



### It's Poor Economy to Endure a Bad Back

In these days of rising prices, we need every ounce of strength and the ability to do a full day's work every day. The man or woman with weak kidneys is half crippled. Sore, aching kidneys; lame, stiff back, headache, dizzy spells and a dull, tired feeling and urinary disorders are daily sources of distress. You can't afford to neglect kidney weakness and make it easy for gravel, dropsy or Bright's disease to take you. Get a box of Doan's Kidney Pills today. They have helped thousands. They should help you.

#### Personal Reports of Real Cases

##### A NEBRASKA CASE.

B. F. Barker, 2008 N. Twenty-second St., Omaha, Neb., says: "About four years ago I was in constant misery with my kidneys. My back hurt day and night and sometimes sharp pains darted through my kidneys. The kidney secretions were unnatural, too. I tried many remedies but my back kept hurting and many nights I couldn't get any rest. Mornings I felt tired and unrefreshed, and couldn't do a bit of work. Doan's Kidney Pills helped me as soon as I used them and seven boxes made me feel like a different man. The relief was complete."

##### AN IOWA CASE.

Mrs. A. H. Schlerholz, 513 W. Third St., Boone, Iowa, says: "Backache was the first symptom of my kidney trouble. At times it felt as if my back was broken, it pained so badly. I was so stiff and sore I could hardly straighten after getting up in the morning. My kidneys acted too often and even hospital treatment failed to help me. When I had almost given up hope I heard of Doan's Kidney Pills. They cured me and since then my kidneys have been in good shape."

## DOAN'S KIDNEY PILLS

60c a Box At All Stores. Foster-Milburn Co., Buffalo, N. Y., Chemists

#### Words Fail.

Gus—I don't see anything funny in these Christmas wheezes about wife's cigars.

Gus—Married?

Gus—No.

Gus—Do you smoke?

Gus—No.

(Heavy silence.)

#### Her Choice.

Gladys—Would you sooner be an old man's darling or a young man's slave?

Penelope—A young man's slave—it is so much easier breaking a young man in and making him toe the mark.

#### Cold Comfort.

"Prices are high," she began. "And going higher," said the butcher. And that ended it.—Louisville Courier-Journal.

The drought in a portion of Texas caused losses last year aggregating \$400,000,000.

## The DAIRY



### AYRSHIRE IS GOOD RUSTLER

Animal is Quite Useful in Sections Where There is Much Rough Land in Pasture.

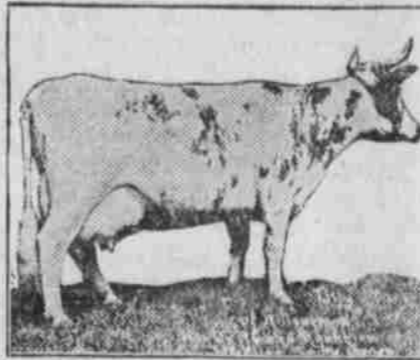
(Prepared by the United States Department of Agriculture.)

The Ayrshire breed originated in the county of Ayr, in southwestern Scotland. In that region, which borders on the Irish Sea, the surface is rolling and has much rough woodland. Pastures, therefore, are somewhat sparse and it is necessary for animals to graze large areas in order to obtain sufficient feed.

It is only within the last hundred years that Ayrshires have had a type well enough established to be entitled to the designation of breed.

This breed is not well known in many sections of the United States—New England, New York and Pennsylvania probably contain the largest number of its representatives. There is a small distribution in the Middle Atlantic States, the Pacific Northwest and other scattered sections.

The color of this breed varies from the medium red to very dark mahogany—brown and white. The cattle



An Ayrshire Which Won World's Record for Milk Production.

have long horns which turn outward, then forward, then upward. Quick, brisk actions are characteristic of the animals which seem always to have an abundant store of energy, and to be exceptionally alert. Ayrshires have a highly nervous disposition, which is useful both for production and self-support. Probably none of the other dairy breeds can compare with the Ayrshires in ability to obtain a livelihood on scant pastures. Their ability as "rustlers" has made them very useful in sections where there is much rough land in pasture. Cows of this breed average 1,000 pounds in weight, and bulls average about 1,500.

