

Those Peruna Testimonials How Are They Obtained?



S. B. HARTMAN, M. D.

For a great many years I have been gathering statistics as to the effects of Peruna when taken for catarrhal derangements. I have on hand thousands of unsolicited testimonials from people in all stations of life, who claim that after many years futile attempts to rid themselves of chronic catarrh by various forms of treatment, they have found complete relief by the use of Peruna. These testimonials have come to me unrequested, unsolicited, unrewarded in any way, directly or indirectly. They have simply been gleaned from my private correspondence with patients that have been more or less under my treatment or taking my remedies.

No remedy, official or unofficial, has a greater accredited basis for the claims we make for it than Peruna as a remedy for catarrh.

I have never been opposed at any time to the regulations offered by the Pure Food and Drugs Act. I am not now opposed to its provisions, but I am opposed to the proposed amendments to give to a partisan board of physicians the unqualified authority to decide as to all therapeutic claims which may be made for a proprietary medicine. It is manifestly unjust to

refer such questions to a body of men who are already convinced of the worthlessness of proprietary medicines. To give such a body of men the unlimited authority to decide whether our claims for Peruna are valid or not is a manifest violation of my constitutional rights.

My claims are based both on creditable theoretical grounds and upon irrefutable statistics. But I am quite willing to have our claims as to the composition of Peruna properly and thoroughly investigated, and if found to be false a proper penalty should be fixed. Or if I am making any statements concerning disease, as to the nature, symptoms or danger of any disease, if I am making any such statements as to unnecessarily frighten the people by false assumptions, I am willing to submit to any unbiased tribunal or investigation.

Mrs. Alice Bogle, 803 Clinton St., Circleville, Ohio, writes: "I want to inform you what Peruna has done for me. I have been afflicted with catarrh for several years. I have tried different medicines and none seemed to do me any good until I used Peruna. I have taken six bottles and can praise it very highly for the good it has done me. I also find it of great benefit to my children."

Peruna is for sale at all drug stores.

ASK YOUR DRUGGIST FOR FREE PERUNA ALMANAC FOR 1913.

TOLD HER LIFE'S AMBITION

Small Girl Somewhat Crudely Expressed Her Desire to Be a Teacher When She Grew Up.

At one time or another during the ward school life of a little girl there prevails the ambition to become a teacher. Perhaps it is the indisputable authority possessed by the hand that wields the ruler or the nonchallant display of wisdom on topics surrounded by the most inaccessible difficulties to the small boy and girl. They will nearly always tell their ambitions to a well liked teacher, and one rather surprising declaration was given by a little maid in one of Miss Clara Townsend's room before she became principal of the James school.

Among the special favors coveted by the youngsters is the permission to stay behind after school and clean the blackboards. One evening a little girl was given the desired privilege, and while engaged in the task she struck up a shy sort of conversation with Miss Townsend. Finally the usual confession was made.

"When I grow up, I am going to be a teacher," she announced.

"That so?" pleasantly asked Miss Townsend. "And why do you want to be a teacher?"

"Well," was the rather surprising answer, "I'll have to be either a teacher or a lady, and I would rather be a teacher."—Indianapolis News.

Shopper's Cramp.
Simeon Ford, at a dinner of hotel men in New York, discussed a new disease.

"There's a new disease called shopper's cramp," he said. "It appears early in December, becomes violently epidemic about the middle of the month and ends suddenly on the evening of the 24th."

"Women feel shopper's cramp in the arms, the limbs, everywhere; but it attacks the husband only in one place—the pocket."

Unusual.
"A candlemaker combines extremes."
"How so?"
"His business is both cereous and light."

Black Record.
"There goes a man of dark deeds."
"Bless us! What does he do?"
"Puts in coal."

Substantial Breakfast Pleasure

in every package of

Post Toasties

Crisp, sweet bits of toasted Indian Corn, to be served with cream or milk.

Always
Ready to Eat
Direct From
Package

Always Delicious.
Sold by Grocers everywhere.

"The Memory Lingers"

Postum Cereal Co., Ltd.
Battle Creek, Mich.

AN UNWELCOME TOPIC.

De Quiz—Paid for your Christmas presents yet?
De Whiz—Say, let's talk about something more agreeable.



JUDGE CURED, HEART TROUBLE.

