

WASHINGTON SIDELIGHTS

Thirteen Has No Terrors for Woodrow Wilson

WASHINGTON.—Thirteen has no terrors for Woodrow Wilson, president of the United States of America. On the contrary thirteen is his lucky number, he has been known to say.



Thirteenth president of the university. I usually get seat 13 or room 13 wherever I go.

The fact that the president arrived at Brest on December 13 recalls the president's trip from New York to Sea Girt, September 13, 1912, when he was making his speaking tour, just preceding his election as president.

When Miss Jessie W. Wilson and Frances B. Sayre were married at the White House it was the thirteenth wedding in the historic building, and the names of the bride and bridegroom contain thirteen letters each.

The thirteen superstition is perhaps as widespread as any of the popular notions of this kind. These are many and apparently they are just as much in favor as ever. The name of those who regard Friday as an unlucky day is legion. Many people think it is a sign of coming bad luck to see the new moon over the left shoulder.

Of course the president is an unusual man.

Official Statement of the American Red Cross

THE following statement is authorized by the war council of the American Red Cross: It costs the American Red Cross only two cents of each dollar of the millions appropriated to operate the administrative bureaus in the United States which took a vital part in the management of the greatest relief program the world has ever known.



All the expenses of operating the national and divisional headquarters of the organization whose sheltering arm has embraced a large part of the earth in the 18 months come from a fund provided by membership dues, the war fund not being drawn upon for any but relief expenditures.

During the year which ended June 30 the Red Cross appropriated \$107,716,348 to carry on its work abroad and at home. Of this amount, \$59,788,672 went for relief in foreign countries.

New Method of Drying Meats Promises Marvels

ANNOUNCEMENT is made of a new process by which meats and fish can be kept indefinitely without preservatives and then restored to full bulk and unimpaired flavor by the application of water.



Lieut. Col. J. R. Murlin. The final steps of the test were worked out at Columbia university in the department of chemical engineering under the direction of Prof. Frank H. McKee, who made the announcement.

It is possible to cut a sirloin or porterhouse steak according to the standard restaurant dimensions, dry it by this recent method, and then wet it before cooking and serve it hot, even passably rare, without anybody's knowing that it did not come directly from the butcher's block around the corner.

American Protective League and Its Patriotism

THE man who keeps up with the news notes the American Protective league is active in the Berger trial, in the inquiry into high prices and in other things of importance in various parts of the country.



The immense number of pro-Germans working in this country called the A. P. L. into being. For every investigator in government employ in March, 1917, a hundred were needed to meet the crisis. It seemed impossible to get an appropriation for them. Yet their need was vital.

Today there are approximately three hundred thousand members of the American Protective League. They cover the United States from ocean to ocean and from Canada to the Gulf.

BETTER GARDENS URGED FOR 1919

Food Situation of World Demands Increased Consumption of Fresh Vegetables.

MUCH LAND YIELDS NOTHING

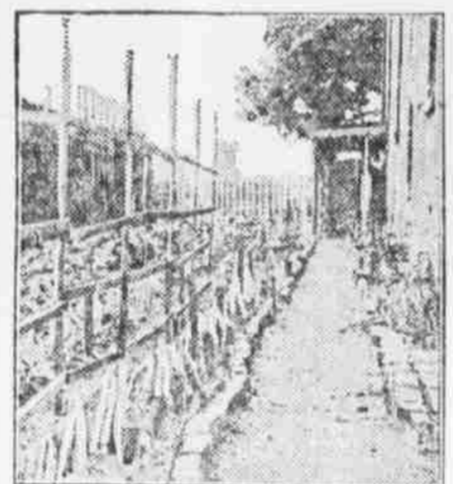
People in Cities, Towns and Villages Urged to Increase Their Efforts During Coming Year to Help Food Supply.

(Prepared by the United States Department of Agriculture.)

No less than one-fifth of the total food elements consumed by the people of this country is obtained from commercial and home vegetable gardens. Under the present food situation of the world, the tendency and the need in this country is to increase the consumption of fresh vegetables.

Back Yard Gardens. America's cities, towns and villages almost without exception are full of large back yards and vacant lots that have yielded little or nothing. We have taken pride, too, in our spacious home grounds, but have given little thought to turning them to account. Now, the food situation demands that every foot of ground suitably located be made to produce to its utmost capacity.

Better Home Gardens. The extension forces of the department of agriculture and of the state agricultural colleges are using all means at their command to bring about the raising of more and better home gardens in 1919.



