

Libby's

Slice Libby's Veal Loaf and garnish with cucumbers, water-cress and salad dressing—very tempting!



Veal Loaf with such flavor!

THIS delicately flavored Veal Loaf is made with such perfection by Libby's expert chefs in the immaculate Libby kitchens—that you will always want these chefs to make it for you. You find it so appetizing, so nutritious a meat at such little cost and trouble.

Order Libby's Veal Loaf for lunch today. Serve either hot or cold, your family will delight in it.

Libby, McNeill & Libby, Chicago



DAIRY



USE A STRAINER FOR CREAM

Will Break Up Possible Lumps and Remove Curd Particles and Any Foreign Matter.

(Prepared by the United States Department of Agriculture.)

When cream is ready for churning the churn should be prepared. It should be cleaned thoroughly, rinsed with scalding water, then thoroughly rinsed and chilled with cold water.

The butter ladies, paddles, worker and printer should be treated in the same way, and all but the worker placed in a pail of cold water until needed. If that is not done, the butter will stick to them.

Cream should be poured into the churn through a strainer to break up possible lumps and to remove curd



Straining Cream into Churn.

particles and any foreign matter that may be in it. In order to have the necessary concussion the churn should be only about one-third full. If too full, the churning period is prolonged and if the cream foams it nearly fills the churn and prevents concussion. In that case it is usually necessary to remove some of the cream in order to obtain butter in a reasonable time.

Except late in the spring and early in the summer, when butter has a naturally high color, a small quantity of butter color is usually added. In winter the quantity required to produce a shade of yellow like the desirable June color varies from about 20 to 35 drops per gallon of cream.

The color having been added to the cream, the churn may be started at a speed to produce the greatest concussion, which may be determined largely by the sound. About 60 revolutions a minute is the usual speed for the common barrel type of churn. After a few revolutions the churn should be stopped, bottom up, and the cork removed to permit the escape of gas. This is repeated two or three times in the early stages of churning. At that period cream produces a very liquid sound and the glass in the churn is evenly covered with cream.

When churning is nearly completed there is a noticeable difference in the sound made by the cream, while on the glass in the churn a thick, mushy mass will appear, which occasionally breaks away, leaving the glass clear. At this point the butter granules are just forming and the cream is thick and finely granular, like yellow cornmeal mush, with buttermilk separating slightly from the tiny granules. The churn should be revolved several times, then stopped and the butter examined in order to prevent overchurning. When the granules are the size of grains of wheat the churning is completed. To continue the churning until the butter is in large masses is a bad practice, because it incorporates quantities of buttermilk which cannot be washed out. The bad effect of too much buttermilk in the butter has been discussed already.

MILK IS LOST IN HANDLING

Simple Methods of Checking Bottles and Method of Accounting Are Recommended.

(Prepared by the United States Department of Agriculture.)

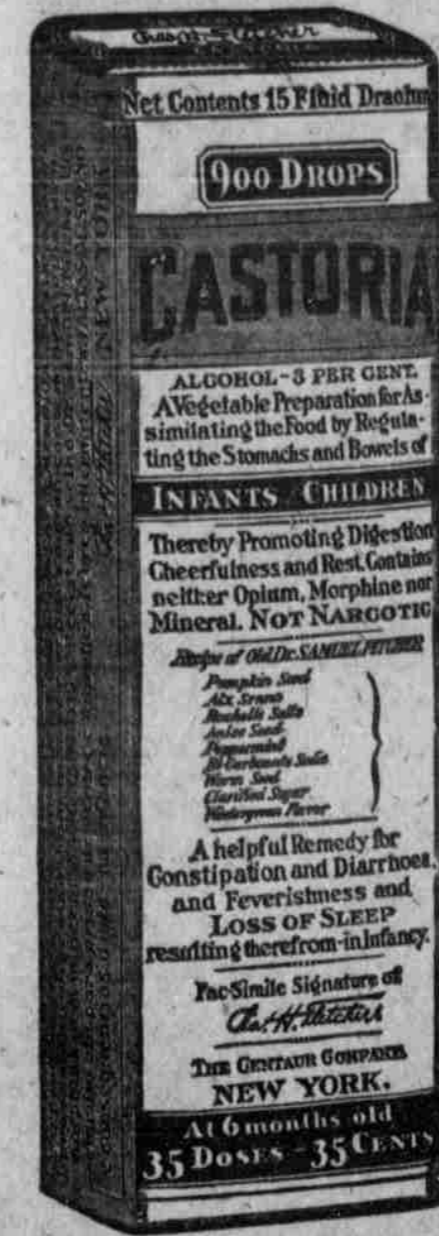
Much milk is lost in the process of handling in milk plants, says the annual report of the bureau of animal industry, United States department of agriculture. Economies effected in that particular by one plant caused a yearly saving of \$2,836. Simple methods of checking milk bottles, often an important item of loss, and a simplified system of accounting, have been worked out and put into successful operation in a number of milk plants by the bureau's investigators of milk-plant management.

