

**For Severely Formal Affair,
According to Parisian Ideas**

MORAL INFLUENCE OF CLOTHES.
Let not the flippant speak lightly of the suggestion that the way to reform women in prisons is to give them corsets and pretty clothes. The feminine philosopher who propounded this road to redemption was entirely sound in saying that there is no reform without self-respect, and the relation between self-respect and being well dressed is intimate, says the Philadelphia Record. It was another feminine philosopher, one from Boston, who said that the consciousness of being well dressed imparted a peace of mind which not even the consolations of religion could give. The warden who thinks a woman is no worse when a corset is taken off her and no better when one is put on, perhaps forgets that in his own prison the convicts do not wear striped clothes, and the wardens of some other penal institutions are putting on the convicts plain clothes under which it is possible for a sense of self-respect to grow. The cropping of the hair and the lockstep have been abolished from several prisons to avert the psychological effect of a personal appearance that is incompatible with self-respect. There is more in this idea of giving women prisoners corsets and pretty clothes than some of the penologists, social reformers and physicians interviewed thereon recognize.

A clergyman who preached to a congregation of young people recently selected as the subject of his discourse, "After Marriage—What?" and gave several excellent practical suggestions. One was that every married couple should recognize as a paramount duty their duty toward each other. Another was that they should keep up a honeymoon courtesy, and still another that they should establish a home of their own. "Be it ever so humble," he insisted, "a home of their own should be the fixed purpose of every young couple after marriage." It is a safe assertion that no connubial venture conducted on these principles will come to wreck upon the rock of divorce.

When Hannibal was besieging Rome there were those among the inhabitants who bought and paid good prices for the land on which his army was encamped. That was the spirit that made the ancient Romans rulers of the world. Americans on many occasions have displayed the same splendid courage and confidence in the face of danger. They showed it in Chicago in 1871 by planning to rebuild before the ashes were cold after the great fire. They showed it at San Francisco, after earthquake and conflagration had done their worst, and they are showing it at Omaha amid the ruin and desolation following the onslaught of the tornado.

From London comes the sad news that Mrs. Fell, a niece of Lord Macaulay, the historian, has died in a workhouse hospital at Manchester, aged eighty-five. Mrs. Fell, who was the widow of a clergyman, received an allowance from relatives, but when she became ill and two nurses were necessary to attend her she was taken to the hospital. Why it should have been necessary to take her to the hospital of a workhouse does not appear, and the explanation in the conclusion of the dispatch seems to cancel the implication of the opening sentence that the niece of Macaulay died a pauper.

And now the town of Essen, Germany, has been robbed by a swindler who, representing himself to be an auditor and pretending to discover several thousands of a surplus, carried it off to the minister of finance at Berlin, who, needless to say, never received it. City government in Germany may be on a model basis, but there is at least one point on which any American village could give it advice.

Treasury agents, though limited to an expenditure of \$6.50 a day for board and lodging in Chicago and New York, will not strave. One can get a filling order of beef stew for 15 cents and a big plate of succulent wheat cakes for 10 cents more.

The wealth of New York state now exceeds, according to the real and personal valuations, \$11,000,000,000. The official valuations do not exceed one-half of real values. To be exact, the official wealth of the state in 1912 was \$11,131,500,121.

Out in San Francisco they are going to teach the high school girls how to do odd plumbing jobs about the house. Any education that will make life easier for the husband ought to be pretty popular with the men folks, anyhow.

That woman who disliked her home in Philadelphia so much that she committed suicide may not have been so insane. Not a few people feel that way about Philadelphia.



An Evening Gown of White Charmeuse With Pink Beaded Net.

POISE; A MARK OF BEAUTY
Will Demand Effort; the Results Are Worth All That May Be Expended.

Poise is not necessarily a gift bestowed by the gods of a chosen few. We all may possess it if we will. It may require time and effort, but how much more desirable we are as companions if we have acquired it. What is more tiresome than the flighty, excitable woman, who talks at the rate of a mile a minute, frantically complaining about the world in general, or excusing her mussed blouse or rakish style of her hat.

COMBINATION GOWN



Combination gown with skirt of blue charmeuse, narrow and slightly draped, and blouse of printed silk with plain silk lapels and lace.

She simply makes us swallow air and we sigh with relief when she goes to find another victim. It is both tiresome and annoying to sit beside the woman in church who is not able to concentrate her mind. She is either clearing her throat, pulling at her gloves or dropping the hymnal. Then there is the girl at the theater who must nibble bon bons one minute and powder her nose the next. She not only disturbs others, but uses up her energy and strength uselessly.

Repeat of manner is more often found in the woman who has passed twenty-five. That is why some men prefer her to the giggling miss in her teens.

If you are talking with anyone who constantly fidgets her hands or twitches her mouth you may find yourself doing the same thing. It is very disconcerting to say the least.

