

Ask for and Get SKINNER'S THE HIGHEST QUALITY MACARONI 36 Page Recipe Book Free SKINNER MFG. CO., OMAHA, U.S.A. LARGEST MACARONI FACTORY IN AMERICA.

FINDS HIS WEALTH A BURDEN

Trouble With Man Who Has Acquired Riches Is That He Doesn't Know How to Spend.

The nuisance for the man who has acquired great financial resources usually is that he doesn't know what he wants. Possessing the resources and feeling the moral necessity to have recourse to them, he looks about for something to want, and he selects the most costly thing.

The acquisition of this most costly thing always involves, in practice, the separation of the rich man from society. Thus, he will acquire a large estate, or several large estates, and cut himself off from the world by gates, doors, miles of drive, lodge keepers, menials, and secretaries.

All of which, though magnificent, is anti-social and silly, and is secretly felt to be so by the rich man when he happens to wake up in the middle of the night and can't go to sleep again.—Woman's Home Companion.

The Quinine That Does Not Affect The Head Because of its tonic and laxative effect, Laxative Bromo Quinine can be taken by anyone without causing nervousness or ringing in the head. There is only one "Bromo Quinine." E. W. GROVES' signature is on each box.

KEEN MEMORY FOR FACES

Colonel Roosevelt Remembered, After Two Years, Man Whom He Had Only Met in a Crowd.

Colonel Roosevelt has one of the most wonderful memories I ever heard of, particularly for faces and names," said C. E. Embree of the Maine Farmers' Union.

"About two years later I met him on the street at Oyster Bay. He was in his shirt sleeves, swinging along to the postoffice, and being hailed by every one who saw him, old and young."

"The next meeting with the colonel was in 1912 at Nashua, N. H. I was passing around one car to take another and stepped a little one side to allow a man to pass.

"Kate is a bundle of nerves," "I thought she looked done up."—Boston Evening Transcript.

Pressing Question. We see that the stinky figure is to be the style throughout the coming season, and we suppose we shall soon be face to face again with the problem of where a fashionable matron of about forty-two size puts herself when she gets into her new gown.—Ohio State Journal.

Shop Talk. "Kate is a bundle of nerves," "I thought she looked done up."—Boston Evening Transcript.



Childish Craving

—for something sweet finds pleasant realization in the pure, wholesome, wheat and barley food

Grape-Nuts

No danger of upsetting the stomach—and remember, Grape-Nuts is a true food, good for any meal or between meals.

"There's a Reason"

The KITCHEN CABINET

We eat to live, not live to eat. Any excess in eating or drinking, alike is a source of countless ills. In all living, health is of primary consideration.

SEASONABLE DISHES.

The following are a few choice dishes which may be served when entertaining friends:

Jugged Rabbit.—Cut the rabbits in serving-sized pieces, saute them in a hot frying pan in a little butter or bacon fat, cooking a few slices at the same time.



rabbit into a casserole with a small onion, and the juice of a lemon; add a cupful of stock, cover and set the dish in a pan of hot water in the oven and cook three hours and a half; serve with brown sauce, poured over all.

Somerseset Salad.—Chill stewed prunes and remove the stones. Fill the cavities with peanuts. Arrange the prunes in groups of three in nests of head lettuce, sprinkle with finely-chopped peanuts and pour over it a chilled, highly-seasoned, French dressing just as it goes to the table.

Sauted Lima Beans.—Soak dried lima beans in cold water to cover until soft, drain them and dry between soft cloth, after cooking in boiling water until tender. Then cook in a hot frying pan with a little butter until well browned; sprinkle with chopped parsley and serve piping hot.

West Chester Salad.—Use one-half a grapefruit, one orange, one cupful of pineapple, one apple, one cupful of white grapes and a half cupful of tender celery. Cut all in uniform pieces, the grapes in half and remove the seeds.

