## Walking With

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\$9\$9999998888888888888888888 TEXT-"And Enoch walked with God, and he was not; for God took him. Genesis 5:24.



The fifth chapter of Genesis contains a list of men who reached remarkable ages; vet with one exception, it is written of each of them, "and he died." This man, who walked with God, and did not die, is one of the most attractive figures in Scrip-He lived amid

wicked people. Enoch's generation was ripening for the flood, and every imagination of man's heart was only evil continually; yet he "walked with God." He encourages us to walk thus even under difficult circumstances. Christ said to the church at Pergamos: "I know where thou dwellest, even where Satan's seat is: and thou holdest fast my name and hast not denied my faith." How cheering to hear of "saints in Caesar's household," and to know that Christ so lived at wicked Nazareth that the Father could say, "This is my beloved Son, in whom I am well pleased."

He lived in the twilight of revelation. There was as yet no Bible, yet he "walked with God." How shall he rise up to condemn us!

He was married. Some have thought celibacy necessary to the highest holiness, but Enoch refutes the idea. We actually knew a mother who declared she could not be a Christian until her children were larger and less exasperating! But we are told "Enoch walked with God after he begat Methuselah," and it is suggested that the coming of this little life into his was the beginning of his heavenly conver-

#### His Walk.

He walked by faith (Hebrews 11:5). There is no record of him having revelations more than we have who also "walk by faith." "Faith cometh by readily and hold color creditably. hearing and hearing by the word of for walking with God.

He pleased God (Hebrews 11:5). How indifferent this makes us to Like all the garments now fashionable men's opinions! "It is a small thing it is cut on simple lines. The waist larger. And once the little ones form with me that I am judged of men's and skirt are joined under a braid judgment." How blessed to know we belt, and the dress fastens with snap them to learn, because they desire so can bring joy to the heart of God fastenings like those on a glove. and that we may "walk worthy of the Lord unto all pleasing" (Col. 1:10).

He warned the wicked. Jude tells us that Enoch prophesied, saying, Behold the Lord cometh with ten thousand of his saints, to execute judgment upon all. Those who walk with God long to bring to him "them that are without." Good men may, like Samuel Rutherford, lack the evangelistic gift, but they will have the evangelistic heart which made Rutherford

> If but one soul from Anworth Meet me at God's right hand, My heaven will be two heavers, In Immanuel's land.

He was progressive in holiness. He walked with God, and pressed toward the mark for the prize. The perfection of Christians on earth is very Imperfect, and even in heaven we shall still be waiking in white.

### His Exit.

His strange departure proved immortality to be a fact, just as Elijah's translation later assured Israel and as we are assured by Christ's resurrec-

His departure was felt. Hebrews says that Enoch "was not found," as if they had sought him. He was missed. It is still so when a saint passes. Witness the multitudes that gathered at the funerals of John Wesley and Cath erine Bopth and Jerry McAuley.

He went out in the prime of life. He was taken when 365 years of age, and as compared with others of that day, this was just the morning of life. corresponding to the age of thirtythree now. We wonder when men are caught away just as their usefulness begins. But surely God does not deal unkindly with his friends. "To depart is to be with Christ which is far better." "Taken away from the evil to come"-this might be written of Encch and of many another saint.

His departure was easy "He was not; for God took aim," or as Hebrews reads. "God had translated him." The psalmist seems to apply the language of the text to death. Psalm 49 15 tells us, "He will deliver my soul from the power of the grave for he will take me;" and Psalm 73:24 reads. "Thou wilt guide me by thy counsel and afterward take me to glory" As with the translated saint, so with the dying, the Father will stoop down to the child who has been walking with him and men will say, "He was not; for God took him." Spurgeon bears witness, after ministering to many feeble saints, that he had not found one to whom dying grace was not given.

Moreover, should we be alive at the Lord's coming, we shall be translated as literally as Enoch. (I Thess. 4:15.

#### Suits for Playmates of Neptune



emerge from the sea with water running off from garments which cannot be water-soaked.

This rubber tissue is used for caps. ties, and girdles, or sashes, oftener that really swims. And she who dives than for the bathing suit, perhaps because it is a novelty which is not thoroughly introduced. And also certain fabrics, like taffeta silk and mo- water and stroll on the shore. For hair, make suits that shed water real water sport the plain rubber cap

God," and such a faith is basis enough | be made in either of these fabrics and trimmed with cotton or light wool dry. braid (shrunk before it is applied).

knee. It is all right for the miss, or | ever after.