I took about 6 boxes of Dodds Kidney Pills for Heart Trouble from which I had suffered for 5 years. I had dizzy spells, my eyes puffed, my breath was short and I had chills and backache. I took the pills about a year ago and have had no return of the palpitations. Am now 63 years old, able to do lots of manual labor, am well and hearty and weigh about 200 pounds. I feel very grateful that I found Dodds Kidney Pills and you may publish this letter if you wish. I am serving my third term as Probate Judge of Gray Co. Yours truly,

PHILIP MILLER, Cimarron, Kan.
Correspond with Judge Miller about this wonderful remedy.
Dodds Kidney Pills, 50c. per box at your dealer or Dodds Medicine Co., Buffalo, N. Y. Write for Household Hints, also music of National Anthem (English and German words) and recipes for dainty dishes. All 3 sent free. Adv.

Fire in Bank of England.
The first fire within memory occurred at the Bank of England, London, a few days ago. The fire broke out in the southwestern portion of the building. The flooring and joisting were considerably damaged. The outbreak was discovered by the Bank of England authorities, and subdued by their own appliances in 30 minutes. A lieutenant and a dozen men of the Irish Guards on duty at the bank, with fixed bayonets, assisted the police in keeping the crowd back from the building.

Made a Complete Job.
"Mrs. Dangleford, has your husband been cured of his cacathes scribendi yet?"
"I—I think so; the surgeons took that out when they removed his vermiform appendix."

To Her Incredible, Otherwise.
He—My brother is making more money than he can spend.
She—Goodness! Where's he working, in the mint?

No thoughtful person uses liquid blue. It's a pinch of blue in a large bottle of water. Ask for Red Cross Ball Blue, the blue that's all blue. Adv.

Don't become so busy giving advice that you have no time to mind your own business.

ALFALFA SEED. Timothy and Clover mixed. M. M. Willship, o. d. Farms for sale and rent on crop payments. J. Mollath, Sioux City, Iowa. Adv.

When a woman gets fat it doesn't broaden her mind.

The mills of the gods are never shut down on account of a strike.

A ragtime philosopher says that lemons are only fit to hand to people.

The surest stepping stone to matrimony is a solitaire.

PEOPLE MOST TALKED ABOUT

SAYS MONEY NO GUARANTEE OF WORTH

J. Ogden Armour of Chicago, who is himself worth numerous millions, does not think much of money. That is, money in his philosophy is a guaranty neither of worth nor character and is by no means that touchstone of happiness which it is generally supposed to be, particularly by those without it. Also, he observed that the poor man has as much chance to be happy as the rich man.

Incidentally, Mr. Armour said that he was nothing more than a working man, and a hard working man at that.

Mr. Armour said: "Maybe you don't think I work! Why, every man must work—if he is worth a million. If he is worth a hundred millions or if he is dependent on his weekly salary. We ought all to take our places in the great organization and work of the world."

"You know money doesn't mean everything. In fact, very little in some cases, for the full value of it is not gained. Take the sons of some rich men; their money is squandered in drinking and otherwise."

"I am the son of a working man. I was brought up to work. My father tramped from the Atlantic to the Dutch Flat in California. With a pick and a shovel he worked as a miner and was glad to work. He had to work to live."

"Sometimes a poor man is far and away better off than a rich man. I watch my men. I know the lives of many of them. That doesn't mean only the men who are close about me, but the men in my plant. Some with only a moderate salary are far happier than men to whom the worth of a bank means no more than a box of cigars in value to the ordinary person. Because a man has money, that does not make him any better."

"But, let me tell you something right here. I have no rich men working for me; I don't want them. When a man takes a position and is rich enough not to be dependent on the salary which comes from that position he has reached a stage when he is not worth a continental."



BOARD THAT ORIGINATES AND DIRECTS

In Wisconsin history is being made in respect to state government. With a board headed by Governor McGovern and including strong members of the senate and house of representatives of the general assembly—also the secretary of state—the finances of the commonwealth are kept under close surveillance and, as an all-important department, progressive economic and social reforms are investigated and here and there put into practice. The state board of public affairs is the name given to this body of such sweeping and variegated power. It has seven members.

The board is a combination of the legislative and executive. Legislatively it investigates the financial needs of the state departments before the legislature itself convenes; the board makes up a budget of departmental expenses and submits this to the general assembly. This budget is based on actual needs. Economy is the slogan in compiling it. The board supplants half a dozen committees of the assembly, not only in regard to finances, but in the field of new legislation, reforms and progressive laws that mean something to the people—all the people—of the great badger state.

