

SATISFIED SHE HAD BARGAIN

Considering Social Status Acquired, Mrs. Nurich Felt Money for Operation Was Well Spent.

Mr. and Mrs. Nurich were consulting their physician, Mrs. Nurich had felt for some time that an expensive operation, with a long period of time on the operating table to which she could point with pride, would be absolutely necessary to acquiring any kind of a social status.

"What kind of operations have you?" she asked haughtily, gazing through her lorgnette.

"Well, we have a nice tonsil removal, complete for \$250," said the doctor.

"She shook her head. "Lanced carbuncle, \$200. A little cheaper," he added.

"Oh, no, no," and she stamped her foot impatiently. "I simply cannot bear the cheaper cuts." She finally decided on a handsome removal of the vermiform appendix, for \$5,000.

"I believe we have a bargain," she whispered to her husband, as the physician wrapped it up and handed it to her.—Indianapolis News.

Catarrhal Deafness Cannot Be Cured

by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure Catarrhal Deafness, and that is by a constitutional remedy.

HALL'S CATARRH MEDICINE acts through the Blood on the Mucous Surfaces of the System. Catarrhal Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube.

When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result. Unless the inflammation can be removed and this tube restored to its normal condition, hearing may be destroyed forever.

ONE HUNDRED DOLLARS for any case of Catarrhal Deafness that cannot be cured by HALL'S CATARRH MEDICINE.

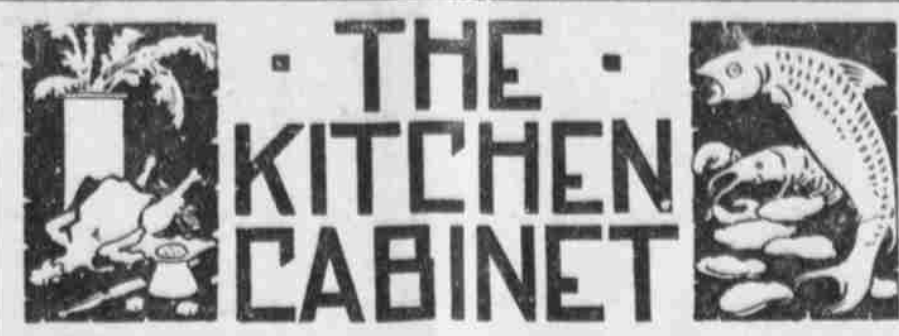
All Druggists & Circulars free. F. J. Cheney & Co., Toledo, Ohio.

Our Language. "What became of your Swedish cook?"

"Oh, she got her Irish up and took French leave."—Boston Evening Transcript.

No Use Then. Old Sage—Health is wealth all right. Pessimist—Yes, but you can't get anything for it from a pawnbroker.

Rats every year destroy about 5 per cent of the growing sugar cane in Jamaica.



Through envy, through malice, through hating. Against the world, early and late, No jot of our courage abating, Our part is to work and to wait.

OWN BY ANY METHOD YOU CAN; BUT CAN, CAN, CAN.



While a regular canning outfit is an advantage it is not necessary, for any clothes boiler with a wooden rack made to fit the bottom, of strips of wood or lath will answer every purpose.

One-fourth as much liquid as flour for stiff doughs like bread. One-third as much butter as sugar for all butter cakes.

The important thing in canning is to have complete sterilization of the product; this is insured by good rubbers and a perfect seal.

A kettle, pull or boiler of any kind which will take a few jars deep enough to cover or come to the neck of the jar with water and a good tight cover for the boiler is all that is needed.

Sterilize the cans by placing them in cold water, tops as well, and bring to the boiling point. Dip the rubbers into the hot water before adjusting them, then with the filled jars, if a Mason, screw it tight, then loosen one-quarter way back.

The blanching of many fruits and all vegetables is an important part of the preparation. By blanching is meant the dipping into hot water and letting the fruit or vegetable stand a certain time, then plunging into cold water.

Blanching shrinks, drives out the gases in the tissues and brings the color to the surface making a more attractive product. The age and tenderness of the product determines the length of time for blanching.

