

DRUGGISTS HIGHLY RECOMMEND DR. KILMER'S SWAMP-ROOT

Satisfied With Results I have been selling Dr. Kilmer's Swamp-Root for six and one-half years and my customers are always satisfied with the results obtained from the use of the medicine and speak favorably regarding it.

Customers Speak Favorably We have been handling Dr. Kilmer's Swamp-Root for fourteen years and during all that time we never had a dissatisfied user of Dr. Kilmer's Swamp-Root; all of our customers speak very favorably regarding it.

Prove What Swamp-Root Will Do For You Send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys and bladder.

Sudden Cold. Look out—it's dangerous. HILL'S CASCARA QUININE The old family remedy—in tablet form—safe, sure, easy to take. No opiates—no unpleasant after-effects.

BLACK LEG LOSSES SURELY PREVENTED BY CUTLER'S BLACKLED PILLS. Write for booklet and testimonials. 10-dose pkg. Blackled Pills, \$1.00. 50-dose pkg. Blackled Pills, \$4.00.

Your Liver Is Clogged Up That's Why You're Tired—Out of Sorts—Have No Appetite. CARTER'S LITTLE LIVER PILLS will put you right in a few days.

RUPTURE CURED in a few days without pain or a surgical operation. No pay until cured. Write Dr. W.M.A.Y., 208 1/2 Ave. Bldg., Omaha, Neb.

Astonishing Power of Iron to Give Strength to Broken Down Nervous People

Physician Says Ordinary Nuxated Iron Will Increase Strength of Delicate Folk 200 Per Cent in Two Weeks' Time in Many Instances. NEW YORK, N. Y.—In a recent discourse Dr. E. Sauer, Specialist, of this city, said: "If you were to make an actual blood test on all people who are ill you would probably be greatly astonished at the exceedingly large number who lack iron and who are ill for no other reason than the lack of iron."

you can walk without becoming tired. Next take two five-grain tablets of ordinary nuxated iron three times per day after meals for two weeks. Then test your strength again and see for yourself how much you have gained. I have seen dozens of nervous, run-down people who were ailing all the time double and even triple their strength and endurance and entirely get rid of their symptoms of dyspepsia, liver and other troubles in from ten to fourteen days' time simply by taking iron in the proper form, and this, after they had in some cases been doctoring for months without obtaining any benefit.

The KITCHEN CABINET

In America we understand by equality, not that we are all equals in learning, in intellect, and so forth, but that we are all equals in the power to be good and honorable and generous.

CHRISTMAS GOOSE. The goose has the right of way for the Christmas as well as New Year's feast where it is garnished with onions, roasted raisins and parsnip. Hot orange juice is poured over it just as it is taken to the table.

Two Ways of "Cleaning Up." Some years ago a young man from a small country town, on visiting Cincinnati, walked into one of the downtown barber shops to have his hair cut.

RED, ROUGH, PIMPLY SKIN Quickly Cleared by Cuticura Soap and Ointment. Trial Free. You may rely on these fragrant, super-creamy emollients to care for your skin, scalp, hair and hands.

Simple Question to Answer. The editor of the correspondence columns had a very busy day—a very busy day, indeed. So busy, in fact, that he had to enlist the services of the "sub" to read out the correspondence.

SEASONABLE DISHES. This is the season of the year when small cakes and puddings that will keep as well as fruit cakes and cookies are popular.

WAYS WITH APPLES. As apples are such common fruit and withal so wholesome it is well to find a variety of ways to serve them.

Apple Omelet.—Stew six large apples. Beat very smooth while hot, adding one tablespoonful of butter, six tablespoonfuls of sugar, a grating of nutmeg, and a half teaspoonful of rose extract.

Apple Pie.—Peel, cut in slices four tart apples; put into a saucepan with just enough water to show beneath the top layer, cover and cook rapidly till tender.

Apple Mocha Cakes.—Stir into two tablespoonfuls of boiling coffee as much powdered sugar as will make it of a consistency to spread.

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MEAN TRICK HARD TO BEAT

According to Fat Plumber, He Witnessed Action That Would Seem to Be the Limit. "I have spotted another 'meanest man'." It was the fat plumber who spoke.

Getting Old Too Fast?

Late in life the body shows signs of wear and often the kidneys weaken first. The back is lame, bent and aching, and the kidney action distressing.

WINCHESTER "LEADER" AND "REPEATER" SHOT SHELLS For the high flyers, or the low flyers, "Leader" and "Repeater" shells have the reach, spread and penetration. Their great sale is due to these qualities, which insure a full bag.

Have Machine Beat Your Rugs. Housewives the country over will be interested in the marketing of a newly invented machine to beat rugs and carpets.

Still, There Are "Gosh ding!" "What's the matter, friend?" "I wish I could find a hotel that was run to suit me."

THE PROFESSOR'S STATEMENT. Prof. Aug. F. W. Schmitz, Thomas, Okla., writes: "I was troubled with Backache for about twenty-five years."

SKINNER'S THE HIGHEST QUALITY SPAGHETTI 35 Page Recipe Book Free SKINNER MFG. CO. OMAHA, U.S.A. Largest Macaroni Factory in America.

Nebraska Directory THE PAXTON HOTEL Rooms from \$1.00 up single, 75 cents up double. CAFE PRICES REASONABLE. W. N. U., OMAHA, NO. 49-1916.

MURPHY-O'BRIEN AUTO CO.—Dist. Dodge Brothers and Paige Cars Used Car Dept., 1814-16-18 Farnam St., Omaha, Neb.

Canada's Liberal Offer of Wheat Land to Settlers is open to you—to every farmer or farmer's son who is anxious to establish for himself a happy home and prosperity.