

## WIFE TOO ILL TO WORK IN BED MOST OF TIME

Her Health Restored by Lydia E. Pinkham's Vegetable Compound.

Indianapolis, Indiana. — "My health was so poor and my constitution so run down that I could not work. I was thin, pale and weak, weighed but 109 pounds and was in bed most of the time. I began taking Lydia E. Pinkham's Vegetable Compound and five months later I weighed 133 pounds. I do all the housework and washing for eleven and I can truthfully say Lydia E. Pinkham's Vegetable Compound has been a godsend to me for I would have been in my grave today but for it. I would tell all women suffering as I was to try your valuable remedy." — Mrs. Wm. Green, 332 S. Addison Street, Indianapolis, Indiana.

There is hardly a neighborhood in this country, wherein some woman has not found health by using this good old-fashioned root and herb remedy. If there is anything about which you would like special advice, write to the Lydia E. Pinkham Medicine Co., Lynn, Mass.

## Astonishing Power of Iron to Give Strength to Broken Down Nervous People

Physician Says Ordinary Nuxated Iron Will Increase Strength of Delicate Folk 200 Per Cent in Two Weeks' Time in Many Instances.

NEW YORK, N. Y. — In a recent discourse Dr. El. Sauer, Specialist, of this city, said: "If you were to make an actual blood test on all people who are ill you would probably be greatly astonished at the exceedingly large number who lack iron and who are ill for no other reason than the lack of iron. The moment iron is supplied all their multitude of dangerous symptoms disappear. Without iron the blood at once loses the power to change food into living tissue, and therefore nothing you eat does you any good; you don't get the strength out of it. Your food merely passes through your system like corn through a mill with the rollers so wide apart that the mill can't grind. As a result of this continuous blood and nerve starvation, people become generally weakened, nervous and all run down, and frequently develop all sorts of conditions. One is too thin; another is burdened with unhealthy fat; some are so weak they can hardly walk; some think they have dyspepsia, kidney or liver trouble; some can't sleep at night; others are sleepy and tired all day; some fussy and irritable; some skinny and bloodless, but all lack physical power and endurance. In such cases it is worse than foolishness to take stimulating medicines or narcotic drugs, which only whip up your fagging vital powers for the moment, maybe at the expense of your life later on. No matter what anyone tells you, if you are not strong and well you owe it to yourself to make the following test: See how long you can work or how far

## NATURAL FOR THEM TO CRY

Adults, as a Rule, Pay Too Much Attention to the Bawling of the Youngsters.

There are too many youngsters who know that they can get anything if they cry long enough for it. Then there are children who cry over anything, whether crying is justified or not. It is quite natural for children to magnify every disappointment and so make a huge outcry over everything that displeases. Parents should remember this and discount a large percentage of this bawling. Most adults are too easily annoyed by a child's crying. They think he ought to control himself, and attack too much importance to his lack of restraint in this regard.

Of course, it is very probable that there is a physical cause for the child's crying. In that case, the cause should be found out as quickly as possible. The chances are that a normal child, say three years old or over, with plenty of muscular activities and games, who is healthy looking, eats and sleeps well and otherwise good-natured, does not cry because of temper. There must be some physical reason. There must be bodily irritation somewhere. It may be his teeth. In many cases a developing tooth will press upon some nerve or nerve center, creating a general disturbance throughout the body. Then there may be other causes, which can be discovered on close examination.—Exchange.

The Evening's Embellishments. "Why don't you join our literary club?" "I don't play cards, or dance the modern dances."

## CAULIFLOWER IN FAVOR

Vegetable Is Closely Related to the Cabbage Tribe.

Very Rich Soil Required, and It Must Be Given Most Particular Treatment—Market Demands Snowy White Heads.

Cauliflower is closely related to the cabbage tribe, but much more refined in its habits and more difficult to cultivate. It requires a very rich soil and the most particular treatment, and no farmer or gardener would be justified in attempting its cultivation on a large scale, or to depend upon it as a market crop without first having thoroughly studied its peculiarities and requirements.

The market desires snowy white heads, so that protection is universally practiced to accomplish this purpose. Three methods are used: (1) The breaking of half a dozen or more leaves over the top of the cauliflower head. The stems of the leaves are not severed entirely, so that the leaves remain green. (2) Breaking or bending over the leaves as just explained, and pinning with toothpicks or small pins. This is a very satisfactory method for all sections. (3) Bringing the leaves together over the head and tying. This is an excellent plan, but requires more time than securing with the toothpicks. The protection should begin when the heads are about an inch and a half in diameter.

Cauliflower is considered a delicacy on most tables, and it pays to exercise special care in the marketing. Although barrels are often used, crates or baskets are better. A package which will not hold more than a dozen or at most two dozen heads certainly has an advantage over the barrels.

