

THE SEMI-WEEKLY TRIBUNE

LRA L. BARE, Publisher.
TERMS, \$1.25 IN ADVANCE.
NORTH PLATTE, NEBRASKA

STREETS LESS DANGEROUS.

That the automobile has introduced another serious element of danger into metropolitan streets is not to be denied. This applies to all large cities. They face a common problem. Local interests, therefore, attaches to a recently published dispatch from London announcing that better control of power-driven vehicles in the English metropolis is likely to be recommended by a select committee for action by the house of commons. London's commissioner of police suggests, among other things, that reckless driving, as well as drunkenness of drivers, be made a penal offense. American cities, ordinarily follow foreign cities in such matters, says the Chicago News. For example, the first bill to be signed by Governor Sulzer of New York establishes a penitentiary term for any person who drives an automobile while intoxicated. This is the first law of the kind in the United States. There are still other precautions, however, which must be taken to make streets safer. This is indicated by the fact that the number of persons killed in Chicago in 1912 by motor-driven vehicles was in the neighborhood of 100. One of the perils, of course, is the variety of speeds of different types of vehicles. The London commissioner of police purposes to work toward equalization of speed. Separation of traffic of different speeds is another possibility. Certain streets, for example, might be set aside for slow-moving teams and others for the more rapid automobiles.

If these scientists continue their investigations, men with what are known as "bad habits" will be obliged to confess that they indulged them because they wish to, instead of putting their indulgence upon altruistic or utilitarian grounds. Thus, Prof. Lee J. Knight and William Croker of the University of Chicago in addresses delivered before the American Association for the Advancement of Science, at Cleveland, O., declared that tobacco smoke does not benefit house plants, but, to the contrary, injures them. Hundreds of thousands of husbands, implored by their spouses to discontinue worship at the shrine of Nicotina, have firmly declined upon the ground that the house plants needed the smoke. The house plants, being absolute necessities of our present day civilization, naturally overrode all other considerations. The house plant plea is no longer a palliation. There is only one recourse left to the unwilling swearer-off, and that is the clothes moth. If some enterprising scientist comes along and demonstrates that clothes moths thrive upon tobacco smoke, the indignant men of the nation will lose forever their pose of self-sacrificing heroism.

People who complain of the tardiness of justice in this country are commended by a contemporary to the case in Berlin of seven lumber dealers accused of defrauding the Prussian treasury of \$250,000. "The preliminary investigation," adds the dispatch, "lasted four years and the evidence fills 400 pages." But will the four year's delay in Prussia make the loss any less for the man in the United States who is held away from his rights by a similar four years' delay? There are many worse places than the United States; but does that prove that faults in our system are not faults?

An English woman is coming here to teach American women how to acquire soft, low voices, which Shapere pronounced an excellent thing in their sex. However, the demand for the voices of women to be heard in the land just now is overshadowing that for low softness which is apt to be drowned in the age's turmoil.

A New York woman, now in a divorce action, told her husband that four years was enough for a woman to live with any man. Judging from results, he must have come to the same conclusion.

Jack Barrymore has been sued by a California barber for \$50,000 because he thrashed the tonsorial artist when a hair cut was not to his liking. The barber must have felt quite cut up about it.

A London physician has compounded an elixir which he says will cure ninety-nine diseases. Luck in odd numbers must be his belief.

A new remedy for pneumonia is ethylhydrocupreinhydrochloride. The thing to do, however, is to keep it in the house and not start to pronounce it to a drug clerk after the victim has the disease.

The New York physician who says he can cure epilepsy with rattlesnake venom will have plenty of opportunities to test the remedy if he includes the old-fashioned antidote for snakebite.

The KITCHEN CABINET



GET knowledge all you can, and the more you get the more you breathe upon its nearer heights their invigorating air and enjoy the widening prospect, the more you will know and feel how small is the elevation you have reached in comparison with the immeasurable altitudes that yet remain unexplored. —Gladstone.

CHAFING DISH SUGGESTIONS.

The many valuable uses to which the chafing dish may be put has been soft told in song and story, but there is none so valuable as that which gladdens the heart of our convalescent. His appetite may be stimulated by some delicate morsel which he will enjoy all the more intensely because he has watched the process of cooking. In the home where there is an invalid, the chafing dish is almost indispensable.

