

"Blue" and Worried?

"Blue," worried, half-sick people should find out the cause of their troubles. Often it is merely faulty kidney action, which allows the blood to get loaded up with poisons that irritate the nerves. Backache, headaches, dizziness and annoying bladder troubles are added proofs that the kidneys need help. Use Doan's Kidney Pills. Thousands thank them for relief from just such troubles.

A Nebraska Case

Mrs. Harriet Stump, McLane and Seventeenth Sts., Falls City, Neb., says: "I suffered terribly with kidney trouble for years. There was lameness in my back and sides and the trouble developed into rheumatic pains. I kept getting worse. I tried Doan's Kidney Pills and after using three boxes I was entirely cured. My limbs which had been swollen were again their normal size and all the soreness had disappeared from my joints. The trouble has never returned."



Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

W. N. U., OMAHA, NO. 45-1917.

Raise High Priced Wheat on Fertile Canadian Soil

Canada extends to you a hearty invitation to settle on her FREE Homestead lands of 160 acres each or secure some of the low priced lands in Manitoba, Saskatchewan and Alberta. This year wheat is higher but Canadian land just as cheap, so the opportunity is more attractive than ever. Canada wants you to help feed the world by tilling some of her fertile soil—land similar to that which during many years has averaged 20 to 45 bushels of wheat to the acre. Think of the money you can make with wheat around \$2 a bushel and land so easy to get. Wonderful yields also of Oats, Barley and Flax. Mixed farming in Western Canada is as profitable an industry as grain growing.

The Government this year is asking farmers to put increased acreage into grain. There is a great demand for farm labor to replace the many young men who have volunteered for service. The climate is beautiful and agreeable, railway facilities excellent, good schools and churches convenient. Write for literature as to reduced railway rates to Supt. of Immigration, Ottawa, Can., or to

W. V. BENNETT
Room 4, Bee Bldg., Omaha, Neb.
Canadian Government Agent

We Want Your CREAM

Largest cash buyers in the middle west. Ship direct to us. Quick return of empty cans guaranteed. We pay daily. Our motto is "a square deal." Write for price list and shipping tags. Give us a trial.

OMAHA COLD STORAGE CO.
OMAHA, NEB.

Murder Will Out.
A French woman with a sense of humor once told this story. She was walking up a flight of stairs in one of those Paris apartment houses with a mirror at the head of each landing. As she glanced up, panting, she thought she saw a woman descending. She said to herself: "Well, if I were that fat old woman I should know better than to dress in that ridiculous way." When she reached the head of the stairs she confronted herself.

Through and Through.
The two men in blue were exchanging confidences on the veranda of a big military hospital in France. "Did you go to the big society party they gave for us crooked fellows yesterday?" "Yes," said the other and shuddered. "What did you think of it?" "Believe me, old bloke, I'd rather have another ball go through me than go through another ball."

Small Pill Small Dose Small Price

CARTER'S LITTLE LIVER PILLS

FOR CONSTIPATION

have stood the test of time. Purely vegetable. Wonderfully quick to banish biliousness, headache, indigestion and to clear up a bad complexion.

Genuine bears signature
Brentwood

PALE FACES

Generally indicate a lack of Iron in the Blood

Carter's Iron Pills

Will help this condition

Nebraska Directory

HEMSTITCHING

PLEATING, BUTTONS
Done promptly. Free price list.

DYERS

BEST BUYERS-SELLERS OF CATTLE
HOOPS-SHEEP STOCK YARDS-OMAHA

DROS & CO.

FURS TAKE-A-TIP

Housekeepers Can Save \$200,000,000 on Food

In these days when the high cost of living pinches nearly every home, no waste should be overlooked. One of the most flagrant and the most easily prevented, is the destruction of food by rats. One rat will often do a hundred dollars' damage of food and property in a single night, and a careful estimate gives over \$200,000,000 as the value of foodstuffs destroyed annually by these pests. Exterminate them with Stearns' Paste and save this enormous loss of food. A small box of Stearns' Paste costs only 25 cents and is usually enough to completely rid the house of rats and mice; also effective against cockroaches and waterbugs. Adv.

