

Catarrh of Stomach

Mrs. Mary Fennell, R. F. D., Pomon, Missouri, writes: "I wish to say a few words in the praise of Peruna. I have used it with good results for cramps in the stomach. Also found it the very thing for catarrh of the head. My sister was cured of catarrh of stomach by the use of Peruna."
Mrs. E. T. Chomer, 69 East 42nd St., Chicago, Ill., says: "Manalin best laxative on the market for liver and bowels, very good for indigestion and heart burn."
Those who object to liquid medicines can secure Peruna Tablets.

Made Well
By Peruna.
My Sister
Also Cured



By
PE-RU-NA

Canada's Liberal Offer of Wheat Land to Settlers

is open to you—to every farmer or farmer's son who is anxious to establish for himself a happy home and prosperity. Canada's hearty invitation this year is more attractive than ever. Wheat is much higher but her fertile farm land just as cheap, and in the provinces of Manitoba, Saskatchewan and Alberta

160 Acre Farms in Western Canada FREE

160 Acre Homesteads Are Actually Free to Settlers and Other Land Sold at from \$15 to \$20 per Acre. The great demand for Canadian Wheat will keep up the price. Where a farmer can get near \$2 for wheat and raise 20 to 45 bushels to the acre he is bound to make money—that's what you can expect in Western Canada. Wonderful yields also of Oats, Barley and Flax. Mixed Farming in Western Canada is fully as profitable an industry as grain raising.

The excellent grasses, full of nutrition, are the only food required either for beef or dairy purposes. Good schools, churches, markets, convenient climate, excellent. There is an unusual demand for farm labor to replace the many young men who have volunteered for the war. Write for literature and particulars as to reduced railway rates to Dept. of Immigration, Ottawa, Can., or to

W. V. BENNETT
Room 4, Bee Bldg., Omaha, Neb.
Canadian Government Agent

DAIRY

GOOD BUTTER-MAKING RULES

Best Churning Temperature is 58 Degrees on Ordinary Thermometer—Care for Cream.

(Clemson College Bulletin.)
Cream is made up of little fat globules floating in milk. In making butter the fat globules are brought together into a mass and the milk is removed as buttermilk. These fat globules will stick better when they are just the right temperature than they will if either too warm or too cold. A good temperature for churning is 58 degrees on an ordinary thermometer. When the cream is the right sourness it churns better than when sweet or too sour. The cream should be kept at 50 degrees or lower till the day before churning. Then warm it up to 70 degrees, or room heat, which will bring about the souring by the next day.

When the barrel churn is used, allow gas to escape every few minutes at first. When the butter begins to come keep a close watch and stop churning when the butter granules are the size of wheat kernels. Draw off the buttermilk and wash in the churn repeatedly with cold water till the buttermilk is all removed. Then remove the butter from churn and work it with a paddle. Add an ounce of salt per pound of butter.

MANNER OF HANDLING SILAGE

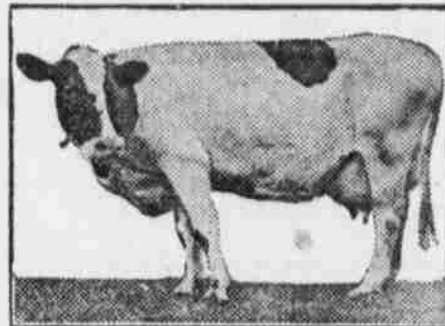
When Time for Feeding Top Layer, Which Has Molded, Should Be Removed—Heap Top Layer.

(Clemson College Bulletin.)
When the time comes for feeding silage the top layer, which will be found to be molded, should be removed. The molded part usually extends for several inches below the surface. At least two inches of silage should be fed each day in order to prevent the formation of the mold. The top of the silage should be kept level so as to expose the smallest surface possible to the air. Only enough silage for one feeding should be put out, as it soon dries out if not fed at once.

