

### Officers of Omaha's New Independent Packing Plant



**LLOYD M. SKINNER**  
President and treasurer of the Skinner Packing Company, also vice president and treasurer of the Skinner Manufacturing Company, the world's largest distributors and manufacturers of Macaroni Products.



**ROBERT GILMORE**  
Secretary of the Skinner Packing Company, also secretary of the Skinner Manufacturing Company, the world's largest distributors and manufacturers of Macaroni Products.



**PAUL F. SKINNER**  
Chairman of the Board of the Skinner Packing Company, also president of the Skinner Manufacturing Company, the world's largest distributors and manufacturers of Macaroni Products.

Farmers and stockmen of Iowa, Nebraska and South Dakota are greatly interested in the organization of the new independent packing company of Omaha, known as the Skinner Packing Company, Omaha's Day Light Snow White Independent Packing Plant. This company is backed by prominent Omaha business men and many leading farmers and stockmen in Nebraska and adjoining states.

There is a wonderful and profitable field open in Omaha for this plant, which will be located on the Company's thirty-three-acre tract just south and west of the present Swift plant on the South Side. This means a great deal to shippers and producers of live stock through this section and from the great interest shown in the establishment of the plant it is appreciated by them.

# The KITCHEN CABINET

The year's at the spring  
And day's at the morn;  
Morning's at seven  
The hillside's dew pearled,  
The lark's on the wing,  
The snail's on the thorn,  
God's in his heaven,  
All's right with the world.  
—Robt. Browning.

### CONSERVE WHEAT.

The following recipes will be found useful in saving wheat flour, to be used at all meals that are not wheatless.

**Combination Bread.**—Take one cupful of oatmeal, one tablespoonful of salt, two tablespoonfuls of sirup, two cupfuls of boiling water, a tablespoonful of fat, two cakes of yeast dissolved in a half-cupful of luke-warm water; mix and add five cupfuls of rye, corn flour and entire wheat flour with one three-fourths cupful of white flour. Pour the boiling water over the oats, rye and corn flour, then when cool add the other ingredients. Knead well, let rise, mold into loaves, then when double in bulk bake in a moderate oven. This bread saves 60 per cent wheat.

Who has not wanted, does not guess  
What plenty is—who has not groped  
In depths of doubt and hopelessness,  
Has never truly hoped.  
—Riley.

### WHOLESOME BREADS CONTAINING NO WHEAT.

Rice and various breakfast cereals may be used in griddle cakes and gems, thus taking the place of flour and making a most appetizing and nutritious bread.

**Oat Crackers.**—Take two cupfuls of rolled oats, a fourth of a cupful each of molasses and milk, 1 1/2 tablespoonfuls of fat, a fourth of a teaspoonful of soda and a teaspoonful of salt; mix well and roll out in a sheet, then cut in squares. Bake for 20 minutes in a moderate oven. This makes three dozen crackers.

Comment: mush cooked a long time then molded can be sliced and fried for breakfast. The addition of chopped nuts, cheese or finely minced meat of various kinds may be used in the mush.

**Baked Oatmeal and Nuts.**—Take two cupfuls of cooked oatmeal, a cupful of crushed peanuts, a half cupful of milk, a teaspoonful of vinegar, a fourth of a teaspoonful of pepper and 2 1/2 teaspoonfuls of salt; mix together and bake in a greased pan for 15 minutes. This serves five people.

**Cornmeal Patties.**—Scald a pint of cornmeal with a cupful of boiling water, rub in a tablespoonful each of vegetable oil or a teaspoonful of fat and salt, two beaten eggs and a half cupful of skimmed milk. Drop from a spoon on greased tins. Bake until brown, serve hot. Nice with gravy to take the place of Yorkshire pudding.

Corn flour used as any other flour with egg and milk, makes fine griddle cakes.

If you were busy being kind  
Before you knew it you would find  
You'd soon forget to think 'twas true  
That some one was unkind to you.  
—Rebecca Foresman.

### GOOD MEAT SUBSTITUTES.

The following are well-tried recipes gathered from many sources, which will be found worth while:

**Peanut Leaf.**—Three cupfuls of boiled rice, one cupful each of cracker crumbs and chopped pecans, one-half cupful of skim milk, the yolks of three eggs, grated onion, pepper and salt for seasoning. Mold in a small loaf and bake.

**Tomato Nut Loaf.**—Take one cupful each of chopped nut meat, cooked rice and tomato pulp, one egg, 1 1/2 teaspoonfuls of salt, a half teaspoonful of pepper and a teaspoonful of chopped onion. Mix the ingredients, adding celery salt, or sage if desired. Shape into a loaf and bake 30 minutes.