THE playmates of Neptune swarm for anyone else, to dispense with the beaches in costumes and bath- stockings and sandals, but few people ing caps almost as varied as the faces | care to avail themselves of this priviof their wearers. Since the introduc- lege. The feet are more comfortable tion of rubber fabric in all sorts of in light sandals. And stockings make colors and patterns there is a choice quite an important element in the of solid colors or gay stripes or at- good effect of the suit. It is an item tractive plaids. The entire garment of style, this dressing of the feet or the sash and tie and cap only may properly. The cap, as the picture be made of this cloth. It is, of course, shows, is quite an elaborate bit of impervious to water, and the bathers headwear, quite different from the simple puffed cap of rubber cloth which preceded it.

But the pretty bit of headwear pictured is hardly practical for the girl would be sure to leave it behind her when she comes up. It is all right for those who only paddle about in the worn down over the ears and fitting The suit shown in the picture may snugly about the head is the only one that will keep the hair dry, or partly

Every year the importance of teaching girls to swim looms up larger and a taste for the water it is easy for much to know how. Boys strike out This one-piece suit is worn over for themselves, usually, and soon massilk bloomers that reach barely to the ter the art and enjoy themselves for-

#### Parasols at the Polo Game



A GREAT throng of smartly dressed cerise, or green or gold or (in greater people, New Yorkers, English and numbers than any other) black and ture altogether admirable. But if the occupants of the boxes and grandagainst any other such concourse, any Yorkers would have more than held their own:

with the stands packed with men in seems to be not in high favor just light suits and straw hats, making a now). In this particular combination, suitable background for the gay tints either in stripes or checks, one may worn by the women in their summer add a border of narrow shirred ribfinery. The colors were soft, with bon in any of the bright colors, and many white and a considerable number of black and white costumes in | Next to the black and white and the evidence. Except for turquoise-blue all-white parasols, green has found the and bright green, nearly all colors greatest number of admirers. Cerise were so toned down in shade or so may be conceded the third place, and lightened to tint that hardly a trace after that gold or orange color. The of the former liking for the strong or black parasol, except in the small garish remained.

red parasols, and these provided the fashion parade. decided color notes. They were of

people from the "outside" world, gath- white combinations. There were parsered to watch the international polo sols with wide black and white stripes, matches, arrayed in clothes that need running around or up and down, and not fear any comparison. In the there were those of narrower stripes. games the English literally galloped There were checks and bars in black away with the trophy, and the Ameriand white, and many of these had cans took their defeat with a good na- narrow borders of ribbon in vivid colors shirred to the edge.

Perhaps the best-liked model is the stands might have been matched stripe pictured in the illustration. This style is often shown with a wide where, as to the excellence of their black or colored border about the edge appareling, it is safe to say the New and often with a flowered border of roses against a colored ground. A black and white parasol is the best The field was a cheerful spectacle, substitute for the all-black (which change this border to suft.

hand shades or "carriage" parasols, is There was a liberal display of col- rather conspicuously absent from the

there is no low or high degree; the woman who scrubs is as worthy of respect as the man who preaches.

The pathway to success is in serving humanity. By no other means is it possible, and this truth is so plain and patent that even very simple folk rec-

COOL DRINKS FOR HOT DAYS.

There is no cooling drink equal to glass of lemonade which may be made with or



without egg. one is fond of lemonade it is wise to keep a bottle of lemon strup always on tap. To prepare it, boil together

two cups of sugar and three cupfuls of water, let boil ten minutes, then add two-thirds of a cup of lemon juice and when boiling hot, remove from the heat. When cool bottle and keep in the ice chest. When desired for serving dilute a portion of the sirup with iced water, add a slice of fresh lemon and serve.

Kumiss This is more of a food than a drink but it is especially nice for the sick. To a quart of milk warmed to seventy-five degrees, add one and a half tablespoonfuls of sugar and a fourth of a yeast cake dissolved in one tablespoonful of luke to within two inches from the top. cork, tie down the corks and invert the bottles. Keep at seventy degrees Fah. for twelve hours. Then place on ice and it will be ready to serve in two days. Shake occasionally to keep the cream from clogging the necks of the bottles.

