

MAKING RAPID STRIDES

Canada Improving in Every Way—Agriculturally, Commercially and Financially.

The reports coming to hand every day from all branches of industry in Canada speak highly of the constructive ability of that country.

Recently the managing directors of the Canadian Credit Men's Association gave out the statement that business in Western Canada was good. In every branch it is better than in 1913, and everyone will remember that in that year business was excellent. He says:

"The beauty of it is the way in which payments are coming in. Merchants all over the West are taking their cash discounts. Such a transformation I never saw.

"From the records in the office I knew it was getting better. We clear here every retail merchant in the country every three months, and we are therefore in the closest touch and have intimate knowledge of the way trade is going and how payments are being made. Conditions at the present moment are better than I had dreamed it was possible that they should be.

"The statements which we are receiving with reference to the standing of country merchants indicates that there will be very few failures this fall. It is quite remarkable. Men who have been behind for years and in the hole are actually paying spot cash for everything, and taking their cash discounts. Banks and loan companies this fall will have more money than they know what to do with.

"This is about the condition of trade, and I am glad to say there is no exaggeration in what I have said. The business of the prairie provinces is in splendid condition."

Crop reports are also good. From all parts comes the word that the crop conditions were never better, and the situation at the time of writing is that there will be fully as great a yield as in 1915, when the average of wheat over the entire country was upwards of 80 bushels per acre. The harvest therefore will be a heavy one—and, following the magnificent harvest of last year, the farmers of Western Canada will all be in splendid shape. Old indebtednesses, much of which followed them from their old homes, are being wiped out, improvements are now being planned, and additional acres added to their present holdings.

During the past year there was a large increase in the land sales both by the Canadian Pacific and Canadian Northern land companies, as well as by private individuals. A great many of the purchases were made by farmers who thus secured adjoining quarters or halves, the best evidence probably that could be had of the value of Western Canada land when those who know the country best are adding to their holdings. A number of outsiders have also been purchasers, but very little land has changed hands for speculative purposes.

An evidence of the prosperity of the country is found in the fact that such a large number of farmers are purchasing automobiles.

Alleged hard times in Manitoba have not dampened the ardor of motorists or prospective ones. The automobile license department reported a few days since that there are 1,600 more private owners of cars in the province this year than last. The number of licenses issued this year was 10,400, as against 8,500 last year. At an average cost of \$1,000 each the newly purchased cars represent a total outlay of \$1,600,000, while the total number of cars in the province are worth approximately \$10,000,000. The new cars are of modern types.

Many people, for some unexplained reason, have feared and continue to fear that this country will experience a period of industrial and business dullness after the war. There seems to be no justification for such a speculation.

On the contrary, there are sound reasons for belief in the prediction of Mr. Kingman Nott Robins, vice president of the Farm Mortgage Bankers' Association of America, who, in the Monetary Times, declares that Canada will experience her greatest proportionate development in production immediately after the conclusion of the war. The country will certainly have exceptionally favorable commercial conditions to take advantage of.

There will be the great need of Europe in the work of reconstruction.

Boston's Culture Vindicated.
The much acclaimed culture of Boston won for itself new laurels when no less a person than Dr. W. T. Sedgwick discarded a time-honored expression that has been in use for years unnumbered.

In his lecture to a class of public health students he said to his highly-amused hearers:

"Public health work should be in the hands of an especially trained class of men—and should not be left to every Thomas, Richard and Henry!" Exit the familiar old "Tom, Dick and Harry" of our childhood.

There Are Others.
"It is very strange that no one has ever been able to find Captain Kidd's treasure."

"Oh, well, Captain Kidd isn't the only man who has put his money into real estate and couldn't get it out."

His Reading Matter.
"What are you reading nowadays?"
"The key lines in moving picture shows mostly."

and along with this, the natural tendency of the allies to trade among themselves, and perhaps special trading privileges. Mr. Robins points out that the greatest development in the United States followed the costly and destructive civil war.

Mr. Robins, in an address before the Bondmen's Club of Chicago, expressed the opinion of a far-thinking mind and the review of an experience of the last of his numerous trips through the Canadian West. When he said he regarded the spirit of the Canadian people, as he found it, the most admirable and encouraging feature of the entire situation. They are facing the sacrifices of war courageously and with calm confidence as to the result, and in similar spirit they face the economic future, confident, but expecting to solve their problems only by dint of hard and intelligent effort.

