

## MRS. KIESO SICK SEVEN MONTHS

Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Aurora, Ill.—For seven long months I suffered from a female trouble, with severe pains in my back and sides until I became so weak I could hardly walk from chair to chair, and got so nervous I would jump at the slightest noise. I was entirely unfit to do my house-work. I was giving up hope of ever being well, when my sister asked me to try Lydia E. Pinkham's Vegetable Compound. I took six bottles and today I am a healthy woman able to do my own housework. I wish every suffering woman would try Lydia E. Pinkham's Vegetable Compound, and find out for themselves how good it is.—MRS. CARL A. KIESO, 596 North Ave., Aurora, Ill.

The great number of unsolicited testimonials on file at the Pinkham Laboratory, many of which are from time to time published by permission, are proof of the value of Lydia E. Pinkham's Vegetable Compound, in the treatment of female ills.

Every ailing woman in the United States is cordially invited to write to the Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass., for special advice. It is free, will bring you health and may save your life.

### Her Own Way.

A. F. Thom, the representative of 83 per cent of America's railroads before the Newlands committee, said at a dinner:

"The railroads are not Utopian. They know the kind of world it is, and they don't ask impossibilities.

"In fact, the railroads of late years have come to have the rather grim outlook of the chap whose girl said:

"Oh, no, George, I don't see how I could possibly marry you. You know I always want my own way in everything."

"You could keep on wanting it," said George, "after we were married."

## SYRUP OF FIGS FOR A CHILD'S BOWELS

It is cruel to force nauseating, harsh physic into a sick child.

Look back at your childhood days. Remember the "dose" mother insisted on—castor oil, calomel, cathartics. How you hated them, how you fought against taking them.

With our children it's different. Mothers who cling to the old form of physic simply don't realize what they do. The children's revolt is well-founded. Their tender little "insides" are injured by them.

If your child's stomach, liver and bowels need cleansing, give only delicious "California Syrup of Figs." Its action is positive, but gentle. Millions of mothers keep this harmless "fruit laxative" handy; they know children love to take it; that it never fails to clean the liver and bowels and sweeten the stomach, and that a teaspoonful given today saves a sick child tomorrow.

Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly on each bottle. Adv.

### Meant All Right.

Musical Instrument Dealer (to new boy)—Now, if while I am out a customer wants to look at a mandolin, flute or piccolo, you know what to show him?

Boy—Yes, sir.

Dealer—And suppose he should want to see a lyre?

Boy—I ask him to wait until you came in, sir.—Boston Evening Transcript.

## Meat Eaters' Backache

Meat lovers are apt to have backaches and rheumatic attacks. Unless you do heavy work and get lots of fresh air, don't eat too much meat. It's rich in nitrogen and helps to form uric acid—a solid poison that irritates the nerves, damages the kidneys and often causes dropsy, gravel and urinary disorders. Doan's Kidney Pills help weak kidneys to throw off uric acid. Thousands recommend them.

### A Nebraska Case

N. M. Buchtel, Clay Center, Neb., says: "My back pained so badly that I couldn't move around. I didn't rest well and morning was more tired than when I went to bed. My kidneys were too sluggish. The doctor's medicine didn't help me and finally I took Doan's Kidney Pills. Since using five boxes I have never had a symptom of kidney complaint."

Get Doan's at Any Store, 50c a Box  
**DOAN'S KIDNEY PILLS**  
FOSTER-MILBURN CO., BUFFALO, N.Y.

"ROUGH on RATS" ends rats, mice, bugs, etc. Write for valuable Book of Information **FREE**  
L. E. BOWERS, Dept. W-9, 519 S. DEARBORN ST., CHICAGO

**APPENDICITIS**  
If you have been threatened or have GALLSTONES, INDIGESTION, GAS or pains in the right side write for valuable Book of Information **FREE**

## NEWS and GOSSIP of WASHINGTON



### White House Is a Most Desirable Residence

WASHINGTON.—The White House is far and away the most desirable residence in the national capital. This in spite of the nobility of vice presidents, which, of course, obliges them to the generous tradition of Fillmore, who said, when he was called to the executive mansion, "This is my first misfortune." It is the most personal, most picturesque of the government's possessions. Its history is the history of many of our American ideals, says Harrison Rhodes in Harper's Magazine.

