

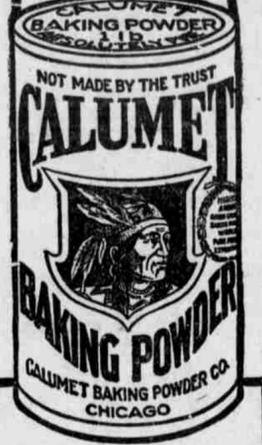
Keep Your Eye on that Can

When Buying Baking Powder

For this is the baking powder that makes the baking better. It leaves the food evenly throughout; puffs it up to airy lightness, makes it delightfully appetizing and wholesome. Remember, Calumet is moderate in price—highest in quality.

Ask your grocer for Calumet. Don't take a substitute.

RECEIVED HIGHEST AWARDS. World's Pure Food Exposition, Chicago, Illinois, Paris Exposition, France, March, 1912.



You don't save money when you buy cheap or big-can baking powder. Don't be misled. Buy Calumet. It's more economical—more wholesome—gives best results. Calumet is far superior to sour milk and soda.

Dangerous Talk.

"Mother, I wish you wouldn't mention dishwashing when George is calling on me!"
 "Why not, indeed?"
 "I don't like it. It sounds common."
 "Common, eh? We have to eat, don't we?"
 "Of course."
 "And George knows we eat and use dishes?"
 "That's very true."
 "And George also knows that dishes have to be washed, therefore somebody has to wash them?"
 "But, mother—"
 "If you keep on talking about it George may discover that you make father wash them, and he may think the same thing is coming to him if he should propose to me."—Detroit Free Press.

Saskatchewan

Your Opportunity is NOW
 In the Province of Saskatchewan, Western Canada
 Do you desire to get a Free Homestead of 160 ACRES of that well known "Wheat Land"? The area is becoming more limited but no less valuable.
 NEW DISTRICTS have recently been opened up for settlement, and these railroads are now being built. The day will soon come when they will be in full operation.
 Free Homesteading land is available.
 A Swift Current, Saskatchewan, farmer writes: "I came on my homestead, March 1906, with about \$1,000 worth of horses and machinery, and just \$25 in cash. Today I have 500 acres of wheat, 80 acres of oats, and 40 acres of flax." Not bad for six years, but only an instance of what may be done in Western Canada. In Manitoba, Saskatchewan or Alberta.
 Send at once for Literature, Maps, Railway Rates, etc., to
W. V. BENNETT,
 See Building, Omaha, Neb., Canadian Government Agent, or address Superintendent of Immigration, Ottawa, Canada.

PISO'S REMEDY
 Best Cough Syrup. Tastes Good. Use in time. Sold by Druggists.
 FOR COUGHS AND COLDS

ENCOURAGE CHILDREN TO GROW FLOWERS FOR PLEASURE AS WELL AS FOR PROFIT

When Piece of Ground Is Given to Boy or Girl It Should Be With Understanding That It Will Be Necessary for Them to Take Care of It—Use Care in Selecting Seeds.

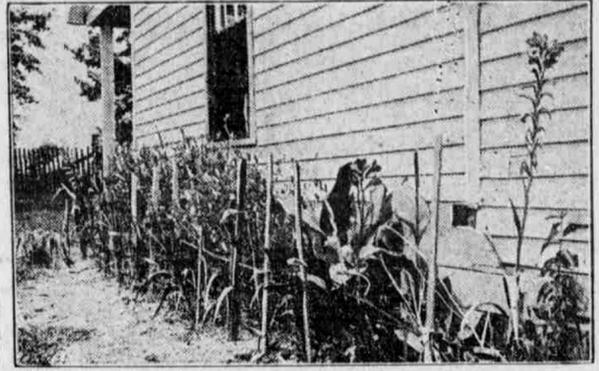
I am a thorough believer in training children to think "they amount to something" by giving them something to do that involves responsibility. Don't make the task too hard, for if you do that you defeat the object at which you aim, but let it be one that obliges the child to think something out for himself. When he does this once he has laid the foundation for a habit of "thinking out things," and before long you will find him depending upon himself, rather than upon you, in the solution of many little problems that he has to face. A child likes to feel that others think him equal to the performance of tasks that are put before him, and, feeling this, he will respond nobly to the estimate you have of his ability if you give him to understand that it exists. Don't take it for granted that a boy knows all about what you think of him unless you tell him something about it. Take him into your confidence, and let him know that you consider him a man in the making, and you'll be surprised at the effect it has on him. "But that's another story," as Kipling says. What I set out to talk about was the advisability of giving the children a garden of their own to work in, and showing them how to do that work. A child is an imitative creature, and the lessons he gets the greatest amount of benefit from are object lessons, always. Spade up a bit of ground and let him see you do it, and he will do the same thing pre-