A Great Responsibility.

THE responsibility attached to the preparing of a remedy for infants and children is undoubtedly greater than that imposed upon the manufacturer of remedies for adults whose system is sufficiently strong to counteract, for a time at least, any injurious drug. It is well to observe that Castoria is prepared today, as it has been for the past 40 years, under the personal supervision of Mr. Chas. H. Fletcher.

What have makers of imitations and substitutes at stake? What are their responsibilities? To whom are they answerable? They spring up today, scatter their nefarious wares broadcast, and disappear tomorrow.

Could each mother see the painstaking care with which the prescription for Fletcher's Castoria is prepared: could they read the innumerable testimonials from grateful mothers, they would never listen to the subtle pleadings and false arguments of those who would offer an imitation of, or substitute for the tried and true Fletcher's Castoria.



Exact Copy of Wrapper.

Children Cry For

Fletcher's
CASTORIA

Extracts from Letters by Grateful Parents to Chas. H. Fletcher.

G. J. English, of Springfield, Mass., says: "It was your Castoria that saved my child."
Mrs. Mary McGinnis, of St. Louis, Mo., says: "We have given our baby your Castoria ever since she was born, and we recommend it to all mothers."
N. E. Calmes, of Marion, Ky., says: "You have the best medicine in the world, as I have given your Castoria to my babies from first to last."
Mrs. Albert Ugusky, of Lawrenceburg, Ind., says: "As I have had your Castoria in use for nearly three years, I am pleased to say it is just as represented. My children are both well and happy—thanks to Castoria."
R. P. Stockton, of New Orleans, La., says: "We began giving your Castoria to our baby when he was eight days old and have kept it up ever since, never having had to give any other medicine."
Mrs. Dolph Hornbuckle, of Colorado Springs, Colo., says: "We commenced giving your Castoria to our baby when she was four weeks old. She is now seven months and weighs 19½ pounds. Everyone remarks: 'What a healthy looking baby.' We give Castoria credit for it."

GENUINE CASTORIA ALWAYS BEARS

the Signature of *Chas. H. Fletcher*

THE CENTAUR COMPANY, NEW YORK CITY

Soldier in a Harem.
"I am in a harem," writes Private John Wallace Davis, of the London Irish Rifles, to his uncle. "Of course, the ladies have gone, but it is an earthly paradise. For convalescence they have sent me to the sultan of Egypt's Alexandria seat.
"My bedroom has white and gold fittings, and the royal arms are emblazoned over my bed. There is a gorgeous reading room with a marble floor, and divans with round long cushions, and we have a small army of Egyptians to wait on us."

Much Experience.
"Do you know anything of the art of husbandry?" "I ought to. I've married off five daughters."

Atrocity in The Bronx.
In view of hundreds of spectators two sea lions engaged in mortal combat in the large tank east of the lion house at the New York Zoological park the other day. Peter, six years old, comparatively a newcomer at the park, was the victor, conquering Teddy, eight years old, who had been at the park for the last six years. The fight was started by Peter, who is believed to have been crazed by the heat.—Fishing Gazette.

A woman's idea of a congenial husband is one who lets her have her own way in everything.

A pink tea is one of the things that make a married man paint things red.



One Carload Every Two Minutes

15,000 POUNDS MEAT A MINUTE GOING TO ALLIES

One Hog Out of Every Four Being Sent Abroad.

Shipments of meat have been going to the allies for some time at the rate of 15,000 pounds a minute. As the shipments are kept up during a ten hour day they amount to 9,000,000 pounds daily. The meat goes to soldiers of the United States and the allies and to the civilian population of all the countries at war with Germany.

These statements were made by a prominent representative of the United States Food Administration.

No industry in the country has played a more important part in helping to win the war than the American livestock and meat-packing industry.

Swift & Company alone has been forwarding over 500 car loads of meat and meat products per week for overseas shipment.

Swift & Company, U.S.A.

The Womanless Dance.
The manless dance has originated in the West. The womanless dance is the popular thing in the naval reserve.—The Naval Reserve.

FRECKLES

Now is the Time to Get Rid of These Ugly Spots
There's no longer the slightest need of feeling ashamed of your freckles, as Othine—double strength—is guaranteed to remove these homely spots.
Simply get an ounce of Othine—double strength—from your druggist, and apply a little of it night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion.
Be sure to ask for the double strength Othine, as this is sold under guarantee of money back if it fails to remove freckles.—Adv.

Kept Strictly in Turn.
"Well, corporal," said the officer, "it's a proud mother that'll be waiting to greet you when you get home this time."
"What'll she be proud for?" queried the corporal, with a puzzled expression.
"Of your medal, of course," was the answer.
"But I don't think she knows I've got it, sir," said the corporal.
"What! haven't you told her?"
"Well, no, sir. You see it wasn't my turn to write."

Get New Kidneys!