The White House, as is natural, is the constant theater of the conflict to be observed everywhere in American life between our wish to have an aristocracy and our wish not to. But, on the whole, the disinterested observer must adjudge victory to our deep-seated democracy which makes it really unsuitable that the White House should ever be exactly fashionable.

We never forget not only that the presidential residence is our home, but that the president in it is our man. The almost utopian democracy of public receptions at the White House is both engaging and picturesque. In the early days congressmen used to come to them with Bowie knives in their high-cowled boots, and in Jackson's time, guards with stout sticks beat back the guests while the food was being fetched from the kitchens. Then an evening party had all the charm of a riot. A diplomat complained not so long ago that even at the exclusive receptions for the corps, the American young ladies surreptitiously cut all the buttons off his clothes for souvenirs.

Another diplomat, new to these democratic shores, arriving late for a New Year's reception, was astonished to find that the negro hackman who had driven him to the White House had slipped in ahead of him and was the first to grasp the presidential hand!

### Funny Letters Received by Members of Congress

MEMBERS of congress continue to receive letters in which the writers display unconscious humor. Here is one that reached Representative Rainey of Illinois: "All the old wimmin' I know are getting a pension, but I don't get none. I have raised five idiot children, and think I oughter have a pension. Please send me one at once."

And here is another, which Representative Jacoway of Arkansas found in his mail:

"Plez send me a pensun by return mail. I wuzent in the army, but my father wuz. And I could prove it, but the captain lost the mustard role."

This is an extract from an affidavit submitted to a Missouri congressman by a country doctor, who

examined a third pension applicant: "The soldier, as a result of his active service in the Civil war, has contracted valvular heart disease, and there is very bad regurgitation of the mitral valve, giving a loud murmur on osculation."

A West Virginia congressman has a constituent of venerable age who is not in sympathy with modern progress. Recently the congressman received a letter from the old man and dictated a courteous reply to his stenographer. The lawmaker's surprise may be imagined when he got this answer:

"You don't need to print your letters to me; I can read writing."

### One-Legged Men to Convene in National Capital

FIFTY one-legged men will arrive in this city next June, will be welcomed by a one-legged hotel man, and will settle down to a three-day organization convention of the most extraordinary character ever started in the Capital City. The one-legged men will be mostly salesmen for artificial limb firms in the United States. They propose to organize socially and to discuss ways and means of increasing their firms' business with European countries.

Gustav Gumpert will bid them welcome. Gumpert is prominently counted on to become president of the One-Legged Men's Association of America." He lost his limb ten years ago in the service of his country,

when he was gunner's mate aboard one of Uncle Sam's battleships. A bland smile curled the lips of Mr. Gumpert when he told of plans for this odd convention.

"You bet we'll have a bally time, the bunch of us," he said. "Ever notice that one-legged men are the best fellows in the world?"

"We're going to organize an association that every mother's son of us will be proud to be a member of. And you can see we're going to be 'some' exclusive."

"Anybody that's a good fellow can be a member, but they've got to measure up to pretty rigid standards. No ordinary bipeds can belong to our clan."

### Valuable Government Maps Offered at Low Price

THE project of covering the 3,000,000 square miles of the United States with accurate land surveys was adopted by the government as far back as 1882, but the work is even now less than half completed, according to experts of the geological survey. It is said that the standards of accuracy and refinement in this work have been constantly raised by the engineers carrying it on, with the view of meeting adequately every use to which the resulting maps can be put. The law provides for the sale of these maps by the survey at the cost of printing, which is interesting when it is taken into account that this cost is only a small percentage of the cost of surveying the area it represents. The

government itself is making a large and increasing use of these topographic maps, but the expenditure of public funds for these surveys is otherwise fully warranted, the officials of the geological survey think, only as the public uses the maps. To promote this use, the survey has recently given more attention to the wider distribution of the maps.

According to those who have been at work on this plan and are most interested in its success the distribution of a government map is largely a problem of publicity, though the necessity of adopting commercial business methods in handling orders for the maps when once a demand is created is not overlooked. In informing the public of the existence of authoritative maps published by the government a special effort is now made to reach the communities in each area covered by the map, and to this end every map, as issued, is brought to the attention of the local and state press, as well as to postmasters and schoolteachers.

