the manner in which it is acquired -

WHOLESOME RHUBARB.

Though a vegetable, rhubarb is used

ulating, refreshing

and acts as a foe

to rheumatism and

gout; it is also a

complexion beau-

tifler. As a medi-

cine its value is

well known, for

few have escaped

in every respect as a fruit. It is stim-

a dose of the bitter root. One of the

simplest of ways to serve rhubarb as

a dessert is to place slices of buttered

bread in a baking dish, alternating

with finely cut rhubarb and sugar

with a dash of nutmeg if liked; bake

Rhubarb Sponge.-Line a mold with

slices of sponge cake, fill the mold

cover with a plate with a weight for

a few hours, when the juice of the

rhubarb will all be absorbed. Turn

out very carefully and serve with a

Rhubarb Jelly,-Wash and cut into

short lengths one pound of rhubarb.

Stew until tender with six heaping

tablespoonfuls of sugar and the thinly

pared rind of half a lemon. Rub

through a sieve, add three heaping

tablespoonfuls of gelatin, dissolved

in one cupful of boiling water, a few

drops of red coloring, mix well and

pour into a mold. Turn out when firm

and serve with sweetened whipped

cream. The red color will not be nec-

essary to add if the rhubarb has a

Rhubarb Ice Cream .- Put a quart

of rhubarb into a saucepan with one

cupful of water and six tablespoonfuls

of sugar or more as it seems best; al-

low it to cook until the rhubarb is

and a little red coloring, mix with a

pint of whipped and sweetened cream,

or a custard may be added instead of

the stalks into five-inch lengths. Make

length should be unbroken. Serve

If there is one who is capable of suc-

ceeding and fitted to achieve, it is the

man who has abandoned the petty dissipations and everyday vices of his kind, who is strong to rule his body

and his mind, and who pursues with

fixed resolve the path of unswerving

integrity and sterling virtue.-James

SERVING OF CHICKEN.

The wonder is often expressed that

chicken is cooked and

served, especially upon

the farm, where they

may be had daily if so

desired, Generally the

broilers are rushed to

market because they

bring a good price, and

the old fowl is the one

served more often on

the table for the fam-

here is so little variety in the way

ily. There are so many delightful

ways of serving chicken that it is

strange that stewed or roasted chick-

en holds such place in the average

When making chicken pie a slice of

onion added to the chicken when It

is cooking and removed before it is

put into pie, will add much to the

Chicken en Casserole With Peas .-

When small new potatoes and green

pears are in abundance, have a fowl

cut up as for fricassee, lay the pieces

in a casserole or in a granite pan,

Cover with water, and place tightly

covered in an oven with moderate

heat. Bake for two hours. Have small,

even-sized potatoes, those the size of

each person; have a pint and a half

of shelled peas. Put these into the

casserole around the chicken. There

should be at least a pint of liquor in

per and two tablespoonfuls of butter;

hour. Remove the cover and add a

cupful of good cream and bake 15 min-

utes longer with the cover removed.

Serve this in the dish in which it is

Rice added to the chicken instead

of the peas and potatoes makes an-

other most savory dish. This is the

one which will be seasoned with gin-

The southern people like chicken,

lima beans and peppers. The beans

Nellie Maxwell

household.

baked.

taste of the dish.

cold with lady fingers and cream.

Rhubarb Compote.-Wash and cut

until the rhubarb is soft.

custard.

cooking.

Sir John Lubbock.

Imperfect Digestion

soon undermines your health and impoverishes your blood, but this may be corrected by careful diet and the assistance of

HOSTETTER'S Stomach Bitters

It tones and strengthens the entire digestive system and is a real aid to Nature in cases of indigestion, cramps or malaria.



FOR PERSONAL HYGIENE Dissolved in water for douches stope pelvic catarrh, ulceration and inflam-mation. Recommended by Lydia E. Pinkham Med. Co. for ten years. A healing wonder for nasal catarrh, sore throat and sore eyes. Economical, e extraordinary cleaning and germicidal power, mple Free. 50c. all druggists, or poetpaid by all. The Paxton Tollet Company, Boston, Mass.

