



ZONA
the wonderful healer and beautifier. Send two dimes and we will mail you a beautiful opal jar of ZONA a 10-cent silk sponge for applying and a 25-cent cake of ZONA Nail Lustre.
Write at once.
Zona Company, 416 N. Water Wichita, Kansas.

A Typewriter in Every Home

The typewriter has come to be a necessity in almost every family. If the daughter is a stenographer, she can increase her earning power by home practice. The father and sons need a typewriter for their correspondence. The mother likes to keep recipes and other data in neat, readable form. You will be interested in our booklet, "A Lesson in Operating the L. C. Smith & Bros. Typewriter." Write for it.

L. C. Smith & Bros. Typewriter Co.
1819 Farnam Street
Omaha Nebraska

How It Happened.
"I can't do a fool thing with that dern camel," growled Noah, as he came into the cabin for supper.
"What is the matter with him?" asked Mrs. Noah.
"Why, he didn't like the quarters I gave him, and he got his back up about it, and he can't get it down again," replied Noah.

DON'T MIND PIMPLES

Cuticura Soap and Ointment Will Banish Them. Trial Free.

These fragrant supercreamy emollients do so much to cleanse, purify and beautify the skin, scalp, hair and hands that you cannot afford to be without them. Besides they meet every want in toilet preparations and are most economical.

Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

The attention attracted by those who seek attention usually is complimentary.

Before starting on the right track, be sure you are headed the right way.

Drink Denison's Coffee.
Always pure and delicious.

Poets are born and so, for that matter, are all of the other unusual men.

Florida Lands For Sale to Settlers

in tracts of ten acres and upwards, in Volusia County, adapted to cultivation of citrus fruits, vegetables of all kinds and general crops. Situation healthful. Send for circulars. Write in English. Railroad runs through tract. Will sell on monthly payments. Agents wanted.

Address
Florida Land & Settlement Co.
Care Alex. St. Clair-Abrams, Attorney
615-19 Dyal-Upchurch Bldg., Jacksonville, Fla.

DAISY FLY KILLER
places anywhere, attracts and kills all flies. Heat, clean, or permanent, convenient, cheap. **LASTS ALL SEASON.** Made of metal, non-spill, tip over, will not soil or injure anything. Guaranteed effective. All dealers or send express paid for \$1.00.
HAROLD SOMERS, 150 De Kalb Ave., Brooklyn, N. Y.

Nebraska Directory
THE PAXTON HOTEL
Omaha, Nebraska
EUROPEAN PLAN
Rooms from \$1.00 up single, 75 cents up double.
CAFÉ PRICES REASONABLE

BROWNELL HALL For Young Women and Girls
Fifty-second street. College preparatory. Certificate given to South, Vassar and Wellesley. Advanced courses for high school graduates. Household arts. Music. **Miss Elizabeth Johnson, Principal, OMAHA, NEB.**

Good Serum Will Save Your Hogs From Cholera
Use U. S. Gov. Licensed Serum. Phone, wire, write or call on **OMAHA SERUM COMPANY**, 26th & O Sts., S. Omaha, Neb., Phone South 2868

DOCTORS MACH & MACH DENTISTS
3rd Floor Paxton Hotel
18th & Farnam Sts., Omaha
Best equipped dental office in Omaha. Reasonable prices. Special discount to all people living outside of Omaha.

The KITCHEN CABINET

CHEAPER CUTS OF MEAT. TIMELY TIPS.

When the housewife is busy with the housecleaning or any heavy extra work which occupies her attention, then is the time to use the cheaper meats in long slow cooking which will take care of itself and not need watching.

On wash day when the top of the stove is covered with the boiler an oven pot roast may be most acceptable. Use a piece from the hip, about five pounds; the bone may be removed and the meat cut in slices. Pound into the meat a cupful of flour, a tablespoonful of salt and a half teaspoonful of pepper. Sear the meat in hot fat, add a pint of tomatoes and water to barely cover; cook gently for an hour. Then add a dozen small onions and cook two and a half hours longer and serve surrounded with the onions. The flour will thicken the gravy sufficiently. The bone that was removed may be broken up, covered with cold water and the broth kept for various uses, either a soup or a sauce, or a flavoring for a stew.

