

Pe-ru-na and Ka-tar-no



I have received a letter from a young lady, who asks me: "Is the old Pe-ru-na (Ka-tar-no) better than the revised Pe-ru-na?"

Either medicine has its place. One is adapted for one condition, another for another. Ka-tar-no is a better remedy for some conditions than the revised Pe-ru-na.

On the other hand, the revised Pe-ru-na is a better remedy for some conditions than Ka-tar-no. They are both intended as cathartic remedies. They have both done a great work in relieving catarrh, chronic and acute. Many hundreds of cases of chronic catarrh have recovered while taking Ka-tar-no and the same is true of the revised Pe-ru-na during the last six years since its revision.

There is a difference, however, in the two remedies. Whenever catarrh is associated with constipation then the revised Pe-ru-na is the best. Indeed, this is exactly why the revision was made, to meet such cases. But where no laxative is needed, where the bowels are regular or inclined to be loose, then the old Pe-ru-na (Ka-tar-no) is the better remedy.

Pe-ru-na, Man-a-lin and La-cu-pia manufactured by the Pe-ru-na Company, Columbus, Ohio. Sold at all drug stores.

SPECIAL NOTICE—Many persons inquire for The Old-time Pe-ru-na. They want the Pe-ru-na that their Fathers and Mothers used to take. The old Pe-ru-na is now called Ka-tar-no. If your druggist or dealer does not keep it for sale write the Pe-ru-na Company, Columbus, Ohio, and they will tell you all about it.

S. B. Hartman, M. D. revised Pe-ru-na. On the other hand, the revised Pe-ru-na is a better remedy for some conditions than Ka-tar-no. They are both intended as cathartic remedies. They have both done a great work in relieving catarrh, chronic and acute. Many hundreds of cases of chronic catarrh have recovered while taking Ka-tar-no and the same is true of the revised Pe-ru-na during the last six years since its revision.

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POLLY VICTIM OF DECEPTION

Bird Realized Period Between Its Temporary Oblivions Had Been Materially Cut Short.

The Goodfays have a sailor son, who on one occasion brought home a parrot for the amusement and enlightenment of the family. They kept it for the sake of the donor—on no other account would it have been given house room. Of course, it was a perfectly respectable bird—occasionally; but on Sunday evenings, when young Mr. Saintry paid his regular visit, it was deemed advisable to cover Polly with a cloth.

Recently, however, Mr. S. took advantage of a half-holiday accruing to him, and made an extra call on the Wednesday. As he was ushered in Miss Mary Goodfay dextrously threw the cloth over Polly's cage. Greetings over, there ensued the usual awkward pause, which was broken by a squawk from the covered cage.

"Well, I'll be everlastingly blessed," said Polly. "This has been a thundering short week!"

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The Farmer's Search.

While plowing, a Crawford county farmer near Helper had the misfortune to lose a small part from his cultivator in the plowed ground. Soon a neighbor came by. "Lost some thing?" he asked. Soon another came by and asked the same question. And then another. Pretty soon a man he didn't like anyhow approached. "Lost something?" he asked. The farmer looked up in supreme disgust. "Oh, no; just digging worms for my pet buzzard," he replied.—Kansas City Star.

For the Sake of Variety.
Customer—This, I suppose, is a folding bed.
Merchant—No, sir; we call this an unfolding bed. I'll show you. (Unfolds it.)

A high priced box at the opera seems less expensive to some people than the cheapest church pew.

A man will never reach the top who is too lazy to move until he is pushed.

A Million Persons

Breakfast every morning on

Post Toasties



Suppose you try the food with cream and sugar, as part of breakfast or supper.

You may be sure it will be a delicious part.

"The Memory Lingers"

Postum Cereal Company, Ltd. Battle Creek, Mich.

The Kitchen Cabinet



SOMETHING FOR DINNER.

