The tablet form of this old reliable remedy makes it possible for you to check any illness at the very onset. It is a safeguard against coughs, colds and other catarrhal conditions, no matter what symptoms are manifest. Catarrh is an inflammation of the mucous membrane that lines the breathing apparatus and the digestive apparatus. PERUNA relieves catarrh. In tablet form it is

EVER-READY-TO-TAKE

Its prompt action makes it invaluable for men and women exposed to sudden changes in the weather or compelled to be out in slush and rain.

It will also be found most satisfactory as a tonic following an attack of illness.

CARRY A BOX

wherever you go. Travelers and others compelled to take long drives in the cold and anyone whose occupation subjects him to the danger of sudden colds may use it as a preventive with the assurance that the tablets made are from the same formulary as the liquid medicine with its 44 years of success before the American Public.

The Peruna Company, Columbus, Ohio

PUTTING AWAY THE EVIDENCE

Colored Man Ready With Ingenious Excuse When Caught Making a Meal of the Ham.

The other day a colored porter in a certain West side store was dispatched upon an errand which he was not in sympathy with, that of toting a well-boiled ham down the street. The butcher noticed, upon giving the colored man the ham, that the paper was torn.

"Sam," he said to the porter, "be careful of that ham, as the paper is torn and you might drop it in the street."

"Aw right, boss," answered Sam, "I'll be purtickurly cah'ful not to drop it."

Not a long while after the butcher found Sam in the basement of the store, chewing away on a small piece of ham.

"What are you doing there, Sam?" asked the butcher.

"Well, boss," answered Sam, "I dropped the ham and Ah didn't want you to know it, so's Ah jest figured Ah'd bettah eat it and destroy the evidence."—Chicago News.

Not What He Meant.

Diner (in swell cafe)—I suppose people who dine here carry off quite a lot of silver?

Waiter—Yes, sir; we can't get all their loose change.

Harrisburg, Pa., has an official chiropodist for its police force.

King Nicholas of Montenegro has a fortune estimated at $20,000,000.

THE FIRST TASTE
Learned to Drink Coffee When a Boy.

If parents realized the fact that coffee contains a drug—caffeine—which is especially harmful to children, they would doubtless hesitate before giving them coffee to drink.

"When I was a child in my mother's arms and first began to nibble things at the table, mother used to give me sips of coffee. And so I contracted the coffee habit early.

"I continued to use coffee until I was 27, and when I got into office work I began to have nervous spells. Especially after breakfast I was so nervous I could scarcely attend to my correspondence.

"At night, after having had coffee for supper, I could hardly sleep, and on rising in the morning would feel weak and nervous.

"A friend persuaded me to try Postum.

"I can now get good sleep, am free from nervousness and headaches. I recommend Postum to all coffee drinkers."

Name given by Postum Co., Battle Creek, Mich.

Postum comes in two forms:

Postum Cereal—the original form—must be well boiled, 15c and 25c packages.

Instant Postum—a soluble powder—dissolves quickly in a cup of hot water, and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

Both forms are equally delicious and cost about the same per cup.

"There's a Reason" for Postum.

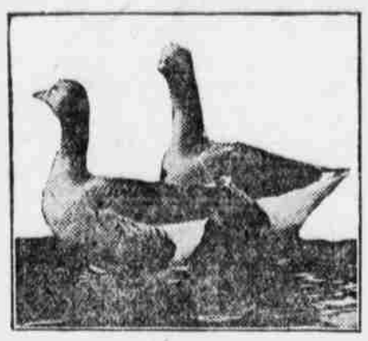
—sold by Grocers

FARM POULTRY

PROBLEM OF RAISING GEESE

Goslings Should Have Tender Grass to Eat From Start—Mashes Should Be Dampened Slightly.

Goose eggs may be hatched under geese or hens, putting from four to six under the latter and eight to ten under a goose. They require about 30 days to hatch. Goslings should have tender grass to eat from the first. Give them a mash of bran, cornmeal and any other ground grains that are fed to chickens. Rolled oats, whole or in parts, make best feed for the first few



Toulouse Geese.

days. All mash should be dampened slightly.