With the chafing dish, which may be as simple or as fine as the purse allows, one always likes a few pretty pitchers, small bowls, dainty jars and dishes to hold the materials to cook, as well as the condiments and seasonings. Measuring spoons and cups are indispensable, as accuracy is an essential in chafing dish cookery as in any other.

Anchovy Toast.—Toast four slices of bread from which the crusts have been removed, spread with anchovy paste. Scald a cup of milk, add two egg yolks and stir until the mixture thickens. Beat the whites of two eggs until stiff, add the thickened milk, beat thoroughly and pour over the toast.

Toast dipped in egg and milk and fried in a bit of butter is a favorite way of serving bread.

Frizzled Beef.—Take a few slices of dried beef, cover with boiling water and let stand ten minutes, and drain. Melt two tablespoonfuls of butter in the blazer, add two tablespoonfuls of flour, and pour on gradually one cup of milk. Season with salt and pepper; reheat the beef in the sauce, and pour over strips of toasted bread. A yolk of egg may be added, if wanted richer.

Hash balls may be browned and served hot from the chafing dish. One of the charms of chafing dish cookery is that it is served hot from the dish.



I WOULD be friend to all the foe, the friendless. I would be giving and forget the gift; I would be humble, for I know my weakness; I would look up—and laugh—and love—and lift. —Howard Arnold Walters.

COOKERY FOR THE SICK.

Sir Henry Thompson said: "I have come to the conclusion that more than half the disease which embitters the middle and later life is due to avoidable errors in diet." It is safe to say that two-thirds of all diseases are brought about by errors in diet.

The study of foods and their effect on the individual is of equal importance to the study of drugs.

Often the entire return to health is dependent upon the food prepared for the patient.

Children more readily succumb to disease than older people, hence the necessity of paying the strictest attention to their nourishment and diet.

To those who are accustomed to visiting children's hospitals, the subject of mal-nutrition is very much discussed, as its evidence is everywhere manifest.

There are comparatively few foods that are at their best in an uncooked state. They neither taste so good, nor are they as digestible as when treated to some kind of cooking.

The question of feeding of persons in health is always of great importance, but when one succumbs to disease, the feeding is of supreme moment.

Where the temperature is high, and there is great wasting of the tissues, it is necessary that a large amount of easily digested food, usually in liquid form, be used. Water is used in quantities, as that carries off waste products.

With some convalescents food must be restricted, while others must be stimulated to eat.

Some of the important things to remember in feeding sick people, are—not to ask them what they would like, for usually when they get it the desire for the food is past.

The food should appeal to the eye.

A POOR EXCUSE.

"I don't suppose he'll ever amount to much."
"Why not?"
"He's afraid to take a chance."
"In what way?"
"I offered him a block of mining stock at 12 1/2 that is likely to go up at any time, but he said he couldn't see it."
"Wouldn't touch it eh?"
"No. He said that buying mining stock is the poorest excuse for being broke that he knows of."

It should appeal to the taste. It should be digestible and nourishing.



I WOULD be true, for there are those who trust me; I would be pure, for there are those who care; I would be strong, for there is much to suffer; I would be brave, for there is much to dare. —H. A. Walters.

SOME LUNCHEON DISHES.

One may serve luncheon dishes often for dinner or supper though with little change in the menu.

Breelau Beef.—Put lean beef steak through a meat chopper, season with minced onion, pepper and salt, and one large soda cracker rolled fine. Shape an inch thick in a greased pan and place thin slices of bacon on the meat after it has been baked a few moments. Serve when the bacon is crisp and brown.

This may be left in a long roll. Bake fifteen minutes or longer before putting on the bacon.

Mashed Dried Lima Beans.—Soak the beans over night, and the next morning drain thoroughly and place in a kettle with sufficient water to cover; add a teaspoonful of soda, and when boiling, cover again with cold water; add salt and cook until the beans are tender. Drain the water and save for a soup foundation. Put the beans through a sieve and whip with a fork, season with a little cream and butter, a dash of red pepper. Heap in a hot dish and serve.

In baking beans, those who do not like pork may substitute olive oil, which adds the necessary fat in an acceptable manner.

Pear Pie.—Line a baked shell with quartered pears, add a bit of lemon juice and a sprinkling of the grated rind; cover with whipped cream and serve as any pastry.