Moravian Sugar Bread.—When making bread take out a piece, roll thin and lay in a pie tin. When risen make holes with the finger and fill with butter and brown sugar, then dust cinnamon over the loaf and bake. Coffee-cake dough may be treated in this manner.

Among all the basic principles of economic life, none is more vital than this: that every able-bodied adult should have a job; that he should work at the thing for which he is best suited and best fitted, and that he should be paid the full value for what he produces.

GOOD DISHES FOR DINNER.

An appetizing dish to make from left-over roast of beef is beef olives.

Beef Olives.—Cut thin slices of roast beef and put aside; chop the trimmings and bits too small to serve, season with poultry dressing and crumbs, allow one tablespoonful of the dressing for each slice of beef; spread the slices with the mixture, tie up and put into a saucepan with a little fat to brown; when well browned add a little hot water and simmer until they are thoroughly heated through.

Roast Squabs.—Stuff the birds with the livers fried and chopped fine, to which has been added two tablespoonfuls of butter, one teaspoonful of chives, chopped fine; one-half a cupful of bread crumbs, one beaten egg, salt, pepper, cayenne and a little nutmeg.

Baked Peas.—Wash and arrange the peas in a deep baking dish with water, sugar, lemon juice, and butter in the pan to use for basting.

Coffee Ice Cream.—Scald a pint of milk with a half cupful of dry coffee, until well steeped. Strain into three slightly beaten eggs, one cupful of sugar and a pinch of salt.

Marshmallow Sauce.—In the upper part of a double boiler put a fourth of a pound of marshmallows. When melted, pour on a sirup made by boiling one cupful of sugar and a fourth of a cupful of water ten minutes.

Roast Beef Salad.—Very rare roast beef is excellent for salad. Cut in very thin slices and marinate in a French dressing in which a finely chopped slice of onion has been added.

Chicken Livers With Rice.—Cook a cupful of rice in a kettle of salted water until tender, then drain in a colander and set in the oven with the door open. Sprinkle four to six chicken livers with flour, salt and pepper and saute in a little butter. Make a tomato sauce, cooking 15 minutes, a pint

or can of tomato, one sliced onion, one clove, two bay leaves, a sprig of parsley, two stalks of celery or a saltspoonful of celery seed, a blade of mace, two teaspoonfuls of sugar, and salt and pepper to taste.

Christmas Gifts at Hand. Few young people realize what a wealth of resources the women who live in the country have for Christmas giving.

Those who live in the southern states with the wealth of beautiful moss, kumquats, limes, alligator pears and many of the different fruits and vegetables that the Northerner seldom sees, and if seen cost such prices that ordinary purses cannot open to them.

Winter on Summer Stands. I winter my bees on the summer stands with very little loss. They have plenty of good stores—plenty of young bees, and properly packed.

Nothing Better in Line of Hives When Used in Connection With Sawdust Cushions Over the Top of the Brood Chamber.

Chaff House of Some Kind Is Strongly Recommended.

Bees Winter in Snow

BEES WINTER IN SNOW

Chaff House of Some Kind Is Strongly Recommended.

Nothing Better in Line of Hives When Used in Connection With Sawdust Cushions Over the Top of the Brood Chamber.

(By F. G. HERMAN) If the beekeeper tries to winter bees on the summer stands, in any form of a hive or other than a chaff or double-walled hive, it is my opinion that he will lose more in the value of bees than the extra expense he would be at in making chaff hives of some kind.

I think that some sort of hive that could be used for summer advantage should be used. This thing of having outside winter cases to set over the hives is decidedly a disadvantage in many ways.

When winter is over they cannot be used about the apiary during the summer to any advantage whatever, but the beekeeper must have a house or some other place provided for them to keep them from the weather, or they will be warped and weather-beaten and will last but a few years.

Hence, the construction of a summer and winter chaff hive certainly overcomes many of these objections.

After years of experience with chaff hives used in connection with sawdust cushions over the top of the brood-chamber, I have become convinced that there is nothing better along the line of hives, for wintering bees on the summer stands than this.