Peaches, pears and plums may all be cooked in the hot water for twenty minutes. The peaches are blanched one minute; the plums or berries are not blanched.

Meats of various kinds make a very fine product canned and it will be found a most convenient method of conservation even in a city home, when more meat than is needed is on hand.

We scatter seeds with careless hand. And dream we never shall see them more.

But for a thousand years their fruit appears. In weeds that mar the land, Or healthful store.

THINGS ALL COOKS SHOULD KNOW.



ALTHOUGH the trying of new recipes is a most fascinating entertainment for the lover of cookery, yet disappointment is sure to be our portion unless we know how to apply a few simple tests to every recipe before we risk wasting our precious foodstuffs.

Each kind of dish has some basic form. Knowing these, one may make innumerable variations. When one has reached this stage of knowledge, the taste and ingenuity of the cook will have a chance to develop.

In cake making we learn that there are but two kinds of cakes; those using some form of fat and those without, or sponge cakes.

In butter cakes the fat should be from one-third to one-half the quantity of sugar, depending upon the richness desired. Since the butter becomes liquid with heat we must take that into account when adding milk, water or coffee.

When a large number of whites of eggs are used, less flour is needed. Butter or other fat makes a batter more tender, moist and of better keeping quality; it also aids in making a fine grain.

Butter or other fat makes a batter more tender, moist and of better keeping quality; it also aids in making a fine grain. Eggs when cooked become thick, hence the more eggs the less flour, other things being equal.

The following proportions are standard: Use one-half as much liquid as flour for murrin and cake batters, remembering that fat is liquid as well as molasses.

Use one-third as much liquid as flour for soft doughs like biscuit.

Have faith in the working out of the destiny of the race; be ready to accept the unaccustomed, to use the radius of social progress to cure the ulcers of the old friction.

A FEW SEASONABLE SALADS.



GOOD salad is always in order at any meal. It is filling, refreshing and nourishing.

Tomato Aspic on Cabbage.—Cook two cupsful of tomatoes and a teaspoonful of onion for ten minutes; add two teaspoonfuls of sugar, a dash of paprika and white pepper and strain.

Stuffed Tomato Salad.—With a sharp-edged spoon scoop out the centers of peeled, uniform-sized tomatoes. Fill with chopped cucumber and onion mixed. Marinate the vegetables in a few tablespoonfuls of French dressing for an hour before putting into the tomatoes, then when they are filled ready to serve top each with a spoonful of thick dressing, either cooked or mayonnaise.

Chicken Salad.—Cut cold chicken into small squares; mix two cupfuls with an equal quantity of chopped celery; add a teaspoonful of salt, a dash of pepper, a dash of paprika and a half-cupful of mayonnaise dressing. Serve on shredded lettuce with another half-cupful of the dressing added on top.

Beet, Onion and Horse-Radish Salad.—Line a bowl with fresh, crisp lettuce, cover with three cupfuls of sliced cooked beets. Mix one cupful of chopped onion, one-half cupful of grated horse-radish, one half-cupful of French dressing. Put two tablespoonfuls in the center and the rest around the edge of the beets. Sprinkle with one-fourth of a cupful of chopped sweet pickles.

Let's not despise just common things. For here's a truth there is no denying. The bird that soars on proudest wings Comes down to earth for board and lodging.

EVERY DAY GOOD THINGS.



POUND of dried apricots added to apple, then cooked down with sugar added to make thick marmalade, will be found especially good flavored.

Serve ice cream using the small scoop; place in sherbet cups and pour over a sauce of strawberry. In this manner of serving, a quart of ice cream will serve many more.

An Egg Extender.—Try out two slices of salt pork cut in small cubes. In this hot fat brown a cupful each of fried cubes and potatoes, also cut in cubes. When brown add two slightly beaten eggs and stir constantly until the egg is cooked. Season well and serve garnished with parsley.

