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## Dare He Confide in Anyone? Carlyle Takes a Chance.

Synopsis - Geoffry Carlyle, master of salling ships at twenty-six, is sentenced to 20 years' servitude in the American colonles for participation in the Monmouth rebellion in England. Among the passengers on board the ship on which he is sent across are Roger Fairfax, wealthy Maryland planter; his niece, Dorothy Fairfax, and Lleutepant Sanchez, a Spanlard, who became acquainted with the Fairfaxes in London. Carlyle meets Dorothy, who informs him her uncle has bought his services. Sanchez shows himself an enemy of Carlyle. The Fairfax party, now on its own sloop in the Chesapeake bay, encounters a mysterious bark, the Namur of Rotterdam. Carlyle discovers that Sanchez is "Black Sanchez," planning to steal the Fairfax gold and abduct Dorothy. He fights Sanchez and leaves him for dead. In a battle with Sanchez' followers, however, he is overpowered and thrown into the bay. In a desperate effort to save Dorothy, Carlyle decides to swim to the Namur. By a ruse he gets aboard and mingles with the crew. The pirates return to the Namur with Dorothy, the captured gold and Sanchez, badly wounded but still alive.

#### CHAPTER XII-Continued. -8-

whisper.

"Three years, mate, and most of that time has been hell. I haven't even detail. Then I said; been ashore, but once, and that was of them are caught; and those that are me?" sure get their punishment. They

guese, and LeVere is more nigger than good seaman. Three years ago I was anything else. I'll bet there is a hun- skipper on my own vessel. The Bomdred rats on board this Namur right bay Castle, London to Hongkong; I now who'd cut your throat for a sov- wrecked her off Cape Mendez in a fog. ereign, and never so much as think of I was drunk below, and it cost me my it again."

"A hundred? Is there that many aboard?"

"A hundred an' thirty all told. Most o' 'em bunk amldships. They're not sailormen, but just cut-throats, an' sea wolves. Yer ought ter see 'em swarm out on deck, like hungry rats, when thar's a fight comin'. It's all they're good fer."

"Watkins," I said soberly, after a pause during which he spat on the dirty deck to thus better express his feelings, "do you mean to say that in fellow, with a hang-dog face crept up three years you've had no chance to the ladder to the poop, and shuffled escape? No opportunity to get away?" over to LeVere.

"Not a chance, mate; no more will you. I know what yer thinkin' 'bout. I had them notions too when I fust come aboard-gettin' all the decent a sailor named Gates in the cabin." sort tergether, and takin' the vessel. 'Twon't work; thar ain't 'nough who man. He swept his eyes about, until wud risk it, and if thar wus, yer couldn't get 'em tergether. Sanchez is too damn smart fer thet. Every damn rat is a spy. I ain't hed no such talk as this afore in six months. Gates; the last time cost me twenty lashes at the mast-butt. What'd yer have in yer mind, mate?"

"Only this, Watkins. I've got to do something, and believe I can trust you -it's not my life I'm thinking about, but that of a woman."

"A woman! Not the one brought aboard last night?"

"Exactly; now listen-I'm going to tell you my story, and ask your help. My name is not Gates, and I am not the man Mendez brought aboard drunk, and who was thrown over the rail by He glanced about warily, lowering LeVere. That fellow was drowned. I his voice until it became a hoarse am Geoffry Carlyle, an English skipper."

Thereupon I told him my story in

"I have no plan; to become a memon an island. These fellows don't put ber of the crew was my only thought. any trust in my kind, nor give them But I must act, if at all, before the any chance to cut and run. Once in captain recovers. He would recognize awhile a lad does get away, but most me at sight. You will aid, advise

"That is easier to ask than answer, never try it again. I've seen them mate," he admitted finally. "I am an staked out on the sand and left to English seaman, and will do my duty, lie; that ain't no nice thing to remem- but, so far as I can see, there is no plan we can make. It is God who will save the girl, if she is to be saved. He may use us to that end, but it is wholly beyond our power to accomplish it alone. The only thing I can daybreak about a hundred miles off do is to sound out the men aboard, and learn just what we can expect of them Scotch, and he put up some fight, but if any opportunity to act comes. There are not more than a dozen at most to be relied upon. Play your part, and keep quiet. If you can let her know

hound who kicked you is a Portu- | in hand, "for it would have cost you a Po Bu

> "You know West Indian waters?" "Slightly; I made two voyages to Panama, and one to Havana."

