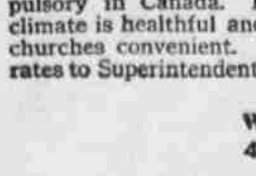




Canada is Calling You to her Rich Wheat Lands

She extends to Americans a hearty invitation to settle on her FREE Homestead lands of 160 acres each or secure some of the low priced lands in Manitoba, Saskatchewan and Alberta.

This year wheat is higher but Canadian land just as cheap, so the opportunity is more attractive than ever. Canada wants you to help to feed the world by tilling some of her soil—land similar to that which during many years has averaged 20 to 45 bushels of wheat to the acre.



The Government this year is asking farmers to put increased acreage into grain. Military service is not compulsory in Canada. There is no conscription and no war tax on lands.

W. V. Bennett, 22017th St., Room 4, Bee Building, Omaha, Nebr.

Canadian Government Agent.



For DISTEMPER Pink Eye, Epizootic Shipping Fever & Catarrhal Fever

DEVOTED HIS TO GOOD WORK

Devout Little Johnny Would Give His Penny to Buy Bibles for Poor Kids.

The little visitors at Aunt Mary's were Helen, age six, and John age four. They played keeping grocery under the piano, envelopes, books and other articles representing the stock in trade.

"Mr. Popcorn," said Helen, "have you any rabbits this morning?"

"Yes'm," answered the polite grocer. "Are they nice and fresh?"

"Yes'm."

"Then you may give me a good, big fat one for 15 cents."

"During a lull in the grocery transactions Aunt Mary gave each of the visitors two cents—two cents in real money."

"And what are you going to do with the money?" asked Aunt Mary.

"I'm going to put my two pennies in the bank," said Helen.

"And I," said John, "I'll buy candy with one penny."

"And what will you do with the other penny?"

And John, who has been impressed by the missionary talks at Sunday school, answered: "I'm a-goin' to give it to buy Bibles for poor kids."—Providence Tribune.

Sympathetic.

Meeker—Poor man! Bleeker—To whom do you refer?

Meeker—The chap who is going to marry my former wife.

Bleeker—But I thought he was rich. Meeker—So he is—poor man!

Its Affliction.

"What's the matter with that infant industry?"

"I think it has infant paralysis."

With "every man his own policeman," who'd call the "cop?"



Triply Protected

First, the inner container of paper, next the big yellow carton, and then, the outer wrapping of waxed paper, sealed air-tight and dust-proof. Superior protection for the Superior Corn Flakes—

Post Toasties

These delightful flakes are made of the finest white Indian Corn, steam-cooked, daintily seasoned, rolled and toasted—crisp and golden-brown.

Post Toasties reach you fresh and delicious, perfectly protected and ready to eat. They are mighty good with milk or cream, or with any kind of fruit.

"The Memory Lingers"

—sold by Grocers everywhere.

The KITCHEN CABINET

If you entertain the supposition that any real success, in great things or in small, ever was or could be, ever will be or can be, wrested from Fortune by fits and starts leave that wrong idea.—Bleak House.

SUMMER BREAKFASTS.

Except for those who are working at hard labor a simple breakfast of fruit, cereal, an egg and toast or a bit of bacon and a cup of coffee is a sufficient and satisfying meal.

Corn Toast.—Cut stale bread in slices and toast. Cook three tablespoonfuls of butter with one tablespoonful of finely chopped onion three minutes, stirring constantly.

Creamed Salt Codfish.—There is no more wholesome dish for any meal than creamed fish. Pick the fish in small pieces; there should be three-fourths of a cupful.

Southern Eggs.—Butter small ramekin dishes and half fill with hot boiled rice. Slip a raw egg in each, season with salt, pepper, butter, grated cheese and a little chopped boiled ham.

Sauteed Tripe.—Wipe fresh honey-comb tripe, cut in pieces for serving, and parboil ten minutes, using equal parts of milk and water to cover tripe.

NEW WAYS WITH OLD FOODS.

A most delicious ice cream may be made with a cup of grape juice, two tablespoonfuls of lemon juice, a pint of thin cream and sugar to sweeten.

Sponge Pudding.—This is not new, but so good that it bears repeating very often. Stir a third of a cupful of flour into a cupful of milk; when smooth set into boiling water and cook.