Be sure to not allow any lumps of salt to get in. Give the goslings plenty of exercise and room on account of leg weakness. When two months old give them whole grain. Those intended for table use should be confined in restricted quarters for about two weeks before killing and all the cornmeal or corn moistened they can eat.

TREATING ROUP AMONG HENS

Where Fowls Are Badly Affected Ax Is Best Means of Procedure—Isolate Valuable Birds.

If fowls are badly affected with roup the use of the ax is the best means of procedure. Roup is contagious and must be eliminated from the flock at all costs.

If some of the fowls are especially valuable, they may be isolated from the rest of the flock and their heads dipped in a solution of potassium permanganate, made by adding a quarter teaspoonful of the commercial mixture to two quarts of hot water. The operation is repeated three times daily.

As a preventive enough potassium permanganate is added to the drinking water of the flock to turn it cherry red.

VALUE OF POULTRY MANURE

Worth Is Placed at Not Less Than $5 and Up to $8 Per Ton by Some of Experiment Stations.

If the average farmer realized the great value placed on poultry manure by some of the largest experimental stations in the United States, he would be more careful in the gathering, storing and proper distribution of same over his land.

It is claimed that average poultry manure consists as follows: Water, 66 per cent; nitrogen, 2 to 8 per cent; phosphoric acid, 2 to 5 per cent; potash, 8 to 10 per cent. This analysis would place the value of every ton of poultry manure at not less than $5 and up to $8.

PREVENTION OF FROST-BITE

Difficult Matter to Keep Long Wattles of Males From Getting Wet—Treat With Vaseline.

Even in well-ventilated, comfortable houses, it is difficult to keep the long wattles of the males from getting wet and freezing. A good preventive is to keep the comb and wattles greased with vaseline.

If the mischief is already done, do not take the bird to a warm room until the frost is out. Apply cold water, or snow, handling very gently, and when the parts are of normal size, apply mutton tollaw, or comphor ice.

Big Returns From Capons.

The capon is gladdening the palate and pocketbook of the chicken raiser who had foresight enough to caponize instead of letting the matter go.

Estimate Cost of Keep.

In estimating the cost of keeping poultry it is best to allow one bushel of grain a year for each laying hen.

Dust Bath and Powder.

Keep the hens supplied with a dust bath, and a little insect powder mixed with the dust will have its good effect.

Have Charcoal Handy.

A box of charcoal should be kept where the chickens can get at it.

Quarrelsome Cocks a Nuisance.

Quarrelsome cocks are a nuisance on the farm or in the poultry yard.

CANADA'S PLANS FOR WAR REVENUE

So Wisely Distributed That Taxation Will Affect Farmers to a Degree Practically Unnoticeable.

So many rumors have been circulated regarding war taxation in Canada that the statement made by Sir Thomas White, Canadian Minister of Finance, of the Government's plans for raising war revenue should be given the widest circulation. Sir Thomas made it clear that the revenue will be raised by taxing the profits of incorporated companies whenever those profits exceed seven per cent, and the profits of unincorporated firms or partnerships when the profits exceed ten per cent. On all such excess profits these companies or firms will have to contribute one-quarter to the Government. Transportation companies, banks, mining, milling, and other companies will be subject to this taxation, but life insurance companies, and companies with less than fifty thousand dollars capitalization, and **companies, firms, or individuals engaged in agriculture or stock raising, are exempt, and pay no part of this taxation.** The only other additional taxation proposed is an increase of fifty cents a barrel in the customs duty on apples, and one-half cent a gallon in customs duty on certain kinds of oils.