LOSSES SURELY PREVENTED

BLACK by Gutter's Blackies Pills. Lowpriced, 'resh. reliable; preferred by
Western stockman, because they
protect where other vaccines fall.
Write for bookiet and testimonials.
O-dose pkge. Blackies Pills 1.00
50-dose pkge. Blackies Pills 1.00
Use any injector, but Gutter's best.
Pears of specializing in vaccines and serious enly.
Insist on Gutter's. If unobtainable, order direct.
The Gutter Laboratory, Berkeley, Gal., or Chicago, Ill.

FOR ACUTE ACHES OF THE FEET Sprinkle one or two Allen's Foot-Ease powders in the Foot Bath and soak and rub the feet. It takes the sting out of Corns and Bunions and snarting, sching feet. Then for lasting comfort, shake Allen's Foot-Ease into your snees. All dealers sell it, 25c. Sample package FREE. Address, Allen S. Olmsted, Le Roy, N. Y.



A man and his wife are differentalso indifferent after they have been married a few years.

If You Need a Medicine You Should Have the Best

Although there are hundreds of preparations advertised, there is only one that really stands out pre-eminent as a remedy for diseases of the kidneys, liver and bladder.

bladder. Dr. Klimer's Swamp-Root is not recom-Dr. Klimer's Swamp-Root is not recommended for everything.

A sworn certificate of purity is with every bottle. You may receive a sample size bottle of Swamp-Root by Parcel Post. Address Dr. Klimer & Co., Binghamton, N. Y., and enclose ten cents.

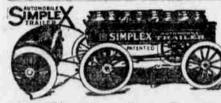
For sale at all drug stores in bottles of two sizes—50c and \$1.00, also mention this paper.—Adv.

The fatter a woman gets the easier it is for her to believe other women are unable to notice it.

IF YOU OR ANY FRIEND Suffer with Rheumatism or Neuritis, acute or chronic, write for my FREE BOCK on Rheumatism-Its Cause and Cure. Most wonderful book

Every man has a sense of duty, but not every man has sense enough to uti-

ever written, it's absolutely FREE. Jesse A. Case, Dept. C. W., Brockton, Mass. Adv.



The Simplex Auto Trailer Saves Time, Money and Horse Flesh

Makes Your Auto Pay Dividends Costs little to own, nothing to run. Pays for itself several times every year. Four car will pull two to four times what it will carry and still carry ful load. Our Camp Trailers makes you independent of hotels and can also be used as ambulance or passenger bus. Special price where we have no agent some good territory open for live wires. Write today, SIMPLEX TRAILER CO., Loveland, Colo. or Anderson, Ind.

THE HIGH QUALITY SEWING MACHINE

NOT SOLD UNDER ANY OTHER NAME Write for free booklet "Points to be considered before purchasing a Sewing Machine." Learn the facts. THE NEW HOME SEWING MACHINE CO., ORANGE, MASS.

Kill All Flies! They Spread



SEEDS Alfalfa M. Sweet Clover St. Farms for sale and tent on crop payments. J. MULHALL, Soo City, Iowa

Wanied Agents to sell Perfection Fly Paper Holders. Send 6 cents in stamps for sample. G. F. Jones, Exeter, Nebr.

Nebraska Directory MIHOTEL CAFE PRICES REASONABLE

W. N. U., OMAHA, NO. 27-1916.

Excuses for Not Being Saved

By REV. JAMES M. GRAY, D.D. Dean of the Moody Bible Institute

TEXT-Lord I will follow thee, but-"-

This is what a good many people are saying in their hearts if not with



their lips. They know the Gospel plan of salvation. They know they must believe on the Lord Jesus Christ in order to be saved, and they know that when they do believe on him with their hearts they will follow him in their life and con-

The latter is something they do not wish to de because it means

a turning away from things in which they now find profit or pleasure They do not reckon on the fact that when they truly believe on the Lord Jesus Christ they will receive a clean heart and have renewed within them a right spirit. When a man is thus regenerated he no longer wishes to do the things he used to do and finds it easy to follow Christ.

duct.