**Gnocchi.**—Into one-fourth cupful of vegetable fat stir one-fourth cupful each of cornmeal and cornstarch, add a half teaspoonful of salt, and gradually two cupfuls of scalded milk, stir constantly. Cook for three minutes, then cool slightly and add the well-beaten yolks of two eggs and one-fourth of a cupful of grated cheese. Then add the whites of two eggs beaten stiff. Put into a buttered baking dish and sprinkle with one-half cupful of grated cheese over the top. Bake carefully in a hot oven for 30 minutes.

**Fish Loaf.**—Take one cupful each of salmon, bread crumbs and hot milk, a half teaspoonful of salt, an eighth of a teaspoonful of pepper and two eggs. Rub the fish fine with a potato masher, add the milk to the crumbs and melted fat, and seasonings, then combine with the fish. Add the well-beaten eggs, put in a greased baking dish and bake or steam. Serve with a white sauce with the salmon liquor added to it if liked. Tomato sauce is also good served with this loaf. Peas in a sauce poured around the loaf are an addition which will add to the food value of the dish.

*Nellie Maxwell*

**Placing Oysters in Salt Lake.**  
Plans have been made to begin the propagation of oysters in Bear River bay, Salt lake, Utah, this spring. Experiments and scientific study of conditions have indicated, to the satisfaction of the state fish and game commissioner, that the enterprise is a thoroughly feasible one. Analysis has shown that the percentage of salt in the water is practically the same as in ocean oyster beds.

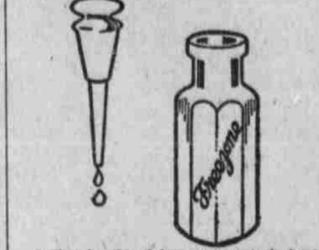
**She Sat Apart.**  
We were talking across the aisle. Presently the girl who sat alone leaned over and said: "You and the lady take this seat. I'm not together."  
—Chicago Tribune.

**Tipped Off.**  
Mrs. Gaggas—"If I had known what a fool you were I never should have married you." Mr. Gaggas—"You might have guessed it when I proposed to you."  
—Judge.

## NO CAMOUFLAGE IN THIS STORY

APPLY A FEW DROPS THEN LIFT TOUCHY CORNS OFF WITH FINGERS.

Don't hurt a bit! Drop a little freezeone on an aching corn, instantly that corn stops hurting, then you lift it right out. Yes, magic!



A tiny bottle of freezeone costs but a few cents at any drug store, but is sufficient to remove every hard corn, soft corn, or corn between the toes, and the callouses, without soreness or irritation.

Freezone is the sensational discovery of a Cincinnati genius. It is wonderful.—Adv.

Sometimes a man's enemies with bad designs do him less harm than his friends with good intentions.

**Itching Burning Skins.**  
For eczemas, rashes, itchings, irritations, pimples, dandruff, sore hands, and baby humors, Cuticura Soap and Ointment are supremely effective. For free samples address "Cuticura, Dept. X, Boston." At drug stores and by mail, Soap 25, Ointment 25 and 50.—Adv.

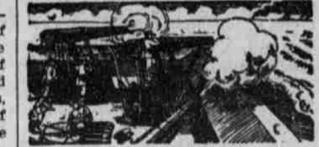
To make water taste better than champagne eat salt fish about three hours before imbibing.

Read the announcement of the Skinner Packing Company that appears elsewhere in this paper. Write them today for further information. Their address is 912 First National Bank Building, Omaha, Nebraska.—Adv.

There is always something coming to us that we should like to see side-tracked.

Happy is the home where Red Cross Ball Blue is used. Sure to please. All grocers. Adv.

Be sure you are right, but not too sure that every one else is wrong.



## OUR DEFENSE

In the spring we may be attacked at any moment. Toxic poisons pile up within us after a hard winter, and we feel "run-down," tired out, blue and discouraged. This is the time to put our house in order—cleanse the system and put fresh blood into our arteries. You can obtain an alternative extract from Blood root, Golden Seal, St. John's Wort, Queen's root, Cherry bark, rolled into a sugar-coated tablet and sold by most druggists, in sixty cent vials, at Dr. Pierce's Golden Medical Discovery. This blood tonic, in tablet or liquid form, is just what you need for "Spring Fever," for that lack of ambition. It will fill you full of vim, vigor and vitality.