Remunerative Bite.
The old soldier was showing how fields are won. "The worst time I ever had," he said "was when we were besieged. We only had one bite a day for a fortnight, and that was horse flesh." The young soldier sitting at the other side of the taproom chipped in: "I remember living for a month on one bite, and that was out of my own leg." The old soldier flushed. "I don't believe it!" he said, angrily. "Believe it or not, it's true!" said the young man. "A dog took a mouthful out of my leg and the compensation kept me like a lord for four weeks."

Gray Matter Counts.
"The author of this story is a clever chap." "That so?" "Yes, it takes brains to sell such rot."—Judge.

Honest men are almost as scarce as silent women.

Save Your Cash and Your Health

HILL'S CASCARA QUININE

The standard cold cure for 20 years—in tablet form—safe, sure, no opiates—cures cold in 24 hours—grip in 3 days. Money back if it fails. Get the genuine box with Red top and Mr. Hill's picture on it. Costs less, gives more, saves money. 24 Tablets for 25c.

At Any Drug Store

POULTRY

SUITABLE HOUSE FOR DUCKS

Fowls Forced to Sit on Damp Ground Are Liable to Take Cramps and Other Diseases.

Ducks, both old and young, should have a dry, comfortable place to stay in at night. If forced to sit on the damp ground they are liable to take cramps and cold in the head. The latter is almost certain to turn to roup.

Provide suitable houses if you wish to be successful. The houses need not be very expensive, but they should be substantial, so that they may be used for the same purpose several years in succession. There is usually some shed or building that can be converted into a duckhouse at small expense. Where only a small flock is kept this plan is advisable.

If the roof is good the rest is easy. If the weatherboarding is not sufficiently close to keep out drafts in cold weather, cover the outside with tarred paper or strip with lath. A board floor is better than an earth floor because the ducks will often stir up the ground in a very disagreeable manner where there is the least sign of moisture.

In cold weather ducks should be kept in the house because their feet are so tender that when they come in contact with the cold ground they suffer greatly and hobble along as though their backs were broken. However, they should not be kept housed more than is really necessary.

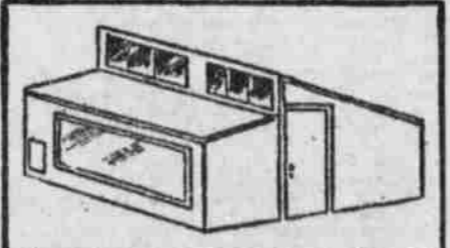
OPEN FRONT POULTRY HOUSE

Burlap Curtain Is Placed Over Opening to Keep Out Wind and Snow During Stormy Weather.

As I believe the housing of poultry fully as important as their daily feed, I am sending the picture of the poultry house my husband built for me, writes Mrs. J. M. Freeman of Sawyer, Mich., in Farm Progress.

This house was designed some years ago by Dr. P. T. Woods, a prominent poultryman. Since building this house, two years ago, I have not had a sick chicken on the place. The front is boarded up 18 inches from the ground and down nine inches from the top. The opening is covered with heavy quarter-inch mesh wire, over which we put a burlap curtain in stormy weather to keep out wind and snow. At other times it is always open.

A house of this style, which measures 12 by 16 feet, will house from 30 to 35 hens comfortably, with good



Superior House for Poultry.

results. At present during very blustery weather 70 per cent of my hens are laying. Their grain food consists of corn, wheat and buckwheat. When confined they are supplied with green stuff, such as cabbage, beets, etc. I always keep plenty of scratching material on the floor, in which they are fed three times a day, thus keeping them constantly at work. They also have fresh water three times a day. I will be glad to furnish exact measurements of this house to anyone wishing them.

WINTER HOUSE FOR TURKEYS

Shed With Curtain Front for Use in Severe Weather Is Sufficient—Avoid Warm Building.

