#### THE SEMI-WEEKLY TRIBUNE. NORTH PLATTE, NEBRASKA.

Rattled by Court Proceedings.

was called as a witness in the Belfast

summons court, and the clerk, proceed-

ing to administer the oath, told him to

repeat "I swear by Almighty God that

The old fellow was a little excited.

Dr. Pierce's Pleasant Pellets regulate

and invigorate stomach, liver and howels, Sugar-coated, tiny granules. Easy to take as candy. Adv.

At the Play.

Is the appetite

keen?

Is the digestion

good?

Is the liver active

and bowels

regular?

Stomach Bitters

today. It helps Nature restore

all of these functions promptly.

医营业 化乙酸乙酸 化乙酸乙酸

He-That scone, my dear, nearly

however, by being in court, and instead

the evidence," etc.

took my breath away.

She-I only wish it had.

and exhausted at. God, our help in ages past."

An elderly man of the farming type

# TORTURING TWINGES

Much so-called rheumatism is caused by weakened kidneys. When the kid-neys fail to clear the blood of uric acid, the acid forms into crystals like bits of broken glass in the muscles, joints and on the nerve casings. Torturing pains dart through the affected part whenever it is moved. By curing the kidneys, Doan's Kidney Pills have eased thousands of rheumatic cases, lumbago, sciatica, gravel, neuralgia and urinary disorders.

"Every Picture Tells & Siace

CARTERS

IVER

# A SOUTH DAEOTA CASE

W. R. Smart, Belle Fourche, S. D., says: "Rheumatism caused me terrible suffering. I had to give up work. I had to be lifted around and was perfectly help-leas Doan's Kidnay Pllis Pills acted like magic in driving away the rheuma-tism. It soon left me onlinely and haven't had an attauk since."

Constipation

CARTER'S LITTLE

LIVER PILLS never

fail. Purely vegeta-

ble - act surely

in case of de

write for FREE CLOTH

but gently on

the liver.

Stop after

dinner dis-

Gat Donn's at Any Store, 50c a Box

DOAN'S HIDNEY FOSTER-MILBURN CO., BUFFALO, N.Y.

Vanishes Forever

Prompt Relief-Permanent Cure

tress-cure indigestion, improve the complexion, brighten the eyes.

SMALL PILL, SMALL DOSE, SMALL PRICE.

Genuine must bear Signature

Brentsood

Small Missouri Farm

Either 10, 20, 30 or 40 acres (you take your choice regardless of nice) also 3 town lots and 300 shares in successful 1,000 acre orchard company with two can-ning factories and ful equipment; all for only \$300: \$5 down and \$5 monthly without interest or taxes.

Will pay round trip railway fare of buyers. Payments

WILLIS R. MUNGER, 113 N. Y. Life, Kanses City, Mo.

FREE TO ALL SUFFERERS

AND WEARNESS, DEAR BOURD MEDICAL DY to for FREE CLOTH BOURD MEDICAL OF COMPARISAND WORDERFUL CURES effected by ENEW FRENCH REMEDY NO.1NO.2 NO.3 and decide for HERAPION Subject 11 th available for Your own atiment. Absolutely FREE available for Your own atiment. Absolutely FREE Langer, Eng.

PARKER'

A tollet preparation of merit. Helps to cradicate dandrun. For Restoring Color and Beauty to Gray or Faded Hair 60c, and \$1.00 at Druggists.

HAIR BALSAM

No follow up' circulars. No obligations. Du. LECT. MED. CO., HAVENSTOCK RD., HAMPSTEAD, LONDON, E WE WAN" TO PROVE THERAPION WILL CURE YOU.

ONE COSY CORNER absolutely free for your name cosy CORNER CO., 461 Broadway, New York City

W. N. U., OMAHA, NO. 17-1914.

A Poignant Anecdote.

"The great fault of American servants is familiarity. To be familiar is to be inefficient. A familiar cook is as inefficient as a pessimistic doctor." The speaker, Mrs. Boardman Harriman, is perhaps the most brilliant conversationalist in New York-a fact which renders more poignant this anecdote.

"I had a cook," she continued, whom I tried to break of her over-familiarity. What was the result? This cook, discussing me in the servants' hall, said:

''l don't say she's a bad mistress, but she's a woman of only one idea. Why, I can't never get her to talk of a single think but eating."