Winter on Summer Stands. I winter my bees on the summer stands with very little loss. They have plenty of good stores—plenty of young bees, and properly packed.

I believe in late brood rearing, so that the hives will be full of young bees at the beginning of the winter. At least this is my plan, and my bees winter nicely.

With too small an entrance in a damp climate, you will be sure to have moldy combs, and more than the proper

amount of dead bees. The trouble becomes aggravated in the course of the winter by the clogging of the entrance with dead bees.

During heavy storms in winter it frequently happens that hives are entirely buried in snow. While the snow is light and porous, air will penetrate it and reach the entrances of the hives, but should the snow become crusty or ice form at the entrance the bees would be in danger of suffocation.

It is well to have all hives facing southward, so the sun can shine on the entrance of the hives and keep them free from ice.

After a heavy fall of snow we always sweep in front of the hives, leaving the snow banked around the other three sides, as it will do no harm there, but will help keep off prevailing winds.

SAVING BEST GARDEN SEEDS

Select Strains of Grains and Vegetables Especially Adapted to Soil in Which Grown.

Save some of the best garden seeds each year. There is no reason why each farm and garden should not have select strains of grains and vegetables especially adapted to the particular soil in which they are grown, says the Farmer.

There may be something in changing seed occasionally, and we should all be on the lookout for the best of the new things that are coming into notice year by year, but we are sure that it is fully as important to be on the lookout for the things that are proving best adapted to each particular soil and location and saving the seeds to continue the strain.

As a people we have something to learn of the Europeans in this particular. We allow many things to go to waste that are looked after and made to add to the family store on other lands.

CORN CRIBS OF STEEL WIRE

Becoming Popular in Western States Because of Durability—Much Cheaper Than Wood.

Rats destroy much corn in badly-built cribs. The crib should be set on stout posts capped with tin, with movable steps. A crib of this kind is rat and mouse-proof if the proper care is exercised in removing the steps when not in use.

Steel corn cribs are coming into use in the western corn states. These cribs are made of two-inch mesh steel wire and are durable, well ventilated, vermin and fireproof and are stronger and cheaper than wood.

Small grain seeding does not seem to have yet become an exact science.

SMALL FARMS FOR THE EAST

Ranches of 600 Acres or More Not Desirable for Thickly Settled States of Union.

The farm of 600 or more acres devoted to one or two crops, may be best for the great grain-growing and grazing states of the West, but it is not desirable in the thickly settled communities of the middle and eastern states. The tendency in some of the states for the corporation ownership of farmhands to compete with industrial progress in other lines of commercial activity is back of this movement.

With the advent of the large farm worked by hired labor, the farm home disappears, farm life, community interest, churches, schools and rural advancement is lost, says a writer in the Baltimore American.

We have in its place a big system, which may be profitable from a money point of view, but which will ultimately result in financial loss to the owners, and an injury to the best interests of the community and state.

This leads to unrest, and a divided community. The small farm with its quiet, comfortable home and conveniently arranged buildings, cultivated by the owner and his family, makes a live, intelligent, thrifty community.

When a man owns his home he takes more interest in his state and nation and becomes a patriot in the best sense of the word.

AVERAGE COST OF PLOWING

Estimated that It Requires Approximately Ten Horse-Power Hours to Turn Acre of Land.

It has been estimated that it requires approximately ten horse-power hours to turn an acre of land. When the team goes at a good speed one plow will turn about two acres in ten hours.

This will require that the horses travel 176 feet per minute and exert a continuous pull of 370 pounds or 187.5 pounds per horse.

According to statistics compiled by the government horse labor cost 12 1/2 cents per hour. At this rate ten hours work will cost \$1.25, which may be said to be the average horse cost of plowing an acre.

The cost of plowing an acre with a tractor depends upon many factors. One must consider the size of the tractor, fuel used, condition of the ground, etc.

