

I OWE MY HEALTH

To Lydia E. Pinkham's Vegetable Compound.



Washington Park, Ill.—"I am the mother of four children and have suffered with female trouble, backache, nervous spells and the blues. My children's loud talking and romping would make me so nervous I could just tear everything to pieces and I would ache all over and feel so sick that I would not want anyone to talk to me at times. Lydia E. Pinkham's Vegetable Compound and Liver Pills restored me to health and I want to thank you for the good they have done me. I have had quite a bit of trouble and worry but it does not affect my youthful looks. My friends say 'Why do you look so young and well?' I owe it all to the Lydia E. Pinkham remedies."

—Mrs. ROBT. STROPEL, Moore Avenue, Washington Park, Illinois.

We wish every woman who suffers from female troubles, nervousness, backache or the blues could see the letters written by women made well by Lydia E. Pinkham's Vegetable Compound.

If you have any symptom about which you would like to know write to the Lydia E. Pinkham Medicine Co., Lynn, Mass., for helpful advice given free of charge.

WIFE HAD HER SUSPICIONS

Hubby's Compliment Evidently Made Her Think There Was "Something in the Wind."

"C. J. M." writes as follows to the New York Sun:

"Sir: This most beautiful morning I arose early, went out on the veranda and stood listening to the birds singing, looking at the tulips and pansies, the young leaves on the trees, the new-cut lawns, and enjoying the floods of sunshine making all so restful. I felt that it was good to live.

"On the breakfast-table I found my favorite dishes daintily served. My wife sat opposite me, herself a picture of lovely womanhood, I could not refrain from expressing my great pleasure and happiness.

"I said: 'This is a most delightful breakfast, and I have the best and sweetest wife in all the world to share it with me.'

"Now, naturally, I expected a sweet smile of appreciation. Did I get it? No! The 'boofal lady' half closed her eyelids, looked at me steadily and said: 'You be particularly careful to come home this evening on your regular train.'

"Aren't women queer creatures?"

Wanted, an Elephant.

The Hasty Pudding club of Harvard was recently reported to be in some distress because of the lack of two sturdy actors capable of good team work in playing the part of an elephant in the club's annual spring show. The original selection for the front legs was dismissed from college on account of low marks, and the hind legs became discouraged and resigned. Probably a peculiar combination of athletic skill and comic talent is required for the proper representation of a stage elephant, and it may be a thankless task that college amateurs in general are unwilling to tackle. An actor disguised as one-half of an elephant seems to lose much of his individuality. But the fore and aft portion of a quadruped offers a fine chance for an ambitious young actor to start a brilliant career. Henry E. Dixey began his stage life as the hind legs of the heifer in "Evangeline."—Providence Journal.

The Main Point.

"The man I went to in order to make an exchange of autos was very crusty, but I gave him a Roland for his Oliver."

"Well, which was the better make?"

Stop That Ache!

Don't worry about a bad back. Get rid of it. Probably your kidneys are out of order. Resume sensible habits and help the kidneys. Then, kidney backache will go; also the dizzy spells, lameness, stiffness, tired feelings, nervousness, rheumatic pains and bladder troubles. Use Doan's Kidney Pills. Thousands recommend them.

An Iowa Case

Mrs. H. H. Means, 719 Third Ave., W., Getwell, I. o. w. a., says: "A cold settled on my kidneys and when I swept the floor, sharp pains shot up from the small of my back and nearly drove me wild. I felt tired and languid and had no ambition. I had severe pains in the back of my head and also dizzy spells when I had to put my hands on a chair to steady myself. Doan's Kidney Pills fixed me up in good shape."

Get Doan's at Any Store, 50c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

APPENDICITIS

If you have been threatened or have GALLSTONES, INDIGESTION, GAS or PAINS in the right side write for a valuable Book of Information FREE
L. E. HUGHES, GUPT, W. 2, 212 S. DEARBORN ST., CHICAGO

W. N. U., OMAHA, NO. 30-1916.

FOR BETTER ROADS

GOOD ROADS WORK WONDERS

Improved Highways Give Farmer Chance to Reach Markets—Farm Roads Decrease Efficiency.