Braised Beef.—Cut two thin slices of fat salt pork in pieces, try out and remove the scraps. Take three pounds of beef cut from the lower part of the round, or a chuck may be used.

He Earns His Bread. A good dog story being always in order, it is pleasant to have a good dog story to tell by way of wind-up.

Every man has a right, an undoubted right, to regulate his own proceedings by his own likings and dislikes.—Martin Chuzzlewit.

LITTLE ECONOMIES.

If in the serving of meats one is careful to give no more than the person habitually eats, the waste from the table will be little.

Ox-Joints With Vegetables.—Two ox-joints have enough meat on them to furnish flavor to quite a dish of vegetables.

Hamburg Steak With Cabbage.—Take firm outside leaves of cabbage, wash and drain. Prepare the steak by seasoning with salt, pepper, a pinch of ground cloves, nutmeg and a little onion juice.

SOME WAYS WITH DATES. Dates are considered in most homes as an occasional dainty, as we consider confectionery, yet ten cents a pound dates are a cheap energy-producing food.

Delicious Sandwich Filling.—Take two cupfuls of date paste, which is dates put through a meat chopper, and a cup of peanut butter, rubbed smooth.

Dates with various cooked cereals are always liked, and are especially good for growing children. Give them such fruits as figs, dates and prunes and they will not care to make candy orgies which will leave them ill for days.

Another good combination for date filling for sandwiches is this: Two cupfuls of dates, a half cupful of lemon juice, a half cupful of peanut butter and a dash of salt.

To Make Corks Watertight. Corks may be made airtight and watertight by keeping them immersed in oil for five minutes.

FOX-HUNTERS IN THE WAR

Thousands of Men Who Enjoyed That Sport in Britain Are Now at the Front.

Waterloo, according to the duke of Wellington, was won on the playing fields of Eton. Should Britain emerge triumphant from the present conflict we may find someone rising to claim that the campaign in Flanders was won in the English shires.

There are, it proves, 150 masters of hounds with the British colors, 3,000 members of hunts and 1,500 hunt servants. To them must be added the officers of the regular army who are accustomed to ride to hounds; likewise numbering some thousands.

Reminded Him. Mr. Highbrow, who posed as an arbor of taste, looked round the tiers of boxes at the opera house the other evening and said: "I suppose, if a woman's shoulders are very beautiful, she has a right, a moral right, to wear a very décolleté gown.

AT THE FIRST SIGNS Of Falling Hair Get Cuticura. It Works Wonders. Trial Free.

The Real Thing. Little Lemuel—Say, paw, what is gratitude? Paw—Gratitude, son, is the thing that shows up when a rich old bachelor dies and leaves all his money to the woman who once rejected him.

Allen's Foot-Ease for the Troops. Over 100,000 packages of Allen's Foot-Ease, the antiseptic powder to shake into your shoes, are being used by the German and Allied troops at the front because it treats the feet, gives instant relief to corns and bunions, hot, swollen, aching, tender feet, and makes walking easy.

DR. BRADBURY, Dentist. It will pay you to come to me for your Dental work. 26 long years of experience in one spot.

Florida Lands For Sale to Settlers

in tracts of ten acres and upwards, in Volusia County, adapted to cultivation of citrus fruits, vegetables of all kinds and general crops.

Florida Land & Settlement Co. Care Alex. St. Clair-Abrams, Attorney 615-19 Dyal-Uphurch Bldg., Jacksonville, Fla.

WANTED WALNUT LOGS

12 inches and up in diameter of small end, 8 feet and up in length. Des Moines Saw Mill Co., Inc., Des Moines, Ia.

PATENTS

AGENTS. Grim Humor. "There goes Scribbles, the newspaper humorist."

Never call a bluff unless sure that it is not the real thing.

Nebraska Directory

KODAK FINISHING. Good Serum Will Save Your Hogs From Cholera.

Are You Beautiful? If you are not it's your own fault. We remove superfluous hair, correct facial blemishes, develop form, beautify complexion.

We Want Your CREAM. 28 CENTS FOR BUTTER FAT.

TWINE. DR. BRADBURY, Dentist. Our Telephone Policy.

NEBRASKA TELEPHONE COMPANY. BELL SYSTEM.