

FRUIT LAXATIVE FOR SICK CHILD

"California Syrup of Figs" can't harm tender stomach, liver and bowels.

Every mother realizes, after giving her children "California Syrup of Figs" that this is their ideal laxative, because they love its pleasant taste and it thoroughly cleanses the tender little stomach, liver and bowels without griping.

When cross, irritable, feverish, or breath is bad, stomach sour, look at the tongue, mother! If coated, give a teaspoonful of this harmless "fruit laxative," and in a few hours all the foul, constipated waste, sour bile and undigested food passes out of the bowels, and you have a well, playful child again. When its little system is full of cold, throat sore, has stomach-ache, diarrhoea, indigestion, colic—remember, a good "inside cleaning" should always be the first treatment given.

Millions of mothers keep "California Syrup of Figs" handy; they know a teaspoonful today saves a sick child tomorrow. Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has directions for babies, children of all ages and grown-ups printed on the bottle. Adv.

JUST A BIT TOO STRENUOUS

Owner of Bungalow Not Altogether Thankful for the Labor of the Firemen.

In the lobby of a Washington hotel the other evening the conversation turned to the enthusiasm of the volunteer firemen. Congressman Edmund Platt of New York, smilingly recalled a story along that line.

A man named Smith, the congressman said, had a bungalow down along the Jersey coast. Recently the bungalow was burned, and meeting an acquaintance one afternoon Smith sadly cited the harrowing details.

"What was the trouble?" finally interrupted the acquaintance. "Haven't you got a fire department down that way?"

"Oh, yes," answered Smith with a reflective sigh. "We have a fire department, all right."

"I see," thoughtfully mused the acquaintance. "Got there too late to put the fire out, I suppose?"

"Oh, no," rejoined Smith. "They put the fire out, but in doing it they washed away the building lot."—Philadelphia Telegraph.

Too True to Be Good.
"This dizzy old world," remarked the homegrown philosopher, "would be a delightful lump of dirt to live on if—"

"If what?" interrupted the party with the butt-in habit.

"If our neighbors only had as few faults as ourselves," concluded the dispenser of impossible facts.

A Nipped Scandal.
"Do you know I heard from the best of authority that young Jips is going to the dogs."
"So he is. He's been appointed one of the judges at a big bench show."

Then Her Mother Butted In.
"Don't you think war is the most awful thing on earth?"
"I used to before I was married."

INDIAN HAD SENSE OF HUMOR

At Least Enough to Get Off Good Joke on the Cross-Examining Lawyer.

From Fenimore Cooper and other authorities we have gained the impression that the Indian is a stolid, severe individual, with no sense of the white man's humor, but one red brother showed himself quite a civilized joker the other day in the United States court at St. Paul. He was a witness in a hotly contested case, and a lawyer was after him in the most approved style to cast discredit on his testimony. After apparently frightening the Indian with the awful consequences which would follow the slightest deviation from the truth, the lawyer solemnly said:

"Now, sir, I want you to tell me the exact truth, without any shuffling or evasion. I want you to look me square in the eye and tell me how you get your living?"

The Indian looked straight at the lawyer and, with that grave air familiar to all acquainted with the red man, simply said: "Eat."

The courtroom roared and the lawyer let the witness go.

NO BAKING POWDER MORE WHOLESOME THAN ALUM POWDERS.

Washington, D. C.—Alum baking powders are no more harmful to a person than any other baking powders. Such is the conclusion of the referee board of consulting scientific experts of the department of agriculture as the result of experiments to determine the influence of aluminum compounds on the nutrition and health of man. The report gives the results of three sets of extensive experiments on human subjects conducted independently by members of the board and was in response to questions put to it by the department of agriculture. The board's report was unanimous and was signed by Ira Remsen, president of Johns Hopkins university, Chairman; Russell H. Crittendon, professor of physiological chemistry in Yale university and director of the Sheffield Scientific school; John H. Long, professor of chemistry in Northwestern university; Alonzo E. Taylor, professor of physiological chemistry in the University of Pennsylvania, and Theobald Smith, professor of comparative pathology in Harvard.

Out of the Frying Pan.
David Starr Jordan, a peace meeting at the Hotel Astor in New York, said to a reporter:

"Half the world at war, and the counsel we are getting is that we must arm more heavily. That counsel reminds me of the African kings."

"An African king feasted a white explorer royally. Then, at the end of the feast, 300 girls were led forward."