If the heads are of good size, snowy white, wrapped in fancy paper, and market-d in new, clean packages they cannot fail to attract attention, and command good prices.

## AUTUMN DEMAND FOR CELERY

Tendency to Rush Product to Market Before It Is Well Blanched—Loss in Trimming.

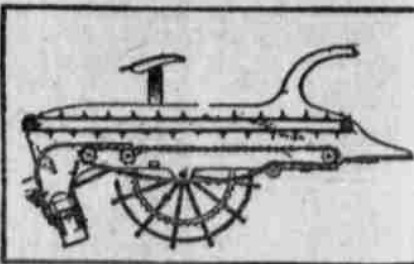
The bracing fall weather will stimulate the demand for celery. At this season when it is selling readily at good prices, there is a tendency to rush celery to market before it is well blanched. This is a mistake, because it necessitates severe trimming at the market end, and the product goes to the cheaper trade. To catch the best grade, celery must be fully blanched, clean and well trimmed.

"Handling" celery should be finished promptly and the rows ridged as fast as possible. If the soil is allowed to get into the hearts of the plants it will cause rot. Celery intended for storage should not be ridged. In some quarters there is a prejudice against blanching celery with boards. It is claimed that blanching with earth makes it crisper and gives it a better flavor. Just the same, much of the product grown in various parts of the country is blanched with boards, and it sells for top prices, too.

## POTATO GATHERER IS HANDY

Mechanism Is Placed on Forward End of Frame of Device—Conveyor Carries Potatoes.

Wisconsin is coming to the front as a potato state, and as a standardized variety potato state that uses pedigree seed it leads them all. Naturally, potato interests are receiving the attention of inventors more or less in that state. Here we are showing a drawing of a recent patent of a po-



Potato Gatherer.

tato gatherer by a Louisville (Wis.) man. The gathering mechanism is placed in the forward end of the frame that is pivoted on a wheeled axle, a conveyor for carrying the potatoes back to the rear from the gathering mechanism being also carried. The frame carries fingers of unequal length, placed successively long and short, and directed forward over the conveyor. A second conveyor is mounted on the frame above the first one, the upper one carrying transverse cake bars.—Farming Business.

## MANURE APPLIED IN GARDEN

Fresh Fertilizer Induces Rank Growth of Stem and Leaf—Yield Is Greatly Reduced.

Barnyard manure is good for the garden if applied at the right time, but there are times when its application is harmful. Fresh manure, when applied immediately before planting, cannot be thoroughly incorporated with the soil. As a result the land is hard to work and the ground is loose instead of compact. Fresh manure also induces a rank growth of stem and leaf, and as a result of these factors, the yield of most vegetables is greatly reduced.

## VALUABLE AS GREEN FODDER

Opinion of Growers of Sudan Grass Is That It Will Largely Take Place of Millet and Sorghum.

Most of the earlier accounts of Sudan grass failed to make clear that this new crop is nothing more or less than a fine-stemmed, nonsaccharine sorghum. It has most of the characteristics of the ordinary sorghum, and its requirements as regards soil and climate are similar except that the Sudan grass differs from sorghums by maturing earlier and having such fine stems that it is readily cured into hay.

Experiments made at the Kentucky state station in 1915 produced a crop of eight tons per acre of dry hay in



Sudan Grass in Texas.

two cuttings. This exceptionally high yield was made possible by unusually fertile soil and good culture. The plots were drilled about the middle of May, using 20 to 25 pounds of seed to the acre, seeded with an ordinary grain drill.

The first crop was cut when the Sudan grass was fully headed, and the second crop in time to avoid the first frost.

Where Sudan grass has been grown for two or three years it is the opinion of the growers that it will largely take the place of millet and sorghum for fodder purposes, and also be valuable as a green fodder to cut for supplementing pasture.

## SELECTION OF CHOICE SEED

Crops Don't "Run Out," Say Experts at Ames—Fanning and Grading Are of Importance.

The old idea that farm crops "run out" may safely be looked upon as a humbug, say the farm crops men at the Iowa experiment station at Ames; that is, if reasonable care is given to the selection of good seed and proper methods of soil culture each year. Under careless management, of course, crops will deteriorate the same as animals or men.

If, due to careless handling, farm crops do run down or "run out," the best thing to do is to run them out. Dispose of the poor stuff and make a fresh start with good seed from the farm of a thrifty neighbor. Then keep the seed good.

With tests of hundreds of varieties of different classes of crops at the experiment station at Ontario, Canada, Ames and other places, where reasonable attention was given to fanning and grading seed each year, cases of "run out" are practically unknown. This has also been the case on all well managed farms, also.