"And speak Spanish?" "A little bit, sir, as you see; I learn

languages easily." He stared straight into my face, but without uttering another word, turned on his heel and went below. I had finished my labor on the carronade, and was fastening down securely the tarpaulin, when a thin, stoop-shouldered

"Mister LeVere, sir."

ticket."

"Well, what is it, Gunsaules?" "Senor Estada, sir; he wishes to see "Who? Gates? Oh, yes, the new



I Waited for the Man to Speak.



A poem lovely as a tree. A tree whose hungry mouth is prest Against the earth's sweet flowing A tree that looks at God all day And lifts her leafy arms to pray; A tree that may in summer wear A nest of robins in her hair;

Upon whose bosom snow has lain, Who intimately lives with rain. us are made by fools like me. only God can make a tree -Joyce Kilmer

#### "EEDING THE SICK AND CONVALESCENT

Few families are so fortunate as to escape' illness during some time of their history. Good feeding is an important factor in maintaining health, but in spite of good food a sudden chill

healthy body.

Hated, that seems to be the best form some experience in handling foods one to serve it to those who are ill. This may concoct toothsome dishes of bits diet includes broths and clear soups of left-overs. It is not always wise to of various kinds, beef juice and beef tell all one knows as to a dish, for tritions or more agreeable to the pay ranged food.

water, milk, fruit juices or cocoa and sive aroma and seasoning which adds cream soups of various kinds.

of cereal flour like barley or rice, they may be quite nutritive. Cereal gruels are neither stimulat-

ing nor irritating and are most useful when the appetite is poor and digestion weak, as they are quickly digested and absorbed. Like broths, gruels may be enriched

by eggs, cream and milk, for one could not drink enough to keep up the body energy without the addition of some more nutritive food.

Milk is one of the most valuable foods for sick people and fortunately most patients like it. It has been called the perfect food. Its value may be increased by changing its flavor, adding yeast to it making a drink called koumiss and by adding junket or rennin to partly digest it making it more palatable and adding find them all the while. variety.

green plush afternoo When broken, fading shafts of light go groping for the one last sight of songsters in the gloom. To swing along the rugged trail that

spruce and hemlocks climb, 'Till on the hill's high top you come to stand exalted in the sun! Ah,

this is summer time. -Beulah Rector.

ORIGINAL DESIGNS IN COOKERY

To the artist cook who really enloys mixing ingredients, as a painter does his colors. 21 there is no limit

to the tasty, delightful dishes OCAN. D which one may Re 2 originate or enlarge upon, with the materials at

hand. Take for or strain of overwork or instance a stenned plum pudding. A worry will overwhelm piece of corn firead, a balf a cupful even a strong and of cooked oatmeal, a few bread crumbs, a cupful of left-over cocoa Since all food must be and a few raisins with two egg yolks reduced to fluid form left from a frosting or dessert will before it can be digested and assim- make a most tasty pudding. After

tea, cereals, gruels, milk plain or mod- some conscientious objectors will reified to make it more digestible, nut fuse to even try a made-over or re-artient, raw eggs in combination with Savory salads which have some elu-

to their charm and is hard to deter-Broths, clear soups and beef ten mine, makes such a dish "something have little nourishment, but stimulate different." One must follow a few the appetite, are refreshing when cold ffudamental principles in cookery, and or soothing when hot; they also stim- after that let the imagination soar, ulate the flow of gastric juice. By The cook who wastes nothing, but at adding eggs, milk or the thickening the same time serves her food in a dainty, tasty and appetizing manner, is a real genius, and her talents are in constant demand.

> Do you throw away the half-cupful, cupful or more of melted ice cream that might make a pudding for the next day or be used in a cake, adding less sugar?

Sandwich filling and salads make a wide field for original designs, as well as flour mixtures.

The woman who discovered that a sponge cake could be made more fetching by adding the yolks unbeaten, one at a time, and not stirring them very freely, had a cake that attracted much comment because of its strenked gold-and-white appearance. Accident often is the mother of new things, but the housewife who is looking for new and pleasing effects will

Has That Tired Feeling. "I like hot weather, don't you?" "When it gets too blamed hot to work."-Boston Transcript.

Children's handkerchiefs often look hopeless when they come to the laundry. Wash with good soap, rinse in water blued with Red Cross Ball Blue.

The June bride now occupies the center of the stage.

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#### "But how did you come into it?"

"Like most of the rest. I was second mate of the Ranger, a Glasgow brig. These fellows overhauled us at the east end of Cuba. Our skipper was it wasn't any use. There was only three of us left alive when the pirates came aboard. One of these died two days later, and another was washed of your presence aboard it might be overboard and 'drowned down in the Gulf. I am all that is left of the Ranger."

