

The First Bottle of PE-RU-NA

Gave Relief so Writes

Mr. M. VanHuren, Engineer, G. R. & L. Ry., 17 Highland St., Grand Rapids, Mich.

Entirely Free from Catarrh of the Stomach

"Peruna has positively done for me what many doctors failed to do. I have been time and again compelled to take to my bed for days. The first bottle of Peruna gave relief and while I always keep it in the house for emergencies, I consider myself entirely free from catarrh of the stomach, the trouble from which I suffered for so long before taking this remedy."

Liquid or Tablet Form Sold Everywhere Ask Your Dealer

COLT DISTEMPER

You can prevent this loathsome disease from running through your stable and cure all the colts suffering with it when you begin the treatment. No matter how young, SPOHN'S DISTEMPER COMPOUND is safe to use on any colt. It is wonderful how it prevents all distempers, no matter how colts or horses at any age are "exposed."

SPOHN MEDICAL CO., Goshen, Ind., U. S. A.

BILIOUSNESS

Caused by Acid-Stomach

If people who are bilious are treated according to local symptoms they seldom get very much better. Whatever relief is obtained is usually temporary. True biliousness is usually temporary. Trace biliousness to its source and remove the cause and the chances are that the patient will remain strong and healthy.

Doctors say that more than 70 non-organic diseases can be traced to an Acid-Stomach. Biliousness is one of them. Indigestion, heartburn, belching, sour stomach, flat and gas are other signs of acid-stomach. EATONIC, the marvelous modern stomach remedy, brings quick relief from these stomach ailments which lead to a long train of ailments that make life miserable if not corrected.

EATONIC literally absorbs and carries away the excess acid. Makes the stomach strong, cool and comfortable. Helps digestion; improves the appetite and you then get full strength from your food. Thousands say that EATONIC is the most effective stomach remedy in the world. It is the help YOU need. Try it on our money-back-if-not-satisfied guarantee. At all drug stores. Only 50 cents for a big box.

EATONIC
(FOR YOUR ACID-STOMACH)

EZ Stove Polish
Outshines All

EZ IRON ENAMEL
Makes Rusty Pipe Smooth

EZ Metal Polish for Nickel Parts

HOW THE SQUIRREL HELPS

Uncle Sam Needs Seeds of Douglas Fir and Knows Where to Find Them.

Tree seed can't be bought in large quantities in the market. To restock the huge forests which are demolished every year, Uncle Sam needs the seeds of the Douglas fir, western yellow pine, Engelmann spruce, lodge pole pine, not by the pound, but literally by the ton.

The government needs men, from two to six weeks every fall, to gather seed. When the call goes out, lumberjacks, college men, hoboes and former convicts drift into the camps and work side by side, gathering huge stores of the precious seeds. Through experience they have found that their richest sources are the cunningly hidden squirrel hoards. The squirrel is canny; he always picks the very best of cones for his winter store.—The Nation's Business.

Snakes.

It is known that some species of serpents lay eggs, as farmers often plow them up, and upon opening them they find the embryo snake within the leathery covering. The eggs of the same species vary in size and shape, but are always oval. As a rule it is the constricting snake, or those which kill their prey by squeezing it, that lay eggs; such as the black snake, boa constrictor, etc.

A Saver to pocket book and health, and a delight to the palate.

Do as your neighbor is doing and cut the high cost of living by drinking

INSTANT POSTUM

Instead of coffee.
No Raise in Price
50-Cup Tins 30¢—100-Cup Tins 50¢

Made by
POSTUM CEREAL COMPANY
Battle Creek, Mich.
Sold by Grocers and General Stores

TREATMENT FOR WANING ALFALFA

Old Field Cannot Be Revived By Reseeding After Cultivating in Autumn.

SEED IS WASTED ANNUALLY

Best Plan, Where Sod Is Beginning to Show Ravages of Wear, to Plow Up and Grow Some Cultivated Crop, Such as Corn.

(Prepared by the United States Department of Agriculture.)

It is practically impossible to try to make an old alfalfa field look like new by attempting to sow more seed after disking or cultivating in the fall. Thousands of dollars' worth of seed are wasted in unsuccessful attempts to revive the waning stand of alfalfa. Specialists recommend that fields on the decline should be plowed up and reseeded.

Even though the seed germinates successfully, the plants mature at periods different from those of the old plants, while ordinarily the young plants are smothered out before they make much growth. Even where an alfalfa field is patchy and covered with practically bare spots, it is not advisable to attempt to reseed except by breaking up the entire field and again sowing down with alfalfa.

Not Profitable to Cultivate.

It is always objectionable, according to the specialists, to cultivate or disk an alfalfa field irrespective of its age and condition, as carefully conducted experiments have shown that the only section in which it was profitable to cultivate the alfalfa crop in any way was in the irrigated belt of the far West.

Usually unfavorable results attend where alfalfa is disked under eastern conditions, although in the case of alfalfa fields which have been badly in-



Four-Year Old Alfalfa Plant.

tested with weeds, it has been the practice of many growers to disk after the alfalfa has been cut, with the disks set nearly straight.

Plow Up Alfalfa Sod.
The best plan, where the alfalfa sod is beginning to show the ravages of wear, is to plow up the field and devote it to some cultivated crop, such as corn, for one or two years, and then to reseed it to alfalfa after preparing a proper seed bed, liming the soil if necessary, properly inoculating the soil or seed, and sowing the seed early enough in the fall so that the crop will establish a vigorous root system and produce sufficient growth to weather the winter successfully.

FATTENING FEED FOR STEERS

Experimental Stations Recommend Corn Silage and Concentrates as Best for Cattle.