ROUGHAGE OF HIGH QUALITY

Average New York Cow Credited With \$66.09 Yearly Income—Scrub Cows Responsible.

Success in dairying is based on the production of high quality roughage. The truth of this basic principle of dairy farm management finds support in estimates recently made by the New York State college of the average dairy cow's product in that state. The average New York cow is credited with only \$66.09 total income yearly. The cost of maintaining her is estimated at \$61.85, not including the cost of labor. The difference amounting to only \$4.25 a cow, would give to the man who



Splendid Type for Milk.

cared for 20 cows a yearly wage of \$85 which is less than the lowest wage paid to ordinary farm labor. Scrub cows are largely responsible. It is said, for this poor showing in New York and the college advises that they be weeded out if dairy herds are to be profitable to the farmer. These herds may be improved greatly by better breeding methods and by eliminating the culs. Behind the cows lies the farm on which they are kept. If the farm is not properly managed, the cows are laboring under a severe handicap.

FIRST FEED FOR YOUNG CALF

Skim Milk is Given Soon as Practicable and Continued Until Animal is Six Months Old.

At first the calf is fed whole milk, the quantity being gradually increased. Skim milk is substituted as soon as practicable and, if cheap, continued until the calf is six months old. Ordinarily the maximum quantity of skim milk that can be fed economically is 20 pounds a day. When the calf is two weeks old, grain and bright, clean hay should be offered; the quantity fed should be increased as the calf's appetite demands.

COMMON CAUSES OF SCOURS

Overfeeding, Milk That is Cold or Sour, Dirty Pails, Troughs or Stalls Are Blamed.

Indigestion is the cause of common scours. This generally occurs when the calf is from two weeks to a month old. Prevention is the best remedy. The common causes of indigestion are overfeeding, feeding milk that is cold or sour, feeding sweet milk one meal and sour the next, dirty pails, troughs or stalls.

MUST NOT BOTHER EDISON

Visitors Not Permitted to Intrude on Great Inventor When He is Busy at His Experiments.

Thomas A. Edison's favorite pursuit is chemistry. Even as a boy telegraphist getting his first start towards a career, his inclination was manifest in his experiments with batteries and electric devices, and it still remains his greatest pleasure, observes an exchange.

His new laboratory is splendidly equipped. Every known substance ranging through all the kingdoms of matter from lanthanum to shark's teeth and including over 200,000 specimens, is kept on hand for immediate availability. It is a collection of over 30 years' standing, encouraged from time to time by prizes for new additions offered by the inventor to his men.

His own laboratory table is never, in any circumstances, allowed to be touched. A notice posted on the doorway reads to the effect that Mr. Edison is not to be disturbed in the course of his experiments except for matter of the utmost importance. So fond is he of his beloved pastime that he declares his idea of heaven is to be able to continue it, and his injunctions to his staff are: "When I die I want my table forwarded to me by wireless."

CLEAR AWAY PIMPLES

Does Cuticura Ointment—Assisted by Cuticura Soap—Trial Free.

On rising and retiring smear the affected surfaces gently with Cuticura Ointment. Wash off in five minutes with Cuticura Soap and hot water. When the skin is clear keep it so by using Cuticura for every-day toilet and astringent purposes.
Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

Hello Profanity.

The rule is strict against using profane language when talking over the telephone. A telephone experiment has proved a failure in Lynn, Mass. The manager noticed that "wrong number" calls were frequent, and he ordered the "hello" girls to call each digit separately and to insert the word "dash" after each one. The method was slow, but the climax was reached when a Lynn man was in a hurry to get a Boston newspaper office. He called for "Bench 3000" and heard a sweet voice at "central" say: "Bench three, dash, oh, dash, oh, dash, oh, dash."

That nettled the Lynn man and he called out: "Well, what are you cussing about?" The order was abolished, and no more dashes are being said by the telephone girls at Lynn.—Buffalo Commercial.