Another point of which breeders of the Ayrshire are very proud is the uniform, square, level udder with long body attachment which is common among the cows.

Milk from Ayrshire cows contains comparatively little color and has the fat in uniformly small globules which average smaller in size than for any other breed. The milk stands shipping well without churning, and in other respects it is well adapted to the market milk trade.

For Ayrshires the average of the 2,598 cows that have completed yearly records for advanced registry is 9,555 pounds of milk testing 3.95 per cent of butterfat, amounting to 377.51 pounds of fat. The ten highest milk producers of this breed range from 25,329 to 18,745 pounds of milk and the average of these ten highest producers is 21,538.8 pounds of milk. The ten highest butterfat producers among Ayrshires range from 955.56 to 744.53 pounds, with an average, for these ten, of 855.4 pounds of butterfat.

#### INCREASED MILK PRODUCTION

Supplies Food Material More Economically Than Meat or Eggs—Efficient Dairy Cow.

(Prepared by the United States Department of Agriculture.)

Two facts stand out prominently as reasons for the increased production and use of milk. The first is that milk as purchased on the market usually supplies food material together with the growth producing elements more economically than either meat or eggs. The second reason is that the dairy cow is the most economical producer of animal food. One great law of food conservation is to turn inedible feeds into edible foods in the cheapest possible manner. The dairy cow will utilize coarse materials, inedible by humans, such as grass, cornstalks, hay, etc., and will turn them into milk, which is suitable for human food. Other farm animals also are converters of coarse roughage into edible foods, but are not so efficient as the dairy cow.

#### COWS GIVEN FEED AND CARE

If Profit Is Not Returned Send Her to Shambles and Give Feed to One That Will.

Give the cows a chance. Feed and care for them properly. If an animal does not have it in her to return a profit or even pay for the feed given here send her to the shambles and give the feed to one that will.

**Early Criticism.**  
His Ma—"Johnny, take your thumb out of your soup." The Kid—"It's all right, ma; the soup's not hot."

**Important to Mothers.**  
Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it

Bears the Signature of *Chas. H. Fletcher* In Use for Over 30 Years. Children Cry for Fletcher's Castoria

**In No Hurry.**  
A rookie at Great Lakes was noted for being late. He was always the last to be dressed and the last to turn out. At last the company commander, exasperated by the rookie's tardiness, called him to the front of the company and said: "Say, are you with us in this war or not?"

State of Ohio, City of Toledo, Lucas County—  
Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for any case of Catarrh that cannot be cured by the use of HALL'S CATARRH MEDICINE.

FRANK J. CHENEY,  
Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1922.  
(Seal) A. W. Gleason, Notary Public. HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System. Druggists, 75c. Testimonials free. F. J. Cheney & Co., Toledo, Ohio.

**Father and Son.**  
"I don't know but I'll get into this war myself before it's over," mused Farmer Corantossel.

"Wouldn't that be fine!" exclaimed his wife. "Maybe you an' Josh would be in the same company."

"It wouldn't do. Josh has had too much start in the chance for promotion. Like as not he'd be under the painful necessity of disciplin' me fur not speakin' respectful to my superior officer."

#### No Pleasure in Idleness.

Idleness is never a source of pleasure. The nation puts folks on enforced idleness as a punishment. A well-earned rest is a boon to any busy man, but that's far from idleness. The idler is just a spender, a parasite, a candidate for social ostracism and the poorhouse. He soon loses the power for real enjoyment. He's just a burden to himself and the folks around him. He's always hunting happiness, but is too sluggish to use the means that bring it. His is the passive existence of indolence, stagnation and deadness. The very faculties capable of giving pleasure are obsolescent. It's no use to dream about happiness unless you are willing to do a little to help bring it. Like love it wears best when used.

