

WOMAN HAD NERVOUS TROUBLE

Lydia E. Pinkham's Vegetable Compound Helped Her.

West Danby, N. Y.—"I have had nervous trouble all my life until I took Lydia E. Pinkham's Vegetable Compound for nerves and for female troubles and it straightened me out in good shape. I work nearly all the time, as we live on a farm and I have four girls. I do all my sewing and other work with their help, so it shows that I stand it real well. I took the Compound when my ten year old daughter came and it helped me a lot. I have also had my oldest girl take it and it did her lots of good. I keep it in the house all the time and recommend it."—Mrs. DEWITT SINCEBAUGH, West Danby, N. Y.

Sleeplessness, nervousness, irritability, backache, headaches, dragging sensations, all point to female derangements which may be overcome by Lydia E. Pinkham's Vegetable Compound. This famous remedy, the medicinal ingredients of which are derived from native roots and herbs, has for forty years proved to be a most valuable tonic and invigorator of the female organism. Women everywhere bear willing testimony to the wonderful virtue of Lydia E. Pinkham's Vegetable Compound.

Every Woman Wants **Paxtine** ANTISEPTIC POWDER FOR PERSONAL HYGIENE Dissolved in water for douches stops pelvic catarrh, ulceration and inflammation. Recommended by Lydia E. Pinkham Med. Co. for ten years. A healing wonder for nasal catarrh, sore throat and sore eyes. Economical. Has extraordinary cleansing and germicidal power. Sample Free. Size, all druggists, or postage paid, The Paxtine Toilet Company, Boston, Mass.

TYPHOID is no more necessary than smallpox. Army experience has demonstrated the almost miraculous efficacy, and harmlessness, of Antityphoid Vaccination. Be vaccinated NOW by your physician, you and your family. It is more vital than blue insurance. Ask your physician, druggist, or send for "Have you had Typhoid?" telling of Typhoid Vaccine, results from use, and danger from Typhoid Carriers. Producing Vaccines and Serums under U. S. License The Cutter Laboratory, Berkeley, Cal., Chicago, Ill.

PARKER'S HAIR BALSAM A hair restorative of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c. and \$1.00 at Druggists.

Her Secret. A witness, a jolly, plump old woman, in a trial in the supreme court of Massachusetts, was asked what time a certain train of cars passed her house. She replied that she began knitting at three o'clock and had knit twice around the leg of a stocking before it came along. The next question, of course, was how long it would take her to knit twice around. The judge here, in his usual quiet humor, suggested that that would depend upon the size of the stocking. To this the witness remarked that the stocking was for herself and they could exercise their own judgment as to the size, and guess how long it would take.

IF YOU OR ANY FRIEND Suffer with Rheumatism or Neuritis, acute or chronic, write for my FREE BOOK on Rheumatism—Its Cause and Cure. Most wonderful book ever written. It's absolutely FREE. Jesse A. Case, Dept. C. W., Brockton, Mass.—Adv.

Sometimes the village dabbler migrates to a city and develops into a real man. A crank is a person who thinks you are a crank.

THE HIGH QUALITY SEWING MACHINE **NEW HOME** NOT SOLD UNDER ANY OTHER NAME Write for free booklet "Points to be considered before purchasing a Sewing Machine." Learn the facts. THE NEW HOME SEWING MACHINE CO., ORANGE, MASS.

Kill All Flies! They Spread Disease Placed anywhere, **Daisy Fly Killer** attracts and kills all flies. Head, clean, ornamental, convenient, and cheap. Lures all species. Sticky. Kills on contact. No harm to other insects. No odor. No mess. No need to wash. No need to burn. No need to throw away. Ask for **Daisy Fly Killer** Sold by druggists, or 5 cent packages, or 25 cent packages. HAROLD SOMERS, 150 DeKalb Ave., Brooklyn, N. Y.

SEEDS Alfalfa, Red Clover, Soybean, etc. Farms for sale and rent on crop payments. J. McHALL, 800 City, Iowa.

PATENTS Watson E. Coleman, Washington, D. C. Books free. High quality references. Best results.