"Choose from among these 300," said the king, "a wife."

"But the explorer blushed and stammered:

"Oh, but if I took one, then the remaining 299 would be jealous."

"That is easily remedied," the king answered. "Take all."

Very Much So.
"My fate hangs on a hair."
"Then you have but a bald prospect."

Maori women, formerly cannibals, now vote in New Zealand.

A woman simply has to love something, even if it is nothing but a man.

GIRLS! GIRLS! TRY IT, BEAUTIFY YOUR HAIR

Make It Thick, Glossy, Wavy, Luxuriant and Remove Dandruff—Real Surprise for You.

Your hair becomes light, wavy, fluffy, abundant and appears as soft, lustrous and beautiful as a young girl's after a "Dandarine hair cleanse." Just try this—moisten a cloth with a little Dandarine and carefully draw it through your hair, taking one small strand at a time. This will cleanse the hair of dust, dirt and excessive oil and in just a few moments you have doubled the beauty of your hair.

Besides beautifying the hair at once, Dandarine dissolves every particle of dandruff; cleanses, purifies and invigorates the scalp, forever stopping itching and falling hair.

But what will please you most will be after a few weeks' use when you will actually see new hair—fine and downy at first—yes—but really new hair—growing all over the scalp. If you care for pretty, soft hair and lots of it, surely get a 25 cent bottle of Knowlton's Dandarine from any store and just try it. Adv.

The Mercy-Seat.

Thou must not look so much at the evil that is nigh, but rather at that which stand ready to pity and help—and which hath pitied and helped thy distressed soul, and will pity and help it again. Why is there a mercy-seat, but for the sinner to look toward in time of need? Be patient till the Lord's tender mercy and love visit thee again; and then, look up to him against this and such like snares, which would come between thee and the appearance of the Lord's love; that thou mayest feel more of his abidings with thee, and of the sweet effects thereof. For these things are not to destroy thee, but to teach thee wisdom; which the Lord is able, through many exercises and sore trials, to bestow upon thee; that thy heart may be rid of all that burdeneth, and filled with all it rightly desires after, in the proper season and goodness of the Lord; to whose wise ordering and tender mercy I commit thee.—Isaac Penington.

St. Genevieve.

St. Genevieve, the patron saint of Paris, was consecrated at the age of seven to the service of religion by St. Germanus, bishop of Auxerre, who commanded to pass through the village of Nanterre, where she lived, about four miles from Paris. She acquired a great reputation for sanctity. The church of St. Genevieve, completed in 1764, was named in her honor. During the revolutionary period it was withdrawn from the service of religion and called the Pantheon, but was afterward restored in name and to ecclesiastical uses.

His Mistake.

"John," she said to her husband, who was grumbling over his breakfast, "your love has grown cold."

"No, it hasn't," he snapped; "but my breakfast has."

"That's just it! If your love hadn't grown cold you wouldn't have noticed that your breakfast had."—Stray Stories.

We are making today the memory of tomorrow.—J. R. Miller.

FARM POULTRY TO SECURE EGGS IN WINTER

Hens Have No Particular Laying Season—Do Well in Cold Weather if Given Attention.

If followed carefully, the hints given below will insure a satisfactory supply of eggs during the winter:

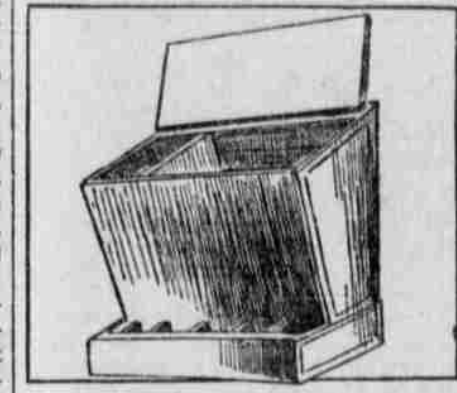
Never exposing the fowls to blustering, snowy weather, remembering that a cold, uncomfortable hen cannot be expected to be a profitable one. Therefore the houses must be of generous size.

Early hatched pullets. Strong, healthy yearling hens. Roomy, comfortable, well-ventilated houses.

Regular feeding of food rich in nitrogenous qualities. Scratching sheds and the fowls made to hunt for the grain among the litter.

Each year breeding from the strongest and best layers and never inbreeding.

