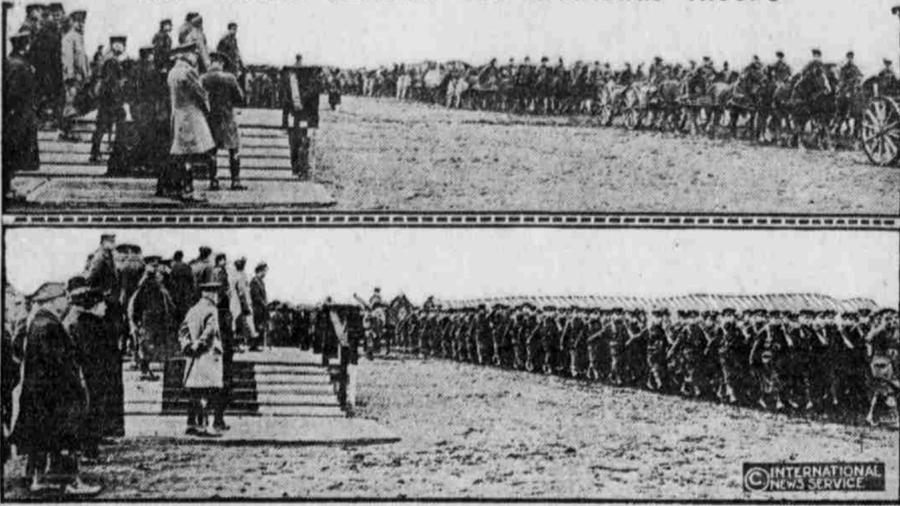


KING GEORGE REVIEWS THE CANADIAN TROOPS



Above, Canadian artillery marching past the reviewing stand at Salisbury Plain. Below, an infantry brigade from Canada. In both photographs King George and Lord Kitchener are to be seen in the reviewing stand.

BEARS KILL SALMON

Alaskan Bruin Slays Them for Food and Sport.

Can Eat 500 Pounds at One Meal—Gulls and Terns Also Among Causes for Waning Fish Supply in Northern Rivers.

Bears that fish in shallow water and gulls and terns that pluck out the eyes of their prey are destroying millions of Alaskan salmon, according to E. Lester Jones, deputy commissioner of the bureau of fisheries, who was sent to Alaska last summer to investigate the causes of the waning salmon supply. The bears, he says, are the worst offenders, because they haunt the shores of streams during the spawning season, and besides killing huge quantities for food, slay many thousands of others just for the pure joy of the sport.

The commissioner in his report tells how at Black Bear creek in the Cleveland peninsula he found the shores for 150 feet on both sides littered with hundreds upon hundreds of humpback, silver and chum salmon that had been tossed out of the water by bears. Hardly any of the fish had been mutilated except by the marks of the bear's claws on their backs. All that was eaten was the "cheek" of the salmon, the bear, according to Commissioner Jones, being very fastidious and preferring that part to any other.

As the bears in Alaska are the largest in the world and are noted for their ravenous appetites, it is easy to realize how much damage they can do. On Kodiak island, where the full-grown bear weighs three-quarters of a ton, the deputy commissioner learned from a native that one of these giants could eat a third of his own weight in salmon in a single day. "As in other parts of the territory," Mr. Jones remarks, "this bear also throws considerable numbers of fish out of the water, many of which it may never care to touch for food."

While wolves and even eagles are also doing much harm, Mr. Jones found that still greater destruction was caused by gulls and terns. Describing his visit to Sierra creek on a rainy day at low tide, he says:

"My attention was first attracted by a movement of birds in the water and

MRS. M'CANN AND HER BOYS



America's first (and only) "Twilight Twins" had their initial ride in an automobile, when their mother, Mrs. Bessie McCann of Brooklyn, took them to a "Twilight Sleep" lecture held at the Brooklyn Academy of Music, under the auspices of the Twilight Sleep association. The "Twilight Twins" are both boys—and two more healthy boys cannot be found. They were born in the Kings County hospital a month ago, while their mother was under the influence of the new method as practiced by the Freiburg specialists of Germany. The association is planning a tour of the more important cities in the United States in order to educate women to the advantages of the Twilight Sleep and see that physicians use none but the approved method in administering the scopolamin-morphin treatment. Twilight mothers will be the principal lecturers.

MRS. S. W. GROTE



Mrs. S. W. Grote left New York recently on the steamer Holig Olan for Riga, Russia, where, in fulfillment of her husband's last request, she will sprinkle his ashes on his old homestead. Twelve days after their wedding Grote, fearing the time might come when she would no longer love him, ended the honeymoon by suicide. Her husband was the brother of the imperial physician of the czar's court. Mrs. Grote, who is known as Doctor Grote, is a woman of unusual charm and is of Swedish birth. Grote left all his property to his wife.

along the banks. As I drew nearer I saw thousands of salmon fighting their way up the shallow stream, and among these fish were the gulls, picking out first one eye and then the other. I flushed this enormous horde of gulls, which I believe numbered at least 10,000. Going closer to the stream, I found humpback salmon flopping everywhere, with their eyes gone and otherwise mutilated from the picking and clawing of these birds. I estimated that on this creek alone there were within eight 5,000 fish either dead or dying that had never spawned."