### AN ATTACK OF GRIP USUALLY LEAVES KIDNEYS IN WEAKENED CONDITION

Doctors in all parts of the country have been kept busy with the epidemic of grip which has visited so many homes. The symptoms of grip this year are often very distressing and leave the system in a run-down condition, particularly the kidneys which seem to suffer most, as almost every victim complains of lame back and urinary troubles which should not be neglected, as these danger signals often lead to dangerous kidney troubles. Druggists report a large sale on Dr. Kilmer's Swamp-Root which so many people say soon heals and strengthens the kidneys after an attack of grip. Swamp-Root, being an herbal compound, has a gentle healing effect on the kidneys, which is almost immediately noticed in most cases by those who try it. Dr. Kilmer & Co., Binghamton, N. Y., offer to send a sample size bottle of Swamp-Root, on receipt of ten cents, to every sufferer who requests it. A trial will convince anyone who may be in need of it. Regular medium and large size bottles, for sale at all druggists. Be sure to mention this paper.—Adv.

#### Problem for Home.

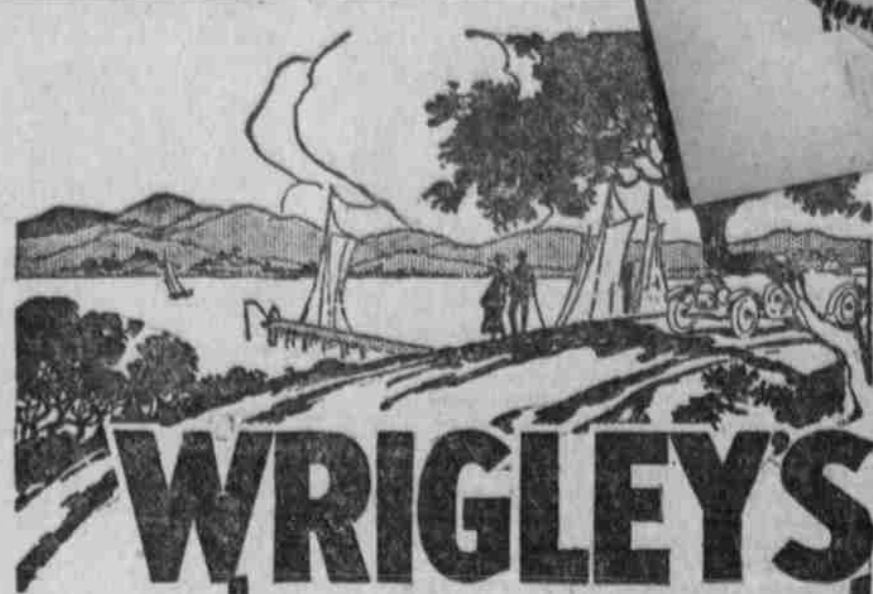
"Good morning, children," said the arithmetic teacher. "How many of you have prepared an original problem in multiplication as I requested?" Only one hand went up.

"Well, William, you may give your problem and the rest of the class may solve it."

"If my baby sister is a year old now and weighs 20 pounds, and keeps on gaining two ounces a day until she is sixteen years old, and if the price of living doubles again in the next ten years how much will my sister's graduation outfit cost?" Mother says she would like to know.—Rehoboth Sunday Herald.

Happy is the woman who can make home so clublike that her husband doesn't care to leave it.

Only a lot of runs enables a baseball team to win in a walk.



## WRIGLEY'S

"After every meal" Spring is in the air—the fields and woods and waters call—

And to add to the zest of outdoor pleasures nothing affords the long-lasting refreshment of WRIGLEY'S—

So carry it always with you. The Flavor Lasts



Not a Best Seller. "Have you any worth-while books in here?" asked the superior person.

"We have thousands of volumes, sir," replied the clerk. "I'm sure there is something in our stock to suit the most exacting taste. What do you require?"

"I want a book of synonyms." "Just a moment, sir, until I speak to the boss. I don't believe we have any of er-Synonym's works."—Birmingham Age-Herald.

