

"CASCARETS" FOR LIVER, BOWELS

For sick headache, bad breath, Sour Stomach and constipation.

Get a 10-cent box now.
No odds how bad your liver, stomach or bowels; how much your head aches, how miserable and uncomfortable you are from constipation, indigestion, biliousness and sluggish bowels—you always get the desired results with Cascarets.

Don't let your stomach, liver and bowels make you miserable. Take Cascarets to-night; put an end to the headache, biliousness, dizziness, nervousness, sick, sour, gassy stomach, backache and all other distress; cleanse your inside organs of all the bile, gases and constipated matter which is producing the misery.

A 10-cent box means health, happiness and a clear head for months. No more days of gloom and distress if you will take a Cascaret now and then. All stores sell Cascarets. Don't forget the children—their little bodies need a cleansing, too. Adv.

NOW COMES NEAR-SKIN SHOE

New Footwear Which Seems to Be Made of Calfskin Has Not a Bit of Leather in Its Composition.

"Have you seen the near skin shoe—our latest laboratory product?" asked the boot and shoe expert.

The boot that he set down on the table seemed to be made of calfskin. It would certainly pass for an ordinary black calf boot displayed in any shop windows. Perhaps not one person in one hundred thousand or even one million would have discovered its true identity without an exceedingly careful inspection.

"There isn't a bit of leather in it," said this unfolder of mysteries, "and I'll bet you can't tell the difference."

He enjoyed my astonishment for a moment and then he said: "Smell it."

I put the seeming box calf toe to my discerning nose and inhaled. Ah! there was rubber in it! At least it had the smell of a rubber factory around it. It might perhaps have come from some tire works or garden hose plant.

"Here is the story," the boot and shoe philosopher went on. "There you have a near skin or leatherette shoe. You can call it what you please. It is a laboratory masterpiece. The vamp and top are made of imitation leather, a rubberized product with a fabric base. Sole and heel are composed of what they call fiber, and this fiber is a mystery and masterpiece all by itself. The box toe counter is made of the same material. You will find felt welted and inner sole, imitation leather back and lace stays and top facing."

"That's the whole story, and that is what one part of the world is coming to as regards boots and shoes,"—Boston Transcript.

His Memory.

"Do you remember," she asked when they met after the lapse of years, she having become a widow and he having remained a bachelor, "do you remember that evening long ago, when you and I walked in the gloaming?"

"I remember the swamp we walked into, but I don't remember the gloaming," he replied.

Then a fond hope died in her breast and she turned away to make herself agreeable to others.

To remove ink from white clothes, soak spot in sour milk, then wash as usual.



If it's caffeine—the drug in coffee—that's causing shaky nerves, the remedy is perfectly plain—

Quit coffee, and for a pleasant, healthful table beverage, use—

POSTUM

Postum is a delicious cereal drink, pure and nourishing and absolutely free from any harmful ingredient.

There's a big army of Postum users who are enjoying better health and comfort since joining the ranks.

"There's a Reason"

RUSSIAN REVOLUTION IS LAID TO PRO-GERMAN TREASON AT COURT

Dawning of a New Russia Seen as the Result of Shaking Off of Rule of the Romanoffs—Duma's Long Struggle for Liberty Meets With Success—Rasputin, the "Mad Monk," Blamed for Fall of the Czar.

New York.—How pro-German treason in the government and the court brought about the revolt in Russia was described here by Herman Bernstein, editor of the American Hebrew, and one of the best informed men on Russian conditions, in this country. He said:

"The revolution in Russia may be the bitterest, bloodiest uprising of a people in the history of the world.

"If the army is fully informed of it, and follows its dominant inclination—which I believe is toward deposing the reactionary, autocratic and pro-German elements at Petrograd—the revolt has great chances of success, and a new Russia may emerge from the turmoil.

"For patriotic reasons the liberals in the duma have been upholding the hands of the Russian government during the war. They have prevented general strikes, they have held back their followers among the people from uprising while the war was going on. They have done everything in their power to aid the government, instead of opposing it as they did in peace times.

"But this was not appreciated by the reactionaries and the court clique, which is of German origin and holds pro-German sentiments, and which for a long time has been seeking a separate peace with Germany.

