## MRS. THOMSON **TELLS WOMEN**

How She Was Helped During Change of Life by Lydia E. Pinkham's Vegetable Compound.

Philadelphia, Pa.-"I am just 52 years of age and during Change of Life I suf-



fered for six years terribly. I tried several doctors but none seemed to give me any relief. Every month the pains were intense in both sides, and made me so weak that I had to go to bed. At last a friend recommen-ded Lydia E, Pink-

ham's Vegetable and found much relief. After that I had no pains at all and could do my housework and shopping the same as always. For years I have praised Lydia E. Pinkham's Vegetable Compound for what it has done for me, and shall always recommend it as a woman's friend. You are at liberty to use my letter in any way."—Mrs.Thomson, 649 W. Russell St., Philadelphia, Pa.

Change of Life is one of the most critical periods of a woman's existence. Women everywhere should remember that there is no other remedy known to carry women so successfully through this trying period as Lydia E. Pinkham's Vegetable Compound.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

The more a man makes love to a woman the more she admires another man to whom she has to make love.

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny granules. Easy to take as candy. Adv.

Where England Leads.

England is ahead of the United States in the development of the automatic telephone service, and contracts for automatic exchanges of the total value of nearly five hundred thousand dollars have been placed.

Befitting Punishment. Edith-The wretch! So he actually proposed to both of us! Oh, I wish we could think of some way to punish

Madge-We can; you marry him

War Hurting Gamblers.

A social worker in England was questioned as to unemployment in his district. "Not much unemployment, but a good deal of half time. Still things aren't so bad as they might be, for now there's little racing, a lot of money gets home which would never get there ordinarily. The bookies' runners are feeling the war more than anybody."

First Aid to Matrimony.

"The English military uniform," said General Holland in Canton, "is the best looking and it is also the best to fight in. Take the photographs of the wounded and dead English officers-Viscount Hawarden, the Hon. W. A. Cecil, Lieut, the Hon. R. Keppel. Did you ever see such a handsome lot of uniforms?

"No wonder all the English soldiers marry well," General Holland concluded. "Handsome is that handsome does -and the English uniform certainly does havoc amongst the English heiresses."

## Tone Up! Not Drugs— Food Does It

-wholesome, appetizing food that puts life and vigor into one, but doesn't clog the system.

Such a food is

## Grape-Nuts

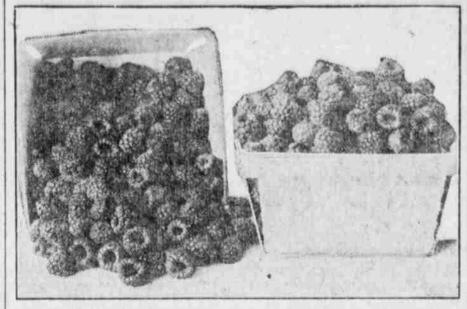
The entire nutrition of wheat and barley, including the vital mineral salts-phosphate of potash, etc.-

Long baked, easily digested, ready to eat; an ideal food with cream or milk, and fine in many combinations.

"There's a Reason" for Grape-Nuts

-sold by Grocers.

## GROWING BLACKBERRIES IS PROFITABLE



Thorough Cultivation Throughout the Season Will Help in a Material Degree to Fine Results Like the Pictured Fruit.

(By W. HANSON)

The most important thing in growing blackberries successfully is moist soil, not one in which water will stand, but one rich enough in humus to hold sufficient moisture to carry the plants through the growing season.

I find that the best results will be obtained if the blackberry bushes are planted in the fall, in October and November, setting the smaller growing kinds 4x7 feet apart, and the larger varieties 6x8 feet apart.

Thorough cultivation throughout the season will help in a material degree to hold the moisture necessary to perfect a good crop.

The soil should be cultivated very shallow, so as not to disturb the roots of the plants. Breaking the roots starts a large number of suckers which have to be cut out and destroyed.

Blackberries, like dewberries and

Some of us remember the long

rows of currant bushes which always

bordered grandmother's garden. Some

Rarely is the fruit offered now and

The appearance of the currant worm

destroyed their vitality. They became

an eyesore rather than a source of de-

that hellebore dusted over the bushes

when wet with dew is a sure remedy.

the next generation have falled to re-

new the currant rows, and as a result

the far-famed currant jelly, one of the

most delicious of relishes, has been

The currant is easily grown, comes

into bearing speedily, and requires

less care than most of the small fruit.

Cuttings should be made in Septem-

ber and October, and planted in rows.

These may have some slight protec-

tion during the winter, though it is not

In the spring there will be as a re-

sult a fine bed of rooted cuttings

which may be left for a year undis-

turbed, or then transplanted to the

Spraying with bordeaux mixture is

a good remedy for the fungous growth

Work Can Be Done During Odds

and Ends of Time and Cost

Will Be Almost Nothing.