## RED, ROUGH HANDS MADE SOFT AND WHITE

For red, rough, chapped and bloeding hands, dry, fissured, itching, burning paims, and painful finger-ends, with shapeless nails, a one night Cutlcura treatment works wonders. Directions: Soak the hands, on retiring, in hot water and Cuticura Soap. Dry, anoint with Cuticura Ointment, and wear soft bandages or old, loose gloves during the night. These pure, sweet and gentle emollients preserve the hands, prevent redness, roughness and chapping, and impart in a single night that velvety softness and whiteness so much desired by women. For those whose occupations tend to injure the hands, Cutlcura Soap and Cuticura Ointment are wonderful.

Cuticura Scap and Ointment sold throughout the world. Sample of each free, with 32-p. Skin Book. Address postcard "Cuticura, Dept. L, Boston."-Adv.

#### Natural Mistake.

"I was only whispering sweet nothings in Mabel's ear," said the young man as Aunt Miriam entered the parlor in search of her glasses.

"Strange you should have mistaken her mouth for her ear," retorted the aunt as she left the room.

Important to Mothers Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it Bears the

Signature of Chat Hitchir: In Use For Over 30 Years. Children Cry for Fletcher's Castoria

The Right Ejaculation. "Don't you think we had better suspend judgment in this case?" "Oh, hang it!"

Makes the laundress happy-that's Red Cross Ball Blue. Makes beautiful, clear white clothes. All good grocers. Adv.

Deliver us from the man who feels entirely at home in jail!

Putnam Fadeless Dyes are the easiest to use. Adv.

Luck has a perverse habit of favoring those who don't depend on it.





get stepped on. It is only the lead ones that are used for door-mats.

## SOME WELL-TRIED RECIPES.

Straussel Apple Cake .- Take ablespeenful each of lard and butter. tablespoonfuls of

baking powder sifted with two cupfuls of flour. Place in a baking pan, cover closely with apples cut in eighths and sprinklo over the straussel made as follows: Two-thirds of a cupful of sugar mixed with half a cupful of flour and two tablespoonfulz of butter.

Oatmeal Bread .- To a cupful of bread sponge add a cupful of cooked oatmeal, a half cupful of sugar, two tablespoonfuls of shortening, a half cupful of raisins and a half tenspoonful of salt. Mix as stiff as can be stirred with a spoon. Let rise and bake.

Banana Sandwiches.-Place thin slices of banana on buitered bread; squeeze a little lemon juice over with a sprinkling of salt. Put slices together and serve at once.

Fruit Snaps .- Soften a cupful of butter, add a cupful and a half of brown sugar, a half cupful of molasses, one cupful each of currants and raisins, a cupful of chopped nuts. three eggs, a teaspoonful of soda dissolved in a little cold water, one teaspoonful each of cloves, cinnamon and

allspice with flour enough to roll. Scotch Short Bread .- Take four ounces each of rice flour, wheat flour and butter, as well as the same for pastry, then add two tablespoonfuls of cream and if liked a beaten egg may be added, but this is not necessary. Roll out and prick very closely with a fork. Bake in a rather hot oven until well browned. This is a recipe which comes from Avrshire and the bread is cut in small biscuits instead of being baked in a sheet.

Spaghetti.-Break into inch pieces a package of spaghetti and boil in titles, turnips and cabbage. salted water until tender. Drain. While the spaghetti is cooking, cut foods, dried peas, beans and lentils one onion and one pepper into slices. are also rich in nutrients. place in a saucepan with a half pint of tomato puree and cook for 15 eral matter in all of our vegetables minutes, add the spaghetti and an- are valuable in our food. So it beother cupful of puree, cover and simcomes necessary that we should plan mer slowly an hour. Then place in a our meals with great care, buttered baking dish with cheese and bake until well heated through. A half cupful of cheese is sufficient.

Bake until the crust is a gold-印度成的.. en brown. Sorve with softened butter to which sugar and the beaten white of an egg has been added. Rhubarb Raisin Ple-One pound of

diced rhubarb, one-third of a cupful of raisins, a cupful of sugar, two tablespoonfuls of flour, a tablespoonful of butter and a fourth of a teaspeenful each of salt and nutmeg. Put a layer of flour and sugar in the bottom of the paste-lined pan, fill in with a layer of thubarb, sprinkle with mising, then season with salt and nutmeg, bits of butter until all are used.