Other methods of promoting wider distribution involve the co-operation of Boy Scout masters, schoolboys and hotel managers, as well as of a large number of book stores as local agents.

## DAIRY

### BALANCED RATION FOR COWS

Feeding Should Be Governed by Animal's Capacity to Produce Milk—Good Rules for Winter.

The feeding of the dairy cow should be governed by the cow's capacity to produce milk. By keeping a daily record of each cow's production, the skillful feeder soon finds that some cows in the herd respond to an increased allowance of feed and return a good profit on it, while others are limited in milk capacity and overfeeding them is unprofitable. Profitable feeding requires a thorough knowledge of the individual cows as well as of the values of feeds.

The following general rules will be found invaluable as a guide for winter feeding by the inexperienced feeder:

1. Under most circumstances the cow should be fed all the roughage that she will eat up clean, adjusting the grain ration to the milk production. Only when the cow tends to become overfat should the quantity of roughage be restricted.

2. A grain mixture should be fed in the proportion of 1 pound to each 3 pints or pounds of milk produced by the cow, except in the case of the cow producing a flow of 40 pounds or more, when the ration can be 1 pound to each 3½ or 4 pounds of milk. An even better rule is 1 pound of grain each day for every pound of butterfat produced by the cow during the week.

3. Feed all the cow will respond to in milk production. When she begins to put on flesh, cut down the grain.

### TREAT CALVES TWICE YEARLY

Don't Wait Until Animals Commence to Die of Blackleg Before Administering Treatment.

(By G. H. GLOVER, Colorado Agricultural College, Fort Collins.)

Calves should be vaccinated for blackleg twice a year, making it a regular chore, and do not wait until they begin to die before getting ready.

The period of ordinary susceptibility ranges from three months to two and one-half years. Most of the vaccine on the market is reliable and the unsatisfactory results are usually due to carelessness on the part of the farmer in not following directions in using it.

The agricultural college distributes the government blackleg vaccine free to farmers of Colorado. Orders for vaccine will not be filled promptly, however, unless the applicant states that he has a vaccinating outfit, which is very necessary to administer vaccine in this form. A pellet injector will not do, neither will a hypodermic syringe, without the remainder of the outfit, for placing the vaccine in solution.

### HIGHER QUALITY OF BUTTER

Article Made by Farmer Should Top the Market—Creamery Has Little Control of Cream.

There is no reason in the world why the farmer cannot make butter of higher quality than that made at the creamery, according to N. E. Olson, instructor in dairy husbandry on the Kansas state agriculture college.

"The farmer can keep his cream in excellent condition," says Mr. Olson, "while the creamery man has little control over the cream he buys—hence the farmers' butter should top the market.

The first step in the making of good butter is the production of clean milk. If milk contains any putrefactive and gas-forming bacteria, butter can be produced which will be free from odors and which will not putrefy, if proper precautions are taken with the cream and with the butter after it is churned and packed."

### PUREBRED BULL IS FAVORED

Keystone of Herd Improvement is Swatting Scrub Sires—Specialization is Basis.

The keystone of herd improvement is in swatting the scrub and using a purebred sire. The bull is more than half the herd, for with good judgment in mating and culling, all his progeny will "take after father" in a few generations.

The purebred makes better gains for the amount of feed consumed because it has been developed along lines of specialization. Specialization is the basis of profit in every industry. The more highly specialized a machine or an animal, the more efficient it is and the easier it meets competition—and success rests upon the ability to compete.

### A DELICIOUS DINNER

Break a quarter package of Skinner's Macaroni into boiling water, boil ten or twelve minutes, drain and blanch. Take equal parts of cold chicken, boiled Macaroni and tomato sauce; put in layers in a shallow dish and cover with buttered crumbs. Bake until brown. Just try this once. Skinners Macaroni can be secured at any good grocery store.—Adv.

### Ecstatic Moments.

Smile—Had a most enjoyable time at the dentist's this afternoon.

Dale—Eh? Enjoyable?

Smile—Yes. When I went in, another dentist was filling my dentist's teeth.—London Answers.

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