

TO ALL WOMEN WHO ARE ILL

This Woman Recommends Lydia E. Pinkham's Vegetable Compound—Her Personal Experience.

McLean, Neb.—"I want to recommend Lydia E. Pinkham's Vegetable Compound to all women who suffer from any functional disturbance, as it has done me more good than all the doctor's medicine. Since taking it I have a fine healthy baby girl and have gained in health and strength. My husband and I both praise your medicine to all suffering women."—Mrs. JOHN KOPELMANN, R. No. 1, McLean, Nebraska.

This famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, has been restoring women of America to health for more than forty years and it will well pay any woman who suffers from displacements, inflammation, ulceration, irregularities, backache, headaches, nervousness or "the blues" to give this successful remedy a trial.

For special suggestions in regard to your ailment write Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of its long experience is at your service.

PATENTS

Ask the Chairman, He Knows. The sweet young thing was visiting the state senate.

Cuticura for Sore Hands. Soak hands on retiring in the hot sud of Cuticura Soap, dry and rub in Cuticura Ointment. Remove surplus ointment with tissue paper. This is only one of the things Cuticura will do if Soap, Ointment and Talcum are used for all toilet purposes.—Adv.

The Smart Fellow—Calm yourself, my friend. What's the matter with you, anyhow? The Disgruntled One—I've been trying to start a conversation with that old fog sittin' over there by the grocery. Every time I'd try to tell him something he'd holler, "Hey!" By golly, it made me hot!

Tillie Was Right. The teacher had just asked the occupations of the children's fathers. "And what is your father's business, Tillie?" "He's a bookkeeper," said Tillie. Just then the teacher noticed that Elsie's nose went up in scorn.

An Advance Copy. While Morton T. Hidden was a member of the staff of a recent Hoosier governor, he made friends with one of the porters of a train that runs into Indianapolis. The other day he was on the train and was recognized by the porter. "Hain't you in Europe?" he asked. "I done would think they would a took you on that peace party."



Why... POSTUM instead of coffee

Try the change for ten days if health or other reasons appeal to you

You'll like this excellent table beverage with its rich mild coffee-like flavor & the results of the change will appeal to you. That's why so much Postum is sold nowadays

The DAIRY



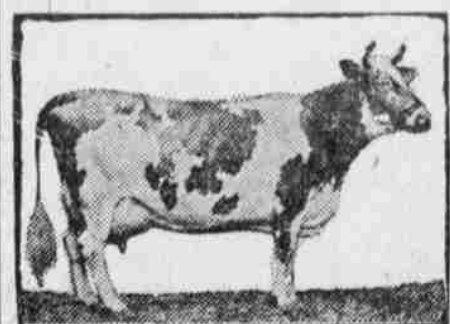
REGULATING NECESSARY

During the rush of spring work milkings in the morning will be done on time but at night the danger is in leaving this work for the women folks to do or until after dark. No graver mistake can be made. A cow permitted to lose her milk flow cannot again be brought up without every pound of grain costing two prices. Don't save on one hand to lose on the other.

PROBLEMS IN WINTER FEEDS

For Economical Production Wage-Earning Cow Should be Fed Its Full Capacity.

The problems involved in winter feeding are usually distinctly different from those of summer feeding. Pasture (or green feed), usually the basis of summer feeding, is not available. Broadly speaking, there are two factors involved in this problem, first, to satisfy the needs of the cow and, second, to suit the pocketbook. The cow must have an ample supply of feed of a palatable nature, and this feed must be supplied at a price which will permit a profit on the feeding operation.



A Purebred Guernsey With a High Record.

man's charges, if saved, will constitute a good profit for the feeder. This is especially true of roughages. Such feeds are bulky and in most cases must be baled at a considerable cost; the freight rates also are much greater in proportion to the nutrients contained than on the grains.

It is a difficult problem to provide a system of winter feeding of roughage which will make the best use of home-grown roughage and at the same time insure full production. In addition to containing the proper nutrients in the right proportion, part of the ration should be of a succulent nature. It is extremely difficult, if not impossible, to keep cows in full production throughout the winter without some succulent feed. There are two chief sources of succulent feed for winter feeding—silage and roots. Of these, silage is in almost universal use by commercial dairymen. While almost any green crop may be used for silage, the heavy yields of corn, as compared with other crops, and its comparative ease of handling, together with its keeping qualities, make it the leading silage crop. Where the cost of land and the prices of dairy products are high, and the system of farming of necessity is intensive, it is questionable whether the dairyman should consider any other silage crop.