them how to do things, but, after that, leave the doing of them to the children.

In selecting seeds for the children's flower garden take care to choose only kinds which do not require coaxing or expert attention. Get the kinds that will be most likely to give good results, under the conditions they must face. Kinds which would give only indifferent satisfaction are not what you want, for these would disappoint the amateur gardeners, who, naturally, expect great results from their early efforts in the cultivation of the soil. Strong, sturdy, self-reliant sorts are the ones to grow. Here is a list to choose from:

- Centaurea, or "Bachelor's Button."
- Four-o'clock
- Campanula
- Calliopsis
- Petunia
- Aster
- Phlox
- Nasturtium
- Marigold
- Larkspur
- Morning Glory
- Portulacca

There you have a round dozen of kinds, all good, all pretty, all easy to grow. I would not advise attempting to grow all of them in one garden, but parcel them out among the children, if there are several in the family, or get only a few kinds, if there is but one child to take care of them. Confining the selection to a few varieties encourages the beginner to concentrate his energies rather than spread them out indiscriminately. Insist that the ground shall be kept free from weeds, and insist, also, that



First effort of a young girl in a small town in Ohio to have a flower garden. Her selection is not the best but her love of beauty prompted her to choose large leaf and quick growing plants to hide the ugly side wall of the house. Children of this kind are hungry for intelligent direction in gardening and should be encouraged.

cisely as you did it, so far as his strength will admit of it. But don't spade the ground without telling him why you do it. Give a reason for all you do. And do not get impatient over the questions he asks. That's how he is to learn things. When you give a bit of ground to boy or girl, as a garden, give them to understand that in order to make it "their very own" it will be necessary for them to take care of it, and you will find them very enthusiastic over the undertaking. But don't let their enthusiasm get the better of your judgment and result in giving them more of a garden than they can care for well. Impress upon them that a little work done well is a good deal better than a larger amount of work poorly done. Spading the ground and working it over and over to make it mellow will be play to a healthy boy or girl. About all you will have to do in their garden is to direct matters. Show

the plants in it shall receive daily attention. There may not be much work to do in it every day, but the habit should be formed of looking after it. Such an idea is not at all in harmony with what we set out to teach when we set the children to gardening. For the important thing about it is not so much the garden that results as it is the knowledge of how to do things that grows out of the work that is undertaken. Encourage the children to share the flowers they grow with those who love flowers but have none of their own. Let them bring some of them to the Sunday school and the church, and be sure to have them remember the shut-ins, and the sick. This will help them form a habit of thoughtfulness for others, and the pleasure that grows out of these little acts will be strong encouragement for more extensive gardening operations another season.

FATTEN POULTRY FOR THE MARKET

Fowls Should Be in Good Health, of Large Size and Nice Appearance.

(By N. E. CHAPMAN, Poultry Specialist, Minnesota Agricultural College.)
 Poultry marketed from the farm consists of cockerels, or males under one year roosters, pullets culled from standard-bred stock, hens, guineas, doves, ducks, geese and turkeys. They are generally sold alive in summer and early autumn and both live and dressed in late autumn and winter. To bring the highest market price, market poultry, whether alive or dressed, should be in good health, of large size and well fattened. The laws of Minnesota make it an offense punishable by a fine of not less than \$50, or imprisonment in jail for not less than sixty days, for selling, or offering for sale, sick, diseased or decaying poultry. Disease is usually disclosed by a white or black comb and a stilted walk. All poultry marketed should be fat. This condition is the chief factor in determining the price per pound. Fat old hens, of whatever weight, often command a higher price than young, tender spring chickens. Chickens fattened with ground grains and skim milk or buttermilk are called "milk-fatted chickens," and command fancy prices. At the Crookston station, Barred Plymouth Rock cockerels, 3½ months old, gained two pounds in twenty-one days at a cost of less than five cents per pound gain.