Chilliness, when other people feel warm enough, is a sign of biliousness, or of malarial poisons—so is a furred or coated tongue, loss of appetite, head aches or giddiness, and a dull, drowsy, debilitated feeling. It's your liver that's at fault. You want to stimulate it and invigorate it with Dr. Pierce's Pleasant Pellets. With every trouble of the kind, these tiny little things act like a miracle. You can break up sudden attacks of Colds, Fevers, and Inflammations, with them. They'll give you permanent benefit for Indigestion, Constipation, Sour Stomach, Sick Headache, and Dizziness. They are small and pleasant to take, and the most thoroughly natural remedy. Twenty-five cents at most drug stores.

Small Pill  
Small Dose  
Small Price



## FOR CONSTIPATION

Have stood the test of time. Purely vegetable. Wonderfully quick to banish biliousness, headache, indigestion and to clear up a bad complexion. Genuine Bears signature

*Bear's Brand*

## PALE FACES

Generally indicate a lack of iron in the blood  
**Carter's Iron Pills**  
Will help this condition

**Cause for it.**  
"Are you going to ask damages from your tailor for not having your trousers sent at the time he said they would be ready?"  
"Yes; I am going to sue him for breeches of promise."

**\$100 Reward, \$100**  
Catarrh is a local disease greatly influenced by constitutional conditions. It therefore requires constitutional treatment. HALL'S CATARRH MEDICINE is taken internally and acts through the blood on the mucous surfaces of the system. HALL'S CATARRH MEDICINE destroys the foundation of the disease, gives the patient strength by improving the general health and assists nature in doing its work. \$100 for any case of Catarrh that HALL'S CATARRH MEDICINE fails to cure.  
Druggists fee. Testimonials free.  
F. J. Cheney & Co., Toledo, Ohio.

Possibly all men may be born free and equal, but it is impossible to keep some of them in that condition.

### Back Lame and Achy?

There's little peace when your kidneys are weak and while at first there may be nothing more serious than dull backache, sharp, stabbing pains, headaches, dizzy spells and kidney irregularities, you must act quickly to avoid the more serious trouble, dropsy, gravel, heart disease, Bright's disease. Use Doan's Kidney Pills, the remedy that is so warmly recommended everywhere by grateful users.

### A Nebraska Case

"Every Picture Tells a Story"  
W. A. Dehm, prop. blacksmith shop, Central City, Neb., says: "Whenever I suffer from pain across my back or other symptoms of weak kidneys, I take a box of Doan's Kidney Pills and they soon act on my kidneys, strengthening me and relieving all the pain. I first took Doan's some years ago and I am glad to recommend them."

Get Doan's at Any Store, 60c a Box  
**DOAN'S KIDNEY PILLS**  
FOSTER-MILBURN CO., BUFFALO, N. Y.

### SEED CORN

Germination 96% or better. Crop 1916. Guaranteed, tested and graded. Iowa Gold Mine, Iowa Silver Mine, Reid's Yellow Dent. Price, 1 bu. \$7.50; 2 or more bushels, at \$7.30. Sacks free.  
**DE GEORGI BROTHERS, Council Bluffs, Ia.**

### PATENTS

Watson E. Coleman, Washington, D.C. Books free. Right-of-invention. Best results.

### Win the War by Preparing the Land

Sowing the Seed and Producing Bigger Crops  
Work in Joint Effort the Soil of the United States and Canada  
CO-OPERATIVE FARMING IN MAN POWER NECESSARY TO WIN THE BATTLE FOR LIBERTY

The Food Controllers of the United States and Canada are asking for greater food production. Scarcely 100,000,000 bushels of wheat are available to be sent to the allies overseas before the crop harvest. Upon the efforts of the United States and Canada rests the burden of supply.

Every Available Tillable Acre Must Contribute; Every Available Farmer and Farm Hand Must Assist

Western Canada has an enormous acreage to be seeded, but man power is short, and an appeal to the United States allies is for more men for seeding operation.

Canada's Wheat Production Last Year was 225,000,000 Bushels; the Demand From Canada Alone for 1918 is 400,000,000 Bushels

To secure this she must have assistance. She has the land but needs the men. The Government of the United States wants every man who can effectively help, to do farm work this year. It wants the land in the United States developed first of course; but it also wants to help Canada. Whenever we find a man we can spare to Canada's fields after ours are supplied, we want to direct him there.

Apply to our Employment Service, and we will tell you where you can best serve the combined interests.

Western Canada's help will be required not later than May 5th. Wages to competent help, \$50.00 a month and up, board and lodging.

Those who respond to this appeal will get a warm welcome, good wages, good board and find comfortable homes. They will get a rate of one cent a mile from Canadian boundary points to destination and return.