"You saved your life by taking on?" "Sanchez had the two of us, who were able to stand, back in his cabin. He put it to us straight. He said it was up to us whether we signed up or walked the plank; and he didn't appear to care a damn which we chose."

"And you say others of this crew have been obtained in the same manner?" I questioned, deeply interested, and perceiving in this a ray of hope.

"Not exactly-no, I wouldn't precisely say that. It's true, perhaps, that most of the Britishers were forced to join in about the same way I was,



#### He Glanced About Warily.

and there may be a Scandinavian or two, with a few Dutch, to be counted in that list; but the most are pirates from choice. It's their trade, and they like it. Sanchez only aims to keep hold of a few good men, because he has got to have sailors; but most of his crew are nothing but plain cutthroats. Indians and half-breeds, nigevery mongrel you ever heard of, San-

prepared, she might say or do something to betray you. There are other reasons why it may be best for her to know she is not entirely deserted." He leaned over, motioning me toward him, until his lips were at my ear.

"It may not prove as hopeless as it appears now," he whispered confidentially, "I helped carry Sanchez to his stateroom, and washed and dressed his wound. There is no surgeon aboard. He has a bad cut, and is very weak our success hinges on Pedro Estada. This is a chance he has long been he the nerve to act. I doubt if he has Estada chief." "But," I interposed, "in that case isfied.

what would the crew do?"

"Accept Estada, no doubt; at"least barely distinguished the words, "in the If once we reach Porto Grande there is no hope.

down.

"Port watch ! Hustle out, bullies !"

### CHAPTER XIII.

#### I Accept a Proposal.

I went on deck with the watch, and mingled with them forward. A Portu? guese boatswain set me at polishing the gun mounted on the forecastle. I was busily at work on this bit of ordnance, when Estada came on deck for a moment. The fellow chanced to ob-

serve me. "You must be a pretty tough bird, Oates," he said roughly, "or I would have killed you last night-I had the inind to."

Something about his voice and manner led me to feel that, in spite of his gers, creoles, Portuguese, Spanish, and roughness, he was not in bad humor. "That would have been a mistake, shey himself is half French. 'The hell- | sir." I answered, straightening up, rag

he saw me. "Follow the steward below; Senor Estada wishes to see you -go just as you are." "Very good, sir."

The fellow led me away. There was no one in the main cabin. I followed the beckoning steward, who rapped with his knuckles on one of the side doors. Estada's voice answered.

I stepped inside, doubtful enough best-for if she saw you suddenly, unof what all this might mean, yet quite prepared to accept of any chance it might offer. Estada sat upright in the chair gazing straight at me, his own face clearly revealed in the light from the open port. His face was swarthy, long and thin, with hard, set lips under a long, intensely

black mustache, his cheeks strangely crisscrossed by lines. The nose was large, distinctively Roman, yielding him a hawklike appearance, but it was his eyes which fascinated me. They were dark and deeply set, absofrom loss of blood. The question of lute wells of crueity. I had never before seen such eyes in the face of a human being; they were beastly, dev waiting for. The only question is, has ilish; I could feel my blood chill as I looked into their depths, yet I held alone, but LeVere is with him, and myself erect and waited for the man that half-breed would cut the throat to speak. Then his lips curled in of his best friend. You understand? what was meant to be a smile. He -the death of Sanchez would make arose, stepped quietly to the door and glanced out, returning apparently sat-

"I don't trust that steward," he said, "nor, as a matter of fact, anyone the cut-throats would be with him, for else wholly," He paused and stared at he is of their sort. But Sanchez's me, then added: "T've never had any death would save you from discovery, fulth in your race, Gates, but am inand," his voice still lower, so that I clined to use you. Every Englishman I ever knew was a liar and a sneaking confusion aboard, if we were ready, poltroon. I was brought up to hate the Namur might be so disabled as to the race and always have. I can't say compel them to run her ashore for re- that I like you any better than the pairs. That would give you a chance, others. I don't, for the matter of that. But just now you can be useful to me if you are of that mind. A marling-spike pounded on the This is a business proposition, and it scuttle, and Haines' voice roared makes no odds if we hate each other, so the end is gained. How does that sound?"

"Not altogether bad," I admitted. I have been in some games of chance before.

"I thought as much," eagerly, "and noney has the same chink however it be earned. You could use some?"

Carlyle sees a chance to carry through his wild plan to save Dorothy and himself, but there are many pitfalls in the way. The chance is a desperate one. Shall he take it? Carlyle can see but one answer to the question.