A good apple orchard can be de-

fruit grower, but the chances are the

general fruit grower will produce a

barrel of apples for less money than

to send their roots down deep in

search of mineral elements, which are

needed to nourish the trees and pro-

The physical condition of the soli

Pruning Blackberries.

It is best to prune blackberries in

the fall. Usually only five or six

canes from each root should be al-

lowed to grow, the others being pulled

out while they are still small. When

the canes are two and one-half to

three feet high the tips should be cut

or pinched back two or three inches.

laterals push out. These laterals bear

the fruit the following season.

is the cause of many poor trees.

duce a fine crop of fruit.

sometimes attacking the foliage.

DEVELOPMENT OF

While it has been known for years

served with sugar.

light and were destroyed.

ble explanation:

almost forgotten.

absolutely necessary.

garden row.

the specialist.

grounds.

raspberries, bear but one crop on the cane. That is, canes which spring up one year bear the next year.

From three to six canes are suffi cient to be kept in each hill. The superfluous ones must be thinned out as soon as they start from the ground The old canes should be cut off soon

after fruiting and burned. The new shoots must be pinched back at the height of two or three feet if the plants are to support them-

If they are to be fastened to wires the canes may be allowed to grow through the season, and be cut back when tied to the wires in the winter or early spring.

Good, small-growing varieties are Early Harvest and Wilson. The Snyder is rank-growing, and the most popular variety for commercial grow ing, but the Agawan, Ancient Briton, and Taylor are better in quality

#### **GROWING CURRANTS** IMPORTANT WORK IN IS NOT DIFFICULT HANDLING TOMATOES

Bush Comes Into Bearing Speed-Satisfactory Results May Be Obily and Requires Less Care tained by Careful Picking, Than Most Small Fruits. Sorting and Packing.

(By W. H. UNDERWOOD.)

The most important part of the handling of a tomato crop is the pick of us, too, remember the delicious desing, sorting and packing. If wisely serts of scarlet and white fruit, cooled and carefully done, the results will be with a dash of spring water, and very satisfactory.

In handling my tomato crop I first go through the field searching closely the following seems the most plausifor all sound, smooth tomatoes just in the turning stage; that is, with a slight shade of redness in color, yet stripped the bushes of leaves and soon green and firm.

I never pick any cracked or disfigured tomatoes to ship to market.

I place only smooth, uniform speci mens in the crate baskets on their sides, with the blossom end up, so as to show to the best advantage.

I do not crate anything but No. 1's in a No. 1 package, and No. 2 quality in a No. 2 package. Anything inferior to No. 2 will not pay to crate and ship. By observing this rule I am saved the cost of many crates, also the transportation charges on them, as well as the labor of putting them

When picking for the market, I am to pick only No. 1 fruit, then when packing there is not much No. 2 fruit

By not picking the cracked or disfigured fruit green, but letting it remain on the vines to ripen to the right stage for the canning factory, more money can usually be realized from it than if packed to ship.

#### FALL WEB WORMS DO MUCH INJURY AN APPLE ORCHARD

Pests Will Quickly Destroy a Tree and Should Be Burned as Soon as They Appear.

Late in the summer the unsightly webs of this insect are seen all over the land. The adult, a little white veloped during the odds and ends of moth, lays its eggs on the leaves of time, and the cost will be practically fruit and other trees and plants early nothing to the average farmer. Of course, the specialist will be a better in the summer.

The young caterpillars spin the protective web. They are of a pale yellow, with long hairs, two black rows down the body, and a black head.

When trees are properly set out, and These worms will quickly destroy a carefully cultivated the first two or tree and should be burned as soon as three years, the roots will penetrate they appear, because after they have deeply and seek larger feeding eaten the leaves they drop to the ground and spin a little cocoon within Orchards should be thoroughly which they hide themselves and then drained, or the trees will not be able change back to the chrysalis state.

There are two broads of this insect in the South every year and one in the North.

Spraying with paris green when the worms are very young will destroy them. London purple is also used with success. When they are discovered in large numbers the limbs containing the worms should be cut off and burned

Old and Young Hens.

It often bothers young farmers wives to tell old hens from young ones. The young ones are most apt to have brighter eyes, redder combs and This checks upward growth and many | smoother legs. They never have spure, while old ones do. And the old hens move about more slowly.



UNRAVEL ROAD LEGISLATION

Joint Committee Working to Bring About Simplicity, Efficiency and Uniformity of Laws.

To bring about revision of stateroad laws along lines that will insure simplicity, efficient management, and, where desirable, uniformity, is the task undertaken by a special joint committee appointed at the third American road congress and representing the American Bar association and the American Highway association. The magnitude, intricacy and political and technical difficulties of the undertaking are discussed in an article prepared for the Engineering Record by J. E. Pennybacker, chief of the division of road economics of the United States office of public roads.