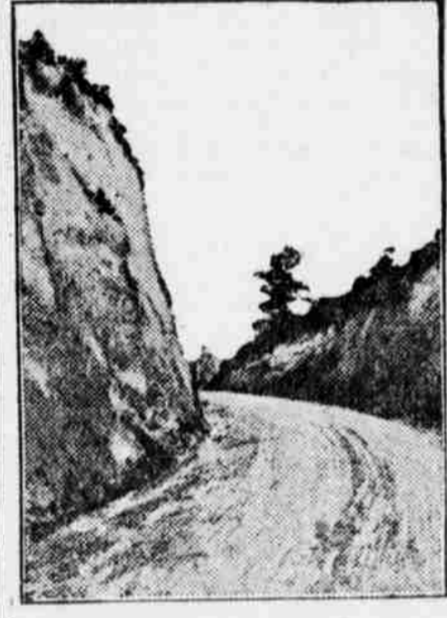
The railways and interurbans have and are having much to do with the development of this state. The evidence of their splendid work is seen on every hand. They have contributed to the building of towns, the development of rural communities and have made it possible for great industrial ventures to succeed. But they, while working wonders for the commonwealth, cannot reach every household as the highways do. The highway reaches the isolated man, which the railway but incidentally touches, and it means to this man or the community in which he lives whether the highway is of such a nature as to enable him to carry on his relations at the least expense and comfort. If the roads are bad he is hampered and loses much, not only from the value of his products which must be hauled to market, but he pays tribute in the wear and tear of his harness, vehicles and injury to animals. His inability to reach churches and schools easily reduces his ability to make the most useful citizen.

If he has good roads he reverses this and stands out with greater possibilities along all lines of endeavor in which he engages.—Greenville (Tex.) Banner.

GOOD-ROADS FEVER IN SOUTH

Taking Hold Everywhere and Different Counties Busily Engaged in Making Improvements.

It is a gratifying thing to note how the good-roads fever is taking hold nearly everywhere in the South. Hardly a county there that is not busily engaged in improving its highways. Many sections are finding, too, that



Cut Through Mine Hole Gap in Asheville-Charlotte Highway.

road-building is by no means the big and expensive job it was once thought. In a great deal of the sandy Coastal Plain country, from Virginia to Texas, nature has often mixed sand and clay in about the right proportions to make a good hard road, and all that is necessary is to keep the road well graded by means of scrapes and drags.—The Progressive Farmer.

DUST IS A DECIDED NUISANCE

In Many Cases Windows Have to Be Kept Closed Tight—Use Split-Log Drag After Rains.

(By W. C. PALMER, Agricultural Editor, North Dakota Agricultural College.)

When dry weather comes the dust from the road becomes a great nuisance to the housewife who lives near the road. In many cases windows have to be kept closed tight to lessen the amount of dust that seeps in. The most effective way of reducing the dust nuisance is the use of a split-log drag on the road after every rain. The road dust comes largely from the grinding up of the turned-up edges of ruts made by wheels and horses' hoofs. These cannot form unless water can stand on the roadbed and water cannot stand on the roadbed if it is kept well crowned and well packed as it will be if the road drag is used regularly. Dragging the roads will mean a good deal to the housewife, as well as to travelers and those who have to haul to and from the market.

GOOD CURE FOR SCALY LEGS

Good Plan to Anoint Legs of Young Chicks Even if They Do Not Show Signs of Disease.

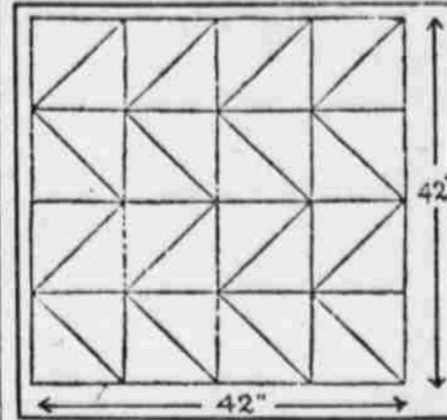
Lard and kerosene is an excellent cure for scaly leg and it is a good plan to anoint the legs of the early youngsters at this time even if they do not show any signs of the disease. "An ounce of prevention is worth a pound of cure."