Oatmeal Bread.—Take two cups of fine oatmeal, two cups of boiling water, two cups of bread sponge, two tablespoonfuls of butter, half a cup of molasses, a cup of raisins and half a cup of nut meats. Knead and let rise in loaves. Put into greased pans, and when risen bake in a moderate oven.



DO NOT be troubled because you have not great virtues. God made a million spears of grass where he made one tree. The earth is fringed and carpeted, not with forests, but with grasses. Only have enough little virtues and common fidelities and you need not mourn because you are neither a hero nor a saint. —Henry Ward Beecher.

WHAT TO EAT.

Here are a few dishes that are suggestive, if one does not care to follow out the recipes entirely:

Baked Steak.—Rub fine one canned pimento, add a pound of minced beef, half a pound of minced veal, a fourth of a pound of minced ham, and season with salt. Form into a loaf and lay in a greased paper, folding it well together; set on a pan in a hot oven and bake thirty minutes. When done remove the paper, slip the loaf on a hot platter and dot with bits of butter.

Orange and Prune Salad.—Steam a dozen large prunes until puffy, then cool them, remove the pits and mix with an equal amount of orange pulp. Carefully mix, not to crush the orange, and serve with a tart salad dressing, mixed with whipped cream.

Chicken Griddle Cakes.—Beat one egg, add two tablespoonfuls of chicken fat melted, a cupful of minced chicken, half a teaspoonful of salt, a pint of milk and flour enough, sifted with three teaspoonfuls of baking powder, to make a batter.

Creasy Soup.—Melt two tablespoonfuls of butter in a frying pan, add two tablespoonfuls of butter in a frying pan, add two tablespoonfuls of flour, and when stirred together pour in a pint of milk and cook to the consistency of thin cream. Season with salt and pepper and add a cup of cooked carrots pressed through a sieve. Boil up and serve very hot.

Add finely shredded onion to baked beans, and when ready to serve cover with thinly sliced cheese. Serve as soon as melted.

Nellie Maxwell.

Details Wanted.

Client—He called me a liar, a scoundrel, a coward and a thief.
Lawyer—And which epithet is it you object to?

Speed Limit.

"I understand that in Chicago they suspend the speed limit regulation where physicians are the offenders."
"No! that's wrong. The Chicago police are very strict. They don't make speed exceptions for anybody but the auto bandits."

Similar Misfortune.

"Alas, kind sir, help me! I am spent."
"Alas, my poor man, so's my money."

Summer Dress That Will Set Style for the Season



A summer dress of hand embroidered batiste trimmed with crochet buttons.

HOW TO HAVE ROSY CHEEKS

Many Things Better Than Ice, Though That Will Temporarily Give the Glow Desired.

The use of ice as a cosmetic is advocated by many. Its results in many cases are not lasting.

There may be some virtue in ice when a woman wants to make her cheeks rosy for a short while. She can prepare soft pads, lay them on ice until they are very cold, then on the cheeks; they draw the blood to the surface and give a rosy tint. Cold water is better, however, when it comes to the question of making flabby muscles tighten to a normal condition, and the toilet vinegar is better still; such muscles need something that will tone them permanently, not just for the moment. To apply ice to the skin that has been exposed to the wind is all wrong; cold cream, left on half an hour first; then warm water and a good soap; then very cold water to finish with and cold cream rubbed in with a spray of toilet vinegar last, is the method that answers best for flaccid muscles.—Philadelphia Telegraph.

FOR THE EVENING



An evening gown of black liberty satin veiled with black maline embroidered with jet. The tunique is finished by two ruffles of accordeon pleated chiffon.

Sleeves for Day Wear.

For day wear the sleeve of the moment is long and rather tight and may be loose at both elbow and shoulder.

NEW AND POPULAR FABRICS

That They Lend Themselves to the Graceful Draperies Demanded is Their Recommendation.

The touch of the Oriental that is noticed in the spring styles requires that a fabric be used which lends itself readily to graceful drapery. One particularly adaptable material is etamine, which is more popular this spring than it has been for several seasons. The robes of handdrawn etamine are truly beautiful. The drawn-work appears in bands of graduated widths, forming a very handsome border for the robe. A narrow band of drawn-work is done along the opposite edge of the material to be used for the smaller trimmings. These etamines come in all the vivid shades that are to be so much used.