Learn to be something for others. Ever hough you are a bed-ridden invalid, here is always something you can do to make others happier, and this is the surest vay to attain content for yourself

Nine women out of ten, usually

ത gin to flurry around and ask herself what she will get for dinner. She thinks and then has beefsteak because it can be prein a lew minutes. After an-

other mealtime rolls around she is in a hurry she decides on fried pota-

A housekeeper who has competent help will only need to direct, but as the majority of people have all their own work to do the housewife must learn to mix brains with her planning. There is no profession where there is more need of careful planning and expenditure than in housekeeping and preparing meals.

If there are little children in the iome we must remember that their digestive systems are more active than grown ups', and that they are amount of sugar, cut in the butter as 1 not so strong, so they should have wholesome, easily digested food.

Nuts should be used often but remember that they must be well masticated

For the man who is sitting in an office of working inside, a different kind of food and less hearty is needed than for the cutdoor worker.

The outdoor worker is able to digest more of the heavy foods like baked beans, oatmeal in large quan-

Milk and eggs are muscle building

The oil in the onion and the min-

### Unknown.

"When you go for a motor trip be ure you are on the qui vive." "That's a new make to me."

# A CLERGYMAN'S TESTIMONY.

The Rev. Edmund Heslop of Wigton, Pa., suffered from Dropsy for a year. His limbs and feet were swol. of following the words of the clerk, len and puffed. He had heart flutter- began amid loud laughter to repeat the ing, was dizzy words of the well-known hymn, "O

the least exer-

tion. Hands and

feet were cold

and he had such

a dragging sensa-

tion across the

明 and the

leins that it was difficult to move. After using Rev. E. Hestop. boxes of Dodds Kidney Pills the swelling disappear-

ed and he felt himself again. He says he has been benefited and blessed by the use of Dodds Kidney Pills. Several months later he wrote: I have ASK YOURSELF! since the above statement was authorized. Correspond with Rev. E. Heslop about this wonderful remedy.

Dodds Kidney Pills, 50c. per box at your dealer or Dodds Medicine Co., Buffalo, N. Y. Write for Household Hints, also music of National Anthem (English and German words) and recipes for dainty dishes. All 3 sent free, Adv.

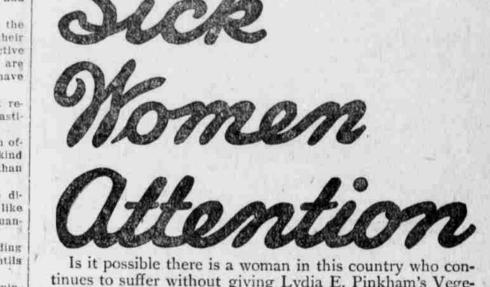
#### Cynicism.

Richard Croker, nearly everybody knows, has a cynical wit. Mr. Croker If the answer is "NO," then be aired this wit in a recent letter to persuaded to try a bottle of a member of Tammany hall apropos of a millionaire's charities. **HOSTETTER'S** 

"To be canonized in American public opinion," he wrote, "give publicly and steal privately."

Don't be misled. Ask for Rod Cross Ball Blue. Makes beautiful white clothes. At all good grocers. Adv.

To the man who loves money popu larity is a delusion.





tinues to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial after all the evidence that is continually being published, which proves beyond contradic-

and a half cupful of sugar. Break an egg into a cup and fill with Cover with a crust and bake. milk; mix all together with two

DO YOU PLAN YOUR MEALS?

thent an hear before meal time be-

ALL DE LE 100 A 100

toes.

## Are You Suffering From Auto-Intoxication The dictionary says that Auto-The dictionary Intoxication is

"poisoning, or the state of being poisoned, from toxic, substances produced within the body." This is a condition due to the stomach, bowels, kidneys, liver, or pores of the body failing to throw off the poisons. More than 50% of adults are suffering from this trouble. This is probably why you are suffering from nervousness, headaches, loss of appetite, lack of ambition, and many other symptoms produced by Auto-Intoxication. Your whole system needs stirring up.

