

# THE KITCHEN CABINET

**D**ON'T bark against the bad, but chant the beauties of the good. —Emerson.

The men who are lifting the world upward and onward are those who encourage more than they criticize. —Elizabeth Harrison.

## BREADS.

For those living in the country or small towns, where fresh compressed yeast cake is not obtainable, the following method of making bread will be found most satisfying. In fact it is used by many city households, who prefer it to any other:

Cook six medium-sized potatoes in water to cover; mash and strain the potato and water in which it was cooked over four tablespoonfuls of flour, four tablespoonfuls of sugar, a tablespoonful of salt. Steep a packed tablespoonful of hops in a cup of water; pour this water over the other ingredients, add a quart of water, and when the mixture is luke warm add a yeast cake that has been softened in a little water. The yeast is now ready for bread.

About two hours before the bread is needed, prepare the sponge, use a cup or cup and a half of the yeast mixture, adding more salt and some shortening, with flour enough to knead as soft as it can be handled. Knead ten minutes, make into loaves or buns and when light bake without further kneading.

This bread is so simple to make, so good in flavor and one can prepare it on short notice, that every housewife should keep some of the yeast on hand.

**Graham Bread.**—Take three cups of graham flour, two cups of sour milk, two teaspoonfuls of soda, two-thirds of a cup of dark brown sugar, a pinch of salt. Mix all together and bake one hour in a slow oven.

**Brown Bread.**—Three cups of graham flour, two of white flour and one of cornmeal, a half cup of sugar, a teaspoonful of soda, two teaspoonfuls of salt, two cups each of warmed sweet milk and two of water; add a compressed yeast cake, beat well, put in tins at night, cover air tight. Bake in the morning one hour. This makes two loaves.

**I**DREAMED the plowman told me: "Grow your bread And tend your fields alone; I plow no more." The weaver bade me spin the clothes I wore, Deserted so by all who warmed and fed And sheltered me, my heart was sad and sore, For seek what path I would, I heard the roar Of sullen flons; and the sky was lead. My eyes fell open, and I saw the sun, I heard a hundred hammers beat as one; The plowboy whistle and the bullock call; And then I knew my happiness—and then I felt my endless debt to other men And since that morning I have loved them all. —Sully Pruchonette.

## VEGETABLE FOODS.

In the spring, when cabbage has lost some of its crispness, cut off the stem and immerse in water and let stand several hours. Its crispness will repay the attention.

**Pea Soup.**—Take a cup of dried split peas, two and a third quarts of water, a pint of milk, a small piece of fat salt pork, three tablespoonfuls of butter, two tablespoonfuls of flour, one and a half teaspoonfuls of salt and a few dashes of pepper.

Wash the peas and soak over night. Simmer with the salt pork until tender, then rub through a sieve. Cook the flour with the butter, and add to the pea puree; season with onion juice, salt, pepper and stir in the milk.

**Tomato Jelly.**—Take two and a half cups of tomato, one slice of onion, a stalk of celery, a bay leaf, two cloves, half a teaspoonful of salt, a piece of red pepper pod, or a few drops of tabasco sauce, half a cup of mushrooms chopped, a tablespoonful of vinegar, half a box of gelatine and a half cup of cold water.

Cook together all the ingredients but the vinegar and gelatine for fifteen minutes, then add the vinegar and the gelatine softened in cold water. Strain and mold as desired. Serve as a garnish or as a salad with mayonnaise or boiled dressing.

**I**N THE development of flavor lies the secret of good cooking, and in the enjoyment of it the art of wholesome eating. —Henry T. Finch.

## FOREHANDEDNESS.

When company is expected or a dressmaking siege is about to be declared, and when one pair of hands has all the cooking to do, a little time preparing for the busy or full week will make things very much more comfortable for all concerned.

Prepare a good kettle of stock, and keep on hand for soups and sauces; a pot of beans will help out for several meals. They can be used in salad and soup also.

Prepare a beef loaf or a baked ham, or a boiled tongue. These are always easy to serve and well liked.

Bake a good big jar of cookies, a spice cake or a simple fruit cake which will keep.

Cook up a big dish of rice, which can be used in so many good dishes: croquettes, griddle cakes, muffins and desserts.

Cook a dish of dried prunes and peaches, to be used in puddings and as sauce with cake for dessert.

Bake the under crust for several pies and keep in a cool place, fill with any desired filling for a quick dessert.

Prepare a jar of salad dressing and a simple salad of lettuce may be quickly served.

Make out a week's menu as a guide, of course. They cannot be followed exactly, as there are always left-overs or other things to modify arrangements.