If you study women's faces in the trolley cars you will find that eight out of every ten bite their lips or make faces. All that some girls need to make them attractive and good looking is poise. The older one grows the more essential it is to take things calmly. Poise is synonymous with good breeding. An excellent plan to help yourself acquire it is to go into a quiet room by yourself each day for at least twenty minutes and relax, not only your body, but your mind as well.

After you possess this necessary quality it will become part of you and you will not mar your health and beauty by unnecessary distortions of the face and body.

Silken Waistcoats.
Waistcoats are much in evidence. Some are long and narrow, others quite wide and no more apparent than a man's waistcoat worn with the morning cutaway coat. These waistcoats, like the braided coats, are mostly to be seen in bengalines, silk crepons and other silken fabrics. The classical tailor-made is at its newest in violet, green or white serge in thick diagonal rib. Its construction is rather curious, for although there are no draperies the skirts are so cut about in strangely shaped points and squares that the result is slightly puzzling.

Anyhow, the effect is quite interesting, and what is the chief point, it is very new and very difficult for indifferent workmen to copy successfully. For this reason it will have a certain popularity.

Hair Ornaments.
The straight fillets, so much seen with evening dress last year, are now partially superseded by those arranged in curves which form a wavy line upon the coiffure. They end in jeweled circlets with short fringe to match, and can be adjusted in a moment. One of the prettiest of jeweled bands for the hair is in a design of wheels between two bands of jeweling. The whole bandeau ends in a point at either side. It is rather high in front, a fashion which suits the round-faced.

THE KITCHEN CABINET

IT ought I see, they are as sick who surfeit with too much, as they that starve with nothing. Prudent, cautious self-control is wisdom's root.

WHAT SIT to what as well as eat. Nothing but sit and sit and eat and eat.

MUTTON IN THE DIET.

Mutton has always been a popular food among the Jews and in sections where sheep are raised; yet we find even in sheep states that people do not know and appreciate the value of the meat. Mutton and lamb are wholesome and the fact that sheep are rarely diseased is a great point in their favor.

Mutton is a food for the invalid, as it is commonly believed to digest easily and without causing any internal disturbance. Mutton, like beef, is almost always completely assimilated in a healthy stomach.

The advantage that mutton has over beef is that it may be used more economically, as a quarter or half of a carcass may be bought and kept in an ordinary refrigerator and the price per pound is considerably less. Beef cannot be bought in such sections, as the portion would be too large to keep. A leg of mutton can be utilized by an ordinary family with comparatively small waste.

Mutton is said to absorb odors readily and so must be carefully hung. Another important feature is the manner of dressing. If the butcher handles the wool and then touches the meat it is sure to have a strong, woolly flavor. The feeding, sex and age of course are factors which help to determine the flavor, which is said to have its origin in the fat.

When the mutton is brought into the house, whether fresh from the hands of the butcher or from the market, wipe it with a damp cloth and all portions which have any unpleasant odor about them should be cut off.

In roasting mutton a rack is desirable, as there is then no danger of any portion of the meat being scorched and spoiling the flavor of the whole.

One fact worthy of note in making broth, especially for the sick, is that the fat of mutton is easily extracted in the process of cooking, so that after the broth cools, the fat may be easily removed.

In preparing mutton broth, as all others, the object is to get as much of the nutriment and extractives into the soup as possible. This is accomplished by dividing the meat into small pieces and cooking at a very low temperature.

I AM by my place to know how to please the palate of the rulers; so you are to know the palates of the times.

Make yourself nests of pleasant thoughts. —Ruskin.

HELPFUL HINTS.

When suede shoes become shiny, rub them with a bit of sandpaper. This is a good treatment to give shiny spots on any garment.

To prevent shoes from squeaking rub the soles with linseed oil. This not only remedies that difficulty but it preserves the leather and makes the soles waterproof. When making new comforters for the beds reserve enough extra material for a protection at the head. This may be made in the form of a ten or twelve-inch slip that can be drawn over and tacked down, then when it is soiled it may be easily removed and washed. The comfort is always clean and sweet. Nobody likes to sleep under covers that look soiled.

If matting after a thorough cleaning, is given a coating of thin white shellac it is easily wiped off and when it wears give it another coating.

Witch hazel and rose water, equal parts, are good for a burned complexion.

Try using oatmeal for a change in thickening soup.

Wear old loose gloves while ironing to keep the hands from callouses.

A few drops of vinegar on the hands will keep them soft and free from stiffness, which comes after using them in soap suds.

Chopped preserved ginger improves a vanilla sauce to serve with a cottage pudding.

When rolling jelly cake trim the edges that have become dry, it will roll much easier.

Lard is much better to use for greasing cake pans than butter, as the latter burns more easily.

POINTED PARAGRAPHS.

It takes more than hot air to lift a mortgage.

Criticism often turns out to be a tribute of respect.

Another remedy for insomnia—turn over a new leaf.

