

## TWO WOMEN SAVED FROM OPERATIONS

By Lydia E. Pinkham's Vegetable Compound—Their Own Stories Here Told.

Beatrice, Neb.—“Just after my marriage my left side began to pain me and the pain got so severe at times that I suffered terribly with it. I visited three doctors and each one wanted to operate on me but I would not consent to an operation. I heard of the good Lydia E. Pinkham's Vegetable Compound was doing for others and I used several bottles of it with the result that I haven't been bothered with my side since then. I am in good health and I have two little girls.”—Mrs. R. B. Child, Beatrice, Neb.

### The Other Case.

Cary, Maine.—“I feel it a duty I owe to all suffering women to tell what Lydia E. Pinkham's Vegetable Compound did for me. One year ago I found myself a terrible sufferer. I had pains in both sides and such a soreness I could scarcely straighten up at times. My back ached, I had no appetite and was so nervous I could not sleep, then I was so tired mornings that I could scarcely get around. It seemed almost impossible to move or do a bit of work and I thought I never would be any better until I submitted to an operation, but my husband thought I had better write to you and I did so, stating my symptoms. I commenced taking Lydia E. Pinkham's Vegetable Compound and soon felt like a new woman. I had no pains, slept well, had good appetite and could do almost all my own work for a family of four. I shall always feel that I owe my good health to your Vegetable Compound.”—Mrs. HAYWARD SOWERS, Cary, Maine.

OVER 100 YEARS OLD **Pettit's Eye Salve**

### HER ONE WISH.



“Mammy, let me show you some self-raising umbrellas.”  
“No use, man, no use.”  
“How about self-raising window shades?”  
“No good to me; but, mister, if you'll tell me how to tuh dese heah fohteen bad chillun into self-raising pickaninnies ah'll be yo' friend fob life.”

### Trying to Place Him.

“What is your idea of a radical?” asked the young man who is studying politics.  
“My observation,” replied Senator Sorghum, “is that a radical is usually a man who wants to muss things up in the hopes of establishing himself in circumstances sufficiently comfortable to warrant his becoming a conservative.”—Washington Star.

### Other Means.

It isn't necessary to have an automobile to run down one's neighbors.—Salt Lake Desert News.

## It's Always A Good Thing

To have a Clear Horizon at both ends of the day.

## Post Toasties

for breakfast and again at the evening meal opens and closes the day with a dash of sunshine.

Toasties are bits of hard, white Indian Corn, first carefully cooked, then rolled thin and crinkly, and toasted to a delicate, appetizing brown.

Not a hand touches the food in manufacture, and it is ready to serve direct from the package—to be eaten with cream or milk—and sugar, if desired.

Post Toasties taste deliciously good and are richly nourishing.

## A Good Friday Sermon

By REV. JAMES M. GRAY, D. D.,  
Dean of the Moody Bible Institute,  
Chicago

TEXT—“Jesus, when He had cried again with a loud voice, yielded up the ghost.” Matthew xxvii, 50.



In one of the older commentaries on the Bible, we once met the question, Why did Jesus Christ die? Which was answered by a series of reasons, some of which are remembered and some forgotten, the whole however, making an impression which was never lost. This impression was that no other explanation of his death is satisfactory, or even possible, than that he suffered as a substitute for guilty men.

We have been trying to recall some of these reasons while meditating on the transcendent event commemorated on Good Friday.

(1) His death occupies the foremost place in the New Testament. There are, for example, twenty-eight chapters in the Gospel of Matthew, and eight of them, at least, or more than one-quarter of the whole, is taken up with the story of his crucifixion and the events immediately leading up to and following it. About the same proportion is seen in John's gospel, to say nothing of the emphasis laid upon his death in the epistles of Paul and the book of Revelations.

(2) His death awakened the greatest interest in Heaven as well as on earth, since in Peter's first epistle, Chapter 1, 12, he tells us that “these things the angels desire to look into.” Moreover, when Moses and Elijah, brought back to earth, were conversing with Jesus on the Mount of Transfiguration, it was about, “His decease which he should accomplish at Jerusalem.” (Luke ix, 31.)

(3) It was the central object ever present in Christ's own thought and teaching. Men come into the world to live, but he tells us that he came into the world to die. “The son of man, said he, came not to be ministered unto, but to minister, and to give his life a ransom for many.” (Matt. xx, 28.) In another place, with application to himself, he says, “Except a corn of wheat fall into the ground and die, it abideth alone, but if it die, it bringeth forth much fruit.” (John xii, 24.)