To remedy this condition Mr. Jones makes several novel suggestions. The ease with which the bears and gulls prey upon salmon, he says, is due in large measure to the number of obstructions in streams which they frequent in the spawning season. Besides the falls and other natural barriers, some of the rivers have not been kept clear of timber and other obstructions, and are consequently providing ideal fishing grounds for the natural enemies of the salmon. Whole schools are halted on their way upstream by these obstructions, with the result that the fish fall back exhausted into shallow water, only to be preyed upon by bears and gulls.

The commissioner mentions a number of streams where this is especially true, and urges that the government appropriate sufficient money to have the worst obstructions removed. The falls in many places, he says, could easily be blasted to give the salmon a free passage. In other places, where dynamite is impracticable, the construction of "fish ladders" is recommended.

"The investment of a few thousand dollars on all of these streams," says the commissioner, "would mean a great return in the future as the result of opening up additional natural spawning grounds as yet almost wholly untouched."

Farewell to White Bread.

Berlin.—The proprietor of a prominent Berlin restaurant recently gave a "white roll" banquet at which the white bread was served for the last time, its consumption being forbidden.

Germans Confiscate Copper.

Amsterdam.—To provide against a copper famine in Germany the Kaiser's troops are said to have confiscated all brass doorknobs, chandeliers and other brass and bronze fixtures in Belgian cities.

WEARY GERMAN SOLDIERS FORAGE FOR STARVING LITTLE ONE.

Sturdy Warrior With Pitcher of Milk Plays Nurse and Scolds While Tears Roll Down His Cheeks.

Berlin.—How German soldiers saved the life of a French baby is told in a letter written by an alderman of a West Prussian city who is serving as a battalion adjutant at the front.

"We had taken the village by storm," he writes. "The enemy had to be driven from every single house, every barn and every shed. Still we were within the reach of their field guns and so it was impossible for our commissary department to furnish us anything to eat. We had to subsist on what we could find in the village. Luckily we discovered a cow in one of the barns, some of our men were fortunate in capturing two pigs and the following night two steers were brought in from the pasture outside the village. So the meat question was solved for some days to come.

"But we had hardly anything to drink, the water was dirty and scarce. Besides, our men expected something better and stronger.

"We searched every house, went into every cellar, crept through every garret and found nothing. Finally one of our men called my attention to another house which we had missed. It was badly damaged by shells. The stables were mostly burned down. The yard was covered with French uniforms, bloody clothing, guns and the remnants of slaughtered animals.

"In the cellar of this house we discovered human beings. There were six women and eight children huddled together. I asked them whether they had had anything to eat and they told me the German soldiers had given them bread, soup and some meat.

"While talking to the women I heard the faint cry of a baby, and in looking around I discovered in one of the corners a young mother holding a six months' old child to her breast. I inquired whether the child was sick and the mother told me it was starving. It had not had any milk for two days.

"It seems the women had told our soldiers about the baby, but they had not understood what was wanted. Then I remembered we had kept the cow we found two days ago in our barn. So we went for the cow.

"One of my men volunteered to milk and got busy. But there was no milk. I ordered another soldier to milk, but the result was the same—negative. The idea struck me that where so many soldiers wanted milk for their coffee the cow might have been milked dry. So I placed a guard in front of the cow's stall and ordered him to let no one come near the animal.

"Three hours later we tried again and were overjoyed when we obtained a pitcher full of milk. Immediately we made haste for the cellar where the baby was still crying. It did not cry very much longer.

"The women were profuse in their thanks and one of my men who carried the pitcher scolded them for making so much noise. He was mad because tears were rolling down his cheeks. He himself is a father of several small children."

Girl Fights in Many Battles.

Petrograd.—Olga Krasnikoff, a nineteen-year old girl, fought in 19 battles in Poland before she was wounded in the foot and her sex was discovered. A fourth degree St. George's cross has been awarded her in the Moscow hospital.

Use New Shield.

Petrograd.—The Russians are using a new form of shield which runs on wheels, covers six men abreast and stops rifle and Maxim bullets.

Feathers for Relief.

Each South African ostrich farmer will give one pound of ostrich feathers to the British and Belgian relief funds.

The KITCHEN CABINET

Do you ask, Philaena, why I often come abroad with plaster on my chin, or with my lips covered with saive when nothing ails them? I do not wish to kiss you.—Martial Epigrams.