Between three and four million words comprise existing road legislation in the several states, according to the estimate of officials in the office of public roads. This great wilderness of words would make up an edition of 30 fair-sized volumes. In view of the comparative simplicity of the subject, this vast accumulation of statutes, according to Mr. Pennybacker, is a scathing commentary on the constructive statesmanship of our legislators for many generations. There is scarcely a doubt that at least 85 per cent of the legislation is superfluous, and that, entirely aside from the matter of reform, exactly the same purposes contemplated in the existing leg-Islation could be accomplished with greater effectiveness with one-eighth of the existing statute laws.

The compilers have found legislation still in effect almost identical as to form and substance with the old colonial road laws, which were in turn based upon English precedent, extending back to the time of Queen Eliza beth; they have found statutes so hopelessly in conflict as to make efficient and responsible administration utterly impossible. As an example of the bewildering confusion of existing legislation, the compilers came across In the statutes of one of our most progressive states a recent enactment amending a road law which was re pealed two years before the amendment was passed, and yet apparently none of the legislators have thus far become acquainted with the situation

## MAKING ROADS IN THE FALL

Every Township Should Own Gravel Pits From Which Material Can Be Cheaply Obtained.

There is a growing demand for more and better roadmaking during the autumn months. In many localities the roads become filled with deep ruts and the wheel tracks so depressed during the summer that they collect rains which soon wash them into gutters and ruin the roads for heavy loads and comfortable travel.

There is no reason why a portion of the road tax should not be used for putting the highways in a better condition for travel. The split-log drag and other roadmaking implements should be put to work before the ground freezes. The outside of the roads should be brought into the center of the track which will establish a crust that will shed water, rather than retain rains, which are sure to occur during the late fall and early spring months.

Roads having a full high center are quite sure to remain in a good condition during the rainy season of fall and spring. Steep hills, where water is apt to collect in wheel tracks, should be provided with open gutters on each side into which rains may be diverted. with an occasional crest which water cannot pass. Approaches to bridge and culverts should be so filled with earth that vehicles of all kinds may pass over them without serious jolts and jars. Roads are much improved when covered with gravel. This is a sea son of the year when such work can be accomplished at a minimum ex-

Every township should own gravel pits, from which roadmaking material can be cheaply obtained. Concrete roads will soon become popular. The same material should be used in making bridges and culverts. A good quality of sand and gravel is necessary to make serviceable concrete. Every farmer should have an especial interest in all roads joining his place and leading to market.

Give Meat to Pullets.

Give considerable meat food to the growing pullets now and they will lay earlier on account of it. Commercial prepared beef scraps, or cut fresh bone, will be satisfactory for this purpose, and skim milk will be of great as-

Easy to Improve Tomato. It would not be easy to find a fruit hat can be more rapidly improved by careful selection or run out more rapdly by careless handling than the to-



# Watch Your Colts

Self-Loading Shotgun

12 GAUGE, 5 SHOTS

simple. It has all the good points of other recoil-operated

shotguns, and many improvements besides.

Among them are Nickel steel construction

and a reloading system that requires no

It's the Fowling Gun Par Excellence

SPOHN'S DISTEMPER COMPOUND nts and Fi a bottle: \$5 and \$10 the dozen of any draggist, barness or, or delivered by SPOHN MEDICAL CO., Chemists and Bacteriologists, Goshen, Ind., U. S. A.

MODERN WAR IS MERCIFUL

change for different loads.

Under Existing Conditions the Wounded Are Given a Fair Chance to Recover to Health.

A general impression is that with powerful weapons of great precision greater loss of life and greater pain are caused. That view is almost certainly inaccurate. The modern bullet, says the Scotsman, unless it is of the soft-nosed type, is on the whole merciful, and either kills outright or gives its victim a fair chance of recovery. It does not, as a rule, muti-

The ambulance corps was practically unknown 60 years ago, and not only is aid brought more rapidly to the wounded, but it is far more effective than in the pre-Lister days. Rapidity of conveyance has increased beyond all comparison. In the present war it is true to say that in many cases men have been lying in a British hospital within 24 hours of receiving their wounds. If the risk of being hit is greater, the chances of recovery from injury have been immensely increased.

## **NEARLY CRAZY WITH ECZEMA**

354 Plum St., Youngstown, Ohio .-Blotches like ringworms started to come out all over my face and neck. Later it took the form of white flakes and when I would rub they came off in little white scales. The eczema so disfigured me that I was ashamed to go out anywhere. It itched all the time and whenever I perspired or got my face the least bit wet, it would burn until I very nearly went crazy. The more I rubbed or scratched the more it spread and it made me so restless I could not sleep at night.