The kidneys are the most overworked organs of the human body, and when they fail in their work of filtering out and throwing off the poisons developed in the system, things begin to happen.
One of the first warnings is pain or stiffness in the lower part of the back; highly colored urine; loss of appetite; indigestion; irritation, or even stone in the bladder. These symptoms indicate a condition that may lead to that dreaded and fatal malady, Bright's disease, for which there is no cure.
Do not delay a minute. At the first indication of trouble in the kidney, liver, bladder or urinary organs start taking Gold Medal Haarlem Oil Capsules, and save yourself before it is too late. Instant relief is necessary in kidney and bladder troubles. A delay is often fatal.
You can almost certainly find immediate relief in Gold Medal Haarlem Oil Capsules. For more than 200 years this famous preparation has been an unflinching remedy for all kidney, bladder and urinary troubles.
It is the pure, original Haarlem Oil of your great-grandmother used. About two capsules each day will keep you toned up and feeling fine. Get it at any drug store, and if it does not give you almost immediate relief, your money will be refunded. Be sure you get the GOLD MEDAL brand. None other genuine. In boxes, three sizes.—Adv.

Not Like Other Men.
Grubbs—"What gives Jinks such confidence in his own opinions?"
Stubbs—"Pure obstinacy. That map is determined to be different from anyone else."

When Your Eyes Need Care Try Murine Eye Remedy
No Stinging—Just Eye Comfort. 50 cents a Druggist or mail. Write for Free Eye Book. MURINE EYE REMEDY CO., CHICAGO

Odds Against Bombs.
An ingenious person, says London Tit Bits, has calculated the chances of the average Londoner being hurt by enemy bombs. "Taking the area of London as 100 square miles," he says, "with a circle 60 yards in diameter as the area in which a bomb would cause serious inconvenience, and assuming the enemy succeeds in dropping 200 bombs in London every month all the year round; assuming also that there is an equal likelihood of a bomb dropping at any one point as at any other, the war will have to last 32 years for it to be likely that a bomb will drop within one's own circle."

Suspicious.
"There goes a man of great promise." "I know him. Has been borrowing from you, too?"

At the Museum.
"What an extraordinarily long bill that bird has!" "Must be dealing at the same provision store that I do."

Young European Capital.
Helsingfors, the capital of Finland, is among the youngest of the European capitals, for it is but little over a hundred years since Czar Alexander I, shortly after the annexation of the grand duchy by Russia, transferred the capital thither from Abo, which was, in his opinion, too near Sweden.

RED CROSS SERVICE.
Red Cross Ball Blue gives to every housewife unequalled service. A large 5 cent package gives more real, genuine merit than any other blue. Red Cross Ball Blue makes clothes whiter than snow. You will be delighted. At all good grocers.—Adv.

Not Quite.
"Does the new soprano's voice fill the church?" "No; I noticed some vacant seats up in the gallery."

Brighter Now.
First Scout—Suppose you were in my shoes. What would you do?
Second Scout—I'd shine them!

Hot Weather Poisons Hit The Stomach First

How to Keep Your Stomach Strong, Cool and Sweet

Hot weather always starts those quick chemical changes which produce poisons in meats, fish, fruits, vegetables, milk and food products.
Such summer poisons in foods not only make well stomachs sick but develop with dangerous rapidity in sensitive, sick or ailing stomachs and bowels.
These poisons not only generate gases and fluids which cause that bloated, lumpy feeling, heartburn, sour stomach, belching, acidity, but endless other stomach and bowel miseries.
A sure, safe, quick acting relief has been found which absorbs and neutralizes these poisons, too much acid and harmful gases. EATONIC Tablets, one or two taken after every meal, will keep your stomach sweet. You will have a good appetite to eat what you like, when you want it and be

free from all those bad effects liable to come after a hearty meal in summer.
EATONIC Tablets are hot weather protectors for the stomach. They guard against the germs that lurk in the things you eat and drink. They rebuild listless appetites, promote digestion by aiding proper action of the stomach functions and insure speedy relief from indigestion and all stomach distress.
EATONIC is good to eat like candy. People from all over send grateful testimonials. Tens of thousands are obtaining relief with EATONIC every day but the best evidence is to let your own stomach tell you the truth. Go to your druggist and get a big box of EATONIC. Tell him you want it for the prevention and sure relief of stomach and bowel disorders produced by hot weather poisons.
Then if EATONIC fails to satisfy you—return it to your druggist, whom you know and can trust. He will cheerfully refund your money. If your druggist doesn't keep EATONIC—drop us a postal. It will be delivered to your address and you can then pay for it. Address: H. L. Kramer, Pres., 1018 S. Wabash Ave., Chicago, Ill.

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HOGS AND SHEEP STOCK YARDS-OMAHA
DROS & CO

Kill All Flies! THEY SPREAD DISEASE
Faced anywhere, Daley Fly Killer attracts and kills all flies. Neat, clean, ornamental, convenient and cheap.
Daley Fly Killer
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