If one does not wish to use all the meat of the chine or aitch bone, a portion of the meat left on the bone may be cut in bits, a tablespoonful of minced onion added, a teaspoonful of chopped parsley, some bits of fat bacon or suet, a little lemon juice and rind and salt and pepper, make into balls and serve for a supper or a luncheon dish with potatoes.

If there is not meat enough to make into balls, season as above and sprinkle it over layers of cooked macaroni and white sauce, then bake for a half hour and serve hot.
A butcher remarked the other day, "There is no tough meat, it is simply the manner in which it is cooked which makes meat tough." There is certainly a good deal of truth in the statement, for very tough meat may be made palatable by the right treatment. Add a tablespoonful of vinegar to the meat if a stew. Soak it in olive oil and vinegar, two tablespoonfuls of each, if it is a steak. It is far better to stew tough steak than to try to broil it for tough meat should be softened by slow cooking. Slow cooking means keeping the temperature even below the simmering point.

FOODS FOR THE BABY.

Orange juice is a most wholesome drink to give even very young babies. Strain the juice and give a teaspoonful not just after or before the milk feeding. Small babies need cool water to drink; their milk is a food, not a drink, and a fretful baby is often crying for a drink.

Oatmeal Water.—Blend one tablespoonful of oatmeal with a tablespoonful of cold water. Add a dash of salt and stir into a quart of boiling water. Boil three hours, adding water as it boils away. Strain through a fine sieve. A baby six months old may be fed oatmeal or barley water or it may be used in preparing its food if fed from the bottle. Barley water corrects looseness of the bowels and the oatmeal the tendency toward constipation.

Barley Water.—Take two tablespoonfuls of barley, one quart of water, boil continuously for six hours, adding enough water to keep a quart. Strain through a muslin. Soak the barley before putting it to cook.

Oatmeal Gruel.—To three cupfuls of boiling water add a half cupful of oatmeal, and a half teaspoonful of salt. Cook five hours in a double boiler. Dilute with hot milk and strain.

Arrowroot Gruel.—This is a valuable food in diarrhea. Mix two tablespoonfuls of arrowroot, one teaspoonful of sugar, a pinch of salt with two tablespoonfuls of cold water. Add a cupful of boiling water, stirring constantly. Cook for 20 minutes, then add two cupfuls of scalding milk, and bring once more to the boiling point. Strain.

Toast Water.—Take sufficient toast when broken in bits to measure two cupfuls. Add to this one pint of boiling water and let stand an hour. Strain through a cheese cloth. Serve hot or cold.

Plain Bread Pudding.—Scald a cupful of milk. To a beaten egg, add one tablespoonful of sugar and a pinch of salt. Pour on this the scalding milk. Add one cupful of bread cut in half-inch cubes. Bake in a buttered baking dish in a moderate oven until the custard is set. Serve with cream.

When cooking tomatoes to serve as a vegetable add a quarter of a bay leaf and a slice of onion with two cloves.

Whole peppercorns are better for seasoning soups and sauces; they may then be strained out or removed.

Chopped preserved ginger added to a little sugar sirup and a tablespoonful poured over a dish of ice cream makes an elegant dessert.

When milk or soup boils over sprinkle the spot with salt at once, it will prevent the odor filling the house.

When traveling with bottles of toilet preparations, put a strip of adhesive plaster over the cork to insure safe carrying.

Old, loose kid gloves worn when ironing or sweeping will save the hands wonderfully.

Bananas which are not quite ripe may be made most palatable by baking them in their skins.

Lard is much better to grease all gem and cake pans than butter. The casing in the butter scorches easily.

A cloth dipped into hot water and then into bran used to clean white paint works like a charm.

Add a small quantity of carbolic acid to paste, mullage or ink; this prevents mold forming.

Vinegar added in small quantities to a beef stew will soften the fiber and make the meat tender.

A few drops of vinegar on the hands will keep them soft and free from chapping.

Rice with soapuds will clean bottles and small vases. Shake the rice and suds often and the stains will disappear.

