

# Helen of Troy Head-Dress



Photograph by Underwood & Underwood, N. Y.

A FAMOUS Parisian coiffeur artist is the author of this head-dress, which, by the way, will be worn by several of the beauties in a forthcoming American production. The band is of green velvet with

a long, dull gold fringe. It is very effective where the wearer is possessed of classic features. According to fashion reports, it will be very popular this winter, though not suitable to all.

## FOR SMALL GIRL



This pretty dress is made up in Shantung in a light shade of blue. The full bodice has a little square yoke embroidered with shades of brown, green or blue silk, the waistband and cuffs being embroidered to match.

The full gathered skirt has two tucks made above the hem; it is sewn to the same band as bodice, and both fasten at back.

Material required. Three yards thirty-four inches wide.

### Effective Dress.

A simple but effective dress worn recently by a young girl is a broad striped blue and white cotton, made with a tunic bound with blue, a narrow belt embroidered with currant-tinted chenille, a full bodice, pretty well hidden by an old-fashioned embroidered white muslin collar, covering the shoulders, and made in front with platted ends of the same embroidered muslin, the white hat having an upstanding crown, white and blue tulips set up against it.

Blue foulards with large lozenge spots find a great deal of favor for girls at garden parties, made with the deep sailor collar of the same, bound with soft blue silk.

### Matting Rugs.

When purchasing matting get several yards extra, with which to make summer rugs. You can cut this extra piece into desired lengths and finish them neatly on the edges by pulling out the straws to the depth of several inches and tying up the threads.

These rugs protect the floor covering quite as well as heavier ones and have the advantage of being without fuzz and easily cleaned.

### Motor Bonnets.

New motor bonnets are made up entirely of wide and narrow platted frills. These are put on a thin gauze foundation which is stiffened with wire. The frills are often made of black and white ribbon and held in place around the middle of the bonnet by a two-inch band of black velvet. Green is a favorite color for summer and stone gray has proved a serviceable one.

## RIBBONS MAY BE WASHED

And, as Most Mothers Will Agree, There is Considerable Economy in the Plan.

When there are several schoolgirl daughters in the family the expenditure on hair ribbons becomes quite a considerable item. Fastidious mothers who declare that ribbons never look well when washed should try the following method:

Make a mixture of three ounces of soft soap, three tablespoonful of honey, to a teaspoonful of gin and water.

The ribbon is placed on a board and scrubbed with the mixture. It is then rinsed by dipping several times in clean, cold water, and not squeezed out, but hung over a line to drip, then put between cloths and ironed by drawing the ribbons from under the iron. This prevents creasing and a stringy appearance at finish. The iron should be kept still with pressure upon it.

White ribbons will not turn yellow when washed if the water is warm instead of hot, and the soap used a fine white quality. Rinse in three waters, the last being a strong blue.

Hang in the sun until half dry, then press under clean muslin with a warm iron.

## GOOD TO LEAVE HAIR ALONE

Rarely Does It Pay to Seek to Improve on What Nature Has Ordained.

After all, I would advise no one to change the color of the hair, though it be as black as Erebus. Nature gives each face the framework most suitable to it. She never needs correction on that point.

Why not dress the hair to suit the face, no matter what is the prevailing fashion?

Hair should be allowed to grow gray naturally. All dyes destroy the beauty and color of the hair. Let us gracefully accept the snowy locks of age. They harmonize with the face which has been changed by time and sorrow. Many faces are softened and beautified by white hair. It is more graceful and dignified not to attempt to repair the ravages of time.—Exchange.

### Street Dresses Featured.

Dresses of blue serge can practically be considered staple merchandise, as they are usually in good demand for general wear, says the Drygood Economist. This season they will be especially favored and are being featured with bright-colored trimmings and white. The blue and white combination has been particularly popular in Paris, and manufacturers who have several models showing the white or blue and white trimmings anticipate they will take well with the trade judging from the orders already placed.

### The Frill Jabot.

One of the latest novelties from Paris is the frill jabot of platted muslin, in which a platted piece of material about twelve inches long is caught together in the center with a strip of muslin and pinned at the front of the lace collar, forming a semi-circle or spreading fan-shaped jabot. Another new jabot which is very similar has the lower edges graduated by being cut obliquely. This is made of marquisette with insertions and edgings of valenciennes or cluny lace between which a hint of color is introduced.

# THE KITCHEN CABINET



SOME say that we should Eat to Live. And some say Live to eat. But look at it which ever way. 'Tis true, to live, we eat.

## WAYS OF SERVING LIVER.

To many this plebeian dish will not appeal, but we can only feel sympathy for those who miss the good things that may be served alone and in combination with liver.

