

MARCH TO VICTORY

Courage is a matter of the blood. Without good red blood a man has a

weak heart and poor nerves. In the spring is the best time to take stock of one's condition. If the blood is thin and watery, face pale or pimply, generally weak, tired and listless, one should take a spring tonic. One that will do the spring house-cleaning, an old-fashioned herbal remedy that was used by everybody nearly 50 years ago is still safe and same because it contains no alcohol or narcotlc. It is made up of Blood root, Golden Seal root, Oregon Grape root, Queen's root, Stone root, Black Cherry bark—extracted with glycerine and made into liquid or tablets. This blood tonic was first put out by Dr. Pierce in ready-to-use form and since then has been sold by million bottles as Dr. Pierce's Golden Medical Discovery. If druggists do not keep this in tablet form, send 60 ceats for a vial to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y. Kidney disease carries away a large

percentage of our people. What is to be done? The answer is easy. Eat less meat, eat coarse, plain food, with plenty of vegetables, drink plenty of water between meals, and take an urle acid solvent after meals for a while, such as Anuric (double strength), obtainable at almost any drug store. It was first discovered by Dr. Plerce. Most every one troubled with uric acid finds that Anuric dissolves the uric acid as hot water does sugar. You can obtain a trial package by sending ten cents to Doctor Pierce's Invalids' Hotel and Surgical Institute in Buffalo, N. Y.



For Constipation Carter's Little Liver Pills will set you right over night. Purely Vegetable

Small Pill, Small Dose, Small Price

Carter's Iron Pills Will restore color to the faces of

those who lack Iron in the blood, as most pale-faced people do.

Burdened Down.

"Great Scott! Does your wife make you do all the marketing downtown?" No. I'm just trying to carry home "the soap, and the coffee and the tenpenny nails and the garden house and the dried beef that we don't need that I had to buy in order to get the pound of sugar that we absolutely had to

Now Is the Time to Get Rid of These Ugly Spots

There's no longer the slightest need of feeling ashamed of your freekles, as the prescription othine—double strength—is guaranteed to remove these homely spots. Simply get an ounce of othine—double strength—from your druggist, and apply a little of it night and morning and you should soon see that even the worst freekles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion.

complexion.

Be sure to ask for the double strength othine, as this is sold under guarantee of money back if it fails to remove freekles —Adv.

Proof Enough. "Perfect imbecile, is he?" "Why, if he married for money he'd

Once in a while a woman gets so angry at her husband that she refuses to talk back.

Keep Yourself Fit

You can't afford to be laid up with sore, aching kidneys in these days of high prices. Some occupations bring kidney troubles; almost any work makes weak kidneys worse. If you feel tired all the time, and suffer with lame back, sharp pains, dizzy spells, head-aches and disordered kidney setion, use Doan's Kidney Pills. It may save an attack of rheumatism, dropsy, or Bright's disease. Doan's have helped thousands back to health.

A Nebraska Case Delevan Bates, retired merchant, Burkett, Neb., says! "I don't know of any other kidney medicine I can recommend more highly than Doan's Kidney Pills. They have been an old standby with me ever since I came out of the army. The hardships I endured in the army brought on kidney complaint and awful attacks of back-ache. I have used Doan's Kidney Piles for these spells and they have certainly done fine work."

Get Doan's at Any Store, 60c a Bo DOAN'S HIDNEY POSTER-MILBURN CO., BUFFALO, N. Y.

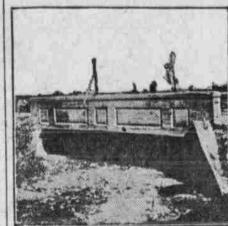
FOR COUGHS AND COLDS —take a prompt and effective remedy—one that acts quickly and contains no opiates, You can get such a remedy by asking for

· ROAD · CHANGE IN THE

GOOD ROADS OF THE FUTURE

Steps Should Be Taken Immediately to Provide New Highways and Keep Them in Condition.