Sauce for Fish.—Cook a small onion in two tablespoonfuls of butter until golden brown, add a grating of nutmeg, a pinch of ground ginger and cloves, salt and pepper and six tomatoes peeled and cut fine. Cook all together until smooth.

A deed undone seems a little thing, but the burden I might have shared. Has left a heart with a bitter sting. Of the thought that "nobody cared."
—Edith V. Braad.

GOOD THINGS FOR WEDDING DAY.

Chicken is so well liked that it will never go out of style for any kind of a meal.

Belmont Chicken.—Melt a fourth of a cupful of butter, add a third of a cupful of flour and stir until well blended, then pour on gradually a cupful of rich chicken stock. Bring to the boiling point and season with one and a half teaspoonfuls of paprika and a teaspoonful of salt; then add a cupful of heavy cream, one and a third cupfuls of chopped cooked chicken and two-thirds of a cupful of parboiled sweetbreads, cut in cubes. Let stand in the top of the double boiler to season 20 minutes. Serve with lettuce sandwiches. Spread fresh bread with butter and place a crisp lettuce leaf between two slices, with a spoonful of mayonnaise on each.

Pound Cake.—Cream a half cupful of butter, add one and a half cupfuls of pastry flour once sifted. Beat the yolks of five eggs until thick, and one and one-half cupfuls of powdered sugar, gradually, beating constantly. Combine the mixtures and add the whites of five eggs beaten stiff, and one teaspoonful of vanilla. Sift over one teaspoonful of baking powder and beat thoroughly. Turn into a buttered loaf pan and bake in a moderate oven. Remove from the pan and cut in fancy shapes. Cover with boiled frosting, garnish with shredded coconut, fruit or rose leaves.

Strawberry Bombe.—Carmelize one-half a cupful of sugar, add one and one-half cupfuls of blanched chopped filberts, turn into a buttered pan, cool then pound in a mortar and put through a puree strainer. Beat the yolks of four eggs until thick, add gradually three-fourths cupful of hot caramel sirup and cook in a double boiler until thick. Beat until cold. Fold in one and a third cupfuls of heavy cream beaten stiff. Then add the prepared nuts, a few grains of salt and a teaspoonful of vanilla. Line a melon mold with strawberry ice, turn in the mixture and pack in ice and salt, let stand three hours. Use one part of salt to two of ice.

Nellie Maxwell

oil portraits of himself and his empress, Elizabeth, which still hang in a place of honor. And his donations of valuable historical and art objects, during a half century, have won him the title of "benefactor of the museum."

Owns Much French Territory.

Emperor Francis Joseph of Austria is a considerable real estate owner in France, with which country he is at war. He owns one of the grand old buildings of Nancy, which he has enriched with gifts, and kept in good restoration by his money. He also owns the Church of the Franciscans at Nancy, wherein are the tombs of the Dukes of Lorraine, from whom he is descended. He gave Nancy cathedral the beautiful stained glass windows. He gave Nancy museum the life-size

Overconfidence.

"Is that man a wire puller?"
"Yes," said Senator Sorghum. "But he's showing so much caution lately that I fancy he must have grabbed a piece of barbed wire by mistake."

CASTORIA
ALCOHOL—3 PER CENT.
A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of
INFANTS—CHILDREN
Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. **NOT NARCOTIC.**
Recipe of Dr. J. C. FLETCHER
Pumpkin Seed, Aloes Syrup, Rochelle Salts, Anise Seed, Peppermint, Licorice, Soda, Worms Seed, Clarified Sugar, Watermelon, Flavor.
A perfect Remedy for Constipation, Ailment, Sour Stomach, Diarrhoea, Worms, Feverishness and **LOSS OF SLEEP.**
Facsimile Signature of *Chas. H. Fletcher*
THE CENTAUR COMPANY, NEW YORK
AL 6 months old
35 DOSES—35 CENTS
Exact Copy of Wrapper

Children Cry For Fletcher's CASTORIA

What is CASTORIA
Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. **The Children's Panacea—The Mother's Friend.**

GENUINE CASTORIA ALWAYS
Bears the Signature of
Chas. H. Fletcher
In Use For Over 30 Years
The Kind You Have Always Bought
THE CENTAUR COMPANY, NEW YORK CITY.