LITTLE THINGS TO DO IN AN ORCHARD

Cleaning Up and Moderate Pruning Makes Work Much Easier in the Spring.

Peach trees under four years old which are so badly frozen as to show discolored wood must be cut off below the snow line and allowed to sprout again. Very often trees that have passed through a hard winter show no indications of freezing in the bark, but an examination may show that the wood is injured. An orchard on high ground should always be protected by a wind break of other trees planted on the north side. Norway Spruce, Scotch and Austrian Pine, planted about 15 feet apart make excellent wind breaks. Cleaning up the orchard and moderate pruning now will make the work much easier in the spring. Now is the time to remove all dead branches and those that are weak, and which interfere with other healthy branches. Do not allow sheep to run in the young orchard. They are very apt to nibble the tender sprouts and even bark the trees. A few years ago eastern peach growers extensively tried out the use of crude petroleum as an insecticide. But while it kills the bugs it often causes great injury to the trees. If used at all, it should be applied in the late fall or very early spring and never during hot weather.

Cough, Cold Sore Throat

Sloan's Liniment gives quick relief for cough, cold, hoarseness, sore throat, croup, asthma, hay fever and bronchitis.

HERES PROOF.
 Mrs. ALBERT W. PRICE, of Fredonia, Kan., writes: "We use Sloan's Liniment in the family and find it an excellent relief for colds and hay fever attacks. It stops coughing and sneezing almost instantly."

SLOAN'S LINIMENT

RELIEVED SORE THROAT.
 Mrs. L. BRAWLEY, of Modesto, Fla., writes: "I bought one bottle of your Liniment and it did me all the good in the world. My throat was very sore, and it cured me of my trouble."

GOOD FOR COLD AND CROUP.
 Mr. W. H. STRANGE, 373 Elmwood Avenue, Chicago, Ill., writes: "A little boy next door had croup. I gave the mother Sloan's Liniment to try. She gave him three drops on sugar before going to bed, and he got up without the croup in the morning."
 Price, 25c., 50c., \$1.00



Sloan's Treatise on the Horse sent free. Address Dr. Earl S. Sloan, Boston, Mass.

AMERICANS EASY TO IDENTIFY

Marks Caused by Collisions With the Deadly Rocker Put Nationality Beyond Dispute.

"Scars on the ankles identify an American those found dead abroad," said a coroner's physician. "Yes, our ankle scars identify us over there as infallibly as our gold teeth." "You see, we are the only people whose ankles get scarred by banging into the sharp points of rockers in the dark." "Four-legged chairs don't hurt in the dark in this way. Bang into them a dozen times a night, and they merely impart a slightly bruise to the knee." "But a bedroom rocker, when you go prowling in your bare feet about a coal black bedroom, is more dangerous than a man-trap. How many times, in the dead blackness of the night, have you been impaled by the ankles—or nearly impaled by the ankles—on the sharp, upstanding points of a bedroom rocker? Just look at your ankles when you undress this evening. You may not be aware of it, but I'll guarantee you'll find on each ankle five or six scars, the marks of terrible, midnight collisions with the deadly rocker." "And that's how it is that they identify Americans abroad by the rocking chair scars which criss-cross the bony, stiff ankles of the male and the round and supple ankles of the female American." "Crusty." "Your hair is falling out," said the barber. "Yes," replied the crusty customer. "You see my skull is so hard that it can't fall in." Usually when a girl meets a man she likes on the street by accident it isn't an accident at all.

GOOD NATURED AGAIN

Good Humor Returns With Change to Proper Food.