Using trap nests by which the drones can be detected, so as to give the room and feed to the workers. Never overfeeding, but given just



Hopper for Feeding Grit, Shells or Mash.

as much as they will readily eat up clean and not waste or allow to sour.

Never exciting hens, but rather keeping them tame so that they will have confidence in the feeder and not become scary.

Keeping the houses perfectly clean and cheery, so that good health may be maintained, and that lice may be discouraged in making their headquarters about the premises.

Never overcrowding the flocks, as small families will do more work. It is better to keep 15 hens in a house built for 25 than 25 in a house only big enough for 15.

If these warnings are carefully heeded there will be no difficulty to secure winter eggs. Hens have no particular laying season; they usually lay best in warm weather because conditions are better—it is up to the poultry man to supply these.

WINTER PRODUCERS OF EGGS

Question of Keeping Old Hens During Cold Weather Season Should Be Decided by Conditions.

The hen more than a year old is not a winter producer of eggs. Why this is so it is doubtful if anyone can tell. The pullet produces the winter eggs, but as she gets older, her season of egg production is later. The question then is whether it is profitable to winter the hen two years or more old. The answer is yes, if one has a good market for eggs in the spring and summer, even though you buy the food, and decidedly yes, if one grows the food for the fowls. If the market in the spring and summer is not good, then it will not pay to winter the old hens, so that, after all, it is not a question of management, but one of being governed by conditions. In feeding the old hens during the winter, economy must be practiced, and the best way of doing this is to have all these hens by themselves and feed them a light ration.

POULTRY NOTES

Poor stuff always encounters a glut.

Ship dressed male birds in separate packages.

Warm quarters and the right ration will bring out the eggs.

Never pack dressed poultry until all the animal heat is out of the bodies.

A light morning feed for the flock is best, because it keeps them hustling through the day.

A tablespoonful of baking soda placed in the water two or three times a week will prevent bowel trouble.

During the winter months, or while fowls are confined, supply them with suitable grit, charcoal and green stuff in addition to the regular grains.

A pullet is in the pink of show condition just before she lays her first egg; laying dulls the plumage, takes away the brightness and sheen, and affects the shape.

Don't let the pullets that are to be shown come to laying. This can be put off by changing such pullets from house to house, and by feeding a maintenance ration only.

Ambition and Humility.
The highest ambition is the parent of the truest humility; it makes one realize that our ultimate aim is so high that we need a power far beyond our own for the accomplishments of so transcendent a work; that if we are truly to be co-workers with Almighty God himself in the working out of the great scheme that rules the universe, the task is far too great for our unaided efforts, and we may confidently rely upon a power divine to help us in all our needs.

Important to Mothers.
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Wm. C. Foster* in Use For Over 30 Years. Children Cry for Fletcher's Castoria.

Language was given us that we might say pleasant things to each other.—Boeve.

Nothing equals Dean's Mentholated Cough Drops for Bronchial weakness, sore chest, and throat troubles—See at all Druggists.

A really skillful woman can laugh at a pointless joke just as easily.

No Compromise

You must conquer Stomach Ills at once if you would retain the controlling power in health matters. Such ailments as Poor Appetite, Indigestion, Bilioussness, Constipation, Colds and Grippe soon undermine your health. Help Nature conquer them with the valuable aid of

HOSTETTER'S Stomach Bitters

TRY IT

W. N. U., OMAHA, NO. 6-1915.

Sick Women Made Well

Reliable evidence is abundant that women are constantly being restored to health by Lydia E. Pinkham's Vegetable Compound

The many testimonial letters that we are continually publishing in the newspapers—hundreds of them—are all genuine, true and unsolicited expressions of heartfelt gratitude for the freedom from suffering that has come to these women solely through the use of Lydia E. Pinkham's Vegetable Compound.

Money could not buy nor any kind of influence obtain such recommendations; you may depend upon it that any testimonial we publish is honest and true—if you have any doubt of this write to the women whose true names and addresses are always given, and learn for yourself.

Read this one from Mrs. Waters:

CAMDEN, N. J.—"I was sick for two years with nervous spells, and my kidneys were affected. I had a doctor all the time and used a galvanic battery, but nothing did me any good. I was not able to go to bed, but spent my time on a couch or in a sleeping-chair, and soon became almost a skeleton. Finally my doctor went away for his health, and my husband heard of Lydia E. Pinkham's Vegetable Compound and got me some. In two months I got relief and now I am like a new woman and am at my usual weight. I recommend your medicine to every one and so does my husband."—Mrs. WILLIE WATERS, 530 Mechanic Street, Camden, N. J.