This unique governmental force was created by the legislature of 1911. Instead of providing for several separate committees to investigate and report on a variety of highly interesting matters, the legislature enumerated pending problems in one bill and appointed one committee to consider all. The seven able men who do this work serve without extra pay and are assigned by a staff of economists, educators, accountants and students. Summarized, the board's chief duties are:

1. It is a governor's council with the governor as chairman. It advises him on state affairs and discusses with him all changes in state administrative matters.
2. It is a hold-over legislative committee that studies all the great problems affecting the people's welfare, social and economic, and reports something concrete on them to the legislature.
3. It is a bureau of economy and efficiency in state administration, making up the budget and cutting down expenses wherever possible.



HELEN GOULD'S FIANCE IN RAIL WORK

Finley J. Shepard met Miss Gould soon after entering the operating department of the Missouri Pacific-Iron Mountain lines, in June, 1911. He accompanied Miss Gould and her party last March over the Denver & Rio Grande lines when she made a tour of inspection of the railroad Y. M. C. A. buildings. A close friendship sprang up from that trip.

Mr. Shepard is forty-five years old and the son of a Connecticut minister who died recently. He has been in railroad work since 1889. Before entering the service of the Gould lines he was with the Northern Pacific and the Santa Fe.

When B. F. Rush, president of the Missouri Pacific-Iron Mountain lines, was also chosen president of the Denver & Rio Grande in January, 1912, Mr. Shepard was selected as his assistant, and recently his appointment as assistant to President Bush on the Missouri Pacific-Iron Mountain, with jurisdiction over all departments of two big railroads, was announced.

Since going to St. Louis eighteen months ago Mr. Shepard has been active socially, and is known as a lover of books, a musician, and an all-round athlete.

"I first saw Miss Gould on our trip of inspection in the southwest," said Mr. Shepard the other day. "Up to them I had no more idea than you have what she was like. Before then I had admired her in an impersonal way for the wonderful humanity and beauty of her nature. I then was charmed by her remarkable personality."

"The announcement of our engagement is about the pleasantest news I've heard, and her acceptance of my offer has flattered me highly. The arrangements and plans for the future have been up to Miss Gould and her relatives in the east. I am thoroughly delighted now that our engagement has been announced."

"The date for the marriage will be arranged by those in the east. I'd say, however, that the marriage will be soon."



GET THIS FOR COLDS Prescription for Positive Results Don't Experiment.

"From your druggist get two ounces of Glycerine and half an ounce of Globe Pine Compound (Concentrated Pine). Take these two ingredients home and put them into a half pint of good whiskey. Shake well. Take one to two teaspoonsful after each meal and at bed time. Smaller doses to children according to age." This is said to be the quickest cough and cold cure known to the medical profession. Be sure to get only the genuine Globe Pine Compound (Concentrated Pine). Each half ounce bottle comes in a tin screw-top sealed case. If your druggist is out of stock he will quickly get it from his wholesale house. Don't fool with uncertain mixtures. It is risky. Local druggists say that for the past six years this has had a wonderful demand. Published by the Globe Pharmaceutical laboratories of Chicago.

Both Vows Broken.
Apropos of the anti-visualizationists' fight against the Nobel prize award to Dr. Alexis Carrel of the Rockefeller Institute, Prof. Herbert Satterley said the other day in Jacksonville:

"These anti-visualizationists themselves terribly when they try to prove that animal research is useless and futile. They just put themselves in the position of one of their number whom I met at my hotel the other day."

"As this anti was dining I bent forward and said to him:

"Pardon me, but you are, I believe, both an anti-visualizationist and a vegetarian?"

"Yes, sir, that is correct," he answered.

"Then," said I, 'you will probably be shocked to learn that you have just eaten a live caterpillar with your lettuce salad.'"

Their Cinch.
"Guns have an easy job, haven't they?"

"How do you mean?"

"They're employed only to be fired."

It takes all the fun out of doing a thing if you get paid for doing it.

Problem in Physics.
A native of T., on the coast of Scotland, when the contract for the building of the first three steamers fitted with electric lights at the local shipyard was completed, formed one of the social party gathered to entertain the electricians, says Ideas. In a burst of candor and comradeship, he was heard to say to one of the wiremen:

"Mon, Peter, after workin' w' you on they boats, I believe I could put in the electric light masel', but there's only one thing that bates me."

"Aye, aye, Sandy, what is that?" inquired his interested friend, willing to help him if it lay in his power.