MAKING CAPS FOR HAY

Covers Arranged So That Weights Will Not Get Tangled.

Ingenious Arrangement of Expert of Wisconsin Agricultural College Tried and Pronounced Extremely Practical.

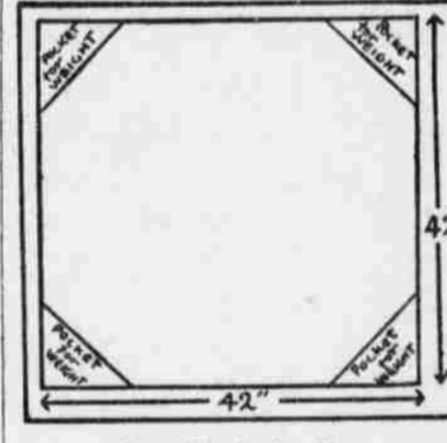
L. J. Wright of the Wisconsin Agricultural college has discovered an ingenious way to make haycock covers



Ducking Cut into Squares.

so the weights will not get tangled up. Here are the directions:

Take 10-ounce ducking and cut it into squares 42 inches on a side. Now take one of the squares and cut it into 32 pieces, as shown in the first picture. Then sew the triangles on the corners of the large squares, using No. 24 thread, on a sewing machine. But before sewing the long side of the triangle put in stones (one or more) weighing about a pound at each corner. Then sew up the long sides with the stones in the pockets. These caps can be made at a total cost of about



Caps Ready for Use.

22 cents each for material, and after a two years trial have been pronounced extremely practical.—Farm and Fireside.

CHEAPER SPRAY FOR SUMMER

Fruit Growers and Gardeners See No Profit in Using Copper Sulphate—Use Lime-Sulphur.

The cost of copper sulphate is so high this season that many fruit growers and gardeners cannot see any profit in using it as a spray material, at the same time realizing the danger of not spraying at all. It has been found that a solution of lime-sulphur solution, diluted to 1 to 40 is fully as effective as bordeaux mixture, and in many orchards it has given even better results than the bordeaux. Many apple growers will use the summer spray of lime-sulphur this year who have never used it before.

CROPS REQUIRE RICH SOILS

Greatest Value of Sweet Clover Will Be Found in Its Use as Green Manuring Plant.

It may not be advisable to grow sweet clover on land that will produce good crops of red clover and alfalfa. These crops require rich, well-fertilized soil; but sweet clover will grow on the poor soils. It is a poor-land crop, and probably its greatest value will be found in its use as a green manuring crop. It will enable the farmer to fill his unproductive soils with humus and bring the land to a condition that will enable the crop to utilize the fertility it contains.

BIG VALUE OF FARM MANURE

Not Fully Appreciated Until High Prices of Potash and Acid Phosphate Woke Up Farmer.

The high prices of potash and acid phosphate at this time are causing much concern among farmers who depend upon commercial fertilizers to supply these constituents for the successful production of their crops.

If the farmers of this country had always fully appreciated the true value of farm manure, and used it on their land, the present situation would be much less acute.

TURNING HORSES ON ALFALFA

Plant Contains Relatively Large Percentage of Bone and Muscle-Making Elements.

To obtain the best results from pasturing work horses on alfalfa, they should be turned out every night. Turning out one night and keeping in the next is bound to derange the digestive tract quicker than pasture every night. The alfalfa plant contains a relatively large percentage of bone and muscle-making elements, and hence its value for young stock, either as a grass or cured hay.

FEDERAL GOVERNMENT TO AID

Experimental Post Roads of Different Types Now Under Construction in Many States.