"And so these elements succeeded in having the czar issue a ukase ordering the duma to dissolve. But the liberal members of the duma refused to be quieted, and, being pressed beyond the limit of what they could stand for, they allowed the revolution, which long was brewing, to come to a head.

Forced to Extremes.

"This revolution means the ruling powers in Russia so lost their heads and went to such extreme lengths they forced the people, represented by the liberals, to go also to extreme lengths.

"Conditions in Russia recently have been terrible almost beyond belief. The food situation and the transportation situation have been extremely grave.

"There have been no railroad cars to carry food supplies to the armies at the front, and no cars to carry wounded men back from the front. Yet it has been proved beyond doubt wealthy Russian merchants, by bribing the proper officials, could get all the cars they wanted for their private businesses.

"This matter has been brought to the people's attention by the liberals in the duma.

"Their speeches have not been allowed to get out of Russia because of the censorship, but they have been published there, and have been repeated by word of mouth, so that most of the civilian population and most of the army, I believe, by now have heard of the outrages.

"These speeches, it will be understood, not only aroused the people and the soldiers, but also brought down upon the liberals the wrath of the government. It was in an effort to stifle such utterances, apparently, that the order dissolving the duma was issued.

"Among the several reasons why the czar and the court clique have been favorably inclined toward a separate peace with Germany is this one, that Germany has promised Russia—in the event of such a peace being concluded—to help Russia in quelling any rebellion of the people that might arise in the future. The people of Russia have constantly been growing stronger, the soldiers in the army have been gaining in education and broadening by fighting alongside the more democratic Frenchmen and Englishmen, and altogether the power of the small court classes has been more and more threatened. This has led them to fear for their future unless they allied themselves with a monarchical nation like Germany.

Czar Owns Pro-German Paper.

"Early in the war the czar and the Grand Duke Nicholas had a conference, in the course of which the grand duke warned the czar that if he (the czar) continued to exhibit indications that he desired a separate peace with Germany he would have a terrible revolution on his hands."

"And who will lead this revolution?" the czar inquired.

"I will lead it—with the army," replied the grand duke.

"It was shortly after this Nicholas was displaced from the high command of the Russian armies and was sent to an obscure position, while the czar himself assumed charge.

"The methods used by the Russian government in the revolution of 1905—the methods of cruelty—have been thoroughly learned by the present revolutionists. They will be just as cruel as their enemies were to them twelve years ago.

"The czar himself maintains privately from his own funds a newspaper called the Russian Banner, which is extremely pro-German, and the views it expresses are his own. It is nicknamed in Russia the 'Prussian Banner.' It has constantly advocated a separate peace."

Struggle for Liberty.

The struggle of the Russian duma for national liberty began in 1905.

ite on the site of his house. This was called Taurida, the Russian equivalent of Crimea.

Later the empress bought the palace from Potemkin for 400,000 rubles. But when the latter returned in 1791 as a victor from another campaign he again received the palace for a present. On the night of February 28 of that year a ball was given there in honor of Catherine II, which is remembered in Russian history as a unique event. One hundred and forty thousand lamps and 20,000 candles were used for lighting purposes that night.

After the death of Potemkin the Taurida palace was again acquired by the czar.

Rasputin's Influence.

To the influence of Gregory Rasputin, Siberian monk and mystic, the former czar of Russia can attribute the revolt which has brought into being a new Russia.

Gregory Rasputin—it is a name that Russian progressives hate with the utmost vigor. Rasputin is dead, a victim of assassination, but the whirlwind he sowed did not die with him. The whirlwind overturned a rock-ribbed dynasty that the efforts of thousands of patriots had been unable to shake in the slightest.

The rock foundation of the Romanoffs owes its disintegration to the teachings and "rituals" of Rasputin, the most powerful man in Russia in recent years, the "power behind the throne" and the "confidant of the czarina."

No one knows Rasputin better than Sergius Michaelow Trufanoff, who but a few years ago was Ilidor, the Mad Monk of Russia, was a factor himself in Russian court affairs and who recently wrote a serial of his life for the Jewish newspaper Die Wahrheit.

Russia Before the "Deluge."