Braised Beef.—Try out two thin slices of fat salt pork and remove the scraps. Wipe three pounds of beef cut from the round or rump and sprinkle with salt, pepper and flour; brown the surface in the hot fat, turning carefully not to pierce the meat and allow the juices to escape. Place on a trivet in a deep earthen pan or baking dish, and surround with the following vegetables: One-fourth of a cupful each of onion, turnip, celery and carrot, all cut fine; add a half teaspoonful of peppercorns and salt. Cover with three cupfuls of boiling water and cover closely, cooking four hours. Keep the liquid at the simmering point, as too much heat toughens the meat. Serve with a brown sauce made from the liquor in the pan.

For Company Dinner.—A fillet of Beef With Vegetables—Wipe a three-pound fillet and remove the fat. Put a half pound of butter in a hot frying pan, and when melted add the fillet and turn frequently until the entire surface is well seared over and browned, then turn occasionally until done, cooking about thirty minutes. Remove the meat to a serving dish and garnish with a cupful each of cooked peas, carrots cut in fancy shapes, and well seasoned; one-half pound of mushrooms sautéed in a little butter. Serve with:

Brown Mushroom Sauce.—Pour off a fourth of a cup of fat from the frying pan, add five tablespoonfuls of flour and stir until well browned; add a cup of soup stock, a third of a cup of the mushroom liquor and a half pound of mushrooms cut in pieces and cooked in butter five minutes. Season with salt, pepper and just before serving, while stirring constantly, add the butter remaining in the frying pan.

To obtain mushroom liquor, cook the stems of mushrooms in cold water to cover and reduce to a third of a cup.

White Sauce.—Put a half pound of butter in a hot frying pan, and when melted add the fillet and turn frequently until the entire surface is well seared over and browned, then turn occasionally until done, cooking about thirty minutes. Remove the meat to a serving dish and garnish with a cupful each of cooked peas, carrots cut in fancy shapes, and well seasoned; one-half pound of mushrooms sautéed in a little butter. Serve with:

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FALL FESTIVITIES.

The pumpkin is the time-honored vegetable for the Halloween table, and many and various are the uses for it as a decorator. The little paper-mache imitations may be used as bonbon boxes or as receptacles for salted nuts. The real pumpkin, however, lends itself to almost anything the ingenuity of the hostess wishes to create.

A very happy arrangement was placed last year upon the table of a young housekeeper for a Halloween party. A round pumpkin was bored with holes and pretty chrysanthemums were thrust in, the flower resting on the rim of the pumpkin. After the flowers were all placed the centerpiece looked like a great fluffy chrysanthemum. One might have ribbons attached to the flowers, which could be drawn by each guest, and so furnish a boutonniere. The pumpkin is lined with paper and filled with fruit or bonbons.

Sandwich plates, salad bowls and meat platters may be cut from small oblong-shaped pumpkins; these lined with lace paper doilies make most fetching dishes.

Gnome Salad.—Add a half cup of chopped almonds to a chicken and celery salad, two finely chopped red peppers, half a cup of pineapple juice and the juice of a large onion. Mix well, then add mayonnaise. Garnish with olives stuffed with almonds.

Charm Cake.—Bake any desired cake and put a ring, a thimble and a dime in the batter. Cover the cake with white frosting and decorate with chocolate witches.

Serve ice cream in halves of muskmelon and decorate the cream with eyes, nose and mouth made of chocolate, melted, or citron and currants.

Goblin Pies.—These are individual pumpkin pies decorated with features and given a frill of lace paper for a hood.

A FEW FALL SALADS.

Chiffon Salad.—Take a half cup each of dates, figs, pineapple and three oranges and three-fourths of a cup of sugar. Cut the oranges in halves, remove the pulp and put the shells on the ice. Cut the fruit in small pieces and mix with a mayonnaise dressing. Fill each orange cup with the mixture of fruit, sugar and dressing and keep a tablespoonful of whipped cream on top. Serve on lettuce.

Pickles, peas and peanuts are good served with a very little salad dressing.

Date Salad.—Wash, and without paring, cut two medium-sized, good-flavored apples into dice, add a pound of stoned and quartered dates, mix with a cup of pecans and pour over the following dressing.