Lemon Egg Nogg - Separate the yolk and white of one egg, beat until light and thick, add to a glass of lemonade using the white on top, stirring it in lightly. This is not only nourishing, but refreshing on a hot day.

very thin, then in small strips. Squeeze the juice of a half a lemon in each glass, add a teaspoon of sugar, then fill with shaved ice. Pour in equal parts of ginger pop and grape juice; place three sprigs of mint in each glass and a sprinkling of lemon peel. Serve with straws.

Syracuse Lemonade-Beat the yolks of four eggs until thick, pour over two added the grated rind of one lemon. Pour into a crystal pitcher, heap on the whites of the eggs well beaten, dust with nutmeg

Only the busy person is happy-and systematic, daily, useful man's greatest blessing.

Mother nature is kind, and if she deprives us of one thing she gives us another-happiness seems meted out to each and all in equal portions.

#### DELICIOUS SUMMER DESSERTS.

There is no dessert that quite gratifies the taste like a frozen one in hot weather. The combinations are legion, but the most popular are those made of fruit juices.



Italian Sherbet -- Boil together 15 minutes, one pound of sugar and one pint of water. Set aside to cool; when cold add half a cupful of lemon juice, a cupful and a half of orange juice, the same amount of grape fruit juice. Strain and freeze slowly.

Serve heaped in the half shells of the oranges or grape fruit. Raspberry Cream,-A cupful of raspberry juice, a cupful of sugar and a pint of cream used in this proportion, adding a tablespoonful of lemon juice to add to the color as well as flavor, makes a most delicious frozen

Orange and Lemon Cream.-This is a recipe which may be made at any season, as such fruit is nearly always to be found in the market. Take the | serve. juice of three oranges, two lemons, two cupfuls of sugar and a quart of thin cream. Strain the fruit juice, add the sugar and when dissolved add the made coffee, chill, add a pint of milk, cream, and freeze.

Chocolate sauce is always a favorite with plain ice cream. Melt slowly one square of bitter chocolate, add a tablespoonful of butter, one cupful of sugar and a third of a cupful of boiling water. Boil 15 minutes. Add the butter when nearly done, also a teaspoonful of vanilla when the sauce is

Soap From Whale Oil.

Whale oil, for years almost a drug on the market, has recently become far more valuable through the discovery of a way to use it in making soap, which had hitherto been impossible owing to its evil smell.

Best Regards to Science.

"Science attacks the sandwich," is a headline. Here's hoping it has better luck with it than we have had with some purchased at railway lunch counters.-Boston Transcript.

If folks would always say: Good morning neighbor, let me give A helping hand today! How many smiles there will be,

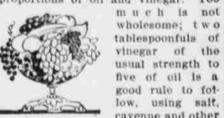
My friend, when you and I Have learned to practise what we wish These other folks would try! -John F. Trowbridge

WHAT SHALL I SERVE?

good rule to fot-

low, using salt,

All salad makers have their own proportions of oil and vinegar. Too much is not



cayenne and other seasonings to taste.

Thousand Isle Dressing-From the number of salad dressings bearing this name one must be named for each island. The dressing is a simple French dressing as above with the addition of chopped onion, celery, peppers with some catsup; in fact, anything may be added and named a Thousand Isle dressing.

Heliofolis Salad - Cut celery in small bits and marinate in French dressing. Pare an apple and cut in sixteenths, then in thin slices and also marinate. Parboil a green pepper, cut in strips and let it stand in oil dressing. Peel small tomatoes and cut in warm water. Fill sterilized bottles tulip form, marinate them. Then serve each vegetable on separate lettuce leaves arranged on a plate and garnish with the green pepper. Or the pepper may be served on a separate leaf also.

Asparagus tips cooked until tender, marinated in oil dressing and served in a red or green pepper ring on lettuce, make a most attractive salad.

The flavor gives point to a salad, it must be subtle and elusive, yet highly satisfactory. If the delightful element cannot be identified, so much the better. A slice of tart apple, a suspicion of mint, a clove of garlic, in fact, the true salad maker is hampered by no preconceived notions.