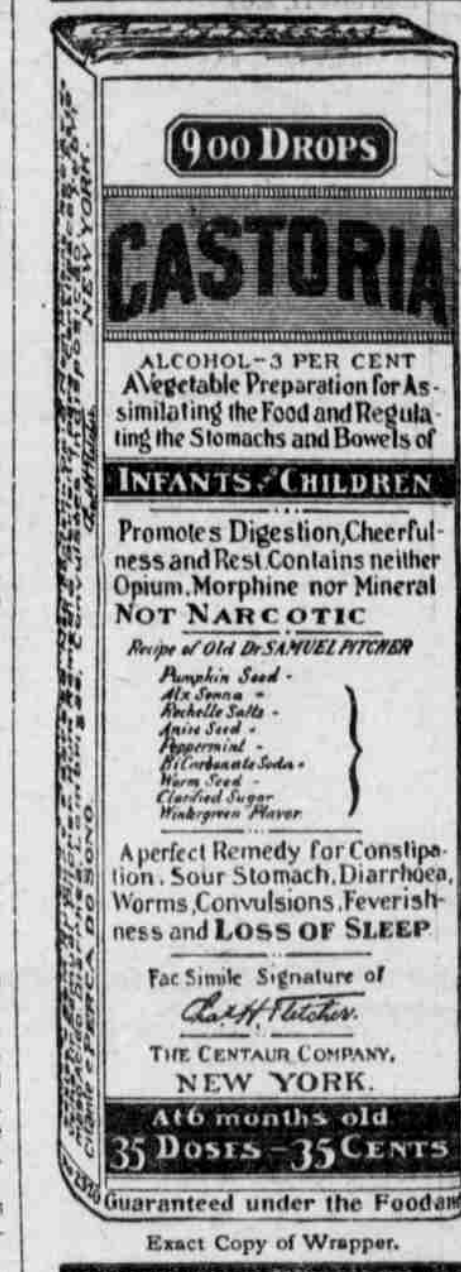
"Weel, mon," replied Sandy, "it's just this: I dinna ken hoo yet get the fle tae rin along the wires."

"Be on the jump"

Don't allow yourself to become discouraged and "out of sorts." The stomach, liver and bowels have become lazy and inactive, but a short course of

HOSTETTER'S STOMACH BITTERS

will soon make things right. It strengthens the entire "inner man," prevents Colds and Grippe and makes you strong and vigorous. Try it.



CASTORIA

For Infants and Children.
The Kind You Have Always Bought

Bears the Signature of

Dr. J. C. Hatcher
In Use For Over Thirty Years
CASTORIA

Surprised Him.
There was a fellow who proposed to all the girls just for fun. He had no idea of getting himself engaged, but he enjoyed the preliminaries. So he was disagreeably surprised once and served him right.

"Miss Evelyn," he said soulfully, "do you think you could love me well enough to be my wife?"

"Yes, darling," she cried.

"Well—er—now I know where to come in case I should want to marry."—Detroit Free Press.

Many a young man is up with the lark because he kept the lark awake all night.

It's a favorite theory of married women that every widower's heart should be in the grave.

Bad luck is commonly the result of bad judgment.

He's Not a Chicken Fancier.
Speaking of chickens a funny man writing in Puck says:

"They are the most dastardly, uncertain creatures that walk the family acre. Almost everybody tries to raise chickens at one time or another. Looks easy—that's the deceiving part of it."

"And it is easy after you learn one thing. Little chickens don't know anything, medium sized chickens don't know anything. If there is any change of an intellectual nature as the size increases the big ones know less, if possible, than the little ones."

"If there is a wire partition in your pen with an open door at one end the chickens will try to plunge through the wire instead of going around and the wire instead of going around and walking through the door."

It is easier for love to find the way than it is to pay the way.

FOR WOMEN ONLY

Do You Feel This Way? → [Backache or Headache, Dragging Down Sensations, Nervous—Drains—Tenderness Low Down.]

It is because of some derangement or disease distinctly feminine. Write Dr. R. V. Pierce's Faculty at Invalids' Hotel, Buffalo, N. Y. Consultation is free and advice is strictly in confidence.

Dr. Pierce's Favorite Prescription

restores the health and spirits and removes those painful symptoms mentioned above. It has been sold by druggists for over 40 years, in fluid form, at \$1.00 per bottle, giving general satisfaction. It can now be had in tablet form, as modified by R. V. Pierce, M. D.

[Sold by Medicine Dealers or trial box by mail on receipt of 50c in stamps]