For minced liver simmer the meat in water for twenty-five minutes. Then drain and chop finely. Add two onions chopped and pepper and salt. Return to the saucepan and cover with cold water and cook twenty minutes; then add enough bread crumbs to make it thick. Make a border of mashed potatoes around a platter and pour the minced liver in the center.

Liver with bacon is the most common way of serving liver. Parboil the slices of liver, drain and roll in flour. Have a few slices of bacon fried until crisp; remove them and add an onion, cook until yellow, then remove and add the liver. Brown well on both sides, and when well cooked place on the platter and garnish with the bacon and rings of fried onion.

Bacon and small pieces of liver placed alternately on skewers, then baked in the oven is another dainty way of serving liver.

Roasted Liver.—Cut little slits in a fresh calf's liver and put into these slits small pieces of fat salt pork cut into strips. If you have, and can use, a larding needle, this may be done very neatly. Allow the liver to lie in the following mixture for an hour: The juice of one lemon, one tablespoonful of olive oil, a slice of onion, two tablespoonfuls of vinegar, three cloves, a half a bay leaf and salt and pepper. Turn frequently while soaking. Drain and wrap in buttered paper and roast for an hour and a half, longer if the liver weighs very much. When nearly done remove the paper, dredge with flour and brown, basting with a little butter. Serve with a tomato sauce.

Liver in Casserole.—Lard the liver and lay it on a bed of sliced vegetables. A few stalks of celery, a small turnip, one carrot, an onion and bits of salt pork. Add two cups of stock or boiling water, two cloves, a sprig of parsley and a fourth of a bay leaf. Cover and cook until the vegetables are tender. Serve from the dish. A little flour may be added for thickening, if desired.

Deny us for our good; so find profit, By losing your prayers. —Shakespeare.

## SUGGESTIONS FOR HOUSEWIVES.

When cane seats in the chairs sag, turn them upside down and scrub with hot soap-suds, then rinse in hot water. When dry they will be drawn tight again.

Insist upon getting sixty pounds of potatoes to a bushel, exclusive of the basket.

Use the small-sized clothes pins; they stay on better than the large ones.

Old oil cloth is useful for mats and pads to save the table. Cut in squares and use it under hot dishes.

Old paint stains may be removed from cloth by rubbing first with olive oil and then with chloroform.

Add sugar to fruit when half cooked, and save in the amount of sugar used.

A crochet hook is a good article to keep in the bathroom to draw out lint, hairs, etc., from the paste pipes which stop the flow of water.

A little powdered pumice will remove stains from under the finger nails. Apply it with an orange stick.

To keep corns from troubling turn them often with a fine piece of sand paper.

To clean and renew the shine of leather, dust well, then rub with a mixture of three parts benzine and one of sweet oil.

Dip a sperm candle in the hot starch just before taking off the stove, or add a piece of paraffin as large as a pea. It keeps the starch from sticking.

A shoe case to hold half a dozen pairs of shoes and slippers is almost an indispensable addition to the inside of the closet door. The shoes are always in pairs and can be found in the dark.

As a perspiration deodorant soda is excellent. It is used dusted on like powder.

To prevent the sink pipe from clogging, use plenty of washing soda in hot water once a week.



THE presence of a large amount of cellulose in food enables us often to satisfy the appetite without injury from over-eating.

## WHEN MARKETING.

Remember that fresh fish have eyes bright, not glazed and sunken. The flesh is firm, the odor good.

Look to see that your milk bottles hold the standard measure. They are usually a quarter of a cup short on a quart. This amounts to a good deal in the course of a year's bills.

Does your baker carry bread uncovered through the street and handle it with uncovered hands? Or do you have it wrapped in paper? Pay a cent more and have clean bread.

Never buy cheap cotton toweling for dish towels. Linen keeps white, wears better, absorbs the water and are all-round better towels.

Have a pair of scales, good reliable ones, in the kitchen, and keep a strict watch on the weights. A good merchant respects such a careful buyer and will see that she is fairly treated.

Suggestions for Housekeepers. When fruit juice refuses to jell, add a tablespoonful or two of vinegar to the juice. When fruit is high, save the peelings and cores and many an extra glass of good jelly may be added to the store.

An easy way to fill preserve jars is to use a gravy boat. The handle makes it easy to dip and the spout is just right to enter the top of the jar. If fat or milk is spilled on a soft pine floor, or in fact on any floor, pour cold water on it at once and the fat will harden and save sinking into the floor and making a spot.

Before using the casserole, put it into a pan of cold water and bring the water slowly to the boiling point. This tempers the dish and makes it bear strong heat without cracking. Boil about five minutes.

Never let dish water dry in the towels; rinse first in cold water, then wash them in hot soap suds and rinse again, and dry. Towels cared for in this way will never get gray.

Keep a cork on the letter file or spindle on your desk. It may save an eye or two.