While we have a very considerable mileage of so-called good roads in this country, it is an undoubted fact that the greater portion are not of a character to sustain successfully the heavy motor truck traffic that is now appear ing on them, and which will certainly increase rapidly in the near future. To meet the new conditions steps should be at once taken to formulate



Re-enforced Concrete Culvert.

a systematic plan not only to provide new roads, adapted to the ne. iraffic, but to maintain them in operative condition. Provision should also be made for the re-building of much of the older mileage. What the nature of the construction of these new reads shall be is a matter for the engineers to solve, but there is no question but that there must be better drainage, better material and very much heavier foundations than have ordinarily prevailed in the past, especially as with smooth road surface the speed of these trucks is sure to be greatly increased. England has had her experience in this matter, for, what with heavy traffic added to lack of maintenance, on account of war necessities, there is hardly a main road in the country that is not utterly worn out, although they have been accustomed to build much more heavily than we have in the United States .-Scientific American.

GUIDE FOR ROAD ENGINEERS

Office of Public Roads and Rural Engineering Makes Public Desirable Standards.

(Prepared by the United States Depart-ment of Agriculture.) In order to assist in bringing about a greater uniformity in the highways of the country and to aid the better These, at from twenty to thirty dolroads movement in some states, the lars an acre, and producing the prooffice of public roads and rural engineering of the United States department of agriculture has published standard forms for specifications, standard methods of testing materials, standard forms for reporting test results, and standard methods of sampling materials. The publication of the standards was made desirable by the necessaty for co-operative work by the office and the states in the carrying out of the federal aid conference participated in by representatives of the office of public roads and rural engineering and of a large number of the states. They are published as department bulletin No. 555 of the United States department of agriculture.

MORE GOOD ROADS REQUIRED

Necessary to Handle Commerce on Account of Inadequate Railroad Transportation.

Railroad transportation is inadequate to handle our commerce, and good roads must be constructed rapidly and comprehensively that truck lines running on regular schedule with stations and terminal facilities, may be established to take care of the immense productions of the land. Production beyond local needs becomes an economic loss if the things produced cannot be delivered to the factory or consumer safely and profitably.

INTERESTED IN GOOD ROADS

Mileage of Gravel and Stone Highways Increasing-Automobile of Great Assistance.

There is widespread and increasing interest in good roads in Illinois. The main traveled highways especially are wide, well graded and well dragged. The milenge of gravel and stone roads is increasing, and a good deal of hard road of a still more permanent character is being built. The advent of the automobile has done much to make good roads enthusiasts of farmers, and with their active interest the work of improvement is progressing rapidly.

Increase Land Values,

Every acre of land lying near good roads is easily a valuable, available asset, while mud-bound land is unprofitable except for the unsociable man and the sociable hoot owls and predatory wild animals.

Way to Fatten Steers. Fattening steers on grass and cottonseed cake is nearly always more profitable than grazing them without feed. The use of a small amount of corn in addition to the cottonseed cake has proved profitable.

"Making a Living" Idea Has Developed Into a "Money Making Fact."

A few years ago-and not so many at that-most farmers were satisfied if they saw ahead of them the opportunity to make a fair living, a reasonable competence in their failing years, and an assurance of an existence for their families. They worked hard, and tilled their acres with this end in view. Honest struggle, earnest effort and a true conception of upright manhood, together with the increasing knowledge that upon the fruits of their endeavor rested the structure of the world, whose people had to be fed and maintained. Economy in method, improved conditions of working, have added to the farmer's possibilities, and today instead of being a plodder for an existence, which his early training had bred into him, he has become the bulwark of the nation, and, as such, has become elevated to a position where his word and his work are recognized as the factors it was always intended they should be. He is now the man of business-of big business. He has forced an appreciation of his work, and the true value has been placed upon it. The big men of the country today are the farmers, who, with business acumen and forensic forethought are able to tell you-from their books-what it costs to produce a bushel of wheat or a pound of wool.