If the weather is too hot for soup stock to keep, have a few cans of good soup or broth on hand. They will be a wonderful help in time of need.

**Orange Sponge Cake.**—Beat the yolks of three eggs until light, add a little of a third of a cup of water and one and a half cups of powdered sugar; beat well and add the remainder of the water, the juice and a teaspoonful of grated rind of an orange and a cupful of flour. Add the beaten whites of the eggs and a half cup of flour sifted with two teaspoonfuls of baking powder. Bake in a moderate oven.

**I**N THE school of experience everybody pays his own tuition, and nobody ever graduates. —Judge.

God will not make himself manifest to cowards. —Emerson.

## WAYS OF PREPARING FISH.

Fish is usually so well liked and in most places cheap and plentiful, that different ways of serving it will be welcome.

**Boiled Fish in Court Bouillon.**—Mince one onion, one stalk of celery, three sprigs of parsley, and fry in a little butter; add two teaspoonfuls of salt, six peppercorns, a bay leaf, three cloves, two quarts of boiling water and a pint of vinegar. Boil fifteen minutes and keep to boil fish in. Rub the fish with salt and lemon juice, tie in a thin piece of muslin and boil until the fish falls from the bones.

According to good authorities, fish loses from ten to fifty per cent of its weight in their preparation for cooking. They should in all cases be killed immediately upon catching, both for humane reasons and for their food value.

**Fish Hash.**—Melt a tablespoonful of butter in a saucepan, add a cup of milk and two cups of any kind of cooked fresh fish, freed from bones and skin and picked into small pieces. Season to taste, simmer five minutes, and serve on slices of dipped toast. Any fish sauce left over from a previous meal may be used in place of the milk in the hash.

**Baked Fish With Dressing.**—Bone or leave the bones in. It is not a difficult task to remove the bones, and it is much easier carved. Make a dressing, using bread crumbs and seasoning of salt, pepper, onion juice and lemon peel and nutmeg. Rub the fish well with salt, stuff not too full, sew up and lay pieces of breakfast bacon or salt pork over it and under it while baking.

*Nellie Maxwell.*

**Rabbit-Catching Scheme.** There is always something new under the sun. The latest scheme or invention to catch rabbits has just reached us and it occurred during the last snow near Siler City. A man of this township went hunting the day after the snow and coming to a piece of new ground found literally hundreds of tracks. There were dozens of brush piles in the field and the tracks, of course, all led to those piles. A bright idea was suggested to this hunter and he at once went home, secured a seining net and returned to the field ready for business. The long seine was placed around a pile and the rabbits shooed out, and by the time he had visited fifteen piles he had more rabbits than he could carry and then had to discontinue his wholesale efforts. —Siler City (N. C.) Grit.

**Pet Woodchuck Good "Ratter."** A pet woodchuck at the home of Johnnie Hughes of Cascade, Pa., catches mice and rats with the success and agility of a cat. It was its association with a cat that taught the chuck to become a "ratter." The eyes of the animal and its scent appear to be more acute than even a cat's. It will lie for half an hour at a rat hole and wait for the rat to appear. It is generally sure death to the rat when the chuck makes a dive.

## Braid, Ribbon and Small Flowers Mark Hats for Children's Wear



**T**WO excellent samples of the spring styles for misses are pictured here. Braids (of the lacy kind), ribbon and small flowers are the materials used. Shapes, both for misses and children, are much like those shown for grown people, but the composition of these hats so far as trimming and making is concerned are entirely different.

Fine platings of Val or other light laces are used with great success. In Fig. 1 a lace Tuscan braid is made up with platted Val lace and finished with a ribbon bow in a dull rose color. It is a very fine combination in just the right tones. This shape is always becoming and always fashionable.

Innumerable fancy bonnets grow daily more popular. No longer confined to small children, the miss and

the debutante cling to these childish modes as long as possible. There is no doubt they lend a hint of the springtime of life to any wearer whose face is youthful.

The example shown here is made of white hair braid with rosettes and ties of blue ribbon. The wreath of closest June roses across the front outlines the coronet, and the crown is a small soft tan. This is one of many shapes which the beautiful little "Wilhelmina" or Dutch bonnet brought in its train.

Bonnets for little girls are delightful miniatures in shape, of those designed for their mother. Like everything diminutive, they are quaint and pleasing from the mere fact that they are small.

JULIA BOTTOMLEY.

## HAS NUMEROUS GOOD POINTS

Walking Costume That Will Make Up Well in Many Kinds of Materials.

There are many materials well suited to this simple costume.

It has the skirt made with a narrow panel down the left side of front; three pieces of satin are inserted from the foot upwards; buttons and loops are also used for trimming.