Neatly Arranged Back Yard Garden.

agricultural agents and assistant agents, the farm bureaus, the home demonstration agents, the boys' and girls' club leaders, are urging the need of increased production, especially among those who in ordinary times are not producers of garden vegetables.

WINTER GARDEN FOR SOUTH

Furnishes Family With Supply of Needed Green Foods—Various Crops to Grow.

(Prepared by the United States Department of Agriculture.)

Something in the form of green vegetables may be had from the outdoor garden every day of the winter months throughout the greater part of the Southern states. Perhaps it may be nothing more than turnip greens or a dish of boiled kale, but it serves the purpose of giving the family much needed green food and puts iron into the blood.

Certain of the more hardy varieties of lettuce, like Big Boston, can be grown during the winter with slight protection by means of straw or boards set at an angle on the north side of the row. Onion sets will give an abundance of early green onions for table use.

PURE WATER IS IMPORTANT

Required by All Farm Animals, Especially by Dairy Cows for Maximum Production.

(From the United States Department of Agriculture.)

All animals require plenty of good pure water. This is especially true of the milking cow, as water constitutes more than three-fourths of the volume of milk.

UTILIZE ROUGHAGES WITH BEEF CATTLE

Increased Demands on Farmers to Save Grain Supply.

Corn Stover Can Be Used to Best Advantage Early in Winter—Other Coarse Feeds May Be Given to Feeder Steers.

(Prepared by the United States Department of Agriculture.)

The coming of peace will increase, not diminish, the demands made on the farmers of this country for the saving of grain and utilization to the fullest extent of all coarse roughages such as cheap hay, straw and stover in all its various forms.



Cattle Feeding at a Straw Stack—Not a Good Way to Feed Straw, but Shows How Stock Will Utilize Roughage.

It should be replaced by them. To utilize corn stover to best advantage it should be used early in the winter, saving other roughages until later. Other coarse roughages may also be used to better advantage by feeding them to dry cows and feeder steers, saving the more desirable roughages for breeding animals and calves.

KEEP WALNUTS FOR PLANTING

Pit in Well-Drained Location Is Desirable Storage Place—Mound Over to Shed Moisture.

(Prepared by the United States Department of Agriculture.)

Black walnut is one of the most profitable woodland and pasture trees. It is rapidly becoming scarce on account of the important part it has played in the war, and the strong demand for the wood for cabinet material, caskets, musical instruments, furniture, etc.

The nuts for planting should be selected, so far as possible, from vigorous trees producing good-sized nuts in abundance. If squirrels and hogs are not troublesome, the nuts may be planted this fall, putting two nuts in a hole and covering with about 2 inches of soil well tamped.

ROUT THE RAT

The United States food administration emphasizes the importance of more serious attention to the rat menace on the part of American farmers. Passively to permit farm waste of food and feed products may more than overbalance the splendid results achieved by patriotic housewives.

"For failing to take reasonable precautions against rats, mice, rooks and jackdaws, whereby 12 stacks of oats and barley were partially rendered unfit for human food," the British ministry of food recently fined a farmer \$100.

MISTAKE IN FEEDING COWS

One of Most Common Errors is Not to Give Good Animal Sufficient Amount of Feed.

(From the United States Department of Agriculture.)

One of the most common mistakes in the feeding of dairy cows is that the good cows are not given a sufficient quantity of feed above that required for their physical maintenance to obtain the maximum quantity of milk they are capable of producing.

POULTRY FACTS

TO INCREASE POULTRY STOCK

New Opportunities for Specialists to Co-operate With Raisers in Best Production.

(Prepared by the United States Department of Agriculture.)

While the main effort in the campaign to increase the nation's stocks of productive poultry is to be directed to the general farmer and the city householder, it does not follow that the specialist in poultry production cannot render good service in this cause. He may find it desirable and conducive to his greater profit to diversify his farming by devoting more attention to live stock other than poultry and to producing a larger proportion of his feedstuffs on his own ground.

It may be doubtful in some cases whether a special poultry farm can operate profitably along the same lines as in the past. The grower of table poultry can, use his stock, plant and equipment for production along some other line that will be profitable at this time.

Every farmer that becomes interested in increasing and improving his farm poultry, and every town resident who begins to keep poultry in the back yard is going to buy stock or eggs for hatching, or baby chicks. This should cause at least the normal demand for birds, eggs, and stock in the early part of the year, and also stimulate demand for pullets in the fall.