In their struggle to put off the day of decision they frame various excuses, like the man of the text who, when our Lord said unto him: "Follow me," replied: "Lord I will follow thee, but let me first go bid them farewell, which are at my home." Ordinarily there could be no objection to a man's doing that, but on this occasion the command of Christ was peremptory, and the man's action would determine at once whether he preferred his family to Christ. There comes a time in every man's life whenhe must decide this question, and determine in the presence of his own soul and in the presence of God whether God comes first or not.

Hypocrites in the Church.

1. Some say there are so many hypocrites in the church, forgetting that there are many hypocrites in the business or profession by which they earn their livelihood, and yet they do not renounce that business or profession.

A good way to meet this objection is to ask whether they think hypocrites will go to heaven? As they will certainly answer, no, then it might be asked whether they themselves can go to heaven without Christ. As they must reply to this question, as well as to the other, in the negative, they will be brought to see that they must dwell with hypocrites throughout eternity unless they become saved.

The inquiry brings to mind the case of a certain man who was always giving this reason for not accepting Christ. And yet his faithful wife heard him cry in the night more than once: "God, be merciful to me, a sinner." It is a sad thing for a soul under conviction of sin, to cast away the hope of salvation for so flimsy a reason as the presence of hypocrites in the visible church.

Giving Up or Taking On, Which? 2. Others hesitate to accept Christ because they think they will have so much to give up. But they are ignorant of the fact that the Christian life is from every point of view a gain rather than a loss. You give up sin, but you take holiness. You give up sorrow, but you take joy. You give up death, but you take life. You give up self. but you take God.

D. L. Moody used to tell of a soap manufacturer who was under conviction of sin, but hesitated to accept Christ. He pressed him for a reason, and at last he said it was his business that kept him back. "That soap," said he, "will do everything I claim for it, but the fact is it will destroy the clothes. Now if I accept

Christ, I must give it up.' Here was a plain issue which many another man has had to face, but what folly it is to hesitate a moment which way to decide! Moreover, many a man has given up his business for Christ and found afterward that Christ had a great deal better bustness to give him than he had ever dreamed of; for, as the Bible says, 'Godliness is profitable unto all things, having promise of the life that now is and of that which is to come.'

3. "I am afraid I won't hold out," is another very common excuse. But the mistake here lies in the fact that the man is thinking of his own strength instead of the strength of

There is a Latin motto on the facade of a Y. M. C. A. building in New England that sets this truth before us very tersely and beautifully. The words are "Teneo et teneor," which means, "I hold and am held." It suggests the picture of a strong man with a child in his arm ascending a dangerous c'ff. The child is clinging to the man, but it is because the man is holding the child that the latter makes the ascent with safety. In like manner the faith of the believer causes him to cling to Jesus Christ. but it is Jesus Chaist that keeps and saves him to the end.

Let us not be afraid to accept him as our Savior and follow him as eu.



broiled bacon put between slices of One of the surest keys to success lies in thoroughness. No matter how toasted graham bread with a piece of great may be the enterprise undercrisp lettuce between is another appetizing sandwich. necessary. Just as the little courtesies of everyday life make life worth while the living, so the little details form the bone and sinew of a great Wealth is no sinecure. Moreover the value of money depends partly on success.- Edward Bok. knowing what to do with it, partly on

GOOD THINGS FOR TABLE.

The delicious crumpet are most eatable baked in ordinary gem pans. Take half a yeast cake, three cup-

fuls of warm milk, two tablespoonfuls of melted butter, one saltspoonful of salt, a teaspoonful of soda, dissolved in hot

water and flour to make a good batter. Set these ingredients with the exception of the soda and butter over night. In the morning beat very hard and add the soda and butter; if too thin add a little more flour and pour the mixture into buttered gem pans; let rise 15 minutes and bake quickly. They will not need to be warmed

Canned Peas With Fresh Carrots .-Scrape two carrots and cut into quar- with stewed rhubarb, not too moist; ters lengthwise, then in pieces an inch cover the top with slices of cake and long and one-fourth inch wide. Let simmer with barely water to cover; add peas that have been reheated to the carrots, season with sugar, salt, butter and lemon juice.