It will be noticed that this taxation is being applied in such a way that it does not affect farmers in the slightest degree, except, perhaps, through a small increase in cost of apples and oil. The war revenue is to be paid out of the profits of the big firms and companies with capital of over fifty thousand dollars, and even these are allowed seven per cent in some cases, and ten per cent in others of clear profits before they have to pay any part of this taxation. It will be seen that the whole policy is to place the war expenditure taxation on those who have been making big profits and are able to pay it, and to encourage farming and stockraising by exempting farmers and stock-raisers from the taxation. **This ought to set at rest every rumor that the farmer or the farmer's land is being taxed to pay the cost of the war.**—Advertisement.

Evidence of Veracity.

"George Washington was a very truthful man."

"Yes," replied Miss Cayenne; "and that fact may be what prevented him from personally authenticating that hatchet and cherry-tree story."

RECIPE FOR GRAY HAIR.

To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and ¼ oz. of glycerine. Apply to the hair twice a week until it becomes the desired shade. Any druggist can put this up or you can mix it at home at very little cost. It will gradually darken streaked, faded gray hair, and removes dandruff. It is excellent for falling hair and will make harsh hair soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off.—Adv.

Wrong Way Around.

Things are not always what they seem—nor so old, either.

"Is this a genuine antique?" asked the customer suspiciously.

"Certainly," replied the dealer, in an offended voice. "It is more than six hundred years old."

"That's remarkable," commented the customer, dryly. "It is dated 1912."

But the antique dealer was not to be caught napping.

"Let me see," he said. "Why, so it is! That's the fault of my assistant. He's put the figures on wrongly. It ought to be 1219." — Pittsburgh Chronicle-Telegraph.

FRUIT LAXATIVE FOR SICK CHILD

"California Syrup of Figs" can't harm tender stomach, liver and bowels.

Every mother realizes, after giving her children "California Syrup of Figs" that this is their ideal laxative, because they love its pleasant taste and it thoroughly cleanses the tender little stomach, liver and bowels without griping.

When cross, irritable, feverish, or breath is bad, stomach sour, look at the tongue, mother! If coated, give a teaspoonful of this harmless "fruit laxative," and in a few hours all the foul, constipated waste, sour bile and undigested food passes out of the bowels, and you have a well, playful child again. When its little system is full of cold, throat sore, has stomach-ache, diarrhoea, indigestion, colic—remember, a good "inside cleaning" should always be the first treatment given.

Millions of mothers keep "California Syrup of Figs" handy; they know a teaspoonful today saves a sick child tomorrow. Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has directions for babies, children of all ages and grown-ups printed on the bottle. Adv.

Only the Directors Count.

Jiggs—It seems strange to me.

Joggs—What does?

Jiggs—That the bookkeeper of a [illegible] is always figuring but doesn't count.

Horticultural News

COVER CROPS FOR ORCHARDS

Means Provided for Preventing Winter Soil Erosion, and to Hold Moisture in Spring.

(By C. W. RAPP, Department of Horticulture, Oklahoma Agricultural College.)

Any orchardist who neglects cover crops is missing a good opportunity for improving his orchard. In fact, we might almost say that the cover crop is an essential. Its use offers a means of preventing winter soil erosion, adding humus and retarding fall growth of trees.

Cover crops are especially important in hillside orchards. If the soil in these orchards is left bare the heavy fall, winter and spring rains will wash off the top soil and reduce the land to a rough infertile condition. Cover crops will largely prevent this erosion and will also cause large amounts of water to be held in the soil during the winter and spring.

Oklahoma soils are generally deficient in humus and nitrogen. The summer cultivation which is recommended for orchards in this state prevents the growing of summer crops. Cover crops are, however, beneficial to the orchard, and when plowed up in the spring aid greatly in improving soil conditions.

Wet falls are especially trying to orchards. The wet weather causes the trees to take on new growth which is easily winter-killed. Cover crops will aid greatly in preventing this growth. They utilize the surplus moisture and the result is that late growth is largely prevented.

Wheat, barley and rye are especially adapted to Oklahoma conditions. These crops should be planted as soon as possible in order to get well established before cold weather. This early planting is especially important in case of wet weather conditions.

BID THE THRUSHES WELCOME

These Birds Do Farmer Little Harm and Much Good—Hard to Overestimate Their Value.

