



# CHIROPRACTIC

AS TAUGHT BY THE PALMER SCHOOL OF CHIROPRACTIC  
(Chiropractic Fountain Head)  
BY LYLE DILLON SMITH, D. C.



## HISTORICAL

In 1895 D. D. Palmer discovered the basic principle of Chiropractic. Its crude practice followed until 1903, at which time his son, B. J. Palmer D. C. Ph. C., began to formulate the discovery into a Science Art and Philosophy and has since developed it into a well defined non-therapeutic health system which accounts for, locates and adjusts the cause of "disease." Ten thousand Chiropractors are now scattered over the world and more than a million persons take Chiropractic Adjustments weekly. The Palmer School of Chiropractic (Chiropractic Fountain Head) Davenport, Iowa, has a daily Clinic of hundreds of patients and a fast growing student enrollment of 700 persons in actual attendance in class.

## Chiropractic Knowledge

Chiropractic is the knowledge not theory or belief of philosophy of cause of disease; the science of knowing how and the art of ability to adjust it. The human brain is where life currents are concentrated. The spinal cord and nerves are the purveyor of this mental force. If brain absorbs, spinal cord conveys, nerves transmit, and tissue organs and viscera receive this life current, HEALTH is the product. Obstruct the transmission of current and disease is the product. Body plus life equals Health. Body minus life equals death. Disease is the abnormal fluctuation between these two quantities caused by varying degree of pressure upon nerves, interfering with transmission. Dr. Smith, Chiropractor, knows why, where and how to remove the pressure and permit currents to continue transmission for the purpose of reconstructing disease to health. HEALTH is the restoration of currents; not the stimulation or diminution of how little does exist, if sick no matter where or what your ailment, (mild or severe) investigate. I can prove that chiropractic is right and Consultation and Spinal Analysis available to your case. Free.

## LEST WE FORGET



DR. L. D. SMITH

Far be it from me to consider Chiropractic a "Cure all," but realizing the sacredness of human life and the responsibility resting upon me, feel it is Proper and Right that the Facts and Results of Chiropractic Spinal Adjustments be brought to public notice in order that knowledge of our druggless method may be spread among the people and its benefits be more widely enjoyed by those seeking Restoration to Health, that I have run this announcement.

## WHY WAIT?

Why wait? The usual plan is to try my Chiropractic Adjustments after everything else has failed. Would it not save a lot of unnecessary expense and suffering if you try my Chiropractic Adjustments first? As Chiropractic is

### THE LOGICAL GATEWAY TO HEALTH

put off no longer the opportunity which thousands of others have found and tested by their experience, their return to health, is your Hope.

## Your Spine an Index

By referring to the illustration you will see near the lower end a magnified illustration of a normal and an impinged nerve.

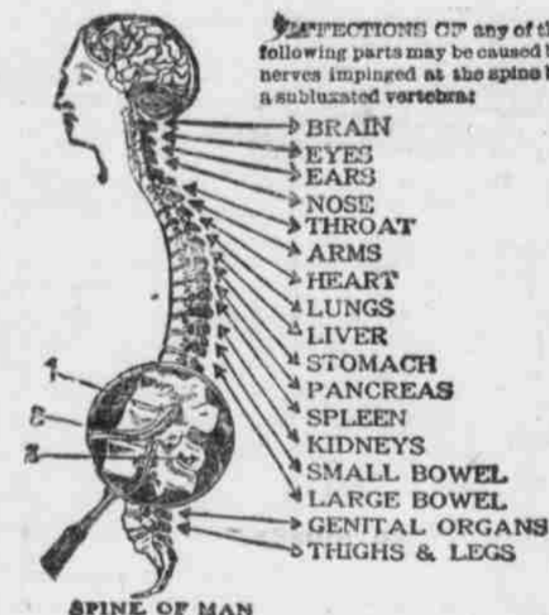


Figure 1 shows a nerve in perfect health, performing its functions as nature intended. Fig. 2 shows a nerve impinged and the flow of vital energy obstructed. Fig. 3 shows vertebrae out of alignment (subluxated,) being nearer the vertebrae below than the one above.

# DR. L. D. SMITH

5, 6 and 7 Building and Loan Building

Phone 70. Hours 9 a. m. to 5 p. m.