The short coat is semi-fitting and has a tuck on each shoulder, kept in position by small buttons sewn



close together. The satin is used for the collar, pocket flaps and cuffs.

Hat of straw to match, trimmed with a ribbon bow and wings.

Materials required: 4 1/2 yards 46 inches wide, 3/4 yard satin 29 inches wide, 5 large and 20 small buttons, 4 yards silk or satin for lining coat.

## Cotton Corduroys.

Corduroys this summer will be very much in evidence.

So many women like the velvet finished corduroys that they will doubtless be glad to see the same weave introduced into the cotton fabrics.

The new spring cotton corduroys much resemble the velvet ones, though they have not, of course, the same brilliant finish. There is the same cordlike weave, however, and the cotton corduroys will doubtless prove as good for hard service as the other members of the corduroy family.

## WORK WONDERS WITH TUNIC

Garment Really Indispensable to the Woman Who Performs Most Practice Economy.

The woman of small means, whose social position obliges her to dress well on small income per annum, devises many schemes whereby she may give her limited wardrobe the appearance of great variety. Within the past few seasons her greatest aid in "putting up a bluff" has been the ubiquitous tunic. This style admits of so many delightful variations that the clever dresser does not fail to make the best of the advantages it offers.

For instance, if one is possessed of a well fitting white satin frock, one may vary the tunic worn over it, and a variety of effects may be obtained. It is certainly worth trying by the woman who has a limited number of frocks and many occasions on which she must wear them. Some little alteration or differences in the arrangement of shades worn with a frock gives an air of novelty and interest.

Some women are content to fish out the same frock and wear it continually with even the self-same spray of flowers pinned on. It does not seem to occur to them what an almost endless variety can be obtained by little changes here and there, with perhaps different ornaments and ways of dressing the hair. No woman should scorn such details, and in her desire to look her best she may easily get into the habit of critically examining herself and her clothes.

To go back to the subject of tunics and the wonderful ingenuity which is exercised in them, that they have a great effect in altering the shape and appearance of the figure is a fact most of us have realized. A tall, slim figure can, of course, stand practically any arrangement of this overdress, but the short woman in this, as in many other details of her toilet, has to be most careful that no hard line, which may detract in any way from her weight, or any undue fullness, should be worn. All lines should sweep downward or slope sideways, always keeping in view the wish to add length and take away any suspicion of width in the figure.

## Concerning the Collar.

A great difference is noticeable in the collars of the moment. When they are worn low they are turned well away from the throat, with a deep fish-like collar of softest muslin and lace or a sailor collar of Oriental embroidered linen.

The medium collar band has no vogue. Contrarily, the very high collar, perfectly shaped and boned, of soft and filmy material, is considered exceedingly smart, and figures on most of the smart afternoon gowns.

## To Mend Hole in Sweater.

To mend a hole in a sweater, use yarn as for darning, start at the top and chain stitch down the length of the hole with a darning needle, catching each loop securely. You will have a neat piece of work and no one will notice where the hole has been.

## Shaded Feathers.

Shaded feathers are to be much worn this season. A color combination apparently in high favor is red and dark, bright cerise.

## HIS SERMON IN A NUTSHELL

Comprehensive and Succinct Report of What Was Said in the Funeral Oration.

A popular Irishman, beloved for many a mile around his home town, died suddenly. He belonged to several organizations, and the A. O. H. of Bloomville decided to send a representative to his funeral.

The church was packed and the clergyman most sympathetic. In expressing his certainty of immortality he went in for simile.

"We will say," he observed for illustration, "that here is a beautiful watch. The case is good and is studded with diamonds. It looks like the valuable part of the watch, but you can remove the works and they will keep."

The delegate returned to his home on tugging.

town and was sounded on the topic of the funeral sermon.

"Well," he reported, "the father said that Pat was no Waterbury."

## Evidence Put in Too Late.

A prisoner was being tried in an English court for murder; evidence against him purely circumstantial; part of it a hat found near the scene of the crime—an ordinary round, black hat, but sworn to as the prisoner's. Counsel for the defense, of course, made much of the commonness of the hat. "You, gentlemen, no doubt each of you possess such a hat, of the most ordinary make and shape. Beware how you condemn a fellow-creature to a shameful death on such a piece of evidence," and so on. So the man was acquitted. Just as he was leaving the dock, with the most touching humility and simplicity, he said: "If you please, my lord, may I 'ave my 'at'?"

## Cause of the Row.

"Mrs. Brown had a dreadful quarrel with her husband last night?"

"That so?"

"Yes. She bid eight on a hand that was good for ten, not thinking Mr. Brown would overbid her, but he did. It almost broke up the party."

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