Baked Milk .- Baked milk is a delicacy often recommended for invalids. Put milk in a stone jar, cover closely and let it bake slowly for several hours, when it should be thick and creamy. The flavor is unique and somewhat like Devonshire cream. It may be served as a custard or in combination with fruft.

Asparagus Luncheon Salad.-Mix together two cupfuls each of cooked asparagus and shredded lettuce with a tablespoonful of olive oil and a teaspoonful of vinegar. Mix with a boiled | pink skin. Leave that on while it is dressing and arrange in nests of lettuce or cress and garnish with hard cooked eggs and more dressing.

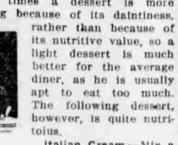
Roasted Onions. - Select large onions of uniform size and arrange in an earthen dish without removing the peelings. Bake until tender, then tender, then rub through a sieve. Add peel them; place in a covered dish one tablespoonful of ginger extract steaming hot; make a rich white sauce with butter and thin cream and flour for thickening, season well and pour over the onions. They are deli- the cream. Freeze as usual. cious when served cut open, seasoned with butter, salt and a bit of cream. Jellied Rabbit.-Cut the rabbit into a rich sirup of sugar and when boiling

serving sized pieces and cover with a drop in the rhubarb; cook until tenquart of boiling water; cook until the der, then remove carefully to a glass meat falls from the bones; remove and dish and pour the sirup over. Each set the liquor to cool, removing the fat. Dissolve half a box of gelatin in a pint of water, add seasonings, boll five minutes, strain and add the meat chopped. Pour into a mold and serve in slices garnished with parsley.

A happy man or woman is a better thing than a five-pound note. He of she is a radiating focus of good will, and their entrance into a room is as though another candle had been light-We need not care whether they could prove the Forty-seventh proposition; they do a better thing than that, they practically demonstrate the great Theorem of the Livableness of life.- R. L. Stevenson.

DELECTABLE SWEETS.

Many times a dessert is more appealing because of its daintiness, rather than because of



Italian Cream .- Mix a pint of rich cream with a cupful of milk and sweeten with four tablespoonfuls of powdered sugar. Add half a cupful of extract of bitter almond and a gill of rose water. Beat these well together, then stir in an ounce of gelatin which has been soaked for an hour in one cupful of water. Stir well, fill into wetted molds and set in a cold place until firm.

English Trifie.-Cut a stale spongecake in slices, spread with different kinds of preserves or jam and put them together again. Place in a deep glass dish and pour over enough fruit a walnut, allowing three or four fot juice of any kind to soak the cake well, then cover with apricot or strawberry jam. Make a rich custard of a pint of milk, a piece of cinnamon. and rind of lemon, and four eggs; the casserole. Season with salt, pep cook until thick, not forgetting to add salt and sugar to taste. When the cover the bake three-quarters of an custard is cold pour over the cake and cover all with sweetened whipped cream, flavoring with two tablespoonfuls of marischino and garnish with the cherries. This is truly quite elegant and elaborate.

Milanese Ice,-Make a quart of rich boiled custard, making it quite sweet. add a tablespoonful of softened gelatin and when cool turn into a freezer, stir, and as soon as it becomes thick stir in a cupful of stoned raisins, softened by steaming, a half cupful of are soaked over night and then the finely chopped almonds, one cupful of dish is cooked at least four hours in preserved strawberries and a pint of the oven. whipped cream. Stir and beat well, then freeze until stiff.

Bacon Sandwiches. -- Very thin

And it's as easy for a man to break n promise as it is for a woman to break

Pluck loses no time on account of

Nothing puffs a woman up more than to have a seventeenth cousin suddenty become near-famous

Every man expects to become great some day, but he keeps putting it off.

The Effects of Opiates.