Give a boy all the liberty he wants and he'll be lucky if he doesn't land in jail.

APPROPRIATE SAUCES.

A pudding is made or marred by the sauce which is served with it. It may not seem so important on first thought, but the blending of flavors is as fine a point to consider as the blending of colors in a painting or in garments to wear. The world is too full of people like the woman who had a great deal of taste, but it was all bad.

The French chef shows his artistic sense in the manner which he blends flavors. It is an art, a science which all cooks should cultivate, the art of seasoning.

Few people know what to add to a dish to give it its distinctive piquancy, which it is so evidently lacking. Many times it may be a dash of salt or a pinch of mace, a drop of vanilla, or any number of things which the keen sense of the trained cook at once detects.

This wonderful art of seasoning makes the difference in different people's dishes, some are so satisfying, so well flavored and well seasoned that never a morsel is wasted; others are so flat, stale and unprofitable, although good material has been used, that much is wasted.

Whipped cream is a most delicious sauce, which is very much abused and is served in some homes on every variety of pudding. If one considered a moment the fitness of things it would be most apparent that a rich pudding should have a sauce not so rich in fat. For example a sponge souffle, being made of eggs and rather tasteless in itself, needs a rich sauce of butter, creamed with powdered sugar, flavored and made foamy with whipped cream. A rich suet pudding is best served with an egg sauce, thinned with milk and flavored as desired.

The salad dressing is another important point to consider, even the simple French dressing, which one would think might be made by an amateur, is often ruined by too much vinegar. One part of vinegar to two of oil and often three of oil if Worcestershire is used; a bit of ice helps to blend the dressing, and salt and cayenne must be added to taste.

In meat sauces a dash of onion juice, a touch of asafoetida, a suspicion of garlic, will transform an ordinary dish into what the French call a creation.

I WILL make an end of my dinner. There's the pippins and cheese to come. —Shakespeare.

Education is the drawing out of the faculties.

SEASONABLE DISHES.

This is a dish which is rather uncommon but very good and when once tried will be cherished and used.

Fish Pudding.—Remove all skin and bones from a pound of uncooked fish, chop very fine, add a half cup of crumbs and the same amount of suet, chopped, a tablespoonful of parsley, also chopped, salt, pepper and lemon juice to taste, a cup of milk and two slightly beaten eggs. Bake in a greased baking dish, set in hot water, or steam it until a knife may be thrust into it and it will come out clean. Turn out on to a hot platter and pour around it an oyster or shrimp sauce.

Chicken Hash.—Chop leftover chicken, using bits of skin, also a little celery finely minced, add a teaspoonful of salt and enough water to cover. Simmer three hours. Cook together a tablespoonful each of butter and flour, add the broth from the chicken, two cupfuls, cook until smooth, then add the chopped chicken. Simmer and serve hot.

Cabbage Salad.—Chop very fine half a medium-sized cabbage with two slices of onion, mix thoroughly with cream dressing and serve on crisp cabbage leaves with strips of red and green peppers for garnish.

Cheese Souffle.—Butter a baking dish and add two cups of bread crumbs and one cup of grated American cheese, a teaspoonful of salt, a dash of paprika and two well beaten eggs; bake twenty minutes. All egg dishes should be baked in a dish set in hot water.

Nellie Maxwell.

The race isn't always to the swift—and never to the loafer.

Even a college education doesn't hurt a sensible young man.

A woman may not have the dough—even if her diamonds are paste.

What about that ship of yours that is to come in—has it started yet?

The love of money is truly the root of much evil—if you marry for gold.

Backache Is a Warning

Thousands suffer kidney ills unawares—not knowing that the backache, headaches, and dull, nervous, dizzy, all tired condition are often due to kidney weakness alone.

Anybody who suffers constantly from backache should suspect the kidneys. Some irregularity of these secretions may give just the needed proof.

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REALISM CARRIED TO EXCESS

Lack of Drapery Would Seem to Have Furnished Excellent Incentive for Maternal Slipper.

A mother in Worcester, Mass., who had orthodox views, had told her children the Garden of Eden story. The children were greatly impressed. One afternoon, returning from town, the mother found the palms and ferns had disappeared from the veranda. Going into the darkened living-room she saw one of the boys, minus clothing, reclining under a big fern, while another, equally clothless, was standing by a palm. They enlightened her by explaining that they were playing Adam and Eve in the garden.

At that minute her youngest boy, not three, came into the room as nature had first given him to the world, except that he wore a silk hat on his head and carried a cane.

"And pray who are you?" asked the mother.

The little one looked up at her and smiled as he said: "I am the Lord Dod Almighty, walking in the garden in the tool of the day."

Intelligent Dutch Cows.
"Cattle unaccompanied by a drover are forbidden to cross this bridge," runs the inscription on a signpost near Haarlem, Holland.

Anyway, the rolling stone never was interested in the moss trust.

It's enough to discourage temperance advocates when money gets tight.

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