From Hanover, Penn.

HANOVER, PA.—"I was a very weak woman and suffered from bearing down pains and backache. I had been married over four years and had no children. Lydia E. Pinkham's Vegetable Compound proved an excellent remedy for it made me a well woman. After taking a few bottles my pains disappeared, and we now have one of the finest boy babies you ever saw."—Mrs. C. A. RICKRODE, R.F.D., No. 5, Hanover, Pa.

Now answer this question if you can: Why should a woman continue to suffer without first giving Lydia E. Pinkham's Vegetable Compound a trial? You know that it has saved many others—why should it fail in your case?

For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No one sick with woman's ailments does justice to herself if she does not try this famous medicine made from roots and herbs. It has restored so many suffering women to health. Write to LYDIA E. PINKHAM MEDICINE CO. (CONFIDENTIAL) LYNN, MASS., for advice. Your letter will be opened, read and answered by a woman and held in strict confidence.



HORSES FOR EUROPE

Europe is buying thousands of horses from the United States for the war. The army agents refuse all horses that are not in good condition and free from contagious and infectious diseases. When the buyers come you must be ready to sell. Keep your horses in salable condition, prevent acid distemper, Pink Eye, Epistaxis, Catarrhal and Shipping Fever by using the largest selling veterinary remedy.

SPOHN'S DISTEMPER COMPOUND.
Absolutely safe for all ages. One bottle cures a case. 50 cents and \$1 the bottle, \$2 and \$3 the dozen. Write for free booklet, "Distemper, Causes and Cure." SPOHN MEDICAL COMPANY, Chemists and Bacteriologists, GOSHEN, INDIANA

How It Came.
"How did you get your musical temperament?"
"I was born in A flat."—Princeton Tiger.

Many actions, like the Rhone, have two sources; one pure, the other impure.—Hare.

What a lovely collection of pessimists we would be if we could see ourselves as others see us!
Beautiful, clear white clothes delights the laundress who uses Red Cross Ball Blue. All grocers. Adv.
Painted complexions shouldn't always be taken at their face value.

160 ACRE FARMS IN WESTERN CANADA FREE
Yes, waiting for every farmer or farmer's son—any industrious American who is anxious to establish for himself a happy home and prosperity. Canada's hearty invitation this year is more attractive than ever. Wheat is higher but her farm land just as cheap and in the provinces of Manitoba, Saskatchewan and Alberta
160 Acre Homesteads are Actually Free to Settlers and Other Land at From \$15 to \$20 per Acre
The people of European countries as well as the American continent must be fed—thus an even greater demand for Canadian Wheat will keep up the price. Any farmer who can buy land at \$15.00 to \$30.00 per acre—get a dollar for wheat and raise 20 to 45 bushels to the acre is bound to make money—that's what you can expect in Western Canada. Wonderful yields also of Oats, Barley and Flax. Mixed Farming is fully as profitable an industry as grain raising. The excellent grasses, full of nutrition, are the only food required either for beef or dairy purposes. Good schools, markets convenient, climate excellent.
Military service is not compulsory in Canada but there is an unusual demand for farm labor to replace the many young men who have volunteered for service in the war. Write for literature and particulars as to reduced railway rates to Superintendent Immigration, Ottawa, Canada, or to
W. V. Bennett, 220 17th St., Room 4, Bee Building, Omaha, Nebr.
Canadian Government Agent.

Better Health—Fatter Purse

The 1914 wheat crop of the United States was 891,017,000 bushels.

A fine showing that, but—

Under present methods of manufacture of many so called breakfast foods and bread stuffs, a large per cent of the real food value of this magnificent crop—found in the invaluable mineral elements of the grain—will be wasted as far as human needs are concerned—thrown out in the milling process just to make flour look white and pretty.

But in making the splendid food—

Grape-Nuts

all the nutriment of wheat and malted barley is retained, as well as the vital mineral elements—phosphorus, iron, lime, etc.—which are absolutely demanded by the system for perfect building of brains, nerves and muscle.

Grape-Nuts digests with remarkable ease, due to its long baking; is highly concentrated, economical and appetizing.

"There's a Reason" for Grape-Nuts

—sold by Grocers everywhere.