Two eggs well beaten, four tablespoonfuls of vinegar, a tablespoonful of butter and a tablespoonful of sugar. Season with salt and cook over hot water until thick; remove from the fire, and when cool add a tablespoonful of olive oil.

Orange and Date Salad.—This is a salad particularly nice to serve with duck this fall: Stone the dates and cut in halves lengthwise. Remove the oranges in sections, arrange in a mound on crisp lettuce leaves and surround with the dates. Serve with French dressing.

A Promoter.

Howell—What sort of a fellow is he?
Powell—He can make two lemons grow where only one grew before, and then hand them both to you when you are not looking—Judge.

A Lively One.

"I hear when you have your children gathered around you, it is quite a picture."
"Well, when we all went to our new house, I can tell you it was a moving picture."

Expensive Spot.

"Gilt Crest is considered a healthy place, yet all the guests who leave the hotel look sick."
"Oh, they don't look sick until they get their bills."

Free Meals for School Children.

The number of meals given to school children in England last year was 16,872,000. The cost was \$765,000, of which only \$6,875 was received from parents as voluntary contributions.

HARD LUCK.



Dick—I told her that I loved her—that I was even willing to worship her at a distance.
Tom—What did she do?
Dick—Said she'd supply the distance.

HANDS ITCHED AND BURNED

Abbotsford, Wis.—"My son had eczema on his hands for about one year. The eczema started with a rash. His hands were sore so he could not close them, and when he wet his hands they hurt him so he could hardly wash. His hands itched and burned just terrible and if he would scratch them, they would break out into sores. He could not get any rest or sleep, and his hands looked quite bad.

"We had medicine and salve and it kept getting worse all the time. I got some Cuticura Soap and Ointment, and after washing his hands with the Cuticura Soap and putting some of the Cuticura Ointment on two times a day and tying cloths on them for about six months they got well and have not broken out since. Cuticura Soap and Ointment cured him entirely." (Signed) Mrs. Lawrence Kiehl, Feb. 13, 1912.

Cuticura Soap and Ointment sold throughout the world. Sample of each free, with 32-p. Skin Book. Address post-card "Cuticura, Dept. L, Boston." Adv.

Bad Luck.

"They oughtn't to call that railroad special the Comet."
"Why not?"
"Because comets nearly always have their trains telescoped."

Water in bluing is adulteration.

Glass and water makes liquid blue costly. Buy Red Cross Ball Blue, makes clothes whiter than snow. Adv.

Every mother is firmly convinced that she is capable of picking a better husband for her daughter than she did for herself.

FOR SALE.

A high-grade Piano Player, made by the Acolian people of New York City. Cost \$250—good as new—only a short time in use. It fits any piano. Also \$225 worth of rolls of music goes with it. Will sell Player and music for \$200. Reason for selling is that family owning it is breaking up. Address Box 898, Omaha, Neb. Adv.

At the Opera.
"That singer has a powerful voice."
"I should say so. I can't hear myself speak when he's singing."

Kindred Association.
"Do you want this robe?"
"Much 'dough' in it?"

CURES ITCHING SKIN DISEASES.
Cure Carbunals, eczema, and makes the skin smooth. All druggists 25 and 50c. Adv.

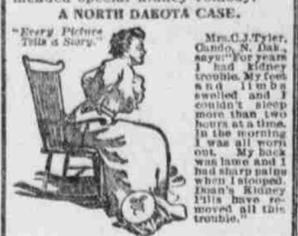
Most people would rather take advice from strangers.

A fool and her money frequently marry into the nobility.

HARD FOR THE HOUSEWIFE

It's hard enough to keep house if in perfect health, but a woman who is weak, tired and suffering all of the time with an aching back has a heavy burden to carry. Any woman in this condition has good cause to suspect kidney trouble, especially if the kidney action seems disordered at all. Doan's Kidney Pills have cured thousands of women suffering in this way. It is the best recommended special kidney remedy.

A NORTH DAKOTA CASE.



Get Doan's at any Drug Store, 50c. a Box
Doan's Kidney Pills
FOSTER-MILBURN CO., Buffalo, N. Y.