That the group of birds in which are included robins and bluebirds do a great deal of good and very little harm to agriculture, is the conclusion reached by investigators who have carefully studied the food habits of these birds. Altogether there are within the limits of the United States eleven species of thrushes, five of which are commonly known as robins and bluebirds. The other six include the Townsend solitaire, the wood, the veery, the gray-cheek, the olive-back and the hermit thrushes.

The robins and bluebirds nest close to houses, and even the shyest of the other species are content with the seclusion of an acre or two of woodland or swamp. For this eason these are among the best known and most carefully protected of native American birds, and at times their numbers become so great that it is feared they will do much harm to crops and fruit. Recent investigations, however, show that there is very little ground for this fear. On the other hand, they destroy

The Bluebird.

such a vast number of insects each year that it is probable that without them many crops would suffer serious damage.

The bluebird has not been accused as far as known, of stealing fruit or of preying upon crops. An examination of 885 stomachs showed that 68 per cent of the food consists of insects and their allies, while the other 32 per cent is made up of various vegetable substances, found mostly in stomachs taken in winter. Beetles constitute 21 per cent of the whole food, grasshoppers 22, caterpillars 10, and various other insects 9, while a number of spiders and myriapods, about six per cent, comprise the remainder of the animal diet. All these are more or less harmful, except a few predacious beetles, which amount to 9 per cent. In view of the large consumption of grasshoppers and caterpillars we may at least condone this offense, if such it may be called.

Arranging Protectors.

In putting the tree protectors around the tree, it is not advisable to wrap them tightly around it; it is better for the tree to have an air space between the protector and the bark. If the trouble is mainly due to rabbits, the tree protector would undoubtedly be better than the mounding method, the latter being more efficient in the control of mice.

Thinning Fruit.

Thin the fruit if it needs it. Thinning is better than props under limbs—better for your purse and for the trees.

DRINK HOT WATER BEFORE BREAKFAST

Says you really feel clean, sweet and fresh inside, and are seldom ill.

If you are accustomed to wake up with a coated tongue, foul breath or a dull, dizzy headache; or, if your meals sour and turn into gas and acids, you have a real surprise awaiting you.

Tomorrow morning, immediately upon arising, drink a glass of hot water with a teaspoonful of limestone phosphate in it. This is intended to first neutralize and then wash out of your stomach, liver, kidneys and thirty feet of intestines all the indigestible waste, poisons, sour bile and toxins, thus cleansing, sweetening and purifying the entire alimentary canal.

Those subject to sick headaches, backache, bilious attacks, constipation or any form of stomach trouble, are urged to get a quarter pound of limestone phosphate from your druggist or at the store and begin enjoying this morning inside-bath. It is said that men and women who try this become enthusiastic and keep it up daily. It is a splendid health measure for it is more important to keep clean and pure on the inside than on the outside, because the skin pores do not absorb impurities into the blood, causing disease, while the bowel pores do.

The principle of bathing inside is not new, as millions of people practice it. Just as hot water and soap cleanse, purify and freshen the skin, so hot water and a teaspoonful of limestone phosphate act on the stomach, liver, kidneys and bowels. Limestone phosphate is an inexpensive white powder and almost tasteless.—Adv.

Fat coachmen are considered a great prize in Russia.

Prince Joachim, youngest son of the German emperor, is a spendthrift.

A permit is required by persons desiring to reside in Switzerland.

KEEP A RECORD

of what you write

Business men recognize the importance of keeping carbon copies of every letter, contract and transaction. It is a protection against dishonesty, errors and forgetfulness. One of the reasons why farmers should use typewriters is that it enables them to keep on file complete records of correspondence, crop reports and whatever is necessary to put farming on a business basis.

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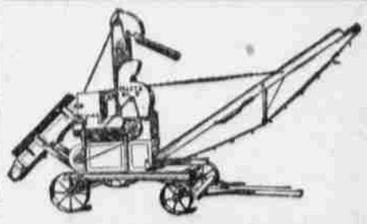

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