A FEW GOOD DESSERTS.

A nice, warm gingerbread, served with apple sauce and cottage cheese makes a desirable and economical dessert. Served with whipped cream, with grated cheese added enough to give flavor, is another way of serving it. Bake a gingerbread in a sheet and when hot, cut in halves and spread one half with a generous layer of marshmallows, cover with the other half, put into the oven and bake five minutes. Remove and serve with whipped cream.

Ginger Pudding.—Cream a half cupful of butter, add gradually a quarter of a cupful of sugar, two eggs well beaten, one cupful of milk and two and a half cupfuls of flour, mixed and sifted with three teaspoonfuls of baking powder; add a fourth of a cupful of canton ginger cut in bits, turn into a buttered mold and steam two hours. Serve with whipped cream, flavored with the ginger sirup.

Lemon and Orange Sherbet.—Take a half cupful each of orange juice and lemon juice, two cupfuls of sugar and a pint of thin cream, freeze and serve in sherbet glasses.

Coffee Sponge.—Mix one and a half cupfuls of coffee infusion with a half cupful of milk and one-third of a cupful of sugar, add a tablespoonful of gelatin which has been softened in a little of the coffee; put into a double boiler and add the yolks of three eggs, slightly beaten, a pinch of salt and a third of a cupful of sugar. When cooked to coat the spoon remove from the heat and fold in the beaten whites of three eggs and a teaspoonful of vanilla. Turn into individual molds, dipped in water and set away to chill. Serve with whipped cream flavored with vanilla.

Whipped Cream Cake.—No more delicious dessert can be imagined than a good layer cake of two layers, filled with sweetened whipped cream and the top covered with it. If one wishes to have the cake more elaborate, bananas, pineapple or candied cherries may be added to the cream. However, it is sufficiently satisfying with plain whipped cream.

When he to whom one speaks does not understand, and he who speaks himself does not understand, this is Metaphysics.—Voltaire.

Sorrows are like thunderclouds—in the distance they look black, over our heads scarcely gray.—Jean Paul Richter.

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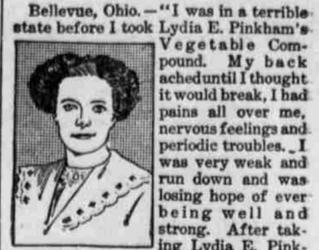
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LOSING HOPE WOMAN VERY ILL

Finally Restored To Health By Lydia E. Pinkham's Vegetable Compound.



Bellevue, Ohio.—"I was in a terrible state before I took Lydia E. Pinkham's Vegetable Compound. My back ached until I thought it would break, I had pains all over me, nervous feelings and periodic troubles. I was very weak and run down and was losing hope of ever being well and strong. After taking Lydia E. Pinkham's Vegetable Compound I improved rapidly and today am a well woman. I cannot tell you how happy I feel and I cannot say too much for your Compound. Would not be without it in the house if it cost three times the amount."—Mrs. CHAS. CHAPMAN, R. F. D. No. 7, Bellevue, Ohio.

Woman's Precious Gift.

The one which she should most zealously guard, is her health, but it is the one most often neglected, until some ailment peculiar to her sex has fastened itself upon her. When so affected such women may rely upon Lydia E. Pinkham's Vegetable Compound, a remedy that has been wonderfully successful in restoring health to suffering women.

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Make the Liver Do its Duty

Nine times in ten when the liver is right the stomach and bowels are right. CARTER'S LITTLE LIVER PILLS gently but firmly compel a lazy liver to do its duty.



Cures Constipation, Indigestion, Sick Headache, and Distress After Eating. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine Must Bear Signature

Warranted



KOW-KURE

KOW-KURE is the well-known cow medicine that has for over twenty years been making good producers out of backward ones. It is a tried and proven remedy for the prevention or treatment of such ills as Abortion, Milk Fever, Scouring and Lost Appetite.

Try a package of KOW-KURE on your poorest milker and note results. It is sold by druggists and feed dealers in 50c and \$1.00 packages. Write us for valuable free book, "The Cow Doctor."

Dairy Association Co. Lyndaville, Vt.



PARKER'S HAIR BALM

A toilet preparation of merit. It is sold by druggists and feed dealers in 50c and \$1.00 packages. Write us for valuable free book, "The Cow Doctor."

Sudan and Billion \$ Grass

Grass in 100 days from seedling! Produces enormously. Positive cure for hay shortage. BIG CATALOG FREE. John A. Salzer Seed Co., Box 704, La Crosse, Wis.

New Cancer Serum.