In his serial Ilidor has drawn a striking picture of the Russia "before the deluge." It is a picture that depicts the degeneracy of the Russian court, of the unheeded voices of the people asking for food and justice, a graft and license on every side, a weak-kneed, foolish, pitiful, the tool of his sycophants, believer in mysticism—and in the center of this most dramatic stage of centuries stood Rasputin, the untutored, unkempt, religious mystic from Siberia, who by his hypnotic power over the czar and the czarina was able to make and unmake ministers, laugh at the holy synod, force Russia into war and all but succeeded in making a separate peace with Germany.

Ilidor, first favored by Rasputin, "discovered the real monster Rasputin was" and then fought him to the finish. But Rasputin won, and Ilidor fled to this country.

Probably the most surprising thing about the overturning of the Romanoff dynasty was the ease with which it was accomplished. But a peep behind the scenes with Ilidor into the court life of the czar, into the degeneracy of the nobles, and to the czar himself, described by Ilidor as a "man without a tongue, nervous, weak, phlegmatic, hardly able to articulate, an abrupt voice, muffled, emitting sounds like those from the grave, eyes dull, misty and filled with tears" may help to explain. It was the French revolution repeating itself.

Wielded Terrible Influence.

For years the czar had listened to the "teachings" of religious mystics and the last and the greatest of these was Rasputin. Ilidor said he possessed almost hypnotic powers and this power first exerted itself on women and then through them on the court itself. One of those first to fall under his influence was the czarina and the czar soon succumbed.

How strong the influence of the mystics was on the czar is illustrated by the fact that Ilidor relates that when his ministers had finished giving him their opinions of weighty matters the mystics would sweep in and get the last moments of the czar's attention, often reversing all that the ministers had said. Rasputin, the greatest of these, was able to use this weakness to great personal advantage, and many efforts to overthrow him were defeated by the czar himself.

It was shortly after Rasputin was introduced to court by the wife of a famous general that the revolution of 1905 took place, and the czar and his court, frightened by the clamoring of the populace, prepared to flee. Rasputin, however, presented such a firm front that the czar again took heart and from that moment Rasputin held full sway.

Many serious charges were made concerning Rasputin's personal sway over the czarina, Ilidor said, but it was always the czar who quashed these charges. What were the practices of the cult Rasputin led in the innermost circles of the court? Ilidor never wrote, but he hinted that the so-called cult practiced the most revolting rites.

The assassination of Stolypin, Ilidor laid directly to Rasputin and the czar. Stolypin had got in Rasputin's way and his elimination was an easy matter; Ilidor said also that it was Rasputin who prevented Russia going to war with Austria when Austria took over Bosnia and Herzegovina. Count Witte was a favorite of Rasputin's, and was practically made premier through Rasputin's offices.

Russia's entering the present war was due, Ilidor said, to another dream of Rasputin. He became an ardent supporter of the idea of a separate peace with Germany. It was only the scandal raised by the duma and his subsequent assassination that prevented it.

On one occasion his life was attempted by a young woman, Ilidor said, whom the "Mad Monk" had wronged.

POULTRY FACTS



PLYMOUTH ROCK IS POPULAR

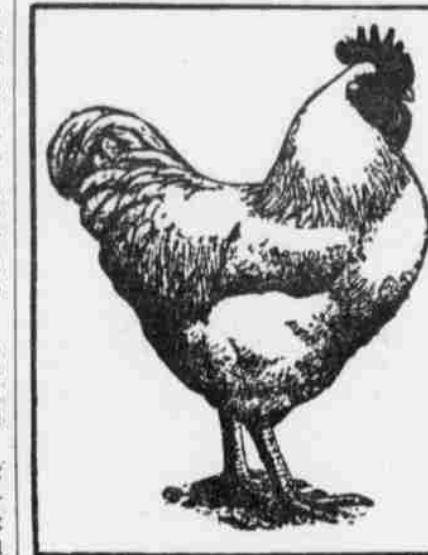
Breed as First Originated Was of Barred Variety—White is Hardy and Adapted to Farms.

The most popular of all American breeds of poultry is the Plymouth Rock. This breed as first originated was of the Barred variety, which is yet the most popular of all the colors. Early in the breeding of Barred Plymouth Rocks fanciers reported the appearance of white chicks. They were "sports" and some were bred together, producing the present variety of White Plymouth Rocks. They have attained great popularity, widely bred, both for utility and fancy, and have proven perfectly satisfactory in either capacity.