One example is given of an 8-hp tractor burning from 15 to 20 gallons of low grade kerosene per day of ten hours, one gallon of lubricating oil, at a cost of \$1.05 for hour's work. Two 14-inch plows, traveling 20 miles a day, plowed 5.6 acres at a cost of 30 cents an acre.

SPRING FOR LUMBER WAGONS

Mighty Uncomfortable to Ride for Any Distance Over Frozen Roads on Ordinary Seat.

Those of us who have ridden miles on lumber wagons over frozen roads know the value of a spring seat. Here is one that is hung a little different.

Charles Frederick Binkleslee, an Illinois man, recently being granted a patent on it. There are springs at each side.



Spring Seat for Wagon.

to fit over the edge of the top box as in other spring seats, but there are cross-bars on top of these springs. Rocker arms are hung beneath the seat, on the cross-bars between the springs.

Depending hangers, rigid with the seat, are pivotally supported at their lower ends of the rocker arms each of said rocker arms being mounted on the cross-bars to one side of and against a hanger and are disposed at an angle to this hanger to permit the springs to flex as well as allow the vertical movement of connecting cross-bars.—Farming Business.

MONEY IN SELLING LOAFERS

Keep Daily Record of Each Cow to Find Profitable Animals—Difference Soon Seen.

Cows look alike but their work at the pail is unlike. Keep a record by weight of the daily yield of each cow and you will soon see the difference.

You will find, as every other dairy cow owner has found, that about half your herd are paying a profit, while the other half are loafers.

There is more money in selling the loafers as canners at almost any old price, than in putting costly feed into them with the expectation of reaping a profit on their output.

BEST RETURNS FROM GRAINS

Eight Pecks of Wheat to Acre Will Most Likely Hit Pivotal Point—Grading Counts.

Sow eight pecks of wheat to the acre and you will most likely hit the pivotal point in net returns. And that depends, too, on how you grade and drill your seed.

Small grain seeding does not seem to have yet become an exact science.

A RIGID Adherence TO SIMPLE HEALTH RULES

is really necessary in order to promote and maintain health

The digestion must be kept normal, the liver active and the bowels regular

When Help is Needed—TRY HOSTETTER'S Stomach Bitters

Up the street came the fire engines, with many a clang and clatter. From another direction came the fire escape. Soon the fire hose were busy and the crowd swelled so quickly that the young reporter from the Big Daily could get nowhere near the burning house.

But he was undismayed. With much agility he climbed a lamp post and surveyed the scene. A minute later he felt a tug at his ankle, and, looking down, met the fierce glare of a special constable.

"Now, then, down you come, young man!" "Oh, that's all right! I'm a reporter and I've got to do a description of the fire!"

"Nonsense—nonsense! Down you come! You can read all about the fire in the papers tomorrow!"

Let well enough alone—unless you are a physician.

Titian, the great artist, was painting pictures at the age of ninety-nine.

A Mother's Burden

A mother who suffers kidney trouble, finds it hard to keep up her daily work. Lameness, backache, sharp pains when stooping and "blue," nervous or dizzy spells, make home life dreary. Active kidneys bring back vigor, health and a pleasure in family duties. If the kidneys are weak try a box of Doan's Kidney Pills.

A Nebraska Case

Mrs. Cora Currier, Lincoln, Neb., writes: "I suffered for a long time from pains through the small of my back. The pain interfered with my work, especially when I was sweeping or dusting. My kidneys bothered me, too. I had headaches and dizzy spells. Doan's Kidney Pills drove away all these ailments and since then I haven't been bothered."

Get Doan's at Any Store, 50c a Box DOAN'S KIDNEY PILLS FOSTER-MILBURN CO., BUFFALO, N. Y.

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to settle estate, 150 level, one mile from town, 150 cultivated, 300 in pasture, plenty fruit, \$4,000 for equity. 500 acres improved, 100 cultivated, balance timber and pasture \$2.00 per acre. See broker, Hastings, Neb., July 6.

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