An important part of Mr. Robins' address, which invites earnest attention, is that in which he refers to the land situation, and when his remarks are quoted they carry with them the impression gained by one who has given the question the careful thought of a man experienced in economic questions, and specially those relating to soil and its production. He is quoted as saying:

"Agricultural Canada was never so prosperous, and immigration of agricultural population both during and after the war seems a logical expectation, finding support in an increasing immigration at present from the United States, in spite of numerous canards spread broadcast throughout the United States to discourage emigration to Canada. The lands of Western Canada, however, as long as they are as at present the most advantageous for the settler of any on the continent, must continue to attract, despite misrepresentation, and on the increase of its agricultural and other primarily productive population depends the economic future of Canada. All other problems are secondary to this, and the large interests of Canada, recognizing this fact, are preparing to secure and hold this population both during and after the war. They are content to let city development and other secondary phases and superstructure follow in natural course. This recognition of the true basis of economic development is an encouraging augury for the future."

"The war has brought the United States and Canada nearer together economically than ever before. The total investment of United States capital in Canada doubtless exceeds \$1,000,000,000, of which \$300,000,000 has been invested since the war began. Except for Great Britain, Canada is the United States' best customer. Our exports to all of South America in the last three years were less than a third of our exports to Canada in the same period, although Canada has been rigidly reducing her imports since the war began. Even France, a good customer of the United States, bought \$70,000,000 less than Canada during 1913, 1914, 1915. And yet Canada's purchasing power is in the first stages of development only. It has been estimated that the United States can support a population of 600,000,000. Using the same basis of calculation in reference to natural resources, Canada can support a population of 400,000,000.

"Canada is potentially the most populous, and, in primary production, at least, the richest unit of the British empire, and it behooves us in the United States to know our Canada."

The social conditions throughout Western Canada are everything that could be desired. Schools have been established in all districts where there may be ten or twelve children of school age, and these are largely maintained by liberal government grants. A fund for this purpose is raised from the revenue derived from the sale of school land, one-eighth of all lands being set aside as school lands. All the higher branches of education are cared for, there being high schools at all important centers, and colleges and universities in the principal cities.

The different religious denominations prevail, each having its separate church, and religious services are held in every hamlet and village, and in far-off settlements the pastor finds an attentive congregation. The rural telephone is one of the great modern conveniences that brings the farm home nearer to the market.

It is not saying too much to state that in matters of social importance, in the most remote settlements they carry with them the same influence as is to be found in the most prosperous farming districts of any of the states of the Union.—Advertisement.

Strategy.
"What was all the argument between you and Judge Filver yesterday?"
"Oh, we were discussing the merits of our respective cars."
"That's a foolish thing to do. You can never convince a man that your car is better than his."
"I know that, but I got him so mad that he committed himself to the statement that my car can't make over ten miles an hour. The next time I'm brought up before him for speeding I'll remind him of that."

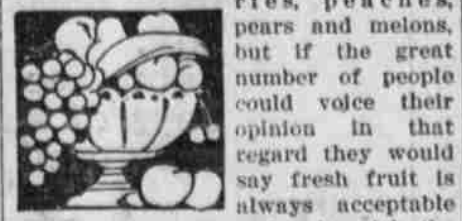
Honor Roll.
"Has your college produced any distinguished men?"
"Has it? Say, don't you ever read the papers? Didn't you hear of Lefty Jones, the famous shortstop; or Kangaroo Klein, the best shortstop in either league; or Biff Burroughs, the fence buster? And I could name a dozen more who have made good in the game. Have we ever produced any distinguished men? Why, Spalding's Baseball Guide is full of them."



THE KITCHEN CABINET

I do not think there is any other quality so essential to success of any kind, as the quality of perseverance. It overcomes almost everything, even nature.—John D. Rockefeller.

MORE ABOUT FRUITS.
You read occasionally how one tires of serving the fresh fruit, such as berries, peaches, pears and melons, but if the great number of people could voice their opinion in that regard they would say fresh fruit is always acceptable and only wish the season for each was longer. The everbearing strawberry is one of the fruits that is justly flavored, for we all agree that "God might have made a better berry," but he surely never did. For those who do tire of sugared fresh fruit of any kind the following recipes will be helpful.



Peach Delight.—Pare, cut in halves and remove the stones from a dozen ripe peaches, reserving a few of the pits. Boil the pits in half a cupful of water for 15 minutes and strain. Mix together a half cupful of sugar and a tablespoonful of flour; butter a baking dish and put in a layer of peaches, sprinkle with the sugar and dot with bits of butter; cover with another layer of peaches until all are used; pour over the water in which the pits were boiled and cover with a rich crust and bake. Make several openings for the steam to escape. Serve with cream.

Peach Compote.—Scald two cupfuls of milk in a double boiler and add one-half a cupful of farina gradually, while stirring constantly. When the mixture thickens, add a fourth of a cupful of sugar and a half teaspoonful of salt and cook for 20 minutes; then add the whites of two eggs, beaten, and pour in a buttered dish. Remove the skins from six peaches, put into a saucepan with six tablespoonfuls of sugar and four of water, cover and cook slowly until the fruit is soft. Cut the farina in squares and on each place a peach and pour peach sauce over all to serve.