### FRECKLES

Now is the Time to Get Rid of These Ugly Spots  
There's no longer the slightest need of feeling ashamed of your freckles, as Othine—double strength—is guaranteed to remove these homely spots. Simply get an ounce of Othine—double strength—from your druggist, and apply a little of it night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion. Be sure to ask for the double strength Othine, as this is sold under guarantee of money back if it fails to remove freckles.—Adv.

One kind of frugality consists in knowing how to get other people to supply your wants.

The German emperor will have occupied the throne 30 years this coming June.

Dr. Pierce's Pleasant Pellets are the original little liver pills put up 40 years ago. They regulate liver and bowels. Ad.

Warm weather is the best substitute for coal.

### As Age Advances the Liver Requires occasional slight stimulation.

CARTER'S LITTLE LIVER PILLS correct CONSTIPATION  
Genuine bears signature

Colorless or Pale Faces usually indicate the absence of iron in the blood, a condition which will be greatly helped by Carter's Iron Pills

### C. J. Mustion Wool Commission Co.

16th & Liberty Sts., Stock Yards Station KANSAS CITY, MO.

### USED CARS

We are in need of about fifty more late model cars of all makes to complete our stock. We buy for Spot Cash. Drive your car in or in writing describe car fully, giving to best cash plan. REILLY AUTO CLEARING HOUSE "USED CAR HEADQUARTERS" 100 Cars from \$100 up 1620 O Street LINCOLN, NEB.

PARKER'S HAIR BALM A hair preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c and \$1.00 at Druggists.

ANY FILM DEVELOPED 10c ROLL Prints 3c to 5c each. 24 hour service. Guaranteed work. Returned Postpaid. Photo Craft Shop, Omaha, Neb.

THE PAXTON HOTEL Omaha, Nebraska Rooms from \$1.00 up single, 75c extra up double. CAFE PRICES REASONABLE

KODAK FINISHING and supplies. Largest house in the west. All Eastman goods. We pay for postage on finishing. THE ROBERT DEMPSTER CO., 1813 Farnam Street Omaha, Neb.

HYPNOTISM TAUGHT Surplus energy, by a professional, used hypnotism, give exhibitions. For FIRM literature, address PHOEN. P. WELLS, Rockford, Ill.

W. N. U., OMAHA, NO. 20-1918.

## Both Ends (Producer and Consumer) Against The Middle (The Packer)

The consumer wants to pay a low price for meat.

The farmer wants to get a high price for cattle.

The packer stands between these conflicting demands, and finds it impossible to completely satisfy both.

The packer has no control over the prices of live stock or meat, and the most that can be expected of him is that he keep the difference between the two as low as possible. He does this successfully by converting animals into meat and distributing the meat at a minimum of expense, and at a profit too small to be noticeable in the farmer's returns for live stock or in the meat bill of the consumer.

Swift & Company's 1917 transactions in Cattle were as follows:

	Average Per Head
Sold Meat to Retailer for	\$68.97
Sold By-products for	24.29
Total Receipts	93.06
Paid to Cattle Raiser	84.45
Balance (not paid to Cattle Raiser)	8.61
Paid for labor and expenses at Packing House, Freight on Meat, and Cost of operating Branch distributing houses	7.32
Remaining in Packer's hands as Returns on investment	\$ 1.29

The net profit was \$1.29 per head, or about one-fourth of a cent per pound of beef.

By what other method can the difference between cattle prices and beef prices be made smaller, and how can the conflicting demands of producer and consumer be better satisfied?

1918 Year Book of interesting and instructive facts sent on request. Address Swift & Company, Union Stock Yards, Chicago, Illinois

Swift & Company, U. S. A.

### Are You Bloating After Eating

With that gassy, puffy feeling, and hurting near your heart? For Quick Relief—Take ONE

## EATONIC

FOR YOUR STOMACH'S SAKE

You can fairly feel it work. It drives the GAS out of your body and the Bloat goes with it.

Removes Quickly—Indigestion, Heartburn, Sour Stomach, etc. Get EATONIC from your Druggist with the DOUBLE GUARANTEE



EATONIC Costs a Cent or Two a Day