Nebraska Directory

THE PAXTON HOTEL Omaha, Nebraska EUROPEAN PLAN Rooms from \$1.00 up single, 75 cents up double. CAFE PRICES REASONABLE

LAND WILL INCREASE Government statistics bear us out in our conclusion that the pasturing of land is not only profitable but is also a most profitable investment. We will gladly show you these facts and help you secure a tract of this land. Climate right, abundant rainfall and good water; land will grow the crops and can now be bought for \$10.00 an acre. Give us your name and address; we will send you a free copy of our book, "How to Buy Land."

SCOTT & HILL COMPANY McCague Bldg. Omaha, Neb. W. N. U., OMAHA, NO. 31-1916.

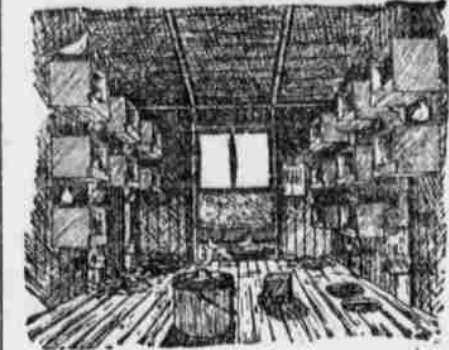
SQUABS RETURN PROFIT

Much Depends Upon Kind of Treatment Given to Birds.

Forty Pairs Can Be Kept Together Quite Successfully—Birds Should Not Be Encouraged to Idle—Cost of Feed.

It is a debatable question with squab breeders today whether birds should be kept in small or large flocks. While one will advocate keeping not over 50 pairs in a loft, another will advocate keeping 25, and a third will claim that there is no harm in keeping 200 pairs together. Observations have led to the belief that 40 pairs can be kept together quite successfully. These should have about 50 square feet of floor space and the lofts should be at least six feet high.

There should also be a fly from six to eight feet high, the width of the



Common Type of Pigeon House.

loft and from twenty to thirty feet in length. Some breeders make the fly high enough so that it will extend over part of the roof of the pigeon house, in order that the birds may sit in the sun. This is not only injurious to the roof, but encourages the birds to lazy habits, whereas to get successful results in breeding they must be kept working, or at least not encouraged to idleness.

The estimated cost of feeding a pair of pigeons varies from \$1 to \$1.50 a year. Reports from a number of pigeon farms give an average cost of \$1.32.

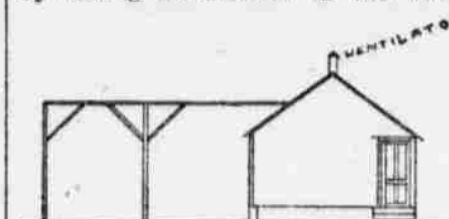
Clear drinking water, grit, broken oyster shell and charcoal should be kept before the pigeons all the time. Squabs are ready for market usually from 3 1/2 to 4 1/2 weeks of age, and up to this time they are fed by their parents. They must be sent to market



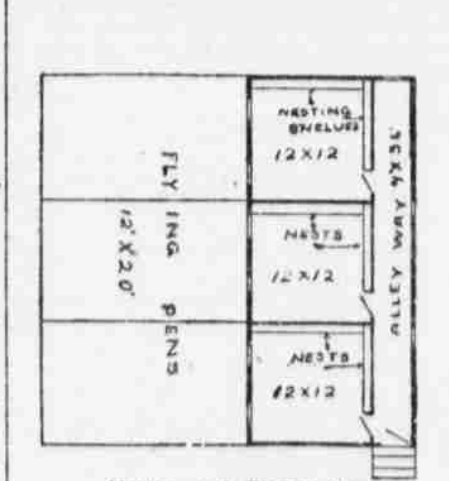
Nest With Movable Front and Partitions.

promptly as the period during which they are in best condition rarely exceeds one week. Squabs are in good market condition when fully feathered under the wings, which is usually about the time they begin to leave the nest. If they are not killed at this time they soon lose their baby fat and their flesh begins to harden.

Catch the squabs to be marketed in the morning before they are fed by their parents, so that their crops will be empty. Squabs are usually killed in the same manner as poultry by cutting the arteries in the back



House and Flying Pen.



part of the roof of the mouth and piercing the brain, but if sent to market without plucking they are usually killed by wringing or breaking the neck.