Although turkeys do not need a good house for winter, they should have a shed of some kind. Simply a shed with a curtain front, to be let down in severe weather, and a roost well up toward the top is all that is needed. In such a place they would be comfortable in most any weather and will have conditions nearly like outdoors. Tightly built, warm houses are not necessary or advisable.

PREMIUM FOR SELECT EGGS

Those of Best Quality, Newly Laid, Are Worth More Than Market Price to Customer.

If average quality fresh eggs are selling on the market for 35 cents per dozen, selected, best quality new laid eggs, should be worth twice as much to those who appreciate what is best in foods. At no time should high grade new-laid eggs bring less than 50 cents a dozen at the point of production.

GRAIN MIXTURE FOR LAYERS

Cracked Corn and Oats, Fed in Mash With Cornmeal and Beef Scraps is Excellent.

It has been proven that a mixture of cracked corn and oats, fed along with a dry mash of cornmeal and beef scraps, has given even better results in the laying pens than has a mixture containing wheat.

Fasten Helmets at Back.

Soup-plate helmets worn by British troops in France are to be adopted by the United States troops in preference to the French pattern of protective headgear. The wearing of these tin hats, by the way, though it has proved of great value against certain species of attacks, shrapnel, for instance, is not entirely without its dangers, writes a war correspondent. When they were first introduced the men naturally put the strap under the chin, but so many were killed by having their necks broken by bits of shell hitting the helmet in front that the order was made to fasten it at the back of the head.

Electric Furnaces.

The electric furnaces of Sheffield, England, alone can now produce 90,000 tons of steel per year, and it is anticipated that in 1918 the output from these furnaces alone will be 150,000 tons.

Clyton Bickley of Sandusky, O., in four years has saved 13 lives in accidents.

Suffered Several Years. PERUNA MADE ME WELL

Its My Standby for a Cold.

Mrs. Elizabeth Reuther, 1002 11th St., N. W., Washington, D. C., writes: "I endorse Peruna as a splendid medicine for catarrh and stomach trouble, from which I suffered several years. I took it for several months, found my health was restored and have felt splendidly ever since. I now take it when I contract a cold, and it soon rids the system of any catarrhal tendencies."



Those who object to liquid medicines can procure Peruna Tablets.



Fall Run of Distemper

MAY BE WHOLLY AVOIDED BY USING "SPOHNS" A small outlay of money brings very great results. It is a sure cure and a preventive if you use it as per directions. Simple, safe and sure. The \$1 size is twice the quantity and an ounce more than the 50c size. Get your horses in best condition for late fall and winter. All druggists, harness dealers or manufacturers.

Middle Aged Women

Are Here Told the Best Remedy for Their Troubles.

Freemont, O.—"I was passing through the critical period of life, being forty-six years of age and had all the symptoms incident to that change—heat flashes, nervousness, and was in a general run down condition, so it was hard for me to do my work. Lydia E. Pinkham's Vegetable Compound was recommended to me as the best remedy for my troubles, which it surely proved to be. I feel better and stronger in every way since taking it, and the annoying symptoms have disappeared."—Mrs. M. GODDEN, 925 Napoleon St., Fremont, Ohio.



North Haven, Conn.—"Lydia E. Pinkham's Vegetable Compound restored my health after everything else had failed when passing through change of life. There is nothing like it to overcome the trying symptoms."—Mrs. FLORENCE ISHELL, Box 197, North Haven, Conn.

In Such Cases

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

has the greatest record for the greatest good.

LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.

At the Post Office.
"What did she do when you told her it would cost 3 cents to send a letter hereafter instead of 2?" "Umph—she got so angry she stamped her foot."

RELIABLE REMEDY RESTORES KIDNEYS

For many years druggists have watched with much interest the remarkable record maintained by Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder remedy.