"For many years I was a constant sufferer from indigestion and nervousness, amounting almost to prostration," writes a Montana man. "My blood was impoverished, the vision was blurred and weak, with moving spots before my eyes. This was a steady daily condition. I grew ill-tempered, and eventually got so nervous I could not keep my books posted, nor handle accounts satisfactorily. I can't describe my sufferings. "Nothing I ate agreed with me, till one day I happened to notice Grape-Nuts in a grocery store, and bought a package out of curiosity to know what it was. "I liked the food from the very first, eating it with cream, and now I buy it by the case and use it daily. I soon found that Grape-Nuts food was supplying brain and nerve force as nothing in the drug line ever had done or could do. "It wasn't long before I was restored to health, comfort and happiness. "Through the use of Grape-Nuts food my digestion has been restored, my nerves are steady once more, my eyesight is good again, my mental faculties are clear and acute, and I have become so good-natured that my friends are truly astonished at the change. I feel younger and better than I have for 20 years. No amount of money would induce me to surrender what I have gained through the use of Grape-Nuts food." Name given by Postum Co., Battle Creek, Mich. "There's a reason." Read the little book, "The Road to Wellville," in plgs. "Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest. Adv.

MORE ATLANTIC LINERS REQUIRED

CONGESTION ON EXISTING STEAMSHIPS ON ACCOUNT OF CANADIAN IMMIGRATION.

It is reported that eight new Trans-Atlantic liners are under construction for the exclusive use of the Canadian Trade. These are being built by the White Star, Canadian Pacific and Cunard Companies. The liners to be built for the White Star are to be of the same type as the Laurentic and Majestic, and will replace the Canada and Teutonic. The Cunard Line's new steamer, Ascania, has already completed successfully her maiden voyage from England to Montreal, and her sister ship will be launched early next year. It is predicted that the Canadian Northern will not be slow in following the example of the other big concerns, as it is a matter of common belief that Canada, more than any other in the world, will be the country of the future, and the best field for investment by shipping interests.

An official of one of the companies already building steamers for this trade told the American yesterday that the ideal steamer for this service is the two-cabin boat, having accommodation for second-class and steerage passengers only. "We do not expect that the \$5,000 cabin de luxe class will travel between Canada and England very extensively," he said, "but the business that is to be obtained there will be immensely lucrative, and for the next ten years the eyes of the shipping world will be riveted on Canada. The Panama Canal, undoubtedly, will receive a lot of attention, but the business in that route will be nothing compared with the Canadian trade for the immediate future. Panama will develop and become bigger in the years to come, but at the present we are most concerned with the tremendous tide of immigration that is being diverted from the United States to the Dominion.

"The farm land of the vast North West is the attraction, and while this flood of immigration is at its height, the Canadian Government exercises a strict censorship over the class of immigrants admitted. In this way they are drawing their future citizens from the Northern countries and have shown an unwelcome face to the people of Southern Europe."—Advertisement.

In the Day of the Billionaire. A brilliant New York lawyer said at a dinner at the Lotus Club apropos of certain trust magnates: "Thanks to watered stock—and watered stock is criminal abroad—these men are indeed rich beyond the dreams of avarice. "If the watering of stock is allowed to keep on we'll hear our billionaires talking like this some day: "Hullo! There goes Jones in his 300 horsepower car. Do you know him?" "Do I know him? Do I know Jones! Why, man alive, Jones and I were struggling young millionaires together!"—New York Times.

When the Sun Will Die. It may be said unqualifiedly that the sun, like every other thing connected with the present order, will finally cease to be what it is today. The time will most surely come when the sun will have ceased to throw off light and heat. Long before that happens, however, the earth and other planets will have become "dead worlds," like the moon—no life of any sort upon them. It has been calculated that the sun will cease to throw out its heat somewhere about seven million of years from now.

Important to Mothers
 Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletcher* In Use For Over 30 Years. Children Cry for Fletcher's Castoria.

Plants Need Nourishment.
 A German investigator has discovered that plants resist cold best when they are given special nourishment to keep them warm. For instance, to feed a plant sugar stimulates its power of resisting low temperature, much as like food acts upon animals, though in less marked degree.

A FREE SURPRISE BOX.
 In another part of this paper you will find a large ad of the Loose-Wiles Biscuit Co., Omaha, Neb. They offer to send to any reader a box of assorted biscuits absolutely free. Don't miss this opportunity. Cut out the coupon from their ad and mail it today.