## DR. PIERCE'S GOLDEN MEDICAL DISCOVERY (In Tablet or Liguid Ferm)

will remedy the trouble. It first aids the system to expel accumulated poisons. It acts as a tonic and finally enables the body to eliminate its own poisons without any outside aid. Obey Nature's warnings. Your dealer in medicines will supply you, or you may send 50c for a sample package of tablets by mail. Address Dr.R.V.Pierce, Buffalo,N.Y.

latest edition of Dr. Pierce's Common Sense Medical Adviser should be in every family. No reason why you should be in every family. No reason why you should be without it when it will be neat free to you if you will remit cast of wrap-ping and mailing—fit one-cant stampa- to Dr.R.V. Pierca, Buffalo, N.Y.

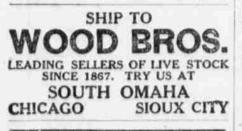
Watch Your Colts stemper, and at the first symptoms of any doses of that wonderful remedy, now the

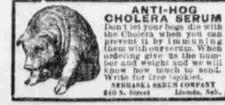
SPOHN'S DISTEMPER COMPOUND 50 cents and \$1 a bottle; 55 and \$10 the dozen of any druggist, harness dealer, or delivered by SPOHN MEDICAL CO., Chemists and Bacteriologists, Goshen, Ind., U. S. A.



BLISS & WELLMAN Live Stock Commission Merchants 254-256 Exchange Building, South On All stock consigned to us is sold by members o firm, and all employees have been solected trained for the work which they do, Write-plannes

**DEFIANCE STARCH** is constantly growing in favor because it Does Not Stick to the Iron and it will not injure the finest fabric. For laundry purposes it has no equal. 16 or. package 10c. 1-3 more starch for same money. DEFIANCE STARCH CO., Omaha, Nebraska



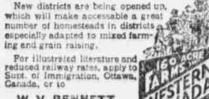


400.000 Settlers a Year = Immigration figures show that the population of Canada increased during 1913, by the addition of 400.000 new settlers from the United States

and Europe. Most of these have gone on farms in provinces of Manitoba, Saskatchewan and Alberta.

Lord William Percy, an English Nobleman, \$3753

"The possibilities and opportunities offered 🕻 by the Canadian West are so infinitely greater than these which exist in England. greater than those which exist in program should be impeded from coming to the be impeded from coming to the toy where they can most easily and a y improve their position. certainly improve their position.



W. V. BENNETT Bee Building Omaha, Nob. Canadian Government Agent

### We Are Headquarters for The Cheapest Diversified Lands in the Spokane district (Eastern Washing-Twenty-five years of successful ton), business, and not one dissatisfied pur-chaser. Write us for full particulars.

Becher & Thompson, Inc. 415 Hutton Eldg., Spokane, Wash

#### MEALS FOR OCCASIONS.

A very pretty salad is made by stufang boiled beets. Boil the beats and scoop out the centers and put into spiced vinegar to stand over night. Drain and fill with seasoned peas, garnish with a dab of boiled or mayonnaise dressing. economize in butter serve the bread in the form of sandwiches. It is said that the average American wastes more butter on his plate than the French woman uses in the preparation of three meals. By the way, for those who are anxious to lose in

To

notice a most gratifying reduction in the course of a week. Apple Pancakes .- Take a cupful of flour, a teaspoonful of baking powder. a half teaspoonful of salt, add three teaspoonfuls of sugar, half a cupful of mlik and two eggs. Mix all together and add one cupful of apples, ground through a meat chopper. Fry like pancakes. Serve with butter and sugar-Beets Italian Style .- Bake a half dozen beets until tender, peel and chop fine. Melt four tablespoonfuls of butter in a saucepan and add one small onion finely sliced. Cook until yellow, then add four tablespoonfuls of flour, half a teaspoonful of salt, a teaspoonful of sugar and a few dashes of paprika, two cupfuls of rich milk, and when smooth add a teaspoonful of lemon juice and pour over the beets.

weight, cut down on the butter and

Serve hot. Prune Puff .- Put two cupfuls of cooked prunes in a buttered baking dish and pour over a batter made from three cupfuls of flour, three teaspoonfuls of baking powder, half a teaspoonful of salt, two tablespoonfuls of butter and two heaten