GREAT PRAISE FOR GOOD MEDICINE

Eight years ago we commenced selling Dr. Kilmer's Swamp-Root, and during this time it has found many friends among our customers who speak in the highest terms regarding the benefits obtained from the use of Swamp-Root. We have never heard a single criticism.

Very truly yours,
MEIGS DRUG STORE
June 15, 1910. Centerville, Ala.

Letter to Dr. Kilmer & Co., Binghamton, N. Y.

Prove What Swamp-Root Will Do For You. Send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys and bladder. When writing, be sure and mention this paper. Large and medium size bottles for sale at all drug stores.—Adv.

Uses Cat for Penwiper.

Visitor—What peculiar markings your cat has!
Wife of Author—Yes, when Egbert gets excited over his war articles he doesn't mind where he wipes his pen.—Pasnik Show.

Domestic troubles occur when both parties are not thoroughly domesticated.

Net Contents 15 Fluid Drams
100 DROPS
CASTORIA
ALCOHOL—3 PER CENT.
A Vegetable Preparation for Assimilating the Food by Regulating the Stomach and Bowels of
INFANTS—CHILDREN
Thereby Promoting Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.
Prepared by
Dr. J. C. FLETCHER
Proprietor
A Helpful Remedy for Constipation and Diarrhoea, and Feverishness and Loss of Sleep resulting therefrom in Infancy.
Has Similar Signature of
Dr. J. C. Fletcher
THE CENTAUR COMPANY,
NEW YORK.
At 6 months old
35 Doses—35 CENTS
Exact Copy of Wrapper.

CASTORIA

For Infants and Children.
Mothers Know That Genuine Castoria Always Bears the Signature of Dr. J. C. Fletcher In Use For Over Thirty Years CASTORIA

As Age Advances the Liver Requires occasional slight stimulation.
CARTER'S LITTLE LIVER PILLS correct **CONSTIPATION**
Genuine bears signature
Colorless or Pale Faces usually indicate the absence of Iron in the blood, a condition which will be greatly helped by Carter's Iron Pills

Faith Was Weak.

During an extended drought in the land that inspires the rag-time song writers the "Rev-end" George Washington called a gathering of his colored brethren to supplicate the Lord for rain. Before he opened his sermon the "Rev-end" surveyed his congregation critically, and with increasing satisfaction. At last he lamented: "De lack ob faith of yo' niggers is scandalous and sinful, and makes my heart sore and weary, and afeared for your souls! Heah we hab gathered to beg de Lord to stop de drought dat is burning up our fields, and to bless us with rain in abundance. And not one—no, sah!—not one ob' yo' disgraceful sinners had faith enough to bring an umbrella to go home with!"

Died of Inward Guilt.

Wu Ting Fang is at the head of the Chinese foreign office, and you can't put much over on a man with as good a sense of humor as Doctor Wu.
A newspaper man recalls his famous wheeze about the Chinaman who committed suicide by eating gold leaf.
"But I don't see how that killed him—how did it?" inquired a society woman.
"I suppose," said Wu seriously, "that it was the consciousness of inward guilt."—Exchange.

The Difference.

A man can go through all of the lodge chairs and still not cut much leg around home.

Not Very Strong.

The husband of a prominent woman always reminds one of the tail of a paper kite.

In the Language He Understood.
Clarence S. Keever, division superintendent of the Indiana Union Traction company, with headquarters at Muncie, reads everything dealing with electricity and electrical subjects that comes his way; so much so that he sometimes fails to keep up with public affairs as presented in the newspapers. He mentioned this to a friend the other night when the latter chided him for not knowing about an important war development.
"A man in your particular kind of business I should think would always be interested in current events," said the friend, "that is if you expect to be a live wire."—Indianapolis News.

Has More Endurance.

Tests carried on at Princeton university have proved that the man who weighs about 140 pounds and is about five feet and six or seven inches high is really of the best physical type. He can do more in proportion to his size than a larger man and has more endurance. Likewise the brunette is apt to have more endurance than the blond.