Squabs should be graded according to size and quality, as dark-colored and small squabs tend to lower the price paid for an entire shipment of mixed squabs. They are usually packed for shipment in a good supply of cracked ice, breasts up, with paraffin paper between each layer of ice and squabs. Some express companies have a special rate for squab shipments, which should be secured wherever possible.

CARE OF MILK BEFORE COOL

Bad Odors and Poor Flavor of Butter Traced to Improper Handling—Keep Vessels Clean.

If the facts were known doubtless it would be found that most of the contamination that causes bad odors in milk and poor flavor in butter could be traced to the handling of the milk before it was cooled. Warm milk is food for bacteria and so long as the milk is exposed and warm it will likely be contaminated.

As soon as the milk is drawn from the cow it should be cooled. Even while the milking is being done the milk should be covered and the milk can so that as little of the milk is exposed as possible.

Much will always depend upon the temperature of the milk. When the temperature is lowered danger of growth of these bacteria is reduced. Where ice is available the milk may be quickly cooled, but where there is no ice more difficulty may be expected.

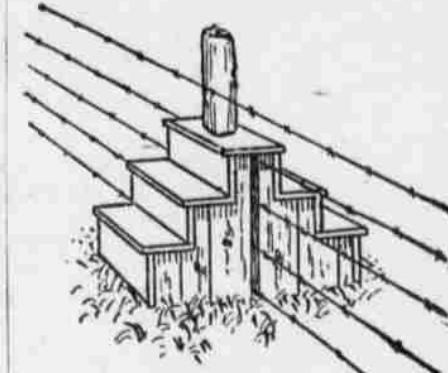
Of course the vessels must be kept clean and the milk put where it will not absorb bad odors. But it must be cooled before it can be expected to be anything like free from contaminating bacteria.

LITTLE HELPS AROUND FARM

Useless Swamp May Be Converted Into Pond by Cleaning It Out—Dry Paths Add Comfort.

It is a good plan to locate corn cribs and hay stacks on high rolling ground, so that water will not settle toward them.

A swamp that is an eyesore and absolutely useless as it stands, may be drained and converted into a perm-



Stairway Like This Makes It Easy to Get Over Barbed-Wire Fence.

nent pond by scraping out the bottom and lining it with clay.

A patch of stony, unproductive ground can, in a few years, be converted into a joy for the youngsters, by planting it to hickory trees.

Nothing adds so much to the comfort of everybody on the farm as dry, solid paths or walks running from the house to all of the outbuildings and connecting the latter.

If you do not have the energy to build a dipping tank for the hogs, pour some coal oil over the pond where they wallow, and it will aid materially in disposing of the lice.

A self-opening and closing gate is appreciated in cold and stormy weather.

It will only take a good day's work to make a split-log drag and it will pay for itself over and over the first year.

A gasoline engine and a manure spreader are cheaper than the wages of a farm hand, and they can be always had.

If you are thinking of trying alfalfa start with a small field, say two or three acres. If your experiment fails the loss will not be so great, but alfalfa will grow in almost any soil or any climate if it is handled right.

GET RID OF DEFORMED BIRDS

Let Undesirable Fowls Run With Others Until Right Size, Then Fatten Them for Market.