Peach Sauce.—Mix a half a tablespoonful of cornstarch with one tablespoonful of water. Add to the peach sirup remaining in the saucepan; boil two minutes, then pour slowly, stirring constantly over the yolks of two eggs beaten until thick. Add two teaspoonfuls of lemon juice and a few grains of salt.

The time we now so profusely lavish away, and which flies from us so imperceptibly, will fall us; and we would be willing to give any price for one or two of those days we lose now with so much insensibility.

THINGS WORTH TRYING.
There are so many people these days who are using coarse breads that the following recipe may be found useful for variety.

Health Bread.—Take a quart of nice fresh bran, half a pint of graham flour, and the same amount of white flour, one teaspoonful of salt, two teaspoonfuls of baking powder, all sifted and well mixed together. The coarser parts should be added to the mixture from the sieve. Dissolve half a teaspoonful of soda in a tablespoonful of hot water, then stir it into a cupful (half a pint) of good New Orleans molasses, put a pint of sweet milk, one tablespoonful of melted butter and the molasses over the dry mixture and beat thoroughly. Place in pan, giving room to rise and bake for 35 minutes.

Salad Dressing That is Different.—Take a cupful of boiling water and a quarter of a cupful of vinegar and lemon mixed; when boiling hot stir in two tablespoonfuls of flour, rubbed to a paste, with two tablespoonfuls of olive oil. Stir and cook for five minutes, then remove and pour over the well beaten yolks of two eggs, stir and mix thoroughly. Cool, stirring occasionally. When cool add a cupful of olive oil, beginning to add it by tablespoonfuls, beating with an egg beater to blend thoroughly. When it is all added the dressing should be thick and smooth. Mix in a small bowl one-half teaspoonful of salt, the same of mustard and a few dashes of cayenne, add a little of the salad dressing and stir to a paste then mix well in the dressing and put in a covered glass jar. Keep in a cool place. If the oil rises to the top, pour it off and give the dressing a vigorous beating, when it will be smooth again.

Date Torte.—Beat two eggs, add a cupful of sugar and a cupful of finely cut walnut meats, one small cupful of finely cut dates, one-third of a cupful of flour and a teaspoonful of baking powder, a dash of salt. Mix and put into a layer cake pan and bake in a moderate oven. Serve sprinkled with a little lemon juice and cover with whipped cream.

Swiss Omelet.—Cut in eighth-inch pieces a large handful of chives, add one egg, a little salt, one tablespoonful of flour and a half a cupful of milk together, and stir into a hot frying pan with a tablespoonful of hot fat. Cook and stir until ready to serve.

The best prize that life offers is the chance to work hard at work worth doing.—T. Roosevelt.

High aims form high characters and great objects bring out great minds.

PORCH PARTY.
When one is giving a porch party the appointments do not resemble the picnic equipment for one is at home and has access to the fine linen and silver which always adds to such a feast.

The attractive willow porch furniture, chairs and tables as well as the wheeled tray may all match; the lunch cloths and napkins, too, may follow the same color scheme, making a harmonious whole in the decoration.

One may serve at a porch party just about the same dishes that would be appropriate at a function of the same kind inside. A cocktail of fruit, creamed chicken, new potatoes and peas, a salad, an ice and coffee.

The kitchen being within reach, hot dishes, soups and meats of various kinds are easily served. One large table or small ones out under the trees may be so arranged by decoration, to give variety in color if desired.



Jellied Chicken.—Cover two four-pound chickens with boiling water, simmer gently until tender, remove the chickens and while they are cooling add to the liquor in which they were cooked one onion, half a dozen cloves, a bay leaf, half a teaspoonful of celery seed and reduce it to a quart and a half by boiling. Add a box of gelatin that has been soaking in a half cupful of cold water, the juice of a lemon and strain. If not perfectly clear, boil up with the whites and well-washed shells of two eggs, strain through a cheese cloth and add salt and red pepper to season. Cut the chicken into dice. Arrange over the bottom of a dripping pan thin slices of hard-boiled eggs, then a layer of chicken, a sprinkling of chopped olives (the ripe olives are delicious for this), then another layer of eggs and chicken until all is used. Pour over enough of the jelly mixture to cover the ingredients and let stand overnight. Serve cut in slices with mayonnaise and tomatoes. This may be molded in individual molds and served on lettuce with mayonnaise dressing.

To be what we are, and to become what we are capable of becoming, is the only end of life.—R. L. Stevenson.

We judge ourselves by what we feel capable of doing, while others judge us by what we have already done.—Longfellow.

GOOD THINGS FOR TABLE.
Salads and light foods appeal to the taste these sultry days, and though we do enjoy meat at dinner, it is not a necessity.