With proper management and normal conditions the seed grown on the farm should always be the best seed for that farm.

## LITMUS PAPER FOR TESTING

Easy Matter for Farmer to Ascertain if Soils Are Acid—How Operation Is Performed.

Have you tested your soil for acidity? Just a few cents' worth of blue litmus paper will enable each farmer to determine whether his soil needs lime now. One of the easiest methods of testing is pointed out by M. A. Bachtell of the Agricultural college extension service, Ohio State university, is to go into a field when the soil is moist, insert a knife blade into the under layer of soil and place a strip of the litmus paper in the opening made by the blade. Then press the soil firmly together on the paper and let stand for 20 minutes. Then remove the paper and notice its appearance. If delicate streaks of red are found on the paper, lime should be applied to correct the acidity. Ordinarily from two to four tons of ground limestone will neutralize the acids in soil.

## FEEDING HOGS IN THE FIELD

Rape, Alfalfa and Clover Furnish Ideal Combination—Keep Tankage in Self-Feeder.

A cornfield with rape either in the field or along one side and alfalfa or clover patch on the other side is the most ideal combination imaginable for feeding hogs in the field. In the absence of complete supplement of this kind put in a self-feeder and keep tankage or meal in it. The pigs will eat what they need and can use to advantage, and no more.

## GOOD FOR HUNGRY CHILDREN

Children love Skinner's Macaroni and Spaghetti because of its delicious taste. It is good for them and you can give them all they want. It is a great builder of bone and muscle, and does not make them nervous and irritable like meat. The most economical and nutritious food known. Made from the finest Durum wheat. Write Skinner Mfg. Co., Omaha, Nebr., for beautiful cook book. It is sent free to mothers.—Adv.

## Aeroplanes for Explorers.

Aeroplanes are to be included in the equipment of an exploring expedition that is setting out from Buenos Aires to study a little-known region which includes Mar Chiquita, a lake having an area of some 1,000 square miles, located about 350 miles northwest of Buenos Aires. It is the belief of the explorer that with aeroplanes it will be possible to secure panoramic photographs which will prove invaluable in showing the topography and geography of the country.—Popular Mechanics Magazine.

It's better to break up a quarrel than to patch it up.

## TAKE GOOD CARE of the Stomach IT WILL PAY YOU

When weakness develops REMEMBER — — —

## HOSTETTER'S Stomach Bitters Strengthens—Invigorates

The genuine has Private Stamp over the neck of Bottle. Insist on having it

## W. L. DOUGLAS

"THE SHOE THAT HOLDS ITS SHAPE"

\$3.00 \$3.50 \$4.00 \$4.50 & \$5.00

Save Money by Wearing W. L. Douglas shoes. For sale by over 9000 shoe dealers. The Best Known Shoes in the World.

W. L. Douglas name and the retail price is stamped on the bottom of all shoes at the factory. The value is guaranteed and the wearer protected against high prices for inferior shoes. The retail prices are the same everywhere. They cost no more in San Francisco than they do in New York. They are always worth the price paid for them.

The quality of W. L. Douglas product is guaranteed by more than 40 years experience in making fine shoes. The smart styles are the leaders in the Fashion Centres of America. They are made in a well-equipped factory at Brockton, Mass., by the highest paid, skilled shoemakers, under the direction and supervision of experienced men, all working with an honest determination to make the best shoes for the price that money can buy.

Ask your shoe dealer for W. L. Douglas shoes. If he cannot supply you with the kind you want, take no other make. Write for interesting booklet explaining how to get shoes of the highest standard of quality for the price, by return mail, postage free.

LOOK FOR W. L. Douglas name and the retail price stamped on the bottom.



## New Fish Bait Declared Good.

The United States bureau of fisheries reports that on the last cruise of the Fish Hawk in Chesapeake bay samples of grayfish meat, put up in brine, were distributed among crab fishermen and dealers, to test its value and the possibility of introducing it as a substitute for some of the baits now on the market. Fishermen who have tried the grayfish say that it is a very good bait.

## Cardul Wins Suit.

After a trial in the United States District Court of Chicago, before Judge Carpenter and a federal jury, the jury found the American Medical Association guilty of libeling Cardul, the woman's tonic, which they had denounced as a "nostrum." This is a vindication of the medicine and a proof that it has merit, which was recognized by a jury after a trial of three months, one of the longest civil cases on record.

Many doctors and chemists testified on both sides and the evidence totaled nearly four million words.

## Class vs. Class.

"Well, there is one thing to be proud of; we have no class prejudices in this country." "H'm! I guess you were never around when three or four sophomores got hold of a freshman."