Bread Pudding.—Butter several slices of bread and lay in the bottom of a baking dish; pour over any stewed fruit, like peaches, prunes, or any canned fruit, then add another layer of buttered bread and bake. This may be eaten with fruit juice for a sauce, or, if the fruit is juicy, it will need no sauce.

Cottage Pie.—Put chopped meat with gravy in a baking dish and cover with seasoned mashed potato, made quite moist with milk. Put into a hot oven to heat well and quickly.

Carrots With Lemon Butter.—Cook tender young carrots cut in shoestrings with very little water. When cooked add butter and a little lemon juice, with a grating of nutmeg.

Seasoned Mush.—Cook a ham bone in water until the meat falls; remove the meat, chop and reserve it to add later. Stir cornmeal into the broth and cook until well done; add seasoning and the chopped meat; pour into a square pan to mold and serve sliced and fried in a little hot fat. This is nice for luncheon.

Maxwell

Scenes of Prosperity Are Common in Western Canada



The thousands of U.S. farmers who have accepted Canada's generous offer to settle on homesteads or buy farm land in her provinces have been well repaid by bountiful crops of wheat and other grains.

Where you can buy good farm land at \$15 to \$30 per acre—get \$2 a bushel for wheat and raise 20 to 45 bushels to the acre you are bound to make money—that's what you can do in Western Canada.

In the provinces of Manitoba, Saskatchewan or Alberta you can get a HOMESTEAD OF 160 ACRES FREE and other land at very low prices.

During many years Canadian wheat fields have averaged 20 bushels to the acre—many yields as high as 45 bushels to the acre. Wonderful crops also of Oats, Barley, and Flax.

Mixed Farming is as profitable an industry as grain raising. Good schools, churches, markets convenient, climate excellent. Write for literature and particulars as to reduced railway rates to Supt. of Immigration, Ottawa, Can., or to

W. V. BENNETT Room 4, Bee Bldg., Omaha, Neb. Canadian Government Agent

What is Castoria

CASTORIA is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee.

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision since its infancy.

All Counterfeits, Imitations and "Just-as-Good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

Genuine Castoria always bears the signature of Chas. H. Fletcher

Fall Run of Distemper

"SPOHN'S" A small outlay of money brings very great results. It is a sure cure and a preventive if used as per directions and sure. The large size is twice the quantity and an ounce more than the small size.

Spohn Medical Co. Goshen, Ind., U.S.A.

Editor Gets Into Trouble.

They tell lots of tales on the editors, but this is a new one: The editor of a Kansas paper went to attend a party given by one of his neighbors where just a few weeks before the home had been blessed by a new baby.

ASTHMA INSTANTLY RELIEVED WITH ASTHMADOR

OR MONEY REFUNDED ASK ANY DRUGGIST

For Constipation Carter's Little Liver Pills will set you right over night. Purely Vegetable Small Pill, Small Dose, Small Price

Carter's Iron Pills Will restore color to the faces of those who lack Iron in the blood, as most pale-faced people do.

CLEAR CUTICURA SOAP SAVES AND DIMINTENS QUICKLY REMOVE THE SKIN PIMPLES—DANDRUFF THE HAIR

WEAK KIDNEYS MEAN A WEAK BODY

When you're fifty, your body begins to creak a little at the hinges. Motions more slow and deliberate. "Not so young as I used to be" is a frequent and unwelcome thought. Certain bodily functions upon which good health and good spirits so much depend, are impaired.

For over 200 years GOLD MEDAL Haarlem Oil has been relieving the inconvenience and pain due to advancing years. It is a standard, old-time home remedy, and needs no introduction.

Each capsule contains about one dose of five drops. Take them just like you would any pill, with a small swallow of water.

Don't Get Hung Up With an Acid Stomach

It's Just Acidity That Makes Millions Sick and Suffer

It's true. There are millions of people all over the land who are weak, nervous, all tired and dragged out, who are trying to build up their jaded nerves and weakened bodies with drugs and stimulants; and many of them also EAT and EAT—but fail to get anywhere near the full amount of strength and nourishment out of their food.