They are hardy and especially adapted to farms. The hens lay large dark brown eggs of a grade much sought in certain localities.

The chicks are vigorous, strong and active, and grow exceptionally fast on range, reaching maturity at from five and one-half to six and one-half months old. They are readily salable for the highest grade of market poultry at all ages from broiler size to full maturity, and are very popular in some sections for the production of capons.

Males weigh from 8 to 11 pounds, females 7 to 10 pounds, and are prob-



White Plymouth Rock Cock.

ably the largest of all the Plymouth Rock family. Their plumage should be pure white, legs and beak deep rich yellow, combs small, single and fine. Such a fowl not only dresses to the best advantage and commands best prices, but is also very attractive in large flocks.

GIVE SOUR MILK TO CHICKS

Found Beneficial in Cases of White Diarrhea by Professor Kaupp of North Carolina.

When white diarrhea attacks a flock of young chicks many of them die, while those that survive are more or less stunted. Feeding freely on sour milk has been found beneficial. If sour milk does not act against the disease it at least gives the chicks greater strength and vitality so they are not seriously affected if attacked.

In some tests by Professor Kaupp of North Carolina he found that chicks fed on sour milk quickly recovered when attacked and the loss was only 10 to 16 per cent. In a similar lot, handled and fed the same except for the milk, the loss was 24 per cent the first month, while the remainder were in such a weakened condition that at the end of eight weeks 36 per cent had died.

TO GET EGGS DURING WINTER

Comfortable Houses Must Be Provided to Secure Most Profitable Returns From Hens.

Times have changed since chickens roosted out on the trees and fences. Once in a while you may see such farms where hens are permitted to follow this old way of foraging. But as a rule every hen must pay a profit or she goes to market and at an early age too. Hens are measured by the number of eggs they lay instead of by the number of pounds they weigh. Expensive houses are not necessary but must be comfortable to insure proper egg laying. A house should accommodate as many hens as space calls for without crowding; about two square feet of floor space per hen is about right. This keeps up the temperature in cold nights and still gives scratching room to insure egg production.

BRIGHTEN UP POULTRY HOUSE

Coat of Whitewash Given on First Warm Day Will Make Surroundings More Cheerful.

If the poultry house is dark and gloomy, give it a coat of whitewash on the first warm day and see how much that will brighten it up and make it more cheerful for the fowls. Surroundings make considerable difference in the egg yield.

MOTHER! LOOK AT CHILD'S TONGUE

If cross, feverish, constipated, give "California Syrup of Figs."

A laxative today saves a sick child tomorrow. Children simply will not take the time from play to empty their bowels, which become clogged up with waste, liver gets sluggish; stomach sour.

Look at the tongue, mother! If coated, or your child is listless, cross, feverish, breath bad, restless, doesn't eat hearty, full of cold or has sore throat or any other children's ailment, give a teaspoonful of "California Syrup of Figs," then don't worry, because it is perfectly harmless, and in a few hours all this constipation poison, sour bile and fermenting waste will gently move out of the bowels, and you have a well, playful child again. A thorough "inside cleansing" is oftentimes all that is necessary. It should be the first treatment given in any sickness.

Beware of counterfeit fig syrups. Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Adv.

Blissful Ignorance.

"It's just as well, perhaps, that the world didn't know what militarism had up its sleeve for the last forty years. Where ignorance is bliss, you know."

The speaker was Glenn Curtiss, the famous airplane builder. He went on: "It's like the case of Mrs. Rayke. 'Aren't you worried,' a friend asked her, 'when you don't know where your husband stays so late every night?'

"Not so much worried, probably," Mrs. Rayke replied, "as I would be if I did know,"—Buffalo Express.

SKIN-TORTURED BABIES

Sleep, Mothers Rest After Treatment With Cuticura—Trial Free.

Send today for free samples of Cuticura Soap and Ointment and learn how quickly they relieve itching, burning skin troubles, and point to speedy healing of baby rashes, eczema and itchings. Having cleared baby's skin keep it clear by using Cuticura exclusively. Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere. Adv.

A Good Description.</