How's This?

We offer \$100.00 for any case of catarrh that cannot be cured by HALL'S CATARRH MEDICINE. HALL'S CATARRH MEDICINE is taken internally and acts through the blood on the Mucous Surfaces of the System.
Sold by druggists for over forty years. Price 75c. Testimonials free.
F. J. Cheney & Co., Toledo, Ohio.

We're all headed for the same place, and it doesn't matter what road we take, we can't get lost.

Where petticoats are, there will the men be gathered together.

This Burroughs \$125

A Burroughs for Your Work

There are ninety-eight models of Burroughs Figuring and Bookkeeping Machines, with 587 different combinations of features. One of these is sure to fit your accounting needs, no matter what the size or kind of your business.

No matter how many or how few accounts you have, the Burroughs will handle your bookkeeping the way you want it done. And it will do it quicker, more accurately and at less than it now costs you.

If you will tell us about your figure work we will show you how you can handle it mechanically. Consult your telephone book or banker for the address of the nearest Burroughs office.



A Possible Reason.

"Beanborough always looks on the bright side of things."
"Why?"

"Well, the other day I went with him to buy a pair of shoes. He didn't try them on at the store, and when he got home he found that a nail was sticking right up through the heel on one."
"Did he take them back?"

"Not much. He said that he supposed the nail was put there intentionally to keep the foot from sliding forward in the shoe."

The Reason.

Nell—That man over there is staring straight at my nose.
Bell—Perhaps he's a reporter.
Nell—And why should a reporter stare at my nose?
Bell—They are supposed to keep their eyes on everything that turns up.

Fooling the Horse.

Major—Why have you put that cloth over his head?
Private Mike O'Flanagan (harassed by restive horse)—So as he won't know he's being groomed, sorr.—Punch.

After the Movies Murine Is for Tired Eyes.
Red Eyes—Sore Eyes—Itchy Eyes—Swollen Eyelids—Itchy—Refreshes—Restores—Murine is a Favorite Treatment for Dry, Itchy, Sore Eyes. Give your eyes as much of your loving care as your teeth and with the same regularity. CARE FOR THEM—YOU CANNOT BUY BETTER. Sold at Drug and Optical Stores or by Mail. Ask Murine Eye Remedy Co., Chicago, for Free Book.

Give the Wheat to the soldiers, but give me POSTTOASTIES (MADE OF CORN) — Bobby

A Letter From Washington

The Food Administrator Writes Us:

"The use of baking powder breads made of corn and other coarse flours instead of patent wheat flour is recommended by the Conservation Division of the Food Administration. The wheat needed for export is thus conserved, and at the same time healthful food for our own people is provided. The circulation of recipes providing for these uses would be of assistance in carrying out our plans."

The following recipes for Corn Bread and Rye Rolls save wheat flour and make attractive and wholesome food for every day when made with

ROYAL BAKING POWDER

CORN BREAD	RYE ROLLS
<p>2 1/2 cups corn meal 1 cup flour 1 level teaspoon Royal Baking Powder 1 tablespoon sugar 1/2 teaspoon salt 1 1/2 cups milk 1 tablespoon shortening</p>	<p>3 cups rye flour 1/2 teaspoon salt 1 level teaspoon Royal Baking Powder 1/2 cup milk 1/2 tablespoon shortening 1/2 tablespoon salt</p>

Mix thoroughly dry ingredients; add milk and melted shortening; beat well; pour into well greased pan and bake in hot oven about 25 minutes.

Sift dry ingredients together, add milk and melted shortening. Knead on floured board; shape into rolls. Put into greased pans and allow to stand in warm place 20 to 25 minutes. Bake in moderate oven 25 to 30 minutes.

Our red, white and blue booklet "Best War Time Recipes" containing additional similar recipes sent free on request. Address Royal Baking Powder Company, Dept. W, 135 William Street, New York.