instead of being fur, was an old fuzzy blue one.

Navigation had closed some months ago, because a large share of the Harry H mmond was obliged to find herself, on her knee. other pursuits till spring. So he fished through the ice and helped keep and now Marie realized that it had the village of Bennett supplied with

His knock was answered by a darkeyed girl of three years, who smiled

"Hello, Emeline," he said, and he took her in his arms and asked her about Santa and what she expected the old gentleman from the North to bring her.

"Big doll's what I want," she told him, trying to spoil the part in his hair, and failing because there was not any there to begin with. "Dat's all-just big doll."

From the adjoining room came another dark-eyed girl of nineteen wiping her hands on an apron.

Harry placed the tot on the floor, and as he did so he discovered a picture standing on the table. It was of a very good looking young man.

"I see Mr. Clark left a present," Harry said, and immediately wished he had kept his thoughts to himself, for the girl flared up. "Yes," she said with a tinge of de-

flance. "Ben Clark left me his picture. I hope you don't object." The sailor studied the blue pattern

in the faded red carpet. "Wouldn't do much good if I did," he responded. "You an' he's gettin' pretty thick, Marie. I thought things was pretty well understood between you an' me-but that was before Ben commenced takin' you ridin' and

certainly does have an advantage over us poor guys. Marie's cheeks grew red and she

shinin' up to you. A man with a car

tapped her foot. "Look here, Harry Hammond," she said in a voice that sounded like a ringmaster's whip cracking, '-you nor no man is going to dictate to me. Mr. Clark has been very nice. Besides, he's a highly refined gentleman, and you-well, you're not, and you know

Ben turned toward the door. "Mebbe I better step out o' it alto-

gether," he observed.

He opened the door and was about to step out, when Emeline sprang into his arms. He kissed the child on the forehead, then put her back on the floor and went out, remarking to himself that "this sure is some merry Christmas."

That afternoon a storm that had been brewing for days vented its spite on the village and its surroundings. which included Clayton Point and the lighthouse. A raw, stiff wind carried

biting pieces of hard snow. "Mebbe Santa Claus tan't tome," sale

older girl and listened to the howl-

ng wind. "Probably not," replied Marie, who was gazing abstractedly from the living room window out over the frozen lake.

Marie was quite sure Santa would not come. Santa would have to be her brother Frank, who was Emeline's father, and he was at Sloan City, 20 miles away, belping an ice company out up next summer's supply. He had promised to bring something for Emeline's Christmas, but Marie knew he would not attempt the trip in the

Frank was the lightkeeper and the government records showed Marie to be his assistant. Frank kept the light burning during the summer and in the winter found jobs of various kinds to perform.

About five o'clock, through the storm, Marie heard an automobile horn, and presently came a knock on the door. Ben Clark, blanketed with snow, stood there when she opened it.

"I can't stay," he said, "or I won't be able to drive back, because the road is drifting badly. I came because I heard some news you'll be interested in. Harry Hammond went out on the ice this morning with his dog team, and up at the village a fisherman just came in with the news that the tce had cracked and part of it went out. Hammond didn't have a chance in a thousand, especially in this storm. He surely must have drowned."

Marle started back, horror in her

"Harry drowned!" she cried. "It doesn't seem possible. Are you sure? Can't you do something? Take me out on the ice ia your car. Perhaps he's still alive, lying somewhere on the ice freezing. The ice must be firm for a long ways out."

"What?" exclaimed Ben. "Go out there in this howling blizzard? The ice might hold up for a long ways, but I'd ruin the car and we'd stand a good chance of getting pneumonia, if we didn't get lost and wander into open water."

Early that night the villagers were startled to see a red bar of light shoot from Clayton Point. It was the first time in history that that light, which had guided many a ship through summer gales, had shone forth into a winter night.

Up in the light tower stood Marie looking through the great glass wall, striving to pierce the darkness and storm with eyes that were red from weeping.

"There's not much hope," she mused. "but there's just a chance he's still nlive and the old light might help him.'

For hours she remained at the post, watching and waiting, all but hopeless, Midnight found her asleep in a chair close by the light, exhausted by her long vigit.