The attention of poultry breeders who want to produce to meet popular demands may well be called to the advantage of the "farming out" method of producing stock in quantity. Farmers who are interested in increasing and improving their stock and town people who have room to grow more chickens than they wish for themselves will in many cases find it an advantage to grow stock for a breeder in their vicinity.

The success of this line of work and cooperation depends very largely upon early hatching, and that in turn depends much upon the breeders begin-



A Well-Cared-For Flock Produces Economical Eggs and Meat for the Family.

ning at once to interest their neighbors in growing chickens for them. Whether he farms out stock or not, every poultry keeper who looks forward to better times in poultry culture should do his part to bring them, by producing all that he can handle at home.

GEESE AS PRODUCERS OF FAT

Importance of Adequate Number of Fowls in Poultry Scheme Is Quite Apparent.

Geese hold a sector in the line of the poultry army that makes war against waste. When the facts are taken into consideration that the demand for geese is strong, steady and extends over practically the whole year, that geese excel all other kinds of poultry as producers of fat, a thing of which the world stands at present in dire need, and that their value as egg producers is considerable, the importance of an adequate number of geese in the poultry scheme becomes apparent.

KEEP SICK FOWLS SEPARATE

When Disease Appears in Flock Place Ailing Birds by Themselves and Clean Up.

When disease appears in a flock of chickens the sick fowls should be separated and placed to themselves. If any have died they should be burned or buried. The house and yards should be disinfected and a hunt begun immediately for the cause of the trouble. Conditions should be corrected as quickly as possible to prevent its continuance.

"BEST MEDICINE FOR WOMEN"

What Lydia E. Pinkham's Vegetable Compound Did For Ohio Woman.



Portsmouth, Ohio.—"I suffered from irregularities, pains in my side and was so weak at times I could hardly get around to do my work, and as I had four in my family and three boarders it made it very hard for me. Lydia E. Pinkham's Vegetable Compound was recommended to me. I took it and it has restored my health. It is certainly the best medicine for woman's ailments I ever saw."

—Mrs. SARA SHAW, R. No. 1, Portsmouth, Ohio.

Mrs. Shaw proved the merit of this medicine and wrote this letter in order that other suffering women may find relief as she did. Women who are suffering as she was should not drag along from day to day without giving this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, a trial. For special advice in regard to such ailments write to Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of its forty years experience is at your service.



LYKO is sold in original packages only. This picture above. Refuse all substitutes.

Those who are weak and reduced from an attack of Influenza or Pneumonia will experience wonderful recuperative effects from the use of



The Great General Tonic ASK YOUR DRUGGIST

THE PAXTON HOTEL Omaha, Nebraska EUROPEAN PLAN Rooms from \$1.00 up single, 75 cents up double. CAFE PRICES REASONABLE

Handicapped. In a Scottish country parish a well-known joker was chatting with the minister, who jocularly said, "I suppose, Jamie, you have in your time made up nearly as many witticisms as I have sermons?"

Minister—In what way? "Well, when I try to palm off an awful joke on anyone the thing's detected at once; but folk pay sae little heed the sermons that when an aul' ane's preached it gaugs down jist as well as a brand-new discourse."

Don't Forget Cuticura Talcum When adding to your toilet requisites. An exquisitely scented face, skin, baby and dusting powder and perfume, rendering other perfumes superfluous. You may rely on it because one of the Cuticura Trio (Soap, Ointment and Talcum). 25c each everywhere.—Adv.

The Point of View. "Don't you like hot water in the home?" "That depends on whether I'm in it."

Constipation can be cured without drugs. Nature's own remedy—select ed herbs—is Garfield's.—Adv.

The woman bowlers of Kansas City have formed a league and will hold tournaments.

Cravenettes and roll-top desks add a great many things from the public.

Keep Yourself Fit

You can't afford to be laid up with sore, aching kidneys in these days of high prices. Some occupations bring kidney troubles; almost any work makes weak kidneys worse. If you feel tired all the time, and suffer with lame back, sharp pains, dizzy spells, headaches and disordered kidney action, use Doan's Kidney Pills. It may save an attack of rheumatism, dropsy, or Bright's disease. Doan's have helped thousands back to health.

A Nebraska Case

C. Schien, prop. of restaurant, Main St. Fremont, Neb., says: "My kidneys were troubling me for some time. The secretions were unnatural and at times my back ached terribly. Sharp twinges darted through my loins when I stooped and my suffering was intense. Doan's Kidney Pills soon relieved me."

Get Doan's at Any Store, 60c a Box DOAN'S KIDNEY PILLS POSTER-MILBURN CO., BUFFALO, N. Y.