W E, ignorant of ourselves, Beg often our own harms, which the wise powers Deny us for our good; so find profit, By losing your prayers. —Shakespeare.

W E, ignorant of ourselves, Beg often our own harms, which the wise powers Deny us for our good; so find profit, By losing your prayers. —Shakespeare.

W E, ignorant of ourselves, Beg often our own harms, which the wise powers Deny us for our good; so find profit, By losing your prayers. —Shakespeare.

W E, ignorant of ourselves, Beg often our own harms, which the wise powers Deny us for our good; so find profit, By losing your prayers. —Shakespeare.

W E, ignorant of ourselves, Beg often our own harms, which the wise powers Deny us for our good; so find profit, By losing your prayers. —Shakespeare.

W E, ignorant of ourselves, Beg often our own harms, which the wise powers Deny us for our good; so find profit, By losing your prayers. —Shakespeare.

W E, ignorant of ourselves, Beg often our own harms, which the wise powers Deny us for our good; so find profit, By losing your prayers. —Shakespeare.

W E, ignorant of ourselves, Beg often our own harms, which the wise powers Deny us for our good; so find profit, By losing your prayers. —Shakespeare.

W E, ignorant of ourselves, Beg often our own harms, which the wise powers Deny us for our good; so find profit, By losing your prayers. —Shakespeare.

W E, ignorant of ourselves, Beg often our own harms, which the wise powers Deny us for our good; so find profit, By losing your prayers. —Shakespeare.

W E, ignorant of ourselves, Beg often our own harms, which the wise powers Deny us for our good; so find profit, By losing your prayers. —Shakespeare.

W E, ignorant of ourselves, Beg often our own harms, which the wise powers Deny us for our good; so find profit, By losing your prayers. —Shakespeare.

W E, ignorant of ourselves, Beg often our own harms, which the wise powers Deny us for our good; so find profit, By losing your prayers. —Shakespeare.

W E, ignorant of ourselves, Beg often our own harms, which the wise powers Deny us for our good; so find profit, By losing your prayers. —Shakespeare.

W E, ignorant of ourselves, Beg often our own harms, which the wise powers Deny us for our good; so find profit, By losing your prayers. —Shakespeare.

W E, ignorant of ourselves, Beg often our own harms, which the wise powers Deny us for our good; so find profit, By losing your prayers. —Shakespeare.

W E, ignorant of ourselves, Beg often our own harms, which the wise powers Deny us for our good; so find profit, By losing your prayers. —Shakespeare.

USE THE BEST **FAULTLESS STARCH** FOR LAUNDRY WORK FOR SHIRTS COLLARS CUFFS AND FINE LINEN



**COLT DISTEMPER**  
Can be handled very easily. The sties are cured, and all others in same stable, no matter how long they have been suffering from the disease, by using this Colt Distemper. It is a powerful and reliable remedy for all forms of distemper, and is especially adapted for horses of all ages. One bottle guaranteed to cure one case. No and it a bottle to cure two doses of druggists and barbers, or send no price paid by post order. Colt Distemper is available in all drug stores. Local agents wanted. Largest selling house, ready in all sections—write for terms.

## GREAT TRUTH IN EPIGRAM

Few Words of the Late Edwin A. Abbey Contain a Whole Sermon to Misers.

"The late Edwin A. Abbey, the American painter who lived in London, was only comfortably off, where as he might have been rich."

"The speaker, a Chicago art dealer, had just returned from Europe. He continued:

"I dined one evening with Abbey in his house in Chelsea, and after dinner we walked in the blue twilight on the Chelsea embankment.

"As we passed Old Swan House and Clock House, and the other superb residences that front the river, I reproached Abbey for his extravagance.

"Why," I said, pointing toward Clock House, "if you had saved your money, you might be living in a palace like that today."

"But Abbey, with a laugh, rather got the better of me. He rattled off this epigram—and it's an epigram I'll always remember when I'm tempted to be parsimonious:

"Some folks," he said, "are so busy putting something by for a rainy day that they get little or no good out of pleasant weather."

Qualified Player. Marlon's mother was ill, and the aunt who took her place at the head of the household piled the children with unaccustomed and sometimes disliked articles of diet. One day, after being compelled to eat onions, Marlon refused to say grace.

"Then you must sit at the table until you are ready to say it!" was the aunt's stern judgment. An hour or so later, when the brilliant sunshine and impatient calls of her comrades together comprised an irresistible appeal, Marlon capitulated—thus:

"Oh, Lord, make me thankful for having had to eat horrid old onions, if you can do it. But I know you can't."

A Trifle Withered. In his native tongue no one could have made more graceful speeches than Monsieur Blanc, but when he essayed compliments in English he was not quite so successful.