(4) His death was voluntary. In John VII, 30, we read that at a certain crisis, “no man laid hands on him, because his hour was not yet come.” And again he himself said, “I lay down my life that I might take it again. No man taketh it from me, but I lay it down of myself. I have power to lay it down, and I have power to take it again.” (John x, 17, 18.) Furthermore, it is specifically said that in his death he “yielded up the ghost.” In other words, the passing out of his spirit from his body was the act of his own will.

(5) At the same time He died with peculiar agony, not merely that of a physical but a spiritual kind, crying out, “My God! My God, why hast thou forsaken me?” Whoever heard of God forsaking a martyr to his truth? And if Jesus were forsaken in any sense, must it not have been as a substitute for us?

(6) There were wonderful phenomena accompanying his death as of no other man.—“the veil of the temple was rent in twain from the top to the bottom; and the earth did quake, and the rocks rent, and the graves were opened, and many bodies of the saints which slept arose, and came out of the graves after his resurrection, and went into the holy city and appeared unto many.” (Matt. xxvii, 51, 53.)

(7) It was a predicted death. A way back in the Garden of Eden it was pointed to in the words addressed to the serpent, “I will put enmity between thee and the woman and between thy seed and her seed; it shall bruise thy head and thou shalt bruise his heel.” (Gen. iii, 15.) Isaiah, the prophet, spake of Christ seven or eight centuries before his birth, saying, “He was wounded for our transgressions, he was bruised for our iniquities; the chastisement of our peace was upon him; and with his stripes we are healed.” (Is. li, 5.) And Daniel said he should be cut off, but not for himself. (9, 26.)

(8) It was a predestined death, since Peter says, “Yet are not deemed with corruptible things as silver and gold . . . but with the precious blood of Christ, as of a lamb without blemish and without spot; who verily was foreordained before the foundation of the world.”

(9) Finally, it was a death which has been commemorated by an observance that never can be hid or explained away, namely, the communion of the Lord's supper, in which Christians eat the bread and drink the wine in remembrance of his dying love.

This is the reason an inspired apostle is able to say, “Whosoever shall call upon the name of the Lord, shall be saved.” (Rom. x, 13.)

## COMBINATION FOR HAY

Timothy and Alfalfa Mixture Given Praise in Bulletin.

Found Highly Satisfactory for Irrigated Meadows Wherever Climate and Soil Are Suitable for Growth of These Crops.

The department of agriculture has recently issued a bulletin on “Timothy Production on Irrigated Land in the Northwestern States.” This bulletin speaks very highly of the timothy and alfalfa mixture for hay. It states that a combination of timothy with alfalfa makes a very satisfactory mixture for irrigated meadows wherever the climate and soil are suitable for the growth of both of these crops. Although the mixture has not been extensively tried, wherever it has been tried on the experiment farm and elsewhere, so far as the writer has been able to learn, it has been successful, and all signs would indicate that this mixture could be profitably used on a large proportion of the irrigated land where timothy is now produced, and also on the native meadows. In localities where timothy and alfalfa have never been grown together, the opinion generally prevails that such a combination would not be practicable, for the reason that the first crop of alfalfa is ordinarily ready to cut for hay two weeks or more before the timothy crop is harvested. It is generally believed by farmers who have not had experience in growing timothy and alfalfa together that either the mixture would have to be cut before the timothy is ready, or else the alfalfa stems would become woody and the alfalfa leaves turn yellow and fall badly by the time the timothy has arrived at the proper stage for cutting.

These fears are groundless. By the time the timothy begins to bloom the alfalfa plants are already in full bloom. As it grows in a field in mixture with timothy, alfalfa does not lodge as it sometimes does when it grows alone, nor does it produce such a dense mass of leaves at the base of the plant as in fields of clear alfalfa. For this reason the lower leaves on the plant do not turn yellow and drop as readily as they do in a field where a dense stand of alfalfa is growing alone. Neither will the stems become as coarse when the alfalfa is grown with timothy as when grown alone. So leaving the alfalfa a couple of weeks longer or until the timothy is ready does it no harm. Furthermore, in localities where alfalfa hay is fed to horses, it is the custom to let the hay stand longer before cutting than if it were fed to sheep or cattle.

Another advantage in using the alfalfa and timothy mixture is that it cures into a brighter hay than does red clover and its stems are finer. A mixture of 10 or 20 per cent of alfalfa is much less conspicuous in timothy hay than is an equal proportion of red clover. Alfalfa will also afford a considerable second crop for a number of years, whereas in timothy fields clover tends to disappear after the first year.

On all lands that are suitably drained and where the water table is not too near the surface the alfalfa and timothy mixture is recommended for permanent meadows. Where the soil is too wet for alfalfa or tends to slight acidity the red top may be substituted for the alfalfa.