The results of the work of nearly a year by physicians, surgeons and laboratory staff of the General Memorial hospital of New York, tending to show the success of a new cancer serum, are expected to be published soon in an official report of the medical board of the institution to announcements made today. The report will contain the name of the discoverer of the new serum, its composition, the details of the preliminary laboratory work and the individual medical histories of the patients so far treated in the hospital. The announcements forecast this report as one of the most important contributions to science emanating from the medical professions in this country. The serum is used by injection. The cancerous growths break down, disintegrate and disappear, it is asserted.

Up and Down.

Even though a woman considers a man a bore, she always believes that he considers her interesting.

Wash day is smiley day if you use Red Cross Hair Blue, American made, therefore the best made. Adv.

Both salt and fresh water fish are caught in Lake Maracaibo, Venezuela.

Sore Eyes

Granulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Marine Eye Remedy. No Smarting, just Eye Comfort. At Your Druggist's 50c per Bottle. Marine Eye Salve in Tubes 25c. For Book of the Eye Free ask Druggist or Marine Eye Remedy Co., Chicago

boiled salad dressing or with a mayonnaise.

Oysters and Corn Bread.—Fry oysters in hot fat after rolling them in corn meal, well seasoned. Serve with a sauce made of half a cupful of catch up and the juice of half a lemon, seasoned with sugar, salt and pepper. Serve hot corn bread with the oysters.

When you try to conceal your wrinkles, Polia, with paste made from beans, you deceive yourself, not me. Let a defect, which is possibly but small, appear undisguised. A fault concealed is presumed to be great.—Martial.

LENTEN DISHES.

During the season of Lent there is any number of wholesome dishes which are suitable for any meal and take the place of meat. The combination of hard cooked, macaroni, cheese and white sauce is especially well liked and is not only appetizing but highly nutritive.

Rice and Egg.—Put a quarter of a cupful of rice with two tablespoonfuls of hot fat into a frying pan, cook until the rice is brown, then add enough water to simmer slowly until the rice is tender. Add three or four eggs and a half cupful of milk to the rice and stir until well mixed and the eggs delicately cooked. Season with salt and a few dashes of paprika and serve with hot buttered rolls.

Pepper Rarebit.—Cook one tablespoonful of butter with two of chopped green pepper and one and a half tablespoonfuls of chopped onion three minutes, stirring constantly. Add a half cupful of tomato put through a ricer, cook two minutes; then add a half pound of rich cheese, cut in bits, and, when nearly melted, stir in one egg beaten lightly. Serve on salted wafers or toasted buttered bread.

Parsley Potatoes.—Cut potatoes with a cutter into small balls, cook in boiling salted water, drain and shake in a dish of melted butter, with finely chopped parsley. Salt and a few dashes of red pepper are added, then serve as a garnish to a platter of poached eggs.

If your slave commits a fault, do not smash his teeth with your fist; give him some of the hard biscuit which famous Rhodes has sent you.—Martial's Epigrams.

A cook should double one sense have; for he should taste for himself and master be.

LOW COST MEAT DISHES.

A pound of mutton which has been browned in hot fat after cutting in small pieces and rolling in seasoned flour will, when carrots and a slice of onion have been added and boiling water to cover, serve a family of five. Simmer for two hours on the back part of the stove. The vegetables will be well seasoned with the mutton and a generous helping of them and a small portion of meat will make a satisfying meal. See that the skin is all removed from the mutton and if it has been properly dressed, it will not taste woolly.

Fried Salt Pork.—There is no more appetizing meat dish when well prepared than the following: Parboil slices of pork in boiling water, then roll in flour and fry until brown. In the fat which has been tried out, stir flour and cook until brown, then add milk and seasonings and serve with baked potatoes and the fried pork.

Hamburg Roast.—Take a pound and a half of hamburger, add two slices of salt pork chopped, one cupful of crumbs, one egg and a teaspoonful of salt. Shape in a loaf, and lay on strips of pork, and cover with a strip or two. Roast in a hot oven, basting often with a fourth of a cup of hot water added to the pan when put into the oven. Strain a brown sauce round the roast when serving.

Smothered Steak.—Brown a piece of round steak in a hot pan, add a chopped onion and water to simmer gently for an hour on the back of the stove. Season well and dredge with flour when half done. A sauce may be made to serve with the steak by melting two tablespoonfuls of butter, add two of flour and when cooked add the liquor from the steak. Pour around it and serve hot.

Couldn't Do It. "I'm sinking into a state of despondency, doctor." "You can't be, my dear sir." "Why not?" "Haven't you just told me your head's swimming?"

Daily Thought. The mind that is cheerful in its present state will be adverse to all solicitudes to the future, and will meet the bitter occurrences of life with a placid smile.—Horace.

Use New Shield. The Russians are using a new form of shield which runs on wheels, covers six men abreast and stops rifle and Maxim bullets.

Feathers for Relief. Each South African ostrich farmer will give one pound of ostrich feathers to the British and Belgian relief funds.

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