Among the silks, fluer de sole, a new form of taffeta with an extremely soft finish, falls in the most graceful lines. It comes in very new and unusual tones, in both plain and figured surfaces. The floral designs that appear on many of these new silks seem somewhat stiff at first sight, but one soon realizes how very well suited they are to the period costumes so affected by our best gowned women. Some of the new patterns now in vogue are exact copies of some of those used in France at the time of the empire.—Pittsburgh Dispatch.

Double Train.

A new train seen lately consisted of two trains each quite separate, and ending in points. A very lovely evening dress of deep orange charmeuse had this new double tail. One was of the orange charmeuse, and was just a continuation of the dress itself. The second train was of lemon-colored mousseline-de-soie, and started from a drapery at the waist, which came down one side and round the back of the frock, falling into a train the exact size and shape of the satin one. When well down this has a very pretty as well as a very novel effect.

Aids the Complexion.

The complexion seems to be the only thing which benefits from damp weather. One of the reasons for the fresh and colorful skins of English girls is said to be the fogs and mists that sweep over Britain from the sea. Moisture holds the dust prisoner—and dust is the worst enemy to good complexions. Besides that, moisture, while it does not prevent wrinkles, does not produce them; and excessively dry climates are always productive of excessively wrinkled skins.

Oriental Negligee.

For wear beneath the Oriental negligee there is a special Oriental combination garment of brassiere and petticoat. This is what the garment really is, though at first glance it appears to be a winding affair of fine fabric and lacy trimming which twists around the figure from shoulder to knee.

Greek Draperies.

The Greek draperies introduced through the winter are so charming that nobody will relinquish them, at any rate for evening wear.

Good for Small Towns.

A few big shoe manufacturers are fighting us because we have always refused to give them better terms than we give to the small manufacturer. The little fellows stand with us because we treat all manufacturers alike, no matter how many machines they use. Hence, competition in the shoe business and prosperous factories in small towns! Write us and we will tell you all about it. The United Shoe Machinery Co., Boston, Mass.—Adv.

Its Place.

"Where shall we put this sleepy hollow chair?"
"On the nap of the carpet."

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny granules, easy to take. Do not gripe. Adv.

First acquire a business of your own, then learn to attend to it.

On the "firing line"

If you would maintain your place in the "front rank" you must keep strong and robust. Sickness soon relegates you to the rear. Try

HOSTETTER'S Stomach Bitters

when the appetite lags—when the digestion is bad—when the liver and bowels are inactive. It will surely help you.

PATENTS

W. N. U., OMAHA, NO. 14-1913.

ARCTIC SKEPTICISM.



"Did you see the janitor?"
"Yes. I told him it was as cold in our flat as at the north pole."

"What did he say?"
"He merely looked supercilious and asked for my proofs."

Paradox.

"What makes you think those tumors are groundless?"
"Because they are so much in the air."

Natural Supply.

"What's the use of all the sand on the seashore?"
"That's what they scour the seas with."

FLY TO PIECES.

The Effect of Coffee on Highly Organized People.

"I have been a coffee user for years, and about two years ago got into a very serious condition of dyspepsia and indigestion. It seemed to me I would fly to pieces. I was so nervous that at the least noise I was distressed, and many times could not straighten myself up because of the pain."

Tea is just as injurious, because it contains caffeine, the same drug found in coffee.

"My physician told me I must not eat any heavy or strong food, and ordered a diet, giving me some medicine. I followed directions carefully, but kept on using coffee and did not get any better."

"Last winter my husband, who was away on business, had Postum served to him in the family where he boarded. He liked it so well that when he came home he brought some with him. We began using it and I found it most excellent."

"While I drank it my stomach never bothered me in the least, and I got over my nervous troubles. When the Postum was gone we returned to coffee, then my stomach began to hurt me as before, and the nervous conditions came on again."

"That showed me exactly what was the cause of the whole trouble, so I quit drinking coffee altogether and kept on using Postum. The old troubles left again and have never returned."

"There's a reason," and it is explained in the little book, "The Road to Wellville, in pkgs."

Ever read the above letter? A new one appears from time to time. They are genuine, true and full of human interest.