"Have I changed in the five years since we met in Paris?" asked the elderly woman who desired above all things to be thought younger, much younger, than she was.

"Madame," said the courtier, his hand on his heart, "you look like a rose of 20 years!"—Youth's Companion.

Friendship is the flower of a moment, and the fruit of time.—Kotzebue.

It doesn't require a skillful driver to drive some men to drink.

A HIT What She Gained by Trying Again.

A failure at first makes us esteem final success.

A family in Minnesota that now enjoys Postum would never have known how good it is if the mother had been discouraged by the failure of her first attempt to prepare it. Her son tells the story:

"We had never used Postum till last spring when father brought home a package one evening just to try it. We had heard from our neighbors, and in fact every one who used it, how well they liked it.

"Well, the next morning Mother brewed it about five minutes, just as she had been in the habit of doing with coffee without paying special attention to the directions printed on the package. It looked weak and didn't have a very promising color, but nevertheless father raised his cup with an air of expectancy. It certainly did give him a great surprise, but I'm afraid it wasn't a very pleasant one, for he put down his cup with a look of disgust.

Mother wasn't discouraged though, and next morning gave it another trial, letting it stand on the stove till boiling began and then letting it boil for fifteen or twenty minutes, and this time we were all so pleased with it that we have used it ever since.

"Father was a confirmed dyspeptic and a cup of coffee was to him like poison. So he never drinks it any more, but drinks Postum regularly. He isn't troubled with dyspepsia now and is actually growing fat, and I'm sure Postum is the cause of it. All the children are allowed to drink it and they are perfect pictures of health." Name given by Postum Co., Battle Creek, Mich.

Read the little book, "The Road to Wellville," in pkgs. "There's a reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

## CONTAGIOUS.



Gayboze—When my wife saw the condition I was in when I got home from the club last night it just staggered her!

Martin—I'm not surprised. You know you drank enough for two, old man!

Important to Mothers Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *W. C. Little* in Use For Over 30 Years. Children Cry for Fletcher's Castoria

In Seclusion. "Is your mistress at home?" "Are you the manure lady?" "No, indeed!" "Then she ain't at home, mum."

Stop the Pain. The hurt of a burn or a cut stops when Cole's Carbolic is applied. It heals quickly and prevents scars. See and see by druggists. For free sample write to J. W. Cole & Co., Black River Falls, Wis.

Such a platitude of a world, in which all working horses can be well fed, and innumerable working men die starved.

BEAUTIFUL POST CARDS FREE Send 5 stamps for five samples of my very choice Gold Embossed Birthday, Flower and Motif Post Cards; beautiful colors and loveliest designs. Art Post Card Club, 731 Jackson St., Topeka, Kansas

My friend is dear, but my enemy is also useful; the friend shows me what I can do, the enemy shows me what I ought to do.—Schiller.

Do you ever have Headache, Toothache, or Earache? Most people do. Hamlin's Wizard Oil is the best household remedy and liniment for these everyday troubles.

Blessed are the happiness-makers. Blessed are they who know how to shine on one's gloom with their cheer. —Henry Ward Beecher.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, &c. A bottle

A mule seldom kicks without cause, but a man is different.

Many who used to smoke 10c cigars now buy Lewis' Single Binder straight 5c.

Words are sometimes the result of thought, but too often they are not.

## The Army of Constipation

Is Growing Smaller Every Day. CARTER'S LITTLE LIVER PILLS are responsible—they not only give relief

—they permanently cure Constipation. Millions use them for

Biliousness, Indigestion, Sick Headache, Sallow Skin. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature

*W. D. Wood*

**CAREY ACT** land and water rights. Open to entry on Big Wood River Project in Southern Idaho. 6400 ac. sections in annual installments. Ample water supply guaranteed. IRRIGATED FRUIT AND FLOWER FARM AT A SACRIFICE. Show place of Rio Grande Delta. No snow or ice. Large house, stock tools, etc. Everything goes. Ready now. BOX 14, BOZEMAN, MONT.

## Nebraska Directory

THE ANTI-LAND NEBRASKA FLOUR MILL FOR SALE Write N. Z. SNELL, Lincoln, Nebraska

TYPEWRITERS ALL MAKES Largest stock, lowest prices. Remingtons \$12, Smith Primers \$16, Chicago \$2, Underwood \$16, L. C. Smith \$6, Monarch \$6, Hammond \$16, Fox \$16. Full Guarantee. Send for Catalog A. B. F. SWANSON CO., 116 Farnam St., Omaha, Neb.

## A HIGH CLASS BUSINESS SCHOOL

with seven years' experience back of it. It has been built by the reputation. Address Dept. A, PURYEAR COMMERCIAL COLLEGE, 746-748 W. Broadway, Council Bluffs, Ia.