# The KITCH

MORE GOOD THINGS.

These southern biscuits are good to

serve for any occasion, and are espe-

cially good split and toasted. Scald a

pint of milk with a teaspoonful of

lard, two of butter and two of sugar

and two of salt. Dissolve a half of a

yeast cake in a little of the cooled

milk, beat an egg and add to it, then

mix all together with six cupfuls of

flour. Beat and set to rise in a cov-

ered pan or mixing bowl. For six

o'clock tea, put the sponge to rise at

ten o'clock in the morning. At three

in the afternoon knead and roll out

as for ordinary biscuit; cut with a

small cutter, brush the top of each

biscult with butter and put to rise.

They should be very light, a little

more than double their original bulk.

Bake in a hot oven for fifteen minutes,

tato to these biscuits when the sponge

is set makes them very moist and of

The addition of a cup of mashed po-

Scotch Potato Scones.-Sift a cup

and a half of flour, two teaspoonfuls

of baking powder and a half teaspoon-

ful of salt, rub in a third of a cup of

butter and add a cup of mashed po-

tatoes. Make a soft dough by adding

a beaten egg and milk to roll. If the

potato is moist no milk will be needed.

Divide the dough into three parts and

roll in rounds half an inch thick; cut

and bake in a hot oven. Split, butter

into two-inch squares, pound until thin

salt and pepper, lay on a sprig of

parsley with a piece of bacon; roll up

and skewer with two toothpicks. Roll

in flour and brown in a little fat, sim-

mer gently in a little water until ten-

der-it will take two hours. Remove

the birds and add a little cream to

the gravy in the pan; .the addition of

flour made smooth with milk need not

be done if there is flour enough in the

pan for the birds. Pour over the birds

Peanuts and Lettuce-Prepare let-

tuce, sprinkle with finely broken, not chopped, nuts, and add a French dress-

ing with a bit of grated onion or onion

The man who has learned to do some-

thing better than any one else, has learned to do a common thing in an un-

common manner, is the man who has power and influence that no adverse cir-

TEMPTING HOT WEATHER DISHES

When arranging for meals, it is wise

to cook enough vegetables for two

days, as it takes very little longer

Tomatoes are so wholesome and are

such well-liked vegetables that a va-

riety of ways in serving is always

Tomatoes Stuffed With Nuts .--

Scald, peel, core and scoop out the to-

matoes and fill them with finely

chopped pecan meats and cold cooked

green peas. When ready to serve,

heap a tablespoonful of mayonnaise

on each and serve on lettuce leaves

for a supper dish. This is a dish high

Bean Salad .- Drain a can of beans

which comes with tomato sauce free

from the sauce. Peel tomatoes, cut in

halves, take out the seeds and fill each

with beans, heaping them up. Place

each half on lettuce and pour over a

Banana Salad .- Slice very ripe ban-

anas over lettuce leaves; allowing one

large banana for each person. Chill

Nova Scotia Eggs .- Prepare rounds

of toast, and when well buttered, cov-

er with codfish in a white sauce, the

fish being soaked over night and

shredded; then add to the white

sauce. After placing the toast, put

a poached egg on each and serve on

Cold fruit soups are palatable to

some, but fresh fruit is much easier

to prepare and is always well liked.

and cabbage makes a most tasty salad.

Nellie Maxwell.

Amateur Gardeners.

"You seem to display more respect

"Yes; I used to think he was a bone-

head, but his green corn is a foot high-

in Poker Games.

Maybe watches are called turnips

served with French dressing.

for Wombat than you had."

Fresh sorrel shredded with lettuce

highly seasoned French dressing.

umstances can take from him

to prepare and cook them.

Boneless Birds.-Cut veal cutlets

or perhaps twenty.

and serve hot.

and serve.

welcome.

serving time.



#### SOUTHERN WAYS OF COOKING VEGETABLES.

smallest in ourselves,

For turnip greens, gather the young plants when the roots are just forming and while they are tender; wash thoroughly and put on to boil with a piece of fat salt pork. Let the ment cook for an hour before the greens are added, as they will need but an hour's cooking. To make the dumplings to serve with the greens, take a pint of sifted corn meal, add soda, salt and boiling water to make a stiff dough. When this is cool enough to handle, dip the hands in water and shape the dough into small dumplings; drop one by one into the boiling greens and cook them for half an hour. Dip out with a skimmer. Take up the greens and drain and chop fine, and pile with the dumplings as a border on a large platter. This is a dish which the southerner longs for as did our early fathers

for the flesh pots of Egypt. Summer Squash .- Have a spider ready with a spoonful or two of hot fat; add a chopped onion, and when well browned add the summer squash thinly sliced and steamed until tender and mashed. Stir to prevent burning, and season well before serving.