## Important to Mothers

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of Dr. J. C. Fletcher in Use for Over 30 Years. Children Cry for Fletcher's Castoria

Saskatchewan, Canada, offers an inviting market for American clothing, groceries and machinery.

A dog's tail is a great wag.

## HOW TO REMOVE DANDRUFF

Itching and Irritation of the Scalp With Cuticura. Trial Free.

On retiring lightly touch spots of dandruff, itching and burning with Cuticura Ointment. Next morning shampoo thoroughly with Cuticura Soap and hot water. These super-creamy emollients do much to keep the scalp clean and healthy and to promote hair growth. Free sample each by mail with Book. Address Postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

## Fancy Canine.

"Your wife seems fond of dogs." "I don't think she really is. She won't have a dog around unless he looks more like a chrysanthemum than he does like a dog."

Much of the experience that a man acquires comes too late to benefit him.

## The longest-wearing light weight rubbers you can buy—20,000,000 pairs have absolutely proved it

## Ask for GOODRICH "STRAIGHT-LINE" RUBBER OVERSHOES

—not just "rubbers"

Snug as a glove in fit, light on your feet, and stylishly—neat in appearance, with "double the wear in every pair" over what other rubbers will give you—there you have the reasons why 38,000 stores recommend "STRAIGHT-LINES" as the best you can buy—and why 20,000,000 pairs of them have been sold on their quality alone.



## The Only Boots and Shoes in the World that are made like—and wear like—Goodrich Auto Tires

## "HIPRESS" WITH THE RED LINE 'ROUND THE TOP

New auto tire tread rubber—lough as nails—in every pair. ONE SOLID PIECE construction, same as Goodrich Tires. Won't leak or split like others. Won't wear (and 3) times usual wear as 5,000,000 pairs have proved. Try a pair!

The Original BROWN Rubber Boots and Heavy Shoes. The B. F. Goodrich Company, Akron, Ohio. Makers, also, of TEXTAN—the Goodrich Sole that outwears leather on leather shoes.

## PATENTS

Watson E. Coleman, Washington, D.C. Books free. High class references. Best results.

## "ROUGH ON RATS"

Kills Rats, Mice, Bugs. Die outdoors. No and No.

## APPENDICITIS

If you have been threatened or have GALLSTONES, INDIGESTION, GAS or pain in the right FREE side write for valuable Book of Information.

W. N. U., OMAHA, NO. 44-1915.

## THOUSANDS HAVE KIDNEY TROUBLE AND DON'T KNOW IT

Weak and unhealthy kidneys cause so much sickness and suffering and when through neglect or other causes, kidney trouble is permitted to continue, serious results may be expected.

Your other organs may need attention—but your kidneys should have attention first because their work is most important.

If you feel that your kidneys are the cause of your sickness or run down condition commence taking Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder remedy, because if it proves to be the remedy you need and your kidneys begin to improve they will help all the other organs to health.

## Prevalency of Kidney Disease.

Most people do not realize the alarming increase and remarkable prevalence of kidney disease. While kidney disorders are among the most common diseases that prevail, they are almost the last recognized by patients, who usually content themselves with doctoring the effects, while the original disease constantly undermines the system.

## A Trial Will Convince Anyone.

Thousands of people have testified that the mild and immediate effect of Swamp-Root, the great kidney, liver and bladder remedy, is soon realized and that it stands the highest for its remarkable results in the most distressing cases.

## Symptoms of Kidney Trouble.

Swamp-Root is not recommended for everything but if you suffer from annoying bladder troubles, frequently passing water night and day, smarting or irritation in passing, brick-dust or sediment, headache, backache, lame back, dizziness, poor digestion, sleeplessness, nervousness, heart disturbance due to bad kidney trouble, skin eruptions from bad blood, neuralgia, rheumatism, lumbago, bloating, irritability, worn-out feeling, lack of ambition, may be loss of flesh or sallow complexion, kidney trouble in its worst form may be stealing upon you.

## Swamp-Root is Pleasant to Take.

If you are already convinced that Swamp-Root is what you need, you can purchase the regular fifty-cent and one-dollar size bottles at all drug stores.

## SPECIAL NOTE

You may obtain a sample size bottle of Swamp-Root by enclosing ten cents to Dr. Kilmer & Co., Binghamton, N. Y. This gives you the opportunity to prove the remarkable merit of this medicine. They will also send you a book of valuable information, containing many of the thousands of grateful letters received from men and women who say they found Swamp-Root to be just the remedy needed in kidney, liver and bladder troubles. The value and success of Swamp-Root are so well known that our readers are advised to send for a sample size bottle. Address: Dr. Kilmer & Co., Binghamton, N. Y. When writing be sure and mention this paper.