ROOTS FOR FEEDING CATTLE

Chief Function is to Supply Succulence—Have Special Application for Cows Only.

The chief function of roots in cattle feeding is to supply a succulent feed. Under general farm conditions the quantity of nutrients grown per acre in root crops is small in comparison to the cost of production. These root crops, however, can be preserved during the winter equally well whether large or small quantities are fed each day, and therefore have special application when only a few cows are to be fed. Of the different root crops mangel wurzels furnish the greatest yield per acre. Other kinds of beets and turnips and carrots may be used. Turnips, however, should be fed after milking rather than before, as they cause a bad flavor in the products if fed immediately before milking.

LOOK AT CHILD'S TONGUE IF SICK, CROSS, FEVERISH

MURRY, MOTHER! REMOVE POISONS FROM LITTLE STOMACH, LIVER, BOWELS.

GIVE CALIFORNIA SYRUP OF FIGS AT ONCE IF BILIOUS OR CONSTIPATED.



Look at the tongue, mother! If coated, it is a sure sign that your little one's stomach, liver and bowels need a gentle, thorough cleansing at once.

When peevish, cross, listless, pale, doesn't sleep, doesn't eat or act naturally, or is feverish, stomach sour, breath bad; has stomach-ache, sore throat, diarrhea, full of cold, give a teaspoonful of "California Syrup of Figs," and in a few hours all the foul, constipated waste, undigested food and sour bile gently moves out of the little bowels without griping, and you have a well, playful child again.

You needn't coax sick children to take this harmless "fruit laxative;" they love its delicious taste, and it always makes them feel splendid. Ask your druggist for a bottle of "California Syrup of Figs," which has directions for babies, children of all ages and for grown-ups plainly on the bottle. Beware of counterfeits sold here. To be sure you get the genuine, ask to see that it is made by the "California Fig Syrup Company." Refuse any other kind with contempt.—Adv.

Sitting Rooms, Both. "Architecture has changed in the last few years," sighed the observing feller. "When I was a boy they called 'em candy kitchens. Now they are known as ice cream parlors."

If You Need a Medicine You Should Have the Best

Have you ever stopped to reason why it is that so many products that are extensively advertised, all at once drop out of sight and are soon forgotten? The reason is plain—the article did not fulfill the promises of the manufacturer. This applies more particularly to a medicine. A medicinal preparation that has real curative value almost sells itself, as like an endless chain system the remedy is benefited to those who are in need of it. A prominent druggist says "Take for example Dr. Kilmer's Swamp-Root, a preparation I have sold for many years and never hesitate to recommend, for in almost every case it shows excellent results, as many of my customers testify. No other kidney remedy has so large a sale."

According to sworn statements and verified testimony of thousands who have used the preparation, the success of Dr. Kilmer's Swamp-Root is due to the fact, so many people claim, that it fulfills almost every wish in overcoming kidney, liver and bladder ailments; corrects urinary troubles and neutralizes the uric acid which causes rheumatism.

You may receive a sample bottle of Swamp-Root by Parcel Post. Address Dr. Kilmer & Co., Binghamton, N. Y., and enclose ten cents; also mention this paper. Large and medium size bottles for sale at all drug stores.—Adv.

Opposites Meeting. "Let that man down easy." "Why?" "He's hard up."

UPSET STOMACH

PAPE'S DIAEPSIN AT ONCE ENDS SOURNESS, GAS, ACIDITY, INDIGESTION.

Don't stay upset! When meals don't fit and you belch gas, acids and undigested food. When you feel lumps of indigestion pain, flatulence, heartburn or headache you can get instant relief.

No waiting! Pape's Diaepsin will put you on your feet. As soon as you eat one of these pleasant, harmless tablets all the indigestion, gases, acidity and stomach distress ends. Your druggist sells them. Adv.

About 6,000,000 acres of land is given over to tobacco cultivation in the world.

Headaches, Bilious Attacks, Indigestion, are cured by taking My Apple, Aloe, Jalap made into Pleasant Tablets (Dr. Pierce's). Adv.

Time is a file that wears but makes no noise.

ROAD BUILDING

ISSUE WEATHER FORECASTS

Aid for Automobile and Motortruck Traffic During Winter Over Lincoln Highway.