Fried Corn .- Shave off the tips of the grains with a sharp knife and scrape with the back of the knife. Have ready a spider with hot lard, a tablespoonful will be sufficient for an ordinary amount of corn; turn in the corn, add seasonings and stir con-stantly to prevent burning. When cooked, set back and let steam for a half hour to cook the corn well. Serve this with fried chicken.

New Potatoes .- Boil, drain, and when tender put the potatoes into a dish with a lump of butter, add a cup of cream which has been cooked with flour to chicken; pour this over the potatoes and serve.

Summer Salad.—Take the young shoots of mustard, tender lettuce, the tender tops of green onions, shred fine and pour over them hot bacon fat with bits of the cooked bacon; season well and add a tablespoonful of vinegar. Toss with a fork to mix, and serve, garnished with slices of hard cooked egg.

Oh, what will you do with the minute to spare? The gay little, stray little minute to spare?

es from the clime Of old Plenty of time,

With never a worry or care.

We'd better beware of the minute to The wee little free little minute to spare, And never refuse

The minute to use That's always so ready some burden to

#### TIMELY HINTS.

When it is warm, have iced tea for supper and prepare it when you are making tea for the noon day meal; then when wanted, it is cool enough in food value, so that not as much ice is needed.

When ironing, sort the clothing which needs mending, putting it in one pile or place, then it is easily gathered without a second looking

Do not throw away a small clock which is out of repair, for it makes a fine indicator for medicine in a sick room. The hands may be turned to show the time the next medicine and serve with French dressing at should be taken, which is better than trusting to memory.

A good way to clean jewelry is to put it in a cup or bowl, cover with alcohol and let stand until the dust is loosened. Shake occasionally and the gems will be bright and clean again.

a platter garnished with parsley. A small purse or bag containing pins, needles, a spool of thread and a thimble, some adhesive plaster, a pencil and a knife, a few rubber bands and string will be found a joy

to the possessor when traveling A gravy boat is an easy utensil for filling preserving cans when a good

funnel is not near at hand. Curtains are often ruined by blowagainst screens or out of windows. Place lend weights in the bottom of the hem to hold them in place.

Baking powder biscult are improved if cut quite thin, spread with butter and another biscuit placed on top. They break open and are already buttered.

Keep an old coffee pot for paraffine. It can be melted in it and poured | because they sometimes go into the from it so easily.

#### Easily Earned.

"What do you make a week?" asked a magistrate before whom an Italian organ grinder appeared, charging a fellow musician with breaking his instrument.

"Twenty-five dollaire," was the answer.

"What?" exclaimed the magistrate, 'twenty-five dollars a week for grind dangerous religion." ing an organ?"

"No, sare; net for grind; for shut ap and go away."-Harper's Weekly. | prostrations?"

#### Local Atmosphere.

"And you didn't see any windmills

in Holland? Not one.

er than mine."

That will hurt the tourist business. I should think the hotel keepers would get together and maintain a few."

#### Its Perils.

"The worship of the sun must be a

In what way?" "Doesn't it involve a number of heat

#### "MANNISH" VESTS FOR FALL



These ultra-mannish vests are the very newest in French fashions for fall wear, but even the split skirt and the one-piece bathing suit have not prepared man to accept with equanimity this further usurpation of his cos-

Charm That No Woman Can

Afford to Neglect Them.

pect to enjoy this feature at its best

when they do not take care of it. They

would not expect either teeth, nails or

hair to grow in perfection were they

not taken care of, and the same applies

to the eyebrows. They need massag-

ing and shaping frequently. Failing

coarse, projecting hairs, the latter one

of the most conspicuous disfigurements

parently good hair, teeth and complex-

ion entirely unmindful of the fact that

the evobrows were sticking out in all

directions. A woman is greatly repaid

for the few seconds she spends when

her toilet is complete in shaping her

eyebrows by the improvement in her

The correct shape of a pretty eye-

brow should be like a swallow's wing,

and to give them the broad, yet curved

effect, begin at the end nearest the

nose, stroke, as if the brows are in-

clined to be too broad, plnch together

with the thumb and fingers in a

straight line to the place where the

natural curve starts. At that point

there should be a downward stroke

that will point the hairs in the right

line, while others look better with a

delicately penciled effect of the eye-

brow; this, of course, depends upon

the shape and contour of the face.