Corn silage and concentrates are highly recommended as fattening feed for steers. Experimental stations report that silage and oil meal or cottonseed meal invariably prove to be cheaper than corn or even than hay or corn with concentrates or silage and hay by themselves.

It is admitted that a steer cannot be finished for beef properly and to the best advantage on an all-silage diet. But the most polished steer on the market is not always the most profitable one. High priced feed may surmount the high priced carcass.

TEST OF CORN IN NEBRASKA

Loss of Nine Bushels Per Acre From Specialty Choice Seed From Other States.

At the Nebraska Agricultural College seed grown on the farm was planted beside seed grown within sixty miles of the college, and beside prize winning corn from Illinois, Indiana and Ohio. Seed grown on the farm produced 48.8 bushels an acre; seed grown within sixty miles of the farm produced 45.6 bushels an acre, and the specialty choice seed from other states produced 39.3 bushels an acre, a loss of nine bushels an acre by sending out of the state for seed.

SECURE WINTER FUEL FROM FARM WOODLOT

Town Markets Will Keep Active for Several Months.

Excellent Opportunity Afforded to Improve Woodland By Removing Poorer, Less Valuable Trees—Let Good Ones Grow.

(Prepared by the United States Department of Agriculture.)

Many farmers now have their home supplies of wood for winter fuel, but the town markets will keep active for several months, and thousands of cords of wood will still be cut for local use on the farm.

In cutting cordwood, an excellent opportunity is afforded to improve the



Clean Up the Woodlot and Get a Supply of Fuel for Winter at Same Time.

Woodland by removing the poorer, less valuable trees, leaving the better ones to grow. Many farmers who have never before given this subject a thought are taking a real interest, because they see how quickly nature responds in better growth when given a little guidance and aid.

The kinds of material to be removed for firewood include trees unsuitable for lumber, crooked trees crowding out straight ones, badly diseased and decaying trees, small trees overtopped and stunted by larger and better ones, dead trees that are mostly sound, tree tops left from former cuttings, and trees of the less valuable kinds, where others of greater value are present which need the room and will prove faster money-making trees. Handling farm woodlands rightly is an indispensable part of profitable farm management.

If lists of manufacturers or other information are desired regarding portable wood-sawing outfits, and wood-splitting and tree-felling machinery, the forest service of the department of agriculture will be glad to furnish such material upon request.

ROOFED SILO IS PREFERRED

Helps Prevent Freezing of Silage, Keeps Out Snow and Protects Walls of Silo.

(By R. L. PATTY, South Dakota Experiment Station.)

The old notion that it is unnecessary to roof the silo was wrong. Experience shows that a silo roof helps to prevent the freezing of the silage, keeps out snow, protects the silo walls when empty, and thereby adds to its life service.

The roof is necessary on a stave silo to give it rigidity in addition to protection. If the roof is put on after the silo is filled, no inside scaffolding is necessary.

Common types of silo roofs are shingled, concrete, light hollow brick, prepared roofing on tight sheathing and metal. The roof should match the silo. If one builds a fire and wind-proof silo, he should by all means put on a fire and windproof roof. The roof should be made to last as long as the silo. A short-lived roof should not be put on a long-lived silo.

PORK REQUIRED FOR WINTER

Farmers Who Raise Hogs, Kill and Cure Their Own Meat Save Cost of Marketing.

Porkers ought to be grazing in fields and pastures getting food to transform into pork for your winter meat supply. If farmers do not raise enough hogs for their own meat who will?

Some one must supply farm homes with pork, bacon, lard and sausage. Those who buy from the stores are likely to find the cost of handling excessive. But those who raise the hogs, kill and cure their own meat will save the cost of marketing.

WATCH FOR NOXIOUS PLANTS

Make Sure That None Go to Seed and Prevent Spreading of Root Stalks of Perennials.

In looking for quack grass it would be well to watch also for other noxious weeds, making sure that none go to seed and that the root stalks of perennials are prevented from spreading as much as possible.



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ARE CARRYING IT TOO FAR

Bathing Costume for Tennis is the Abbreviating of an Abbreviation.

This is the day of brevity. The names of states and cities are abbreviated, Christian appellations are cut short and initials substituted. The grocer abbreviates "potatoes" to "spuds" and condenses "crackers" to "crax." The butcher writes "pork" when he means "pork chops," and the chemist shortens "water" to "H₂O." The printer, referring to "a mass of balled-up type," curses and calls it "pl." Likewise, the sport writers characterize the "knock out" as "KO." The doctor indicates "sodium" when he wants "sodium encodylate."

But abbreviations are not confined to words. The Yanks abbreviated the war. The rising cost of living has abbreviated the purchasing power of a dollar. The airplane has abbreviated space, and electricity has abbreviated time itself. The laundry often abbreviates the size of one's new shirt. Fashion frequently abbreviates costumes.

There is, however, such a thing as abbreviating too much. For in France, a bathing suit is considered sufficient raiment for one who is in the swimming pool, but it is highly objectionable elsewhere. Tennis players clad in bathing suits are carrying the abbreviation habit too far.

They are abbreviating abbreviation!

Unkind.

"I just love to sit and watch the people dance."

"Yes, I can't dance these new steps, either."

Life Vs. Existence.

"Where do you live now, Joe?"

"No place; still boarding at the same house."

Garden of Eden in Mexico?

A prehistoric race that lived in Mexico centuries before Cortez ever arrived there to crush the power of the Aztec kingdom, was a civilized people who were flooded out of existence by a deluge that swept the valley of Mexico, as relics picked up near the capital city prove, and some writers assert that Mexico was the site of the beginning of man and that it was in this valley that Noah set forth for his 40-day tour of the flooded world.

Build Up With Grape-Nuts

Popular for its delightful flavor and because it furnishes certain food values necessary for building the best in body and brain

Users know by test
"There's a Reason"