HAT INFANTS are peculiarly susceptible to opium and its various preparations, all of which are narcotic, is well known. Even in the smallest coses, if continued, these opiates cause changes in the functions and growth of the cells which are likely to become permanent, causing imbecility, mental perversion, a craving for alcohol or narcotics in later life. Nervous diseases, such as intractable nervous dyspepsia and lack of staying powers are a result of dosing with opiates or narcotics to keep children quiet in their infancy. The rule among physicians is that children should never receive opiates in the smallest doses for more than a day at a time, and only then if unavoidable,

The administration of Anodynes, Drops, Cordials, Soothing Syrups and other narcotics to children by any but a physician cannot be too strongly decried, and the druggist should not be a party to it. Children who are ill need the attention of a physician, and it is nothing less than a crime to

dose them willfully with narcotics. Castoria contains no narcotics if it bears the signature of Chas. H. Fletcher. Genuine Castoria always bears the signature of hat It letchera



Shipping Fever Eye. Epizootic, Distemper and all diseases cured, and all others, no matter how "exposed," kept from having any of these diseases with SPOHN'S DISTEMPER COMPOUND. Three to six doses often cure a case. One 50-cent bottle guaranteed to do so. Best thing for brood mares; acts on the blood. 50c a bottle, \$5 dozen bottles. Druggists and harness shops or manufacturers sell it. Agents wanted.

It's a Picnic Getting Ready for a Picnic

If you choose Spanish Olives Pickles Sweet Relish Ham Loaf Veal Loaf Chicken Loaf Fruit Preserves Jellies Apple Butter Luncheon Meats Pork and Beans

Ready to Serve **Food Products** Insist on Libby's at



SCHEME PROVED A FAILURE CAUGHT IN GARDNER'S NET

Tight-Fisted Old Gentleman More Than Met His Match in Shrewd Physician.

A tight-fisted old man, feeling very sick, asked a friend to recommend a physician. The friend named a certain specialist.

"Is he very expensive?" asked the sick man.

"Well, not you four dollars for the first visit and two dollars for each one after that.'

The old fellow soon afterward walked into the office of the physician to make a haul." named by his friend, and upon being admitted to the consulting room planked down two dollars, remarking: 'Well, doctor, here I am again."

The physician calmly picked up the money and put it in a drawer, which he locked securely. The sick man looked on expectantly, awaiting the next move.

"Well, I'm ready to be examined." he said at length."

"I don't think it's necessary," replied the shrewd specialist. "There's no need to do it again. Keep right on taking the same medicine. Goodday, sir."

Stlence has every other kind of a bluff backed off the boards.

Pure water will corrode glass,

Tramp Expected to "Land," but as It Turned Out He Was the One

"Landed."

They are telling a story about Representative Gardner and his fervent preparedness campaign.

It seems that a begging tramp approached a group of congressmen, and one of them pointed out Mr. Gardner and said:

"Nothing doing here, Weary, but that gentleman there is very charitable, and if you tackle him you'll be apt

"T'anks, boss,' said the tramp huskily, and he hurrled to Mr. Gardner, while the others looked on with in-

The tramp and the statesman were seen to talk earnestly together for some time. Then their hands met-a piece of money plainly passed between them-and the tramp stepped jauntily

nway. "Well, did you land hm?" a congressman asked the tramp.

"No," the tramp answered cheerfully. "No; I gave him a quarter toward his splendid national preparedness campaign."

Disappointing Movie. "I've seen it-'tain't no good." " 'E gets 'ung, don't 'e?" "Yus, but they don't show yer that."



They Stand

Unlike common corn flakes, the New Post Toasties don't mush down when milk or cream is added.

And they have a charming new flavour-delicious, different, the true essence of the corn-not found in corn flakes heretofore.

The intense heat of the new process of manufacture raises tiny bubbles on each delicious brown flake and these little puffs are the identifying feature.

These new flakes are firmer, crisper, and don't crumble in the package—in comparison, ordinary corn flakes are as "chaff."

Your grocer can send you a package of

New Post Toasties