A scream from below made her wide awake. She stumbled down the stairs and groped her way to Emeline's room. To her surprise a lamp was burning and there was Emeline seated on the take had an icy blanket. and bed, bouncing a doll, fully as large as

Santa tame!" cried the little girl. been a scream of joy that awakened her.

"Santa tame!" repeated the tot. "I found this right on my bed."

Unable to understand, Marie went out into the living room and lighted a



On the Lounge Lay a Man, His Clothes Crusted With Ice.

tamp. On the lounge tay a man, his clothes crusted with ice. She went to him and put her arms

around him. "Harry," she sobbed. "They told me you were dead; that the Ice

cracked and let you through." The big sallor opened his eyes and yawned.

"I'm dead, all right-dead sleepy," ie grinned. "The ice opened up, all right, but I was on the other side of the crack, an' by drivin' the dogs like the dickens I got over the danger place before she cracked on the other ade. I got to Sloan City without trouble, an' comin' back I skirted the shore. At that, I'd got lost only for the ol' light."

She took one of his bands and found it cold, and rubbed it vigorously. "But why-why did you go?" she denunded.

He tried to stiffe another yawn, but lidn't snegged. "Well, Emeline was lookin' for

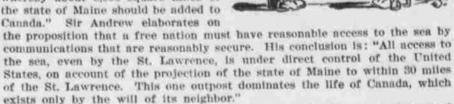
Santa," he answered, "an' I couldn't let the tot, as she snuggled up to the ber be disappointed."

# HEARD and SEEN at the CAPITAL

#### Canada Would Like 8,000 Square Miles of Maine

WASHINGTON.—Senator Johnson of California read into the Congressional Record in the closing days of the last session an article by Sir Andrew McPhail of McGill university, Montreal, and said by way of introduction: "It

is an article by a distinguished Canadian, in which he shows the purposes to which the League of Nations GIMM ought to be put when subsequently it THIS may be in operation, and he delineates the boundaries, as he believes they ought to be, between Canada and the United States, and shows that under the League of Nations, under article 19, that boundary should be fixed whereby about 8,000 square miles of the state of Maine should be added to Canada." Sir Andrew elaborates on



So he argues in favor of the United States giving Canada that part of Maine lying north of the Canadian Pacific railway between Megantic in Quebec and McAdam in New Brunswick. After discussing ways and means,

he concludes:

I DON'T WORK

FOR NOTHING -

"It may be urged that this barrier against future development exists merely in our minds and sentiments; but nationality itself is an affair of sentiment, which none appreciate better than the people of the United States. This proposal for an act of generosity on their part will, it is believed, appeal to their just and generous nature and will be entirely in harmony with that spirit of idealism which impelled them to come to the relief and rescue of the distressed nations of the world which were striving to be free and to remain in fredom. Here is a master chance of putting the League of Nations

#### "Direct and Indirect Costs" of the Great War

T HE first comprehensive report on the "direct and indirect costs of the war" has just been made by the Carnegle Endowment for International Peace. After taking each of the countries separately, those on both sides, and then

summarizing the total direct and the total indirect costs, the report gives the direct cost as \$186,000,000,000, and states that the indirect costs "have

amounted to almost as much more." The capitalized value of soldier human life, which is given among the "indirect" costs, is placed at \$33,551,-

The property losses are divided as follows: On land, \$29,960,000,000; to shipping and cargo, \$6,800,000,000, Loss of production is an indirect cost

of the war which has meant to the nations \$45,000,000,000. War relief added The loss to neutrals through the indirect cost to them is placed at \$1,750, 000,000. The total indirect costs to all nations, those engaged in the war and

the neutrals, is \$151,612,542,560, In addition to the \$33,551,000,000 given as the economic worth of those who lost their lives or were injured in actual warfare, an equal amount is allowed for civilian losses.

The number of known dead is placed at 9,998,771, and the presumed dead at 2,991,800. To the losses from death and wounds there are added "those resulting from disease, pestilence, privation, hardship, physical exhaustion and similar causes."