Four hundred and sixty-five miles of experimental post roads of different types, benefiting 28 different counties, are now under construction in 13 states, which are co-operating with the federal government. These roads, which are being built under the supervision of the department of agriculture, are authorized by the act of congress which appropriated \$500,000 for the post office department for experiments to test out the value of improved rural carrier routes. The federal government pays one-third and the state or county benefited must defray two-thirds of the cost. As rapidly as these roads are constructed the department is endeavoring to interest the local authorities in inaugurating systematic maintenance to keep these roads in condition. The Virginia authorities agreed to maintain the new roads built in that state, and it is believed that this local maintenance system will be extended to the post roads to be built in Maine, Tennessee, Texas and Alabama.

CARE FOR HARNESS PROPERLY

Most Farmers Give This Part of Equipment Scant Attention During the Busy Months.

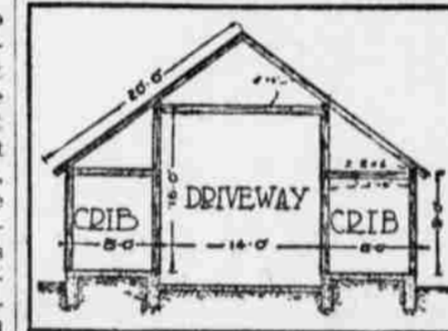
While it is generally conceded to be the best plan to care for the harness properly throughout the entire year, most farmers give this part of their farm equipment scant attention during the busy months. As long as the harness holds together and will give service, the work-harness is thrown on to the horses' backs day after day, and no more thought is given it. However, when the busy days are over, there is no excuse for not giving the harness a little special attention. It is a good plan to wash the dirt and grease from the straps at least once a year, and then give them a good oiling and working until the leather is soft and pliable. Buckles should be oiled so they can be handled easily.

PRACTICAL FARM CORNCRIB

Structure Shown in Illustration Built So Farmer Can Drive in With Load of Straw.

A double crib with a wide and high center driveway makes a practical farm building. The one illustrated here is built so that the owner can drive in with a load of hay or straw. The driveway is 14 feet wide and the doors are hung on heavy iron hinges and are 14 feet high. A set of scales can be built into the floor here if one desires. Being under cover they will last years longer than where left unsheltered.

Such a crib can be built without the help of skilled mechanics. To hold 2,000



Cross Section of Crib.

bushels ear corn, that is 1,000 bushels on each side, it must be 32 feet long and 8 feet wide as shown in the sectional drawing. The cribs are 8 feet and the driveway 14 feet, making the whole width 30 feet.—Farm and Home.

GENERAL FARM NOTES

Damp litter is a breeder of disease.

Clean milk is obtained only by a clean dairyman.

Don't overfeed the chicks. They will become inactive and diseased.

Look sharp for the champion cow. She may be right in your own dairy.

For strong, vigorous poultry, mate old turkey hens to young, vigorous toms.

Calves will make as good growth on separator milk with flaxseed as on whole milk.

The cream should be kept at a uniform temperature and stirred at least twice each day, thoroughly.

Whether or not a man can make his dairy pay may depend wholly upon the attention he pays to the cows.

A mixture of cottonseed meal and shorts, and alfalfa hay, is a very good feed or ration for fattening calves.

One user of a milking machine says that one of the best things about it is that it does not swear at the cows.

A supply of salt should be always accessible to cows, either in granulated form or large pieces of rock salt.

There is no way of determining the profitableness of a cow except with the Babcock test and the scales, and then keeping records of the cost of feed.

The Byplay Minstrels.

"Mr. Interlocutor, can you tell me which is the richest country in the world?"

"Why, the United States is the richest country in the world, Mr. Tambo."

"No, it isn't. Ireland is the richest country in the world."

"And why is Ireland the richest country in the world, Mr. Tambo?"

"Because its capital is always Dublin."

"While the undertakers are gathering up the shattered remains of the late Mr. Tambo, Mr. Payne will render that pathetic ballad, 'Here Lies What's Left of Poor Jim Flynn. He's Gone. He Couldn't Stop; He Sang Raus Mit der Kaiser in a German Barber Shop.'"—Philadelphia Ledger.