So that in getting this straight line

over the eyes an effect of width most

the downward line finishes off in all

For massaging where the encour-

agement of a growth of hair is de-

sired, I very much like vaseline be-

cause so much of the crude and natu

ral properties has not been extracted

from it as is done in the refining proc-

ess of other creams, but for those who

do not care for it the following may

One-half ounce of oil of sweet al-

monds, 12 drops each of oil of roca-

mary and ell of nutmeg, and a quar-

ter of an ounce of tincture of can-

thardies. These ingredients, being all

llquid, are easily mixed, and a two or

three ounce bottle is large enough.

Shake well, and it is ready for use.

If the brows are naturally thin and

a day into the roots makes a decided

No matter from what cause the

brows become thinned, never cut them

growth. Good and faithful massage is

will only coarsen them and they may

become stiff and bristly after being

an infinitesimal portion elipped from

each one about every three or four

months. This must be done very

carefully and when the clipping is fin-

improvement.

be used instead and will promote the

growth of both brows and lashes.

cases to a tapering point.

I have often noticed women with ap-

a woman can have.

general appearance.

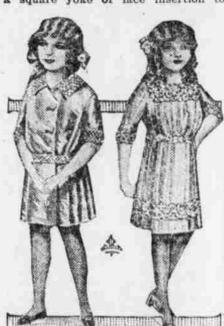
### DAINTY AND USEFUL DRESSES EYEBROWS NEED CARE

Nothing Prettier for the Small Girl Has Been Evolved in the Season's Range of Fashion.

The model on the left shows a useful little dress in a soft shade of blue. The skirt is laid in flat plaits turning from the front The bodice wraps over a little to left side; it is fastened by press studs and ornamented with fancy buttons and braid loops. The collar, cuffs and waist-band are in blue and white checked cotton.

Materials required: 21/4 yards 40 inches wide, 1/2 yard check 26 inches wide, 3 buttons.

Beside this is a dainty dress of white spotted muslin. The bodice has in this, there will be scraggy lines or a square yoke of lace insertion to



which the muslin is gathered. The sleeve is set into armhole with very slight fulness, the cuffs are of lace to match yoke, so are the waist-band and becoming to the face is given, while the band that trims the skirt above the hem.

Materials required: 21/2 yards muslin 36 inches wide, about 31/4 yards wide insertion and rather under a yards of narrow for walst-band.

Hallroom Library.

One woman has converted a hallroom into the daintlest of tiny libraries. On one side is a set of shelves for books. The walls are covered with blue damask of very delicate shade. The ceiling is blue, with a conventional pattern of white trailing vines drooping gracefully down to half-length. The rug is delft blue, and the room contains one chair upholstered in delft-blue brocade. A small mahogany table holds a telephone and a blue and brass writing outfit. A small lamp hangs from the it is desired to improve the growth, center of the ceiling, and it has a blue a quinine tonic may be necessary, and and rose glass shade with crystal pen- for this I find that two ounces of aldants. When lighted, it throws a cohol mixed with ten grains of sulbeautiful glow over the little reading | phate of quinine and massaged once

#### For Tight Shoes.

Summer is the season above all others when one's shoes seem to hurt, with the idea that it will improve the and this year one looks in horror at the rows of patent leather ones that the only thing that will help. Cutting are brought out in the exclusive shops, but true, these may be worn with comfort if one will shake a little powdered cut. However, the eyelashes may have alum into the toe of her shoe before going out. Do not put it inside the stocking, merely inside the shoe.

#### Children's Dresses.

Thin white cotton crepe with inserts of baby Irish lace medallions is a com- oil, putting it on with a fine camel's bination for children's dainty dresses. hair brush,

#### Red Cross Ball Blue, alhblue, best bluing

A theory is anything that is easier

value in the whole world, makes the laun-dress smile. Adv.

to preach than to practice.

Also Had Time to Think, "Why is it that you have never

married?" "When I was a boy my father and others who possessed the benefit of experience, advised me not to marry until I had saved up at least \$10,-

"Haven't you ever been able to save that much.

"Yes; but a fellow learns such a lot while he is saving \$10,000."