For particulars as to routes and places where employment may be had apply to:  
**U. S. EMPLOYMENT SERVICE, DEPARTMENT OF LABOR**  
OMAHA, NEBRASKA

### Let Them Do the Worrying.

Amos J. Cummings and Ernest Jarrold were once in a pilot-boat during a great storm. The former lay on a bunk, intently reading. The boat gave a fearful lurch, and careened until it seemed that she must turn completely over.  
"This is awful, Amos!" said Jarrold. "I'm going to put on a life preserver, for the boat can't stand it many minutes longer."  
"Oh, keep quiet and let me read, Mickey!" said Cummings, never lifting his eyes. "The men on this boat draw a regular salary to keep her afloat!"—Saturday Evening Post.

### GREEN'S AUGUST FLOWER

Has been used for all ailments that are caused by a disordered stomach and inactive liver, such as sick headache, constipation, sour stomach, nervous indigestion, fermentation of food, palpitation of the heart caused by gases in the stomach. August Flower is a gentle laxative, regulates digestion both in stomach and intestines, cleans and sweetens the stomach and alimentary canal, stimulates the liver to secrete the bile and impurities from the blood. Sold in all civilized countries. Give it a trial.—Adv.

### To Release Grain in Case of Fire.

An excellent suggestion for saving wheat and other grain in country elevators in the event of fire has been made by a South Dakota builder. The idea is simple. Each bin for grain is provided with a trapdoor in the outer wall of the building, so arranged that in case of fire the door could be pulled open and the grain allowed to run out on the ground.—Scientific American.

### Conservation.

"What are you doing there?"  
"Making over an old waist. War work. It is a sin to lose a plan; it is bad taste to waste a waist."—Louisville Courier-Journal.

### Precaution.

"Are you studying German?" "Yes. I don't want any alien enemy to be able to say things I can't understand."

For genuine comfort and lasting pleasure use Red Cross Ball Blue on wash day. All good grocers. Adv.

While a man may be capable of loving two women at the same time, if he is wise he won't attempt it.

To be effective sympathy should always be backed by a little capital.

### IF GLUCOSE IS IN JELLY

Method by Which It is Detected is Simple and of Exceedingly Easy Application.

Glucose in fruit preserves may be discovered by the following method given by the Popular Science Monthly: In the case of jelly a teaspoonful should be dissolved in two tablespoonfuls of alcohol contained in a glass vessel. In the case of jam or marmalade the same process is carried out, but it is necessary to filter off the solid matter by running the mixture through a piece of muslin. Allow the solution to become perfectly cool and then add an equal volume, or a little more, of strong alcohol.

If glucose is present a dense white precipitate slowly settles down. Where no glucose has been employed there is no precipitate, save, in some cases, a very trifling sediment of proteid matter which, however, is so small that it could not possibly be mistaken for the sediment which glucose produces. The last named is not particularly harmful in itself, but it is very frequently used as an adulterant in supposedly pure preserves for extra profit.

### SMALL THINGS CHECK SPEED

Flight of Airplanes May Be Greatly Impeded by Objects Seemingly Hardly Worth Noticing.

How the smallest of objects will check the speed of a dirigible balloon or of an airplane may be judged when it is remembered that the resistance of the air to a body moving through it is proportional to the square of the speed against the surface that it presents in the direction toward which it is moving. When the object, whether this be a gasoline tank, a bomb dropper or any other accessory, is made on stream lines the resistance it causes is three or four times less than when it is not.

One builder added two kilometers an hour to the speed of his plane simply by giving the stream line form to the rubber shock receivers of his landing apparatus.

And if the pilot lets such an object as a retroscope, an altimeter or a revolution-metre project from the car it will reduce his speed by at least six kilometers an hour. A machine gun will have almost the same retarding effect.

### Conservative Student.

"What does your teacher say about your studies?"  
"Well," replied the small boy, "she thinks I have the right idea about geography. When it comes to giving the boundaries of European countries, the best you can do is to guess and that's a waste of time."

### Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the signature of *Dr. J. C. Fletcher* In Use for Over 30 Years. Children Cry for Fletcher's Castoria

### With Many Others.

"I say, old boy, do you happen to have an X about you?"  
"Sir, an X is an unknown quantity with me."

### ALLEN'S FOOT-EASE DOES IT

When your shoes pinch or your corns and bunions ache get Allen's Foot-Ease, the antiseptic powder to be shaken into shoes and sprinkled in the foot-bath. Gives instant relief to Tired, Aching, Swollen, Tender feet. Over 100,000 packages are being used by the troops at the front. Sold every where, etc. Don't accept any substitute.—Adv.

Did it ever occur to you that summer girls and peaches disappear simultaneously?

To keep clean and healthy take Dr. Pierce's Pleasant Pellets. They regulate liver, bowels and stomach.—Adv.

The width of a broad grin is equal to the length of a smile.