(TO BE CONTINUED.)

Greater London's food bill amounts to more than \$30,000,000 s week.

The world would be more happy and the mass of people in it just as wise, if they would whistle more and argue

## SOME CHOICE DESSERTS.

A delicious and well-prepared desert will often help us to forget that the preceding dishes

were not all that we desired. At this season of the year frozen desserts and light, easily digested dishes are more suitable." During the hot weather we need refreshing combinations rather than the nourishing; however, one may have both in a

lish of ice cream. A most satisfactory sherbet, which is both delicious and economical, is Velvet Sherbet .-- Take the juice of

quart of good milk, the richer the treat the body as a well regulated furetter, though ordinary milk will be Freeze and serve in satisfactory. berbet cups.

Orange and Lemon Sherbet .-- Take he juice of two oranges, two lemons and two cupfuls of sugar and a quart of thin cream; freeze as usual. Dainty Dessert .- Take a pound of

arshmallows and a cup of pecans cut ne; cut the mallows into quarters and add enough whipped cream to end and hold them together. Into a rge-topped sherbet glass put a tableconful of any canned fruit juice. with the whip and serve with a erry as a garnish.

Duchess Cream .-- Take six tableoonfuls of tapioca; cook until clear; of, add a pinch of salt, one cupful sugar, the juice from a can of pineple, the juice of two oranges and vo lemons; cook until thick. Cool. hen add the pineapple, one cupful of its and a plnt of whipping cream. is makes enough to serve 15, so that recipe may be cut in half for an

dinary family. Chocolate Pudding .- Take one egg to squares of chocolate melted, one d one-half cupfuls of flour sifted far too common among mothers. with three teaspoonfuls of baking pow-Steam one and one-half hours and serve with

Foamy Sauce .--- Beat one egg, add hipped crenm. Grapenuts Pudding .-- Prepare one

chage of lemon jelly as usual, then dd one cupful of steamed raisins, oneof cupful of sugar and one cupful all are faithful to the old favorites. grapenuts, six walnut meats cut

all well mixed. Put into a mold and serve with whipped cream.

The art of cooking cannot be learned out of a book any more than the art of swimming or the art of painting. The best teacher is practice; the best guide sentiment (providing you have any).

# FOOD COMBINATIONS.

There is no law which governs the foods that go well together, for the

> served depends upon whether you 25. are an oriental or a Bostonian. The tastes of a people determine the food combination. It is a study

science and an art. We may seem to thrive on one kind of food, but we find that where two or three are served they digest better and are better able bree lemons, two cupfuls of sugar and to keep up the body activities. If we nace which is fed at intervals, not stuffed with the day's allowance which will choke the fires through imperfect combustion, we will be intelligent in

the choice and care of food. If we overeat we waste good fuel, and overwork the furnace; if we are undernourished the furnace cannot give off heat or supply energy.

The three food principles which we find supply the body in the best possible manner are proteins, meat, fish, eggs and milk, fats which are obtained from butter, cream and nuts, carbohydrates or sugars and starches represented by potatoes, rice and sugar. To see that these three foods are included in each meal we have what is colled a well-balanced meal, if they are served in good proportions.

In each meal we have another responsibility to see that foods containing iron, phosphorus and calcium are given as well as some which furnish the roughage or ballast necessary to give bulk to the food.

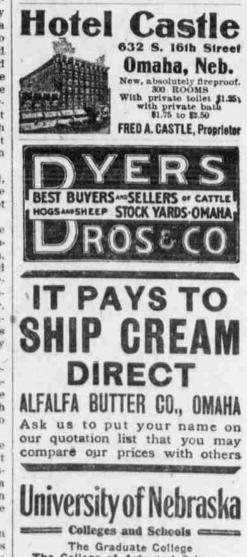
Fruits which excite the appetite are used first, as fresh fruit for breakfast and sweets are used as a finish, or desd when well beaten add one-half sert, as sugar dulls the apetite; a pful of sugar, one cupful of milk, good reason for never giving children sweets just before a meal, a practice

Some people are sensitive to certain foods or combinations which others. enjoy with comfort; this is owing to some peculiarity of the body machine; ne cupful of powdered sugar mixed of course these things should be avoidith two tablespoonfuls of softened ed. Happy the man and woman who atter, a pinch of salt and a little is normal and is able to eat, digest, avoring; then fold in one cupful of assimilate and enjoy all the good things provided by our allwise Creator.

The menu maker needs to know her family, to recognize the value of variety, and yet not to overdo it, for we

Leccie Maxwell





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