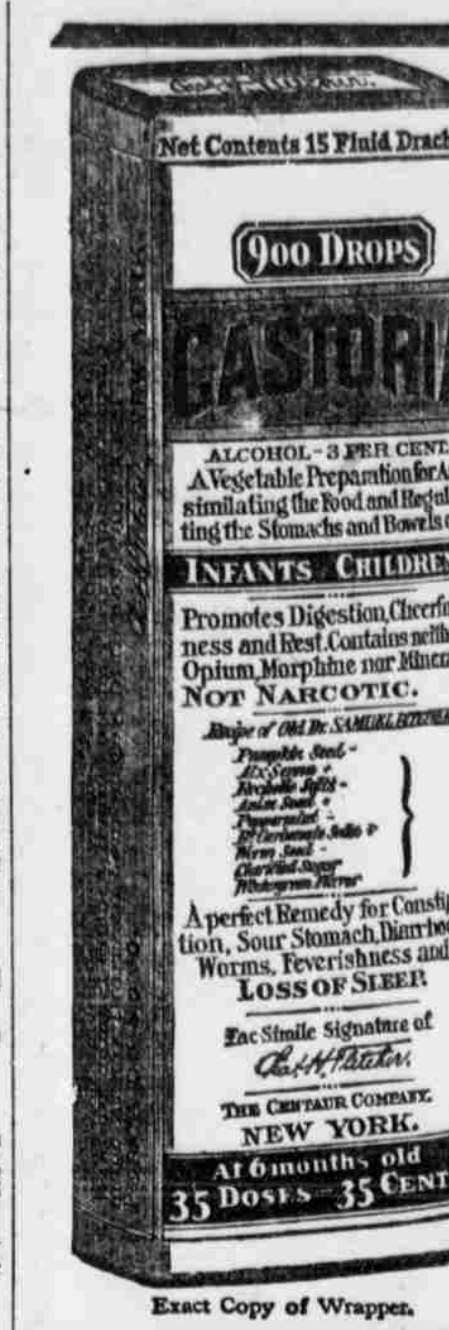
Handle the chicks and market deformed birds as soon as they are of market size. Crooked backs, hip joints of unequal height, crooked toes, long beaks, combs with side springs, duck feet, off-colored eyes and a pronounced tendency to off-colored feathers, can not readily be detected without handling the birds. It is well to sew a band of red flannel or mark with colored paint the legs of birds destined for the early market. A dab of paint on the wing bow is also good.

Let these birds run with the other till about the size needed, and then pen and fatten. Many a sale can be made at the door if the chicks are cooped and ready. Keep them free from lice and growing every day, but get rid of them quickly.

ESTIMATE WIRE FOR FENCES

Catch-Weight Spools Weigh From 85 to 125 Pounds—Stretcher Is Almost Indispensable.

In calculating the amount of wire to fence a field it is customary to assume that ordinary barb wire weighs one pound per rod. This is approximately only, but it will give you an idea in estimating the number of spools. Barb wire is placed upon the market either in catch weights of ordinary spools 80 rods long. Catch-weight spools weigh from 85 to 125 pounds, the average being about 95 pounds. These are net weights and are marked on the spool. Eighty rod spools are guaranteed to contain 80 rods of wire. Every farmer with such fencing to do should have a wire stretcher. One is almost indispensable to easy and satisfactory work.



Children Cry For Fletcher's CASTORIA

What is CASTORIA Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of **Chas. H. Fletcher**

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

ALL KINDS OF PROVISIONS

Truthful Traveler Explains How Sailors Were Enabled to Alleviate the Pangs of Hunger.

He was describing the privations of a voyage from which he had just returned.

"Then," he said, "I went down to the cabin to lunch."

"Lunch!" exclaimed one of his hearers. "But you told us there was nothing to eat left on board. What did you have for lunch?"

"Oh!" was the reply, "it was a very modest affair—beef, wine and an egg."

"Beef?" Where did you get the beef from?"

"Oh!" was the reply, "that came from the bulwarks."

"And the wine—how about that?"

"Oh, that came from the porthole!"

"Oh, oh!" laughed the listener, "Good, very good! But tell me where did you get the egg?"

"Oh, that was the simplest of all!" came the reply, "The captain gave orders for the ship to 'lay to,' and he gave me one."—Pearson's Weekly.

SWAMP-ROOT STOPS SERIOUS BACKACHE

When your back aches, and your bladder and kidneys seem to be disordered, remember it is needless to suffer—go to your nearest drug store and get a bottle of Dr. Kilmer's Swamp-Root. It is a physician's prescription for diseases of the kidneys and bladder.

It has stood the test of years and has a reputation for quickly and effectively giving results in thousands of cases. This prescription was used by Dr. Kilmer in his private practice and was so very effective that it has been placed on sale everywhere. Get a bottle, 50c and \$1.00, at your nearest druggist.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

Needlessly Alarmed.

A man who was stung by hornets last summer, was awakened by a buzzing sound almost directly above him. He ducked his head under the covers.

When he ventured an ear out to listen he heard the sound again, even louder than before.