#### California Is Last Word in Superdreadnaughts

THE superdreadnaught California, launched the other day at Mare Island anavy yard, represents the last word in battleships. She is expected to cost more than \$15,000,000 and will carry 12 14-inch guns. Besides being electrically driven, the new warship will be electrically operated from her

guns to her potato-peeling machine. In commission the California will have a crew of 1,022 men and 58 officers, full complement. She has a length over all of 624 feet, a breadth of 96 feet and a depth of 47.2 feet. Her displacement at her mean draught of 30.5 feet would be 32,000 tons. She has an estimated speed of 21 knots and a normal fuel capacity of 1,900 tons. It is estimated that she is fully



30 per cent better protected than any other vessel in the United States navy,

not excluding the New Mexico. Her great turbines are of 28,000 horsepower. The guns will be fired by electricity. Her ventilation, steering, supplying of power to the drive shaft, laundering, printing, ice cream freezing, cake making and dishwashing all will be electrically operated.

Although this has brought her total cost to something in excess of \$15,-000,000, a saving in fuel is expected quickly to offset this cost. Her hull alone cost \$7,800,000.

In armament the California will rank high. Besides her 12 14-inch guns she will carry four submerged torpedo tubes, 25 two-inch rapid-fire guns, four six pounders, two one pounders, four-inch antinircraft guns, one three-inch landing gun and two 30-caliber machine guns.

## Some Bull's-Eyes and Stray Shots by the Young Idea

THE schoolboy of the nation means well and will probably grow up to be a useful citizen-in some line of activity where accuracy is not absolutely essential. In the meantime he is, as Artemus Ward would say, a "most amuzin" little cuss." For example, here are excerpts from the examination of classes

MY FAVORITE WAS HENRY VIII. HE HAD 6 WIVES AND KILLED

in general history: "Romulus obtained the first citizons of Rome by operating a lunatic asylum." "Pompeli was destroyed by at eruption from the Vatican." "There were no Christians among the early Gauls, they were mostly lawyers." In mythology we have the following: "The Gorgons were three sisters that looked like women, only more horrible." The class in English history

furnishes some interesting material: "My favorite character in English history was Henry VIII. He had six wives and killed them all." "Edward III would have been king of France if his mother had been a man." "Henry I's son William was drowned in the White Ship and never smiled again." "The Black Death was terrible for the laborers, because they were forced to do all the work left by the thousands that died."

We derive various bits of biography: "Benjamin Franklin produced electricity by rubbing cats backward." "Andrew Jackson was called Old Hickory because when he was a boy he was a little tough." "George Washington married Mary Curtis and in due time became the father of his country."

Definitions of this and that: "A deacon is the lowest kind of Christian." "The Pharisces were people who liked to show off their goodness by praying in syncuyms." "An ibex is where you look in the back part of the book when you want to find anything that is printed in the front part of the book." man who looks on the bright side of things is called an optimist, but a planist looks on the dark side." "A hyphenated American is one that talks in short sentences." "The whole of the United States speaks English except Chicago and New York."

#### **Cannot Praise this Remedy too Highly**

THE WAY ONE LADY FEELS AFTER SUFFERING TWO YEARS
Judging from her letter, the misery and wretchedness endured by Mrs. Charlie Taylor, R. F. D. No. 1, Box 144, Dillon, S. C., must have been terrible. No one, after reading her letter, can continue to doubt the great healing power of PE-RU-NA for troubles due to catarrh or catarrhal conditions in any part of the body. Her letter is an inspiration to every sick and suffering man or woman anywhere. Here it is: "I suffered two years with catarrh of the head two years with catarrh of the head, stomach and bowels. Tried two of the best doctors, who gave me up. I then took PE-RU-NA and can truthfully say I am well. When I began to use PE-RU-NA, I weighed one hundred pounds. My weight now is one hundred and fifty. I cannot praise PE-RU-NA too highly, for it was a Godsend to me. I get relief from the first half bottle and twelve bottles cured ma. I advise all sufferers to take I advise all sufferers to take PE-RU-NA."

