## WASIIINGIEON CITY SIDLEGITS



Model Houses Planned as Mrs. Wilsan Memoriał W

the impress of the writer's dignity, courtesy and intelligence."
"Don't hesitate to say 'no if that is the proper answer; having sald it don't attempt to suggest an alternative aimed to circumvent your own 'no.'
"Don't discuss people; discuss things."
"Don't write anything quarrelsome; it would probably not be signed.'

Don't write anything quarrelsome;
Don't get excited; or, if you do, don't record the fact on paper."
"Don't use long words when it can be helped (and it generally can),
"Don't say 'shall,' ${ }^{\text {must' }}$ or 'should' if you mean 'will'; 'verbal' whe Don't say 'shall,' 'must' or 'should' if you mean 'will'; 'verbal' when you
mean 'oral,' amount' when you mean ''quantty,' 'In reference' when you
mean 'with reference, 'in accord' when you mean 'scarcely' or 'with the view
of when you mean 'with er "Don't send a letter back unless the regulations require $i t$. Originals are
" Don't try to put a whoie letter into the 'subject;' leaving nothing at al



Diplomats Now Call Washington Plymouth Rock $\mathbf{W}^{\text {ASHINGTON }}$ has been nicknamed

## 





## Debutantes Are Leaving Off Their Long Gloves








## HIIGIIIMAY INPROVIMIIT

## DEPENDENCE ON DIRT ROADS

 They Are of Much Importance toFarmer and ARe Good Nine Months
in Year if Properiy Cared For.


LITtLE PARABLE OF LIFE


|  |
| :---: |
|  |
| E. Berry Wall said aid at a dinner in -Woman's dress nowataya ts beau-Ufful-beautiful but ghocking. The slashed skirt, to be sure, has disap peared-but it has only disappeared to make room tor the lace panel. scored a bullseeye unconselously the other day. - Ts Mrs. Blane $\operatorname{tn} \%$ a late caller <br>  'but she ant't at home, str. she's upp staira undreasin' for a dimner dance.; -Washington star. |
| Good Advice. <br> Bacon-I see it sald that many per sons are apt to remain too long than cold bath, and care stoold be taken to avold this mistake. wheh has a dobilltating effect if induliged in ind debilitating erfect ir orten Ebert-It you thappen to break through the tice this winter, remem ber that. Don't stay in too long. |
| Sized Up. <br> Mrs. Crawford-What makes you hink that she knows her husband thoroughly? <br> Mrs. Crabshaw-Because she can out of his pocket without his missing it."-Judge. |
| It pays to be pollte, but we don't think it quite necessary to bow when you go to milk a cow |

POINT IN CHILD EDUCATION Phould Be Careful Weighing
Sore Is it not true that parents often
neek their own peace and comfort rather than the weachare and comormatoon of a
tantes?
bave it have th over." One oo the easiest and
oontant vital
potnts filid education is the careful potnts in child education is the careful
welghing of motives and tempera-
ments. Be firm and calm-and that is nents. Be firm and calm-and that is
ceasonabe. The colose relationship of
oody, mind and soul demands a ody, mind and soul demands a con-
ideration of this trintty of each indt. sideration of this trinty of each indi-
vidual in order to have a heatithful
unit. Poor digestion makes an frrt vidual in order to have a healthrit
nuit. Poor digestion mates an irri.
table temper, a dofect of vislon may
be at the root of a moral oblliquity, nd deafness makes for seeming tal.
cy. Many physicians have falled to
elp solve a mother problem becauge艮男 solve a mother problem because e surerfictal symptoms.-Modern

Titus' sack of Jerusalem.
The Emperor Ttuas was counted one ot the greatost situs was counted one
sy Rome, and for his almor produced
miraciy Rome, and for his almost miracu-
ous slaughter he was entitled "The lous sla
Joy of
Titus m
house. Itus made JJerusalem a a charnel
ouse. It is eatimated that during the
 age he killed $2,500,000$ Jews. Flually
he living behind the walls of Jeru-
nalem became so weak they could no nder throw their dead over the walla
nitus marched tn with his
ictorous army. When the sun get Titorious army. killed every man, woman and child in the place and hits soldiers
setualiy waded ankle deep in blood in actualiy wad
the gutters.
Why We Deed More Caleclum.
Sclence now declares that we ought Science now declares that we ought
make calccum one of the Ingredients of bread in order to give our bodita
more of this usetul element. Unless more of this useful element. Unless
we eat an abundance of millic and vege. ables most of us do not get a suff-
clent amount of calclum, particularly
if we take our carbohydrates in the If we take our carbohydrates in the
form of bread, potatoes and beer.
fardening of the arterles and a or of other modern diseases are.
morter and thought to be due to an insumficient
ammount of calclum tn the diet. To
supply this lack it is proped amount of calcium in the diet. To
supply this lack it is proposed to uss
in breadmaking a proparation com. breadmaking a prephation com-
posed of rye flour and calclum chlo-
Ide.
$\qquad$ Little Girl-My father says he has
often seen you act.
Pleased Actress-what did he say e saw me act in, dear?
Little Girl-In the ko's, -Puck
Cirl-In the wroas.-Puc

$$
\begin{aligned}
& \text { Hoard at the Concert. } \\
& \text { "She sings with a good deal of ex- } \\
& \text { ession, doesn't she?" }
\end{aligned}
$$

$$
\begin{aligned}
& \text { "She sings with a good deal of ex. } \\
& \text { pression, doeen't she? } \\
& \text { "Yes, she does, but tt's the kind of } \\
& \text { expression you must close your eyes }
\end{aligned}
$$

$$
\begin{aligned}
& \text { "Yes, she does, but tt's the kind of } \\
& \text { expression you must close your eyes } \\
& \text { to apprecinte." }
\end{aligned}
$$

$$
\begin{aligned}
& \text { Its off. } \\
& \text { you and thu }
\end{aligned}
$$

$$
\begin{aligned}
& \text { IIl? } \\
& \text { "She has sent me back my solitaire." } \\
& \text { Rinm off eh?" }
\end{aligned}
$$

Much of the wisdom of the wise is
Mlected from the foolishness of the

## Money for Money - <br> Pound for Pound

 food-strength.


Grape-Nuts food digests generally in about one hour.
Being highly concentrated, there's more actual food value, weight for weight, in Grape-Nuts than in some other foods sold in bigger packages.

Grape-Nuts contains the vitai bone, muscle and nerve making phosphates necessary for health and life, but lacking in most wheat foods-white bread especially. A daily ration of Grape-Nuts readily makes up for this lack.

Ready to eat from the package, appetizing, nourishing,


## "There's a Reason" for Grape-Nuts