His Mistake.

"Husband, what did you do with those perforated piano rolls?"

"I thought they were a lot of peeka-boo shirtwaists and I put 'em in the wardrobe."

STANDARD FLY SHY CHASES FLY SHY

Prevents loss from fly nuisance on your stock. Keeps flies, crows, dogs, money and thieves. The standard for years. At all dealers \$1.00 a gallon. Standard Chemical Mfg. Co., Omaha, Neb.—Adv.

Practical Diplomacy.

"Papa," inquired a young hopeful of some seven summers, as he looked up from a book he was reading, "there's a word here which puzzles me—diplomacy?"

"Diplomacy, my son," and the old man smiled paternally as he said it, "means this: Doing or saying precisely the right thing at precisely the right time."

"Ah!" retorted the young hopeful, "then I guess I exercised diplomacy last night."

"How, my son?" inquired the fond parent.

"Why, I rolled Johnny over into my place just before ma came in with the canstrol oil, and then came again just before she came to the other side."

Australia has many 1,000-acre farms.

Save the Babies.

INFANT MORTALITY is something frightful. We can hardly realize that of all the children born in civilized countries, twenty-two per cent., or nearly one-quarter, die before they reach one year; thirty-seven per cent., or more than one-third, before they are five, and one-half before they are fifteen!

We do not hesitate to say that a timely use of Castoria would save a majority of these precious lives. Neither do we hesitate to say that many of these infantile deaths are occasioned by the use of narcotic preparations. Drops, tinctures and soothing syrups sold for children's complaints contain more or less opium or morphine. They are, in considerable quantities, deadly poisons. In any quantity, they stupefy, retard circulation and lead to congestions, sickness, death. Castoria operates exactly the reverse, but you must see that it bears the signature of Chas. H. Fletcher. Castoria causes the blood to circulate properly, opens the pores of the skin and coils a fever.

Genuine Castoria always bears the signature of *Chas. H. Fletcher*

PAT ROSE TO THE OCCASION

Lookout's Appeal Did Not Fall on Deaf Ears, as Far as Irishman Was Concerned.

'Twas off the coast of dear old Ireland, and the steamship was a trifle off its course. It had, in fact, taken the wrong turning.

"Breakers ahead! We are lost!" yelled the lookout from his point of vantage in the bows.

"Begorra!" cried the Irish cook, "we're not lost if that will save us." And he seized a belaying pin and hit the lookout such a blow as completely to daze the man.

"How dare you?" yelled the captain, angrily. "Why did you strike that man?"

"Well," replied Pat, "he yelled, 'Break us ahead or we are lost' and, sure, I did it, sir. And I'll break a dozen, sir, if that'll save the ship, bead!"

Kitties the Middle Sex.

The following incident has been related by Capt. Alexander Weel, Thirtieth battalion, Canadian expeditionary forces, Royal Highlanders of Canada:

"The majority of the people in France look at the kitties with awe. After gazing at us for some time one of the women remarked that the crazy English were sending women over to fight for them; the second quickly replied that that couldn't be so, for there was a man with a beard. At that a third woman shook her head rather solemnly for a few moments and then suddenly exclaimed rather loudly: 'I have it; they are the middle-sex.'"

IF YOU OR ANY FRIEND

Suffer with Rheumatism or Neuritis, acute or chronic, write for my FREE BOOK on Rheumatism—its Cause and Cure. Most wonderful book ever written; it's absolutely FREE. Jesse A. Case, Dept. C. W., Brockton, Mass.—Adv.

Thinks Fish Can Talk.

Stephen Decatur Bridges of Verona, Me., who is known as the "Salmon King" of the Penobscot, is positive not that fish have brains, but that fish reason and form likes and dislikes, and tell their opinions to each other, the New York World states.

Bridges explains the disappearance of salmon from the Penobscot in two ways—either "salmon tell other salmon how dirty its waters are and how it is not fit for any respectable salmon to live in," or "the fish resent it because at the hatchery in East Orland they are taken from the water and stripped of their eggs."