#### Another Way of Putting It.

"Hitch your wagon to a star," wrote Emerson. It does no violence to the the street, blowing a toy balloon, when wisdom of Emerson to transpose the she slipped and fell prostrate in the thought and urge the necessity of mud. "Boo, hoo, hoof" she cried lushitching the star to your wagon, your tily, "Now my squawker is all dirty." exceptional moods to your drudgery. "Never mind, dearle," consoled a and your finer enthusiasms to the kindly old lady who happened to be grinding toll of the daily life. This passing, "We'll soon make that all is, indeed, a fine art, but its accome right again." And with her nice, clean plishment will reconcile the opposite handkedchief the dear old coul careextremes which are so often in con- fully wiped the little girl's mouth .fiet

## SWEETS FOR ALL.

A most delicious nut cheese which may be used as a confection or as a filling for sandwiches is

the following: Nut Cheese .-- Wash half a pound of stoned prunes, mix them with a half pound of seeded raisins, half a pound of stoned dates and the same quantity of washed SW figs, one-quarter of a pound of blanched almonds and one pound of pecans, all put through the meat chopper and well mixed. Add the juice of two oranges, kneading the mixture with the hands; then pack into glass tumblers and cover with paraffin paper and keep in a cool place. When wanted, the cheese may be cut in thin slices with a sharp knife. Hickory nuts or black walnuts may be used instead of other nuts if they are cheaper in the locality.

Divinity Candy .- Take two cupfuls of granulated sugar, add a half cup of corn sirup, one-half cupful of water and cook until it threads, then pour over the beaten white of an egg and beat until creamy. Add a cup of walnut meats and mark off in squares.

Chocolate Fudge .--- Cook together two cupfuls of sugar, a third of a cupful of corn sirup, a half cupful of milk, two tablespoonfuls of butter and a square of chocolate. When a soft ball is made when a little is dropped in water, remove and add a teaspoonful of vanilia and a halt cupful if nuts, if so desired. When a little cool, stir until it begins to get firm, then pour out into a well greased dish and mark off before it gets too hard. If one likes some other flavor than chocolate, a cupful of maple sirup can be used instead of one of the cupfuls of sugar, and a little mapleine added for flavor.

Cleaning the Squawker.

Little Marjorie was running down 1 Judge

tion that this grand old medicine has relieved more suffering among women than any other one medicine in the world?

We have published in the newspapers of the United States more genuine testimonial letters than have ever been published in the interest of any other medicine for womenand every year we publish many new testimonials, all genuine and true. Here are three never before published:

## From Mrs. S. T. Richmond, Providence, R. I.

PROVIDENCE, R. I .- " For the benefit of women who suffer as I have done I wish to state what Lydia E. Pinkham's Vegetable Compound has done for me. I did some heavy lifting and the doctor said it caused a displacement. I have always been weak and I overworked after my baby was born and inflammation set in, then nervous prostration, from which I did not recover until I had taken Lydia E. Pinkham's Vegetable Compound. The Compound is my best friend and when I hear of a woman with troubles like mine I try to induce her to take your medicine."-Mrs. S. T. RICHMOND, 199 Waldo Street, Providence, R. I.

## A Minister's Wife Writes:

CLOQUET, MINN. - "I have suffered very much with irregularities, pain and inflammation, but your wonderful medicine, Lydia E. Pinkham's Vegetable Compound, has made me well and I can recommend the same to all that are troubled with these complaints."—Mrs. JEN-NIE AEEEMAN, C/O Rev. K. AKERMAN, Cloquet, Minnesota.

## From Mrs. J. D. Murdoch, Quincy, Mass.

South QUINCY, MASS.—" The doctor said that I had organic trouble and he doctored me for a long time and I did not get any relief. I saw Lydia E. Pinkham's Vegetable Compound ad-

vertised and I tried it and found relief before I had G finished the first bottle. I continued taking it all through middle life and am now a strong, healthy woman and earn my own living."-Mrs. JANE D. MURDOCH, 25 Gordon St., South Quiney, Mass.



Write to LYDIA E. PINKHAM MEDICINE CO. (CONFIDENTIAL) LYNN, MASS., for advice. Your letter will be opened, read and answered by a woman and held in strict confidence.





JOHNNY COOK The Leader of the Leaders

Feed and feeding stock are both expensive this year, and you can't afford to throw away any of your hard-earned cash on anything but the BEST of service.

Don't "take a chance," but get the BEST by sending your live stock to

**Great Western Commission Company** South Omaha, Nebraska