Prospective Customer.
 Small Girl—Teacher, did you say the lord makes babies, too?
 Sunday School Teacher—Yes, indeed.
 Small Girl—About how much does he charge for one, 'cause I want a baby brother awful bad.

LADIES CAN WEAR SHOES
 one size smaller after using Allen's Foot-Paste. The Antiseptic powder to be shaken into the shoes. It makes tight or new shoes feel easy. Gives rest and comfort. Refuse substitutes. For FREE trial package, address Allen S. Gimsted, Le Roy, N. Y. Adv.

Its Style.
 "The child actress in that piece has a part which fits her like a glove."
 "Yes, so to speak, a kid glove."
FILES CURED IN 6 TO 14 DAYS.
 Your druggist will refund money if PAIN EXPELLER fails to cure any case of itching, burning, bleeding or protruding Piles in 6 to 14 days. 50c.
 Pay compliments if you will, but pay your bills first.

HUSBAND TIRED OF SEEING HER SUFFER

Procured Lydia E. Pinkham's Vegetable Compound, which made His Wife a Well Woman.

Middletown, Pa.—"I had headache, backache and such awful bearing down pains that I could not be on my feet at times and I had organic inflammation so badly that I was not able to do my work. I could not get a good meal for my husband and one child. My neighbors said they thought my suffering was terrible. "My husband got tired of seeing me suffer and one night went to the drug store and got me a bottle of Lydia E. Pinkham's Vegetable Compound and told me I must take it. I can't tell you all I suffered and I can't tell you all that your medicine has done for me. I was greatly benefited from the first and it has made me a well woman. I can do all my housework and even helped some of my friends as well. I think it is a wonderful help to all suffering women. I have got several to take it after seeing what it has done for me."—Mrs. EMMA ESPENSHADE, 219 East Main St., Middletown, Pa.

The Pinkham record is a proud and honorable one. It is a record of constant victory over the obstinate ills of woman—ills that deal out despair. It is an established fact that Lydia E. Pinkham's Vegetable Compound has restored health to thousands of such suffering women. Why don't you try it if you need such a medicine?

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

Constipation Vanishes Forever

Prompt Relief—Permanent Cure
CARTER'S LITTLE LIVER PILLS never fail. Purely vegetable—act surely but gently on the liver. Stop after dinner—cure indigestion, improve the complexion, brighten the eyes. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature.



PARKER'S HAIR BALSAM
 Cleanses and beautifies the hair. Promotes a luxuriant growth. Restores to the youthful color. Prevents hair falling. 50c. and \$1.00 per bottle.

DEFIANCE STARCH—16 ounces to a box—contains only 12 ounces—same price and "DEFIANCE" IS SUPERIOR QUALITY.

Pettit's Eye Salve QUICK RELIEF EYE TROUBLES

W. N. U., OMAHA, NO. 9-1913.

Nebraska Directory

Cox-Jones-Van Alstine Co.
 The Old Reliable Company of South Omaha. We will give your consignments the best of attention and sell them for highest prices, or fill your order for feeders with best class of stock at market price. GIVE US A TRIAL.

THE PAXTON HOTEL
 Omaha, Nebraska. EUROPEAN PLAN. Rooms from \$1.00 up single, 75 cents triple. CAFE PRICES REASONABLE.

RUPTURE CURED in a few days without pain or a surgical operation. No pay until cured. Write DR. WRAY, 307 Bee Bldg., Omaha, Neb.

Consign your HORSES & MULES to **WALKER & BLAIN** Union Stock Yards, S. Omaha, Neb. Phone South 679. Auction Sales Every Monday.

MURPHY DID IT Auto and Wagon Tires repaired and re-treaded. Buggy wheels repaired and re-treaded. Write us for prices. 40 years in the business. Andrew Murphy & Son, Omaha.

COTTON SEED PRODUCTS
 We sell all feed used by the feeders in car and ton lots. Our prices are right. We buy empty sacks. FEEDERS SUPPLY COMPANY Live Stock Exchange Bldg. South Omaha



The "BELL" Sign

Is the symbol of state-wide and nation-broad telephone service.
Bell Telephone
 lines reach nearly everywhere.