The Proper Place.

"Where did the police question the suspected waiter they arrested for thefts at the clubhouse?"

"I guess it was in the grillroom."

160 ACRE FARMS IN WESTERN CANADA FREE

Regarding Western Canada as a grain producer, a prominent business man says: "Canada's position today is sounder than ever. There is more wheat, more oats, more grain for feed, 20% more cattle than last year and more hogs. The war market in Europe needs our surplus. As for the wheat crop, it is marvelous and a monument of strength for business confidence to build upon, exceeding the most optimistic predictions."

Wheat averaged in 1915 over 25 bushels per acre
Oats averaged in 1915 over 45 bushels per acre
Barley averaged in 1915 over 40 bushels per acre

Prices are high, markets convenient, excellent land, low in price either improved or otherwise, ranging from \$12 to \$30 per acre. Free homestead lands are plentiful and not far from railway lines and convenient to good schools and churches. The climate is healthful.

There is no war tax on land, nor is there any conscription. For complete information as to best locations for settlement, reduced railroad rates and descriptive illustrated pamphlet, address Superintendent Immigration, Ottawa, or

W. V. BENNETT, Room 4, Bee Bldg., Omaha, Neb.
Canadian Government Agent

DAISY FLY KILLER

Placed anywhere, attracts and kills all flies. Meat, glass, ornamental, ornamental, ornamental, ornamental. Lasts all season. Made of metal, can't rust or injure anything. Guaranteed effective. All dealers or direct express paid for \$1.00.

HAROLD BOMERS, 150 De Kalb Ave., Brooklyn, N. Y.

SEEDS

Alfalfa, Sweet Clover, B. Farms for sale and rent on crop farms. J. MULHALL, 300 City, Iowa

Practical Education given for services; personal and mail courses. Business College, Sioux Falls, S. D.

SWAMP-ROOT

Is not recommended for everything, but if you have kidney, liver or bladder trouble it may be found just the remedy you need. At drugists in fifty cent and dollar sizes. You may receive a sample size bottle of this reliable medicine by Parcel Post, also pamphlet telling about it.

Address Dr. Kiffner & Co., Birmingham, N. Y., and enclose ten cents, also mention this paper.

Nebraska Directory

BOWLES Live Stock Commission Co.

SHIPMENTS SECURED BY **\$100,000.00 CAPITAL STOCK PAID UP**

BEST PRICES AND FILLS.

South Omaha Chicago Kas. City

ARE YOU THE MAN FOR THIS JOB?

I need 100 young men immediately to train and take jobs as telegraphers. Salary \$25.00 to \$150 a month. Free transportation. Unlimited opportunity for advancement. The position is yours as soon as you qualify. I absolutely guarantee it. Write at once to J. H. CHIEF OPERATOR, 1883 Harvey St., OMAHA, NEB.

Moving Picture Theaters

Pay Big Returns on Your Money

Why not investigate our proposition? We equip 50% of the theaters with pictures, change the program and accessories in this territory. For Movie Merchandise see "VAN" WESTERN SUPPLY CO., 124th & Harvey Streets, OMAHA, NEB.

BIG PROFITS ON CREAM

CREAM DIRECT FROM FARM TO FACTORY

Largest Buyers of Cream Direct From Farmers 15 years in business. Prompt daily remittance. Empty cans returned free. Correct weight and test. **RECEIVE AN EXTRA 10% OFF**

OMAHA COLD STORAGE CO., Omaha

Three Hundred Million Bushel Crop in 1915

Farmers pay for their land with one year's crop and prosperity was never so great.

Regarding Western Canada as a grain producer, a prominent business man says: "Canada's position today is sounder than ever. There is more wheat, more oats, more grain for feed, 20% more cattle than last year and more hogs. The war market in Europe needs our surplus. As for the wheat crop, it is marvelous and a monument of strength for business confidence to build upon, exceeding the most optimistic predictions."

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