"One day a friend prevailed upon me to get a sample of Cuticura Soap and Ointment. They caused the itching to stop instantly and in a very few days my face and neck began to show a marked improvement. I used three cakes of Cuticura Soap and one box of Cuticura Ointment and my face and neck are completely cured." (Signed) Newton D. W. Chapman, Feb. 27, 1914.

Cuticura Soap and Ointment sold throughout the world. Sample of each free, with 32-p. Skin Book, Address postcard "Cuticura, Dept. L, Boston."-Adv.

War Snatches.

Simeon Ford, the humorist of New York, said the other day:

"We are a nation of humorists. We extract humor even out of war. As I walked down Broadway the other morning I overheard scraps of talk "'The missionaries have been look-

ing for heathens in the wrong countries.' "'What's the matter with the late Rudyard Kipling resurrecting himself

and giving us a new war song?" 'Carnegie's peace palace? The kaiser has turned it into a fort."

Money for Christmas. Selling guaranteed wear-proof hosiery to friends & neighbors. Big Xmas

business. Wear-Proof Mills, 3200 Chestnut St., Philadelphia, Pa.-Adv. Undesirable Lot. He-Will you share my lot?

She-No, I don't like the crop of vild oats on it. Many a woman's imagination makes er an invalid.

Every little helps-especially little icks when you're going down hill

An Emotionalist. "So you're hanging around broke again?" said the policeman.

"Yes," answered Bill the Burglar. "I haven't a cent. I broke into a house night before last and the poor mark of a taxpayer told me such a hard luck story that he had me sheddin' tears an' lendin' him my last cent."

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of Chart Fletchers.
In Use For Over 30 Years. Children Cry for Fletcher's Castoria

to gather some fellow will come along and borrow it .-- New York YOUR OWN DRUGGIST WILL TELL YOU Try Murins Bye Remedy for Red, Weak, Water Bress and Granulated Hyelids; No Smarting-plat Bye Comfort, Write for Book of the Hyelp mail Free, Murine Eye Remedy Co., Chicago.

Lay something by for a rainy day.

and just as soon as the clouds begin

A widower never invests in a guitar for the purpose of serenading a spinster. He begins right where he left off at the end of his first courtship.

Red Cross Ball Blue, much better, goes farther than liquid blue. Get from any grocer. Adv.

Creditors and poor relations always show up at the wrong time.



# Neuralgia

There is no need to suffer the annoying, excruciating pain of neuralgia; Sloan's Liniment laid on gently will soothe the aching head like magic. Don't delay. Try it at once. ,

Hear What Others Say

"I have been a sufferer with Neuralgia is several years and have tried diffesent iniments, but Sloan's Liniment is the est Liniment for Neuralgia on earth, have tried it successfully; it has never-alied."—F. H. Williams, Augusta, Ark.

Mrs. Ruth C. Claypool, Independence.
Mo., writes: "A friend of ours told us about your Liniment. We have been using it for 13 years and think there is nothing like it. We use it on everything, sores, cuts, burns, bruises, sore throat, headnohes and on everything else. We can't get along without it. We think it is the best Liniment made."

is the best remedy for rheumatism backache, sore throat and sprains At all dealers, 25c. Send four cents in stamps for a

TRIAL BOTTLE Dr. Earl S. Sloan, Inc. Philadelphia, Pa.

W. N. U., OMAHA, NO. 44-1914.

### **Boils** Biliousness Malaria Constipation

# Are You Troubled? Dr. Pierce's Golden Medical Discovery

Perhaps this case may be similar to yours

Gentlemen:—"It gives me much pleasure to be able to send you a testimonial, if by its reaching some sufferer your medicines will do as much for him as they have for me. At the age of fourteen I was troubled a great deal with malaria and billousness, accompanied with the worst sort of large boils. I was persuaded by my parents, who have always been strong believers in Dr. Pierco's remedies, to try the Golden Medical Discovery. I took one bottle and the boils all disappeared, but I did not stop at one bottle, I took three and the malaria all left me and I have had no more boils to this day, thanks to the 'Golden Medical Discovery' for my relief.

"Following as coeration for appendicitis two years ago I was troubled very much with constination and I have been trying Dr. Fierce's Pleasant Purgative Feltets and they have rid me of the troublestone gas and have sided me in conquering the whose trouble; thanks again for the 'Feltets' and for the skivice I have obtained from The People's Common Sense Medical Advisor." Send only it cents for this 1028 page book. J. Wesley Tilly of (Box 673,) Selma, Cal., writee:

for over forty years has been lending its aid to just such cases as this. In our possession we have thousands of testimonials of like character.

Perhaps you are skeptical, but isn't it worth at least a trial in view of such strong testimony? Isn't it reason able to suppose that if it has done so much for others it can do as much for you?

Your druggist will supply you in liquid or tailest form, or you can send 50 one-cent stamps for a trial box. Address

Dr. R. V. Pierce, Buffalo, N. Y.