Bean and Nut Cutlets-Take two cupfuls of lima beans, one-half cupful of black walnuts, as they are richer in fat than the English, two tablespoonfuls of crumbs, one of butter. Rub the beans through a sieve, add the nuts chopped, salt and butter melted mixed all together, rolled in meat drippings then in crumbs. Bake in a wellgreased pan.

A man's theories are apt to smile sadly at his practise, over the gaping gulf that separates the ideal from the

The folks who do big things are not in bondage to their bodies.

## FOR SUMMER WEATHER.



ale. This is a drink which you will be called upon to re-

Ginger Cup-This is a more elaborate drink and one which will be nice for company. The following ingredients are needed: Three oranges, three lemons, twenty lumps of sugar, a cup of grated pineapple, eight cloves and a small stick of cinnamon, a pint of water, a quart of ginger ale and cracked ice. Put the cloves into the oranges and let them stand, for an hour or more to flavor the fruit. Next rub the sugar lumps over the orange and lemon rinds to get some of the essentail oils and flavor the fruit. Place the sugar in the punch bowl, add the juice of the fruit and the pineapple and the stick of cinnamon, let stand until serving time, then pour on water and ginger ale, and the ice and

Iced Coffee-This is a satisfying drink and when well made truly delicious. Take a pint of strong freshly a pinch of powdered cinnamon, sweetened to taste and serve with cracked ice in tall glasses with whipped cream on top.

Grape juice and shrubs of different kinds are all very good and may be varied by the addition of a dash of lemon juice.

Nellie Maxwell.

Danger In Hasty Reforms.

Societary wrongs are deeply embed ded in law and tradition, and therefore they are not easily righted. So it is wisdom to go slowly, even when going in the right direction, lest stumbling, progress be retarded. Reformers should try to avoid the waste of haste.

Equally Unprofitable.

Nursing a grouch is pretty much like lugging a sprinkling can to water s Canada thistle.

# THE SHORT

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and you possess the setrets of continued good health. It is for Poor Appetite, Indigestion, Cramps, Constipation and Biliousness. Try it.

That Whiff of Violets.

handkerchief must have been literally

steeped in violets," exclaimed one girl

to another who had just shaken out

from its folds a fragrant square of

linen. "Not steeped in violets, mc

dear," was the answer, "but boiled in

orris water. The effect is the same.

On washing days I supply the washer-

woman with a good-sized piece of or-

ris root, and she throws it into the

water where my handkerchiefs are

boiling. When they come up from

ironing they are as redolent of orris

as can be. Then I slip them between

the folds of a sachet filled with violet

powder, and they never lose their fra-

grance. Violet and orris scent to-

Advice to Girls.

writer and suffragist, said at a girl

graduates' luncheon at Sherry's in

New York:

pertoire?'

fire to extinguish it."

Mrs. Haverlock Ellis, the English

"I wish to advise you girls never to

marry a man to reform him. To

marry a man to reform him-that is

the same as putting your finger in the

Red Cross Ball Blue, much better, goes farther than liquid blue. Get from any grocer, Adv.

The Locality.

"No; I saw him in Philadelphia."

A Stitch in Time

Colds, fevers, congestion and germ dis-eases are pretty sure to overwork the kid-

neys and leave them weak. In convales-

is aroused by a lame, aching back, rheu-matic pains, headache, dizziness or disordered urine, the use of Doan's Kidney Pills is a stitch in time that may avoid serious kidney disease.

Doan's Kidney Pills command confidence,

for no other remedy is so widely used, so freely recommended or so generally

A Nebraska Casa

Samuel Bixler, retired farmer, Gordon, Neb., says:
"My four years' war service resulted in a chronic case of kidney complaint. I had to get up seven or eight times at night to pass the kidney secretions and my whole body ached. Often my joints swelled

my joints swelled and I had fainting

"Did you see that star actor in re-

gether makes a real violet odor."

"My! what a flowery whiff! That

Mint Fizzle-Cut the rind of a lemon

quarts of strong lemonade to which is shaved ice in each glass.



A most delicious cooling drink may be made with a sugar sirup, lemon juice and a bottle of ginger ale. Cook together a pound of sugar and a pint of water until a thick sirup is made. Put two tablespoonfuls of lemon juice and fill up the glass with ginger

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and I can't be too grateful."

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druggists. 50c. large box, or by mail.

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