(Prepared by the United States Department of Agriculture.) The weather bureau of the United States department of agriculture has arranged, in co-operation with the state highway commission of Pennsylvania, to aid the automobile and motortruck traffic during the winter over the Lincoln highway between Pittsburgh and Harrisburg by giving out daily information of the weather conditions prevailing over the route and issuing weather forecasts and warnings of heavy snows and cold waves for the region traversed. The plan is for the assistant superintendents of highways at points along the route to report to the weather bureau office at Pittsburgh at eight o'clock each morning by telephone or telegraph the depth of snow or ice on the highway, giving its general condition. These reports



Road Roller Doing Repair Work.

are published in the newspapers and furnished to the different automobile clubs, thus becoming available to automobile and motortruck drivers passing over the highway. The forecasts and warnings are given public distribution and telegraphed to the superintendent of highways at Harrisburg, who gives instructions to his forces along the highway to make provisions for the anticipated weather conditions. This service was in operation last winter and gave great satisfaction. The weather bureau is ready to give similar service to other traffic routes as may be desired.

DRAGGING IS OF IMPORTANCE

Road Improvement May Well Be Considered Reconstruction Measure—Increases Farm Values.

Roads should not be neglected at this time in our endeavor to increase food production. Road improvement might well be deemed a reconstruction measure. In many communities they are much better than in others because the farmers are back of the good roads movement. They realize that a good road saves labor, time, horse flesh and automobile repairs and in addition increases the selling value of the farm. Every progressive farmer should have a road drag and not be afraid to use it. A well-dragged road is a well-crowned road, and a well-dragged road. The dragging should follow each rain. If properly used it will bring a thin layer of earth toward the center of the road at each dragging. The travel will roll and solidify it between rains.

On roads where too much crown has been formed the angle of the drag can be reversed. A few draggings will reduce the high crown to a more level and much safer road for fast automobile traffic.

FOUNDATION OF FARM LIFE

Upon Good Roads Depends Marketing of Various Crops and Better Schooling of Children.

Good roads are the very foundation of country life. Upon them depends the marketing of what farmers grow, the pleasures of social life, and the better schooling of the children. If life is made better by good roads, surely they are worth paying for. There is nothing so much worth while as happiness. The interurban lines have increased it for a few; the auto has brought it to many more, and good roads everywhere would bless all.

Cause of Soft Shells. Soft-shelled eggs are often caused by the fowls being confined, becoming overfat, and from lack of mineral matter.

Feed for Idle Horses. Horses will do well, if not worked, on clover hay alone. Even if worked moderately, good clover hay may be made to be sufficient.

Big Loss by Rats. Rats destroy \$200,000,000 worth of food annually. Destroy the rat.

Forty Five Years of Success The astonishing Record of PERUNA

Not a cure-all, but a rational remedy for catarrh and all inflammation and congestion of the mucous membranes.

Catarrh attacks the mucous linings, in any organ, in any part of the body. It is not, as some imagine, confined to the nose and throat, although nasal catarrh is the most common form and afflicts many people. Unchecked catarrh soon breaks down the tissue and destroys the organs or part. Evidence of the ravages of catarrh are all around us. Without desire to frighten anyone, we say: "Guard yourself against catarrh as you would against the direst plague. Fortify your system. Take Peruna."

INSPIRING WORDS FOR THE SICK FROM THOSE WHO KNOW. A Good Medicine in the Family. I had a bad case of LaGrippe and could get no relief. Peruna cured me. It is a fine medicine. We often use it in the family and find it good. MRS. GENTRY GATES, 2225 First Avenue, East Lake Station, Birmingham, Alabama.

FEELS LIKE A DIFFERENT PERSON. Peruna has cured my stomach and I feel like a different person. I only took twelve bottles of Peruna and can eat anything without distress, something I have not done for fifteen years. I recommend Peruna to everybody suffering with catarrh of the stomach. 1025 18th St., Columbus, Georgia. J. J. THOMPSON.

FOR ALL FORMS OF CATARRH. Peruna is indicated for all forms of catarrh or catarrhal inflammation and congestion of the mucous linings in any part or organ, such as nose, throat, bronchial tubes, lungs, stomach, bowels, kidneys, bladder, etc. It is fine for coughs, colds and effects of the grip and an excellent preventive remedy. If you want health, insist upon having Dr. Hartman's World Famous Peruna Tonic. Sold Everywhere.