It is a physician's prescription. Swamp-Root is a strengthening medicine. Dr. Kilmer used it for years in his private practice. It helps the kidneys, liver and bladder do the work nature intended they should do. Swamp-Root has stood the test of years. It is sold by all druggists on its merit and it will help you. No other remedy can successfully take its place.

Be sure to get Swamp-Root and start treatment at once. However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

Brazil in June exported 4,304,979 pounds of crude rubber.

Madras in 1916 exported \$440,905 worth of sandalwood.

Reads Like Fiction.
One of the most unusual salvages yet recorded in these days of submarine warfare, says Popular Science Monthly, is that of the Norwegian steamship Kongsli, whose cargo of grain swelled to such an extent on the influx of water through the ragged hole torn in her side by a torpedo, that the hole was clogged up and the water prevented from flowing in and sinking her.

A party of fishermen, clambering aboard to discover the trouble, were amazed to find that the ragged hole on one side and hull plates torn loose on the other by the force of the explosion had been effectively plugged by the swollen grain. The fishermen were afraid to attempt to tow her because the rush of the water along her sides might have washed away the effective grain seal. Accordingly, they improvised bales made of cotton filled with grain and forced these into the holes. This made the stoppage secure enough to enable the vessel to be towed to a nearby port.

Lacks Appreciation.
Somehow or other a man never appreciates what he has acquired with little effort or cost.

The fickleness of some women is what makes them interesting. Don't attempt to swindle a mule; he is apt to get back at you.

The Point of View.
The kind-hearted woman stopped to reprove the youngster who had chased a cat up a tree. "You bad boy, suppose you were a cat, would you like to have anyone chase you in that fashion?" "Geel! wouldn't I, though, if I could climb like that!" said the youngster, grinning.

GREEN'S AUGUST FLOWER

has been a household panacea all over the civilized world for more than half a century for constipation, intestinal troubles, torpid liver and the generally depressed feeling that accompanies such disorders. It is a most valuable remedy for indigestion or nervous dyspepsia and liver trouble, bringing on headache, coming up of food, palpitation of heart and many other symptoms. A few doses of August Flower will immediately relieve you. It is a gentle laxative. Ask your druggist. Sold in all civilized countries.—Adv.

Wireless to Africa.
By the erection of a chain of stations for a distance of 1,800 miles up the Congo river it will be possible to send wireless messages all the way across Africa.

Contrary Adjustment.
"I want a square deal in this fight." "All right; try another round."—Baltimore American.

Royal Baking Powder

saves eggs in baking

In many recipes only half as many eggs are required, in some none at all, if an additional quantity of Royal Baking Powder is used, about a teaspoon, in place of each egg omitted.

Try the following recipes which also conserve white flour as urged by the government.

Corn Meal Griddle Cakes

2 1/2 cups corn meal
1 1/2 cups boiling water
1 cup milk
1 tablespoon shortening
1 tablespoon molasses
1/2 cup flour
1 teaspoon salt
8 teaspoons Royal Baking Powder

NO EGGS

Soak corn meal in bowl with boiling water; add milk, melted shortening and molasses; add flour, salt and baking powder which have been sifted together; mix well. Bake on hot greased griddle until brown.

(The Old Method called for 2 eggs)

Eggless, Milkless, Butterless Cake

1 cup brown sugar
1/2 cup water
1 cup seeded raisins
3 ounces citron, cut fine
1/2 cup shortening
8 teaspoons Royal Baking Powder

1/2 teaspoon salt
1 teaspoon nutmeg
1 teaspoon cinnamon
1 cup flour
1 cup rye flour
8 teaspoons Royal Baking Powder

Boil sugar, water, fruit, shortening, salt and spices together in saucepan 5 minutes. When cool, add flour and baking powder which have been sifted together. Mix well; bake in loaf pan in moderate oven about 45 minutes.

(The Old Method [Fr.] Cake called for 2 eggs)

Send for our new booklet "55 Ways to Save Eggs." Mailed free on request. Address Royal Baking Powder Co., Dept. W., 135 William Street, New York