Again he ducked under the covers. Then, realizing that he couldn't stay in bed all day, he put his head out from under the covers and yelled. This was with the idea of scaring whatever was buzzing.

He succeeded in that, but it wasn't a hornet or bee.

It was a hired girl running a vacuum carpet sweeper on the floor of the flat overhead.

Had Experience.

A guardsman mustered into the federal service cannot be held for all money, so a court rules, because his income is only enough for himself. This may incite the Alimony club members to enlist, if they can get out long enough to do so. Nobody can deny that they have fighting experience in the Home Guard.

Logical Deduction.

Almece—Last night young Lovelace said he would willingly die for my sake, and this morning Jeanette told me he said the same thing to her three days ago. Now what do you think of a man like that?

Hazel—Well, it looks to me like he was leading a double life.

HORSE SALE DISTEMPER

You know that what you sell or buy through the sales has about one chance in fifty to escape SALE STABLE DISTEMPER. "SPOHN'S" is your true protection, your only safeguard, for as sure as you treat all your horses with it, you will soon be rid of the disease. It acts as a sure preventive, no matter how they are "exposed." 50 cents and \$1 a bottle; \$5 and \$10 dozen bottles, at all good druggists, horse goods houses, or delivered by the manufacturer, SPOHN MEDICAL CO., Chemists, Goshen, Ind., U. S. A.

RETAIN CONTROL OF SELF

Without That It Is Unreasonable to Think One Has the Ability to Control Others.

The other day a man who makes his living by fighting was struck by an undersized man, and instead of returning the blow he walked away from his diminutive assailant.

This man exhibited much more self-control than the majority of people.

Men who class themselves as being on a higher plane than this fighting man would have mixed immediately with the hot-headed individual.

What would you have done? The chances are that you would have rushed at the fellow with all your might; you would have permitted your savage instincts to rule you.

This proves that you have not as much power as you should have over your impulses.

You may boss other people, but you are not boss of yourself.

Maybe you wonder why others are forging ahead of you as leaders of men.

It is because they have a check rein on themselves. They have schooled themselves that they may be able to guide others. Self-control is the attribute of a leader.—Chicago American.

Escaping Fire.

Church—I see 5,000 copies of the Bible have been placed in the guest-rooms of the hotels in Washington, D. C.

Gotham—Well, some consider them the surest fire-escapes.

No, Maude, people who pay their money at the gate are not given gate receipts.

The Artful Dodger.

There was an air of proud distinction about the tall, erect, raw-boned Southern cracker as he stood before Judge Broyles, felt hat in hand and generous quid tucked away in one corner of his capacious mouth.

"This man, your honor," explained the officer who made the arrest, "is a suspicious character. We found him hiding along Decatur street, first in one alley and then in another. Why, would you believe it, your honor, when I finally got him he was hiding under a stack of dirty clothes in a hand laundry."

"What have you to say for yourself, Peter Cooper Higgs?" demanded the judge. "What were you hiding from—the court must know!"

Everybody in the big room leaned forward to catch the stern-faced cracker's answer. They were prepared for some sort of flendish plot.

"Ma wife wuz after me ter pay fer 'th' rent," was the prisoner's calm response.—Case and Content.

Ouch!

They were seated in a secluded corner of the veranda. For a long time neither of them had spoken. Suddenly he took her little hand in his. His voice was choked with emotion as he said:

"Do you think you could ever learn to love a man—"

"Yes," she interrupted in a soft whisper. "Bring on your man."

Very Likely.

Bill—It is said the English channel is nowhere more than 900 feet deep. Jill—I suppose it seems a lot deeper than that if a fellow can't swim.

It's hard for most of us to be good when we have a chance to be.

For Ten

A package of New Post Toasties provides servings for ten people—a delicious breakfast dish—corn flakes with new form and new flavour.

New Post Toasties are known by tiny bubbles raised on each flake by the quick, intense heat of the new process of manufacture.

They bear the full, true flavour of prime, white Indian corn, not found in corn flakes of the past; and they are not "chaffy" in the package; and they don't mush down when milk or cream is added, like ordinary corn flakes.

Try some dry—a good way to test the flavour, but they are usually served with rich milk or cream—

New Post Toasties

Sold by Grocers everywhere.