EATONIC FOR YOUR STOMACH'S SAKE

It is positively guaranteed to clear the excess acid of your stomach and bowels. It is made in the form of pleasant-tasting tablets—handy to carry around with you.

Get a big box of EATONIC at any drug store and see how quickly it banishes the immediate effects of acid stomach: Aches, heartburn, belching, food repeating, indigestion, etc.—and then see how your general health improves.

So again we tell you—insist upon it—If you are ailing get a big box EATONIC from your druggist today. The cost is a trifle—only 50c. You have faith in your druggist. We authorize him to absolutely guarantee EATONIC to you and you can trust your own druggist to make this guarantee good.

Address: H. L. Kramer, Pres., Eatonie Remedy Company, 1018 So. Wabash Ave., Chicago, Ill.

Why Dread Old Age?

It doesn't matter how old you are, if you keep well and active. Lots of folks are younger at 70 than others are at 60. Lame, bent backs; stiff, achy, rheumatic joints; bad eyesight and deafness are too often due to neglected kidney trouble and not to advancing years.

Don't let weak kidneys age you. Use Doan's Kidney Pills. They have made life more comfortable for thousands of elderly folks.

A Nebraska Case Mrs. Wm. Bryant, 50 South St., Blair, Neb. says: "I had kidney and bladder trouble and it caused me a great deal of misery. My whole system seemed to be affected. My attention was called to Doan's Kidney Pills and I used them. They strengthened me and toned up my kidneys, regulated their action and acted as a kidney tonic, making me feel better in every way."

Get Doan's at Any Store, 60c a Box DOAN'S KIDNEY PILLS FOSTER-MILBURN CO., BUFFALO, N. Y.

Granulated Eyelids, Your Eyes

Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Muric Eye Remedy. No Smarting, just Eye Comfort. At four Druggists or by mail 60c per Bottle. For Book of the Eye free write Muric Eye Remedy Co., Chicago.

Chester, Pa., is to have 2,000 new dwellings for war workers.

What Amused Him.

Roy K. Moulton at the Press club the other evening told of a young American soldier who stood knee deep in the mud in a front trench. Shrapnel was screaming all about him and the big shells were bursting over his head. Suddenly the soldier burst into a wild fit of laughing.

"What's the matter with you?" said a trench mate sarcastically. "I was just thinkin', Bill," was the response, "about the guy who held me up one night in Memphis with a .22 caliber revolver."—New York Times.

Grandmother in Eighteen Days.

A lady green bug becomes a grandmother in 18 days. One can imagine, then, notes a naturalist, the multitudinous armies of these insects that may develop in the course of a season. Their worst foe is a tiny black four-winged fly that deposits an egg in each bug it comes across. Its larva consuming the bug's inside works and using its shell for a house.

Don't Get Hung Up With an Acid Stomach

125,000 People Commit Suicide Every Year

A great food scientist says: "The cause of the most of them started in a bad stomach"



How Strong Are You? A Man Is No Stronger Than His Stomach

It is positively guaranteed to clear the excess acid of your stomach and bowels. It is made in the form of pleasant-tasting tablets—handy to carry around with you.

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MAY HAVE USED DYNAMITE

Military Man Advances New Theory Concerning Hannibal's Celebrated Passage of the Alps.

Everyone knows the story of how Hannibal crossed the Alps. The historian Livy says he demolished the rocks that opposed his progress with the aid of fire and vinegar. The word used by Livy and ordinarily translated "vinegar" is acetum.

The question has been raised by a European officer whether this is the true meaning of the original. He thinks that by acetum the historian referred to a substance resembling dynamite in its properties, and he invites chemists to consider the question whether the ancients may not have possessed a formula for making a powerful explosive of this kind.

He calls attention to the fact that two ancient historians—Marcus Graecus and Albert Aix—speak of the existence of two kinds of acetum, one of which possessed greater energy than the other. A clue to the composition of this explosive may be found, he believes, in the fact that to acetum was ascribed the property of extinguishing the dreadful "Greek fire." He thinks the substance may have been strongly oxygenated.

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