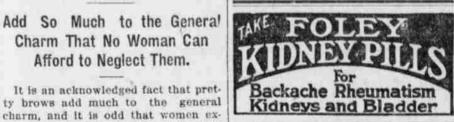
#### ERUPTION ON ANKLE BURNED

Kingsville, Mo .- "My trouble began eighteen years ago. Nearly half of the time there were running sores around my ankle; sometimes it would be two years at a time before they were healed. There were many nights I did not sleep because of the great suffering. The sores were deep running ones and so sore that I could not bear for anything to touch them. They would burn all the time and sting like a lot of bees were confined around my ankle. I could not bear to scratch it, it was always so sensitive to the touch. I could not let my clothes touch it. The skin was very red. I made what I called a cap out of white felt, blotting paper and soft white cloth to hold it in shape. This I wore night and day.

"I tried many remedies for most of the eighteen years with no effect. Last summer I sent for some Cuticura Soap and Ointment. The very first time I used Cuticura Soap and Ointment I gained relief; they relieved the pain right then. It was three months from the time I commenced using Cuticura Soap and Ointment until the sores were entirely healed. I have not been troubled since and my ankle seems perfectly well." (Signed) Mrs. Charles E. Brooke, Oct. 22, 1912.

Cuticura Soap and Ointment sold throughout the world. Sample of each free with 32-p. Skin Book, Address postcard "Cuticura, Dept. L, Boston."-Adv.

The best way to kill bedbugs is to fill their mouths with snuff and let them sneeze themselves to death.



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responsible — they not only give relief - they permanently cure Conthem for

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PATENTS Watson E. Coleman, Wash-ington, D.C. Books free, High-est references. Best results. Some eyes are enhanced by a broad

# WOMAN IN TERRIBLE STATE

Finds Help in Lydia E. Pinkham's Vegetable Compound.

Bellevue, Ohio. - "I was in a terrible state before I took Lydia E. Pinkham's



Vegetable Compound. My back acheduntil I thought it would break, I had pains all over me, nervous feelings and periodic troubles. L was very weak and run down and was losing hope of ever being well and strong. After taking Lydia E. Pink-

ham's Vegetable Compound I improved rapidly and today am a well woman. cannot tell you how happy I feel and I cannot say too much for your Compound. Would not be without it in the house if it cost three times the amount."-Mrs. CHAS. CHAPMAN, R. F. D. No. 7, Bellevue, Ohio,

Because your case is a difficult one, doctors having done you no good, do not continue to suffer without giving Lydia. E. Pinkham's Vegetable Compound a. trial. It surely has remedied many cases of female ills, such as inflammation, ulceration, displacements, tumors, irregularities, periodic pains, backache, and it may be exactly what you need.

The Pinkham record is a proud and peerless one. It is a record of constant victory over the obstinate ills of woman —ilis that deal out despair. It is an established fact that Lydia E. Pinkham's Vegetable Compound has restored health to thousands of such suffering women. Why don't you try it if you need such a medicine?

#### DEFIANCE STARCH

is constantly growing in favor because it Does Not Stick to the Iron and it will not injure the finest fabric. For laundry purposes it has no equal. 16 oz, package 10c. 1-3 more starch for same money. DEFIANCE STARCH CO., Omaha, Nebraska

W. N. U., OMAHA, NO. 36-1913.

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> Willard Kimball, Pres. Lincoln, Neb.



## Catarrhal Fever

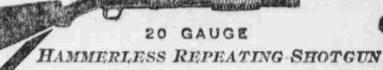
5 to 6 doses often cure.

One 50-cent bottle SPOHN'S guaranteed to cure a case.
Safe for any mare, borse or coil.
Losen bottles 50. Get it of druggists, barness dealers or direct from manufacturers, express paid.

SPOHN'S is the best proventive of all forms of distemper. SPOHN MEDICAL CO.,

Chemists and Bacteriologists, Goshen, Ind., U. S. A.

# CHESTE



The Model 1912 Winchester is the lightest, strongest and handsomest repeating shotgun on the market. It weighs only about 5% pounds, yet it has great strength, because its metal parts throughout are made of nickel steel. It is a two-part Take down, without loose parts, is simple to operate and the action works with an ease and smoothness unknown in guns of other makes. See one at your dealer's or Send to Winchester Repeating Arms Co., New Haven, Conn., for circular.

THE LIGHT WEIGHT, NICKEL STEEL REPEATER. 