EVERY CHILD SHOULD HAVE THE Faultless Starch Twin Dolls
Miss Lilly White and Miss Phoebe Prim.

If you will use the best starch made both of these rag dolls, each 12 1/2 inches high and ready to put out and sing, will be sent to any address, postpaid, on receipt of six cents in stamps or postage stamps, or twelve cents in stamps or postage stamps, or six cents in stamps to cover postage and packing. Each doll will be sent on receipt of three 10 cent stamps or six 5 cent stamps. Only one doll will be sent for each application. Only one doll will be sent for each application.

FAULTLESS STARCH CO., Kansas City, Mo.

W. L. DOUGLAS SHOES
\$3.00 \$3.50 \$4.00 \$4.50 AND \$5.00
FOR MEN AND WOMEN
Buy wear W. L. Douglas \$2.00, \$2.50 & \$3.00 School Shoes, because one pair will positively outwear two pairs of ordinary shoes, same as the men's shoes. W. L. Douglas makes and sells more \$3.00, \$3.50 & \$4.00 shoes than any other manufacturer in the world.

THE STANDARD OF QUALITY FOR OVER 30 YEARS.
The workmanship which has made W. L. Douglas shoes famous the world over is maintained in every pair.

Ask your dealer to show you W. L. Douglas latest fashions for fall and winter wear, notice the *short vamps* which make the foot look smaller, points in a shoe particularly desired by young men. Also the *conservative styles* which have made W. L. Douglas shoes a household word everywhere.

If you could visit W. L. Douglas large factories at Brockton, Mass., and see for yourself how carefully W. L. Douglas shoes are made, you would then understand why they are warranted to fit better, look better, hold their shape and wear longer than any other make for the price.

CAUTION.—To protect you against inferior shoes, W. L. Douglas stamps his name on the bottom. Look for the stamp. Beware of substitutes. W. L. Douglas shoes are sold in 78 countries and shoe dealers everywhere. No matter where you live, they are within your reach. If your dealer cannot supply you, write direct to factory for catalogue showing how to order by mail. Shoes sent everywhere, delivery charges prepaid. W. L. Douglas, Brockton, Mass.

MANUFACTURERS
who make Hardware, Farm Implements and Kitchen Utensils that are of such quality that they have joined Wright & Wilhelmy Co. in placing on all such goods a guarantee that exceeds all other guarantees. These manufacturers can do this because they make the

BEST FACTORY BRANDS IN THE COUNTRY
The Guarantee Tag is Three Color. On it is the name of the manufacturer of the article to which it is attached, also the name of Wright & Wilhelmy Co., who jointly state in plain terms that the dealer is authorized "to replace this article free of cost if for any reason it should prove unsatisfactory." It is left to the user's sense of right. You cannot get a stronger guarantee. Ask your Dealer for Double Guaranteed Goods.

Look over this list of manufacturers and note the length of time their products have stood the test. The Double Guaranteed Tag representing Quality Hardware will be attached to the goods made by them.

TOOLS.

Gen. H. Bishop & Co., Makers of Guaranteed Saws 18 years.	Cleveland Twist Drill Co., Makers of Highest Grade Drill Bits for 28 years.	Carlsonum Co., For 12 years leaders in making Best Sharpening Stones.	Henry Dixon & Sons, Leading Saw Makers 71 years.	Eagle Square Co., Eagle Squares have stood the test 25 years.	Ford Auger Bit Co., Have been making Ford's Single Lipped Bits for 22 years.	Irwin Auger Bit Co., Makers of the Original Solid Center Auger Bit for 27 years.	Ivory Handle Co., Originators and makers of Ivory Axe Handle 42 years.	Russell Jennings Co., Manufacturers of the original Double Spur Auger Bit 69 years.	Lufkin Rule Co., Makers of Celebrated Steel Tapes for 30 years.	David Maydole Hammer Co., Have made the original Maydole Hammer 67 years.	Maun Edge Tool Co., Makers of our "Clean Clipper" Axes 25 years.	Miller Falls Co., Makers of Harbor Braces and Langdon Miter Boxes 44 years.	Nicholson File Co., Celebrated Nicholson File on the market 53 years.	Rixford Mfg. Co., Rixford Sashes and Axes have satisfied users 100 years.	Star Rule & Level Co., Have been making Best Finest and Carpenter Tools 50 years.	Star Mfg. Co., Manufacturers of the celebrated 2 1/2" Wrench.	Utica Iron Forge Co., Quality Filers have stood the test 15 years.	C. E. Wood Tool Co., Makers of the New Everlasting Chisels that please.
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FARM AND WAGON HARDWARE.