ALL SEEK FOR HAPPINESS

The One Thing for Which Mankind May Be Said to Have a Universal Desire.

We cannot pick and choose the happenings of life any more than we can select the circumstances of our birth and death; we are but creatures of a wonderful destiny directed by the Almighty. It is said that many tragedies of life might be averted if we "took our medicine like men" and did not put our personal happiness above everything else. It is as natural and to be expected for long for happiness and cling to it as for the flowers to turn to the sun. Happiness is the great lamp of life which lights our way through all sorts of shadows—shadows that blur the vision and make long nights of our days, shadows that terrify by their grotesque shapes and threatening aspects, and shadows that bury in their depths much that we hold most dear. We are jealous of our happiness and guard it as the most precious thing in life and when we watch it go down the long aisles of memory further and further away from our yearning eyes we begin to plead for it, and strive for it, and fight for it. We batter the walls of the past in our vain efforts to call it back before it is too late, and spend long days and waste precious strength in the futile endeavor to clutch it back to our hearts. And all the while, perhaps right at our hands within easy reach, happiness in a new guise stands ready.
—Charleston News and Courier.

An entertaining woman is one who permits a man to talk about himself.

Most women would rather be grass widows than spinsters.

CLEAR-HEADED.

Head Bookkeeper Must Be Reliable.

The chief bookkeeper in a large business house in one of our great Western cities speaks of the harm coffee and tea did for him:
"My wife and I drank our first cup of Postum a little over two years ago, and we have used it ever since, to the entire exclusion of tea and coffee. It happened in this way:
"I had an attack of pneumonia, which left me with dyspepsia, or neuralgia of the stomach. My 'cup of cheer' had always been coffee or tea, but I became convinced, after a time, that they aggravated my stomach trouble. I happened to mention the matter to my grocer one day and he suggested that I give Postum a trial.
"Next day it came, and we liked it so much that we will never change back; for I am a well man today and have used no medicine.
"My work as chief bookkeeper in our Co's branch house here is of a very confining nature. During my coffee drinking days I was subject to nervousness and the 'blues' in addition to my sick spells. These have left me since I began using Postum and I can conscientiously recommend it to those whose work confines them to long hours of severe mental exertion."
Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs.
Postum comes in two forms:
Postum Cereal—the original form—must be well boiled. 15c and 25c packages.
Instant Postum—a soluble powder—dissolves quickly in a cup of hot water, and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.
Both kinds are equally delicious and cost about the same per cup.
"There's a Reason" for Postum.
—gold by Grocers.

Boston's Advantage.

Mrs. Gotham—But your streets in Boston are so crooked.

Mrs. Hubb—And yours in New York are so straight.

"But aren't straight streets an advantage?"
"Why, no. Now in Boston one can walk and walk and get some place, but in New York you can walk and walk and get nowhere."

EXCELLENT FARMING CONDITIONS IN CANADA

Letters from Settlers Indicating Growing Prosperity.

The present year will add another proof that farming in Western Canada, when carried on with the same energy and system devoted to other lines of business, will bring about results fully as satisfactory.

Mixed farming as a tocsin has been sounded for a number of years, and today it is being adopted pretty generally throughout the Provinces of Manitoba, Saskatchewan and Alberta. There are those who have made no greater success of it than they did when they pursued grain growing alone, but where one has failed to accomplish what he had hoped to do, dozens have scored success.

From Sedgewick, Alberta, we hear of E. L. Deputy, for past twelve years manager for Frye & Sons, packers, Seattle, who during 1914 were the largest buyers of hogs on Alberta markets. He is taking up active work on his 1,200-acre farm near Sedgewick. Although he was one of the highest paid salaried officials on the Pacific Coast, his frequent visits and personal knowledge of farming conditions in Western Canada convinced him there are greater opportunities in farming Alberta land than in commercial life, with greater assurance of ultimate independence and prospects of home-making under the most desirable conditions.