Grilled Breast of Lamb.—Score the top of a breast of lamb and cover with beaten egg yolk. Sprinkle with salt and pepper and cover with breadcrumbs. Roast in the oven until brown, basting with butter frequently. Serve with caper sauce and currant jelly.

Combination Salad.—Cut into small pieces three cold boiled potatoes and an equal quantity of beets and of celery. Make a dressing by mixing together the hard-cooked yolks of three eggs and a tablespoonful of anchovy paste. Put through a sieve, and three-quarters of a cupful of olive oil, half a teaspoonful of mixed mustard, salt and pepper to taste, one and a half tablespoonfuls of vinegar. Oil and vinegar are to be added very slowly. Stir into the salad and serve on lettuce.

Maple Custard.—Beat five eggs until light. Add to them three cupfuls of scalded and cooled milk, a cupful of maple sugar or ordinary sugar with a pinch of salt. Stir all together and strain into custard cups. Cook in a pan of hot water until firm. Chill in the ice chest, and when serving unmold and sprinkle with nuts and grated maple sugar.

Banana Croquettes.—Use large, firm bananas. Peel them and roll them in lemon juice and let them stand well covered for an hour. Put a cupful of breadcrumbs on a plate, season with salt, paprika and powdered mint; on another plate put a beaten egg and a tablespoonful of cold water, well mixed. Cut the bananas in two pieces, dip in the egg then in the crumbs, until well covered; then fry in deep fat and serve hot.

Rhubarb Sauce.—Cut the stalk and place in a stone dish with a little water and sugar as desired; set the jar or dish in a pan of boiling water and cook in the oven.

Meaning Business.
"The American girl means business." The speaker was Miss Alberta Hill, the courageous and popular New York suffragette. She went on:
"She's quite right, too. I know an American girl whose two weeks at the shore a pale young man in a blazer tried to monopolize."
"What is the meaning of platonic affection," he asked her, one evening on the board walk.
"Its usual meaning," she answered, "is that the chap who talks about it is either too poor or too stingy to get married."—Cincinnati Enquirer.

Unnecessarily Alarmed.
The postman handed him the letter. One glance at the envelope sent him nearly into hysterics.
"Heavens!" he cried, "the first challenge I ever got."
"Duel!" was in big letters on the outside of the envelope.
"But I can't fight and—"
So he hurried to the station house, explained that he knew of no enemy who should demand his blood and asked for protection.
Three blue coated arms of the law presented themselves.
The detective force hurried out. By that time the desk sergeant had recovered.
He said it meant, "Due one cent."

Spitting His Face.
Senator Penrose was discussing a turbulent element in the Republican convention.
"These men," he said, "were animated by the same spirit that possessed Pat."
"Pat, a road mender, was observed by a mate to be holding his heavy sledgy motionless high above his head, ready to be brought down the minute the boss looked at him."
"What the dickens are ye doin', Pat?" his mate asked.
"Pat!" said Pat, in a low, reproachful voice. "Can't ye let a chap rest a minute when the boss's back is turned?"

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Possibilities of Slang.
Slang and its possibilities were vividly expressed in the conversation of two youths in a Back Bay home one night recently, says the Boston Traveler. The boys got into a discussion and when all legitimate arguments had been exhausted, the following repartee was heard:
"Snow again, I didn't catch the drift."
"Keep on spouting, kid, you're a whale."
"The yer shoe, your tongue's hangin' out."
"Hang crepe on yer ear, you mutt, yer brain is dead."
"Aw sand your tracks, yer slippin'!"
"Sneeze, little one, your bean is dusty."

Her Motive.
"Mercy sakes!" exclaimed the caller. "What dreadful language that parrot uses! How can you ever stand it?"
"Oh, I bought him to reform him," replied the lady of the house.

Smiles beget smiles. Who shows the world a pleasant face alters the aspect of many a person's day.

She is a wise wife who knows her own husband.

What is Castoria
CASTORIA is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrup. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The children's Panacea—The Mother's Friend.

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SWAMP-ROOT
The First Step.
Ed Bowes, the theatrical manager, used to live in San Francisco, and out there he knew a certain contractor who did a good deal of work for the city.

One morning—so Bowes says—a stranger who professed to understand street repairing in all its branches applied to the contractor for a job as foreman. The boss undertook to test the applicant.

"Well, now," he said, "supposin' you was called upon to clean out a sewer down in Chinatown that was clogged at both ends. What would you do first?"
The new man thought a moment.
"I'd bless meself," he said simply.—The Sunday Magazine.

Golf and Life.
"Golf is much like life."
"In what way?"
"The worse you play the harder you try."
"True, but it's different, too, in one respect."
"What's that?"
"In golf the harder you try the worse you get."—Detroit Free Press.

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