As an emergency remedy in the home, there is nothing quite the equal of this reliable, time-tried medicine, PE-RU-NA. Thousands place their sole dependence on it for coughs, colds, stomach and bowel trouble, constipation, rheu-matism, pains in the back, side and matism, pains in the back, side and loins and to prevent the grip and Spanish Flu. To keep the blood pure and maintain bodily strength and robustness, take PE-RU-NA.

You can buy PE-RU-NA anywhere in either tablet or liquid

### THE "BLUES" Caused by **Acid-Stomach**

Millions of people who worry, are despondent, have speils of mental depression, feel blue and are often melancholy, believe that these conditions are due to outside influences over which they have little or no control. Nearly always, however, they can be traced to an internal source—acid-stomach. Nor is it to be wondered at. Acid-stomach, beginning with such well defined symptome as indigestion, beishing, heartburn, bloat, etc., will, if not checked, in time affect to some degree or other all the vital organs. The nervous system becomes deranged. Digestion suffers. The blood is impoverished. Health and strength are undermined. The victim of acid-stomach, although he may not know the cause of his allments, feels his hope, courage, ambition and energy slipping. And truly life is dark—not worth much to the man or woman who has acid-stomach!

Get rid of it! Don't let acid-stomach hold you back, wreck your health, make your days miserable, make you a victim of the "blues" and gloomy thoughts! There is a marvelous modern remedy called EATONIC that brings, oh! such quick relief from your stomach miseries—sets your strength, vigor, vitality, enthusiasm and good cheer. So many thousands upon thousands of sufferers have used EATONIC with such marvelously helpful results that we are sure you will feel the same way if you will just give it a trial. Get a big 60 cent box of EATONIC—the good tasting tablets that you eat like a bit of candy—from your druggist today. He will return your money if results are not even more than you expect.

# FOR YOUR ACID-STOMACH)

Stimulating Rainfall.

By way of experiment the Australian government will install two machines that a scientist of that country has invented for stimulating rainfall by liberating high tension electricity in the upper atmosphere.

The Cuticura Toilet Trio Having cleared your skin keep it clear by making Cuticura your every-day tollet preparations. The soap to cleanse and purify, the Ointment to soothe and heal, the Talcum to powder and per-

without them. 25c everywhere .- Adv. That Depends.

Theorist-I do not believe in any kind of corporal punishment. Ex-Soldier-You would, if you had the one we were under.

Jealousy is as hard to hide as a

fume. No tollet table is complete

For Women Approach-ing Middle Life

bass drum.-Kin Hubbard.



prostrated. I saw Dr. Pierce's Favorite Prescription and Golden Medical Dis-covery advertised and decided to try them. I took six bottles of the 'Favorite Prescription' first. During the first week of the treatment I seemed weaker but I

was advised by a neighbor to keep on taking it, and during the second week I improved rapidly and could do my work where before I could not even comb my hair. I finished the treatment, using the hair. I finished the treatment, and I was Golden Medical Discovery' also, and I was

permanently cured.
"I have used Dr. Pierce's Pleasant Pellets for constitution whenever I have needed that kind of medicine, for years."—MRS. MARY CHASE, 603 N. Hickory St.

#### For Women Before or After Motherhood

Kansas City, Kans.:—"After motherhood I had feminine weakness. I became
very nervous and all run down in health.
I took Dr. Pierce's Favorite Prescription
and it cured me. I was soon enjoying the
best of health. It proved so good in my case
that I do not hesitate to recommend it as a
splendid medicine for women."—MRS.
KATE KLINGLER, 1869 Brighton St.
When a girl secomes a woman, when a
woman becomes a mother, when a woman
passes through the changes of middle life,
are the three periods of life when health and
strength are most needed to withstand the
pain and distress often caused by severe
organic disturbances.

At these critical times women are best
fortified by the use of Dr. Pierce's Favorite
Prescription an old remedy of proved worth.
Get Dr. Pierce's Favorite Prescription
today, either in liquid or tablet form or send
Or. Pierce's Invalids' Hotel, Buffaio, N. Y.,
Oc for large trial package,