Thomas McKay, a farmer near Hardisty, Alberta, has this to say about the country:
"I came to Hardisty from Osage City, Kansas, nine years ago and took up a homestead here. This is a good district for the farmer who wishes to raise grain exclusively, and as a mixed farming country it cannot be beaten anywhere in the world to my knowledge.
"I had ten cattle, which ranged outside all last winter, and this spring they were fat enough for the market, this without being fed but one night during the entire winter; they were fine fat cattle and looked beautiful. I raised some winter wheat here which weighed sixty-seven and a half pounds to the bushel, government weight, and which I shipped to Calgary. The miller who bought it said that it was the best wheat that has ever gone into Calgary. Wheat in this district yields as high as forty bushels to the acre, oats average sixty bushels. Alfalfa does well here.
"All in all I think the farmers are very well satisfied with the country, and the farmer who farms his land intelligently is sure to make a success. The climate here is the best I have ever lived in, the summers are delightful and the winters are mild. There has never been a blizzard during the nine years I have lived here nor any cyclones or wind storms."
A settler in the neighborhood of Gleichen, Alberta, spent \$2,000 in improving his quarter section, has 125 acres ready for crop, keeps 70 head of stock, believes in mixed farming, keeps two hired men, one all year, the other in summer only. He milks 12

to 18 cows, and receives an average monthly cream cheque of \$110. Last June he sold \$1,200 worth of hogs and in November two more carloads, besides supplying his own requirements, and is not only making money but building up a good home amid desirable surroundings. This is an example of the possibilities open to the industrious in the Gleichen district.
It is stated in the last three months \$38,000,000 of American capital has been invested in Canada, showing that United States financial men are satisfied of the solidity of Canadian institutions. Western Canada has been a heavy borrower and Western Canada's great resource is agriculture. U. S. financiers must be convinced that agriculture in Western Canada is sure and profitable or they would not be ready to invest so many millions in the country.—Advertisement.

Cultivating Reasons.

"That man certainly does cultivate country acquaintances."
"He has good reasons. He sells plows."

Are Your Kidneys Weak?

Do you know that deaths from kidney troubles are 100,000 a year in the U. S. alone? That deaths have increased 72% in 20 years? If you are run down, losing weight, nervous, "blue" and rheumatic, if you have backache, dizzy spells and urinary disorders, get quickly. Use Doan's Kidney Pills. No other medicine is so widely used, none so highly recommended.

A Nebraska Case

"Every Patient Tells a Story"
F. M. Gilliland, Lincoln St., Blair, Neb., says: "I was in a bad way with dropsical swellings in my feet and limbs. I had spells of dizziness. My heart palpitated a good deal. I had a very distressing case of indigestion. After I had tried a lot of medicine without benefit I took Doan's Kidney Pills and they acted like magic, restoring me to the best of health."

Get Doan's at Any Store, 50c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.



ter I had tried a lot of medicine without benefit I took Doan's Kidney Pills and they acted like magic, restoring me to the best of health."

Paxtine

A Soluble Antiseptic Powder to be dissolved in water as needed For Douches

In the local treatment of women's ills, such as leucorrhoea and inflammation, hot douches of Paxtine are very efficacious. No woman who has ever used medicated douches will fail to appreciate the clean and healthy condition Paxtine produces and the prompt relief from soreness and discomfort which follows its use. This is because Paxtine possesses superior cleansing, disinfecting and healing properties.

For ten years the Lydia E. Pinkham Medicine Co. has recommended Paxtine in their private correspondence with women, which proves its superiority. Women who have been relieved say it is "worth its weight in gold." At druggists, 50c. large box or by mail. Sample free. The Paxton Toilet Co., Boston, Mass.

BLACK LEG
LOSSES SURELY PREVENTED by Cutler's Bleaching Pills. Low price, fresh, reliable, preferred by Western stockmen, because they protect wools and other valuable furs. Write for booklet and testimonials. 50-cent size, Bleaching Pills \$1.00. 25-cent size, Bleaching Pills 45c. Use any injector, but Cutler's is best. Initial on Cutler's. If unsatisfactory, order direct, The Cutler Laboratory, Berkeley, Cal., or Chicago, Ill.

PARKER'S HAIR BALMS
A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c and \$1.00 at Druggists.