American Fork & Hoe Co., (Successors to Whittington & Cooley Mfg. Co.) Their Jackson Street Goods have stood the test 78 years.	Ames Shovel & Tool Co., (owners of Wright Shovel Co.) Largest producers of Shovels and Spades in the world.	Cleveland Stone Co., Leading makers of Grindstones many years.	Cyclone Fence Co., Beautiful Cyclone Lawn Fence and Gates 12 years.	Fenn Mfg. Co., Mfrs. of Fenn Post Augers—none better.	Gilbert & Bennett Mfg. Co., Makers of Clinch Poultry Netting and Hardware Wire Cloth.	Luther Grider Mfg. Co., Originators and makers of best line of Rapid Grinders many years.	J. E. Porter Co., Best Hay Carriers and Barn Equipment on top for 44 years.
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HOUSE FURNISHING GOODS.

Bissell Carpet Sweeper Co., Have made the popular Bissell Carpet Sweepers 36 years.	Blackstone Mfg. Co., Makers of Rugel and other Washing Machines 42 years.	Cleveland Tool and Stamping Co., Have made Vulcan Engineered ware the best that can be made.
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BUILDERS' HARDWARE.

Allith-Prouty Co., Mfrs. of durable Parlor and Barn Door Hinges 29 years.	Chicago Spring Butt Co., Spring Hinges that do the work.
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Dexter Mfg. Co., Producers of the Sunny Monday Washers that clean clothes.

Dobson Mfg. Co., Mfrs. of Favorite Churns—satisfied users over 30 years.

Dover Mfg. Co., Originators and makers of Asbestos Sled Irons 15 years.

Enterprise Manufacturing Co. of Pa., Leaders in Enterprise Meat Cutters and Lard Presses 56 years.

Estate Stove Co., Makers of the celebrated Estate Stoves—none better for 67 years.

C. T. Ham Mfg. Co., Makers of Nuette Lanterns and good Lantern Makers 24 years.

Household Equipment Co., Mfrs. of Perfect Fireless Cookers that cook right.

Lovell Mfg. Co., Their Anchor Brand Wringers have pleased users 40 years.

Rome Mfg. Co., Their Copper Ware known for quality all over the country.

White Mountain Freezer Co., White Mountain Freezers known everywhere.

HARNESSES.

American Pad & Textile Co., Mfrs. of Tapico Pads—tested and tried 31 years.

Konigs Gayer Co., Makers of our "Clean Clipper" Harness—none better.

CUTLERY AND SILVER WARE.

H. Baker & Co., Mfrs. of everything in Fine Cutlery for 20 years.

Harrington Cutlery Co., Make the Dexter Butcher Knife that keeps sharp.

International Silver Co., Mfrs. of Rogers 1874 Plated Ware—used 66 years.

Usher Knife Co., Their Pocket Knives recognized for quality 36 years.

GUNS AND SPORTING GOODS.

Coll's Patent Fire Arms Co., Makers of Coll's Revolvers that shoot 70 years.

Great Western Mfg. Co., Make Bicycles that wear.

Hawkins Mfg. Co., Their Line Ball Goods lead the market.

If you want Quality ask your dealer for above factory brands bearing the Double Guarantee Tags

When you buy your hardware insist upon the Best Brands made. Brands that carry the name of the manufacturer who is not afraid to give a Double Guarantee that Protects. Don't let your dealer show you a "just as good" article made by any manufacturer and sold under a private brand, but get what you pay for—Quality.

The Standard Factory Brands bearing the Double Guarantee Tag which protects the Dealer and You.