North Platte, Nebraska

## Get rid of snow glare

Reflection from snow, and other bright light, which are hard on the eyes can be done away with by wearing tinted lenses.

These need not be conspicuous, for in the lighter shades they appear to be ordinary optical glass. Vision is not dimmed, but made sharper, for only the non-illuminating rays are filtered out.

Come into Clinton's and let us demonstrate modern tinted lenses.

## C. S. Clinton

Jeweler and Optician

At the Sign with the Big Ring.

### LOCAL AND PERSONAL

W. V. Hoagland transacted legal business in Chappell Saturday.

For Sale—16-stall barn with hay loft. Inquire of Robert Salcetti. 102-9\*

Night Policeman Foster left Sunday night for Denver to visit for a few days.

Miss Hazel Barber returned to Lincoln Sunday after a brief visit at home.

Dr. Morrill, Dentist.

Merle Wilcox, of Cozad, spent the latter part of last week in town visiting relatives.

Fred Bogue, a student at the state university spent Saturday and Sunday with the home folks.

Will Maloney went to Omaha yesterday to attend a meeting of the state board of health.

Come in and see the new stock of pianos at the Walker Music Co.

Mrs. Thos. Mitchell returned to Lexington yesterday after a visit with Mrs. M. Y. Mitchell.

Mr. and Mrs. Ralph Smith and children went to Omaha Sunday to visit relatives for a few days.

Thos. Lucas and son, of Oregon, have been the guests of Dr. Voorhes Lucas for several days past.

For Sale—Two lots and two houses, one ten room and one five room, all modern except heat. Will trade for land. Inquire of J. Hahler. 100ft

The three sons of Mrs. M. V. Mitchell went to Sidney Saturday to enter the Catholic parochial school.

Miss M. Sieman, steam baths and Swedish Massage, ladies and gentlemen. Phone 897. Brodbeck bldg. 85ft

Mrs. M. V. Mitchell went to Omaha yesterday where she will take treatment for heart trouble at St. Joseph hospital.

Let us do your developing free. We are experts. The Rexall Drug Store.

The county commissioners adjourned Thursday and re-convened yesterday to finish up the business of the year 1917.

Mrs. O. M. Smith and daughter, Mrs. Carson, who had been in town for a week returned to their home in Grand Island Sunday.

from Denver where he spent several days attending the live stock show and investigating the coal and hay conditions.

Mrs. J. S. Simms and children left the latter part of last week for Hastings to visit relatives for two or three weeks.

For Sale—Price & Teeple piano, good as new. Inquire of or address C. A. Feather, Brady, Neb. 2-4\*

Julius Connell, manager of the Barklow Bros., news stand at the depot, left Saturday night for Canada where he will enlist in the Canadian army.

Business in Chicago was tied up Sunday and yesterday by seven inches of snow. All Pacific coast trains due out of Chicago Sunday evening were annulled.

Mrs. Radcliff, of Ogalala, while cranking her car in this city Saturday suffered a fracture of the right arm at the wrist. Mrs. Radcliff was enroute from Ogalala to Maywood. The fracture was reduced by Dr. Lucas and Mrs. Radcliff returned to her home by train.

Just a few days of piano bargains at the Walker Music Co.

This section of Nebraska was threatened with a real blizzard for a time Friday night, but fortunately, soon after the snow began falling the wind to some extent subsided. During the night nearly two inches of snow fell, and the following morning the temperature registered four below zero.

Have your films developed free at the Rexall Drug Store.

The meat situation in North Platte was relieved Saturday—If it needed to be relieved—by three young men living on Jack Morrow flats bringing in fifty-one jack rabbits which they had killed that morning. This had been a wonderful season for the jacks—more plentiful it is said than for a number of years.

Down at Lexington last week over \$1,300 was obtained from an auction sale held for the benefit of the Red Cross chapter. The articles for the auction were donated largely by farmers and ranged from a bushel of potatoes to a milk cow. Quite a number of hogs were contributed. Sales of this nature are being held at many points in the state, and at every place the farmers are donating liberally.

Brakeman Charley Bacon returned Saturday from Hot Springs, Ark., where he accompanied his mother several weeks ago and remained there with her. He brought back with him an immense tarantula and a centipede both of which he caught on the streets of Hot Springs, two exceedingly poisonous reptiles. They have been on exhibition at Langraf's Barber Shop.