INFLUENZA. Catarrhal Fever, Pink Eye, Shipping Fever, Epizootic. And all diseases of the horse affecting his throat speedily cured; colts and horses in the same stable kept from having them by using SPOHN'S COMPOUND, 3 to 5 doses often cure. Safe for brood mares, baby colts, stallions, all ages and conditions. Most skillful scientific compound. SPOHN'S is sold by your druggist. SPOHN MEDICAL CO., Mfrs., Goshen, Ind.

Brief Respite. "Congratulations me," said Mr. Dubwaite. "What for?" "I'm out of debt. I've just paid the last bill I owed." "I do congratulate you. How long do you expect to stay out of debt?" "That depends on the trolley car schedules. Mrs. Dubwaite has just telephoned me that she is headed for town."

GREEN'S AUGUST FLOWER. Has been used for all ailments that are caused by a disordered stomach and inactive liver, such as sick headache, constipation, sour stomach, nervous indigestion, fermentation of food, palpitation of the heart caused by gases in the stomach. August Flower is a gentle laxative, regulates digestion both in stomach and intestines, cleans and sweetens the stomach and alimentary canal, stimulates the liver to secrete the bile and impurities from the blood. Sold in all civilized countries. Give it a trial.—Adv.

Natural Procedure. "The people in this boarding house are always talking about operations for appendicitis." "Why don't you tell them to cut it out?"

Garfield Tea, by purifying the blood, eradicates rheumatism, dyspepsia and many chronic ailments. Adv.

You have probably observed that when some persons speak their minds they don't say much. Nothing circulates so rapidly as a secret.

Acid-Stomach Now Quickly Relieved

These painful attacks of indigestion, heart-burn, belching, disgusting food-repeating; that puff bloated, lumpy feeling after eating, dyspepsia and stomach miseries—all point to just one awful American disease—commonly known as ACID-STOMACH. Fortunately there has been discovered a wonderful modern remedy—called EATONIC—that brings instant relief from all these stomach miseries because it absorbs the hurtful excess acid in the stomach and drives out the bloated gas. You won't know you have a stomach, so free of pain you'll feel. Besides, it saves you from more serious ailments because it is a scientific fact that ACID-STOMACH frequently creates conditions which baffle the best medical skill. Many cases of chronic stomach trouble, biliousness, severe headache, general weakness, rheumatism, gout, lumbago, intestinal ulcer, cancer of the stomach, heart

pains and even heart failure can be traced directly to Acid-Stomach. Avoid these dangers—don't let acid-stomach wreck your health. Don't drag out your days feeling all in, down and out, weak and ailing. Keep the vital spark flashing. Eat the things you like and digest your food in comfort. Then you'll feel fine—be mentally alert—have pep and punch—the power and will to do things. Take EATONIC and give your stomach the help to put it in a fine, healthy condition so that it will digest your food perfectly and make every mouthful you eat register 100% in enriching your blood and building up your bodily strength. Get a big box of EATONIC TABLETS from your druggist today. They taste good—just like a bit of candy. The cost is trifling. It is absolutely guaranteed. If it fails to relieve your stomach misery, your druggist will refund your money.

TAKE EATONIC TODAY FOR YOUR ACID-STOMACH

CHILBLAINS RELIEVED FOR 25c

Many people suffer from Chilblains without realizing what it is. One application of Beaton's One Night Chilblain Remedy will relieve the most stubborn case. We guarantee it and will promptly refund the money if you fail to get relief. We have occupied the most prominent drug corner in Omaha for twenty years, which means our guarantee is good. Sent by mail on receipt of 25c. BEATON DRUG CO., 15th and Farnam Omaha, Nebraska

SEMI-SOLID BUTTERMILK For Hogs and Poultry

Sold direct from factory to consumer. If you want to get the best results for the least money write or call on Consolidated Products Co., LINCOLN, NEBRASKA

Men With Rig

Wanted to sell Rawleigh's Products. Established demand. Large profits, healthy pleasant, permanent. Give age, occupation, references. W. T. RAWLEIGH CO., Department WUN, Freeport, Ill.

Let Cuticura Be Your Beauty Doctor

All druggists; Soap 25, Ointment 25 & 50, Talcum 25. Sample each free of "Cuticura, Dept. 2, Boston."