All of which is intended to prove that farming is a business, as much as banking or selling a suit of clothes. It is an industrial business, with more certain profits than accompany any other line of trade. It is a manufacturing enterprise, devoid of any of the dangers that the frills of fashion's follies and desires force upon ordinary pursuits. Food is something that all must have and the farmer produces it. The cheaper it can be produced the less will be the cost to the consumer. And this is one of the chief thoughts of the farmer. Within the memory of the ten-year-old boy there have been improvements in machinery, changes in methods, scientific discoveries of chemicals as adapted to agriculture, all of which has lessened cost of production and made possible the cultivation of increased acres. In some parts these things have brought about more intensified agriculture, growing heavier crops on less acres. Improved machinery and demand for greater production have led another class in search of larger areas, where their ability may cope with the growing of a greater number of bushels. That is one of the reasons why Western Canada lands have recently come into such demand. digious crops that are claimed for them, have attracted thousands of American settlers, while other thousands have gone out into the lands in the Western states. But, as to the Canada lands, there is this to say of them, today they are cheap, and if they will yield sufficient in one year to pay the cost of the entire purchase, why should not there be a demand. The country is well settled, and settlement is increasing. As evidence of the growth of the three Western Provinces into whose territories the Canadian Government invites settlers, recent reports show the following increases from 1918

to 1917 inclusive: Value of Field Crops 1913 1917 Manitoba ...\$ 64,557,000 \$137,470,550

349,488,200

Alberta 46,712,000 176,965,800 Total\$240,645,000 \$663,924,550 The total value of field crops for

Baskatchewan 129,376,000

1917 was \$663,924,550, produced on less than 59,000,000 acres of land. Further evidence of prosperity and progress is found in the Government

estimate of the value of farm lands,

and increase in value since 1908: 1908 Manitoba 27.80 32.03 23.07 Saskatchewan20.40

Alberta 18.20 22.18 It will be observed that the average price of land has not kept pace with their producing value. It is therefore pointed out that the opportunities for

the purchase of high-class land is still within the reach of those with limited means.

A good idea of advancement in a country's progress may be obtained by a knowledge of what has been done in the production of cattle, and when these figures are studied in connection with Western Canada, a country whose tame having been heralded as a graingrowing country, giving the idea that that was what it was mostly adapted to, it will be realized that there is there a vast storehouse of wealth awaiting those who choose to take advantage of it. In the three provinces in 1912 there were-horses, milch cows, other cattle, sheep and swine, four miltion head, while in 1917 the number

was seven million. In 1901 the entire population was 419,512; in 1916 1,698,220.

One marvels at the rapid progress of the United States during the nineteenth century. But America's opportunities for growth at the beginning of that century were nothing compared to the opportunities which are Can-

ada's at the present time. The fact that Canada has as its next door neighbor a nation of over 100,000,-000-the richest nation in the worldis bound to have a stimulating effect in its progress. Already one sees igns of it on every hand.

Canada not only has the largest area of unoccupied, but fertile, land of any country, but this land is already made available by a network of railways. Cost of production of grain is lower than elsewhere, while the prices are on a basis of those of the United States.-Advertisement.

In the Soup. A rookie was home on a furlough, "What do you have to eat?" inquired his solicitous mother. "Oh, a little of everything," he

plied nonchalantly. "But I want to know what 'a little of everything is," persisted his

"Well," answered the son, a mischievous smile lighting up his countenance. "There's soup, for instance."

KIDNEY SUFFERERS HAVE FEELING OF SECURITY

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If you are already convinced that Swamp-Root is what you need, you will find it on sale at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to try thi great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

Human Legs Still In Evidence. So many legs are in evidence as one moves thoughtfully about these fine days that the owners seem to be flaunting them in the face of that eminent scientist who persistently predicts that we shall soon become a legless race, to show their contempt for his views.-Ohio State Journal.

Somehow a man never discovers what a fool he is until long after his

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