The reseeded of old meadows tends to keep down the weeds and keeps the soil generally in better condition. By proper treatment meadows that ordinarily produce only three-fourths to one and one-half tons of hay per acre annually can be made to produce three to four tons per acre from two cuttings.

## AFFECTS GROWTH OF POTATO

Blight, Causing Loss of \$8,000,000 to Crop, Brought On by Heat and Too Much Water.

There is welcome news from Denver. C. L. Fitch, investigator of the Colorado agricultural department, has made the important discovery that excessive heat and too much water affected the growth on potato plants of the fungus called fusarium, which blighted the crop of last year. That blight caused a loss of many millions—the loss for Colorado alone is placed at \$8,000,000—not to speak of the suffering it occasioned throughout the entire country, says the Philadelphia Press. Mr. Fitch's experiments were conducted on an original and elaborate plan. Various plants were subjected to different degrees of moisture. It was determined to an apparent certainty that those which had too much heat and water were surely and quickly strangled by the fungus. The remedy is obvious and simple; it lies mainly, for those sections where rainfall may be depended upon in proper drainage and the use of such fertilizers as will promote leaf growth. For the irrigated sections the problem is more difficult, though the solution seems assured, and farmers have been already instructed through special bulletins, how to regulate the water and to shade the potato beds.

### Caring for Trees.

One of the best mixtures for sprinkling around fruit trees, both as a fertilizer and to keep away and destroy insects or other pests, is to take one part salt, one part lime and two parts wood ashes, mix thoroughly together and scatter around the stem of the trees. Only a small quantity should be applied at a time.

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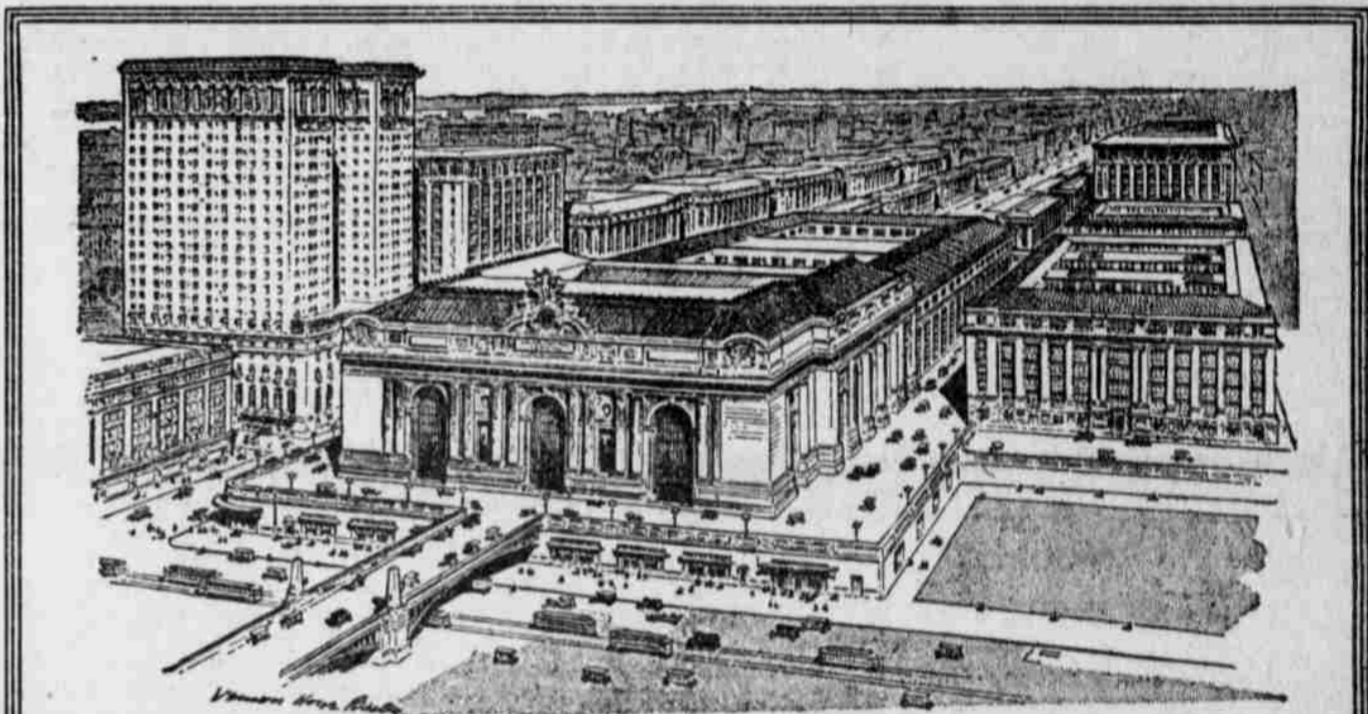
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