E. H. Kendall, editor of the Hebron Champion, and formerly local editor of the Telegraph, will remain here indefinitely recuperating from a run-down physical condition and a threatened attack of pneumonia. He finds that climatic conditions at Hebron for him are not so good as here in North Platte. He is among the drafted men from Thayer county, but he does not believe that in his present condition he will be able to pass the physical examination.

Every now and then a secret agent of the government drops into North Platte, carries a day or two and disclosing his identity to only those who may be of service to him, departs as silently as he came. The visit of these men tend to show how closely the government is keeping tab on conditions in every part of the country, and the fellows who may think they are "getting by" with something that is not to the best interest of the government may some day feel a real jar. The man who trifles with Uncle Sam is occupying dangerous ground.

### A Patriotic Old Soldier.

A veteran of the civil war called at The Tribune office a few days ago and expressed a regret that his finances and his old age barred him from doing as much as he would like to do for his country. We suggested that as he had given three years of his life to the civil war that perhaps he had already performed his "bit" for his country. But he thought not; the duty one owes to country he said never ceases, is never filled; that duty is as constant, as recurring, as the dawning of each day.

"I can never repay," said he, "the privileges I have enjoyed for over seventy years under the protection of Old Glory." If every person had within him or her the patriotic fire of that old soldier, the Red Cross, the Sammy Girls, the Y. M. C. A. and kindred societies would not need canvass for funds, and Liberty Bonds would be bought without solicitation.

### A Parable.

The soldier threaded his way back to the Colonel's dugout. He had been in half a dozen skirmishes with the enemy in as many weeks. He was still intact, but scratched and wearied from crawling through barbed wire and in and out of shell craters.

He entered the dugout and saluted with click of heels and hand to cap. "Colonel," he said, "I think I will have to quit. The battles are getting to be so many. It's rather too much of a good thing. I have given about all I can of time and strength and blood to this war. I am going home."

No; the incident didn't happen. But why shouldn't it? There are lots of civilians here at home turning down such appeals as the Red Cross and the Liberty Loans because "the calls are so many."—Smilee News.

### Buy 1,000 Tons of Coal

While in Denver last week E. C. Coates, of the Coates Lumber Co., succeeded in securing one thousand tons of the different varieties of Colorado coal. This coal is now beginning to arrive, and these thousand tons together with orders which are to be filled later, practically insures this company a sufficient quantity to fill all local orders throughout the remainder of the winter.

### Rev. Curry to be Installed.

Rev. J. H. Curry will be formally installed as pastor of the Presbyterian church tomorrow evening. This service will be directed by Rev. Spencer of Kearney, Rev. Memmott of Lexington and Rev. Soundy, each to sing part.

It is asked that there be a large attendance of members at this service.

### Act Now.

On account of ill health, will sell my farm of 430 acres, only 2 1/2 miles west of Sutherland on Lincoln Highway. Ideal location, stock and diversified farming; 53 acres under ditch, 100 acres under cultivation, remainder in pasture. For terms see me on the farm. W. A. C. YULE, Sutherland, Neb.

County Judge Woodhurst entered upon his duties Friday, and his first official act was to ask the county commissioners to lay new linoleum on the floor of the office, which request was granted. The old linoleum was patched and ragged with a fine field as a home for the germ and microbes, which we are told are constantly around and about us.

The number of deeds filed in the county clerk's office weekly is evidence that considerable Lincoln county real estate is changing hands. Generally speaking, farm land is being sold at a lower price than similar land is selling in counties both east and west of Lincoln county. A good crop this year will tend to stiffen land values in this county.

## WOMEN ON FARMS Can Save Money

So many farmers wives and daughters are accumulating money in Saving Accounts at The McDonald State Bank that we invite others to consider this safe method.

Egg money, cream checks and smaller amounts are deposited here to increase at compound interest.

Many ladies use our Personal Check Books too.

You are invited to come in and see how easy it is to have an account here.

## McDonald State Bank

## AUTO LIVERY

Since I have sold the garage am doing auto livery from the North Side Barn. Day or Night. Telephone 29. We make a specialty of drives to sales all over the county at the rate of five cents per mile per person. Those who have sales throughout the county please let me know. Also a few cars for sale. Night Call Red 652.

## Julius Mogensen.