

The old saying that there is no loss without some gain is borne out by the change which has been wrought in the country's shipping. There has been much lament over the decadence of the famous Yankee seamanship, but after the passing of the clipper and whaling fleets at last has come to the high seas a new breed of Americans who are the equals if not the superiors of the old. The mechanical genius of the nation has sent many young men to the steamships or the navy and the merchant marine, says the Cleveland Leader. Ninety per cent. of the sailor-mechanics of the United States navy are American born. Twenty years ago, the proportion of Americans on merchant vessels was only about 30 per cent. In 1910 the proportion was 49 per cent., the natives heavily predominating over the naturalized. The showing for this year will be even better, as the movement of Americans to the sea has been steadily increasing for several years. In many ways the mariners of the new school are better than the old shellbacks that heaved at the cap'tain bar and lay out on the end of the yardarm. The demands of steam and electrical machinery require a different kind of skill and more intelligence. The constant advance of mechanics and electrical science makes it necessary for them to keep mentally fresh and alert. They know more and are more progressive than the old-time sailor and in their habits they are cleaner.

A strong movement is to be started in England to limit the reading of trashy novels, which are perverting the emotions and lowering the thought of the youth. Some of the most influential men in England have joined the movement. As a general thing, parents do not realize the harm the indiscriminate reading of novels is doing their children. The constant reading of novels, even of good ones, weakens the mind. It has about the same effect on the mind that lounging in a hammock or floating down stream has on the muscles. The mind, to appreciate truth, has to deal with truth, and encounter and overcome obstacles that are in its way. Lacking this exercise it grows weak and flabby. The parent might as well, from the very start, give up his child, so far as worth and noble destiny in this world is concerned, who is a constant reader of novels.

A variation of the Enoch Arden story comes from a New York town, where a man who had deserted his wife had the uncomfortable experience of having her unexpectedly walk in on him and have him arrested. If this variation could only replace the original practice, it would be much better for the community in general and have the effect of reducing the number of these wanderers from their own firesides, who have formed a distinct class of public nuisances.

A Michigan lawyer has found a new way to break a will. One of his clients spoke his will into the trumpet of a phonograph and had the record put away. His lawyer, by dropping the record, smashed it into a thousand pieces. It seems to be impossible to make a will that some lawyer can't break, somehow.

Blind psychic impulse leads beautiful women to the selection of ugly men, according to a Canadian observer, who adds that it not infrequently leads to a fat bank account. Blind? no; psychic? relatively; impulse? hardly.

David Starr Jordan would abolish college baseball because of the "scientific muckerism" in joshing the players. In professional baseball the muckerism is far more scientific but less classical.

The Krupp have a monopoly in a projectile which will hit a balloon. It is likely that two or three men will have a monopoly in being in the balloon.

The Wisconsin boys who save themselves labor by having a phonograph call the cows out of the pasture are perfectly willing to rely upon human lungs for the dinner announcement.

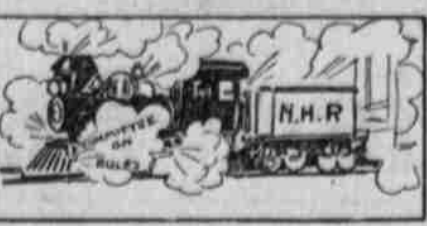
People who have nothing else of importance to do are arguing the question, "Does the robin sing or does he merely chirp?" It is almost as exciting as playing chess.

"All the epidemic and local diseases thrive upon the family cat," asserts an authority. This may explain why the animal is endowed with nine lives.

A rope manufacturer has just been made a director in a cigar company. Almost anybody could say something about the fitness of things here.

WASHINGTON GOSSIP

SPEAKER NO LONGER IS RULER



WASHINGTON.—As steam is to the engine, so is the committee on rules to the national house of representatives. True, the speaker has been thrown off the committee and no longer has actual control of it; nevertheless the committee retains what the speaker has lost. Joseph G. Cannon dominated the rules committee of the Sixty-first congress and through it the house, where the majority followed the committee with supine docility. A body designed to invent instruments by which the formal rules of the house may be temporarily and deftly broken, yet broken without ceding a particle of advantage to the minority, the rules committee, is the most interesting of the house committee groups. The great ways and means committee, in its dual function as tariff-bill framer and as committee on commit-

tees, prepares the political pathway for the house majority on which it must travel to victory or defeat. The mighty appropriations committee, acting as a board of directors of the government bank and as the regulator of public expenditures, does a non-partisan and truly patriotic service to the entire government. But the rules committee, which ranks equally with the two named before—carrying out the figure of the house as a locomotive—must in itself generate the power that thrills the whole machine with life and motion and enables it to travel safely along the legislative highway.

The engineer of this locomotive committee is Representative Robert Lee Henry of Texas. His is the hand that must close on the levers at the right time, and his is the hand that must sound the warning whistle and apply the brakes and take the upgrades on the high speed and the down-grades conservatively and with caution. Being responsible for the locomotive's progress, he is accordingly responsible for the entire train of committee cars behind him, and piloting them and their precious cargo to a safe destination is his huge work.

SHOWS HOW LAZY A CLERK CAN BE

THE lazy government clerk has so long been a standard type in current fiction that his fellow, the lazy bureau chief, is often utterly neglected. Of course, the bureau chief is fewer and farther between than the clerk, and his laziness is thereby not quite so apparent.

It was a pleasant spring afternoon in a nameless government office. The town clocks were striking three. The sunshine lay warm and brilliant across old rugs, and glancing from the handsome finish of dull mahogany desks. A caller entered the anteroom to a certain bureau chief's den. "Is Mr. K—?" he began.

The clerk was busy at the telephone, and waved a hospitable hand toward a row of empty chairs.

"Just a minute," he said, and then turned again to the telephone. The visitor tried not to overhear, but nevertheless got something like this: "What did Murphy say to that? . . . O, come now. . . . You did? . . . Get out. . . . Not so you'll notice it. The reason was I felt tired and went out for a walk with Murphy. . . . He ought to have it painted on his shirt front. . . . Well, what do you suppose I called you up for—to tell



me things like that? . . . I'll tell you tonight."

All of which was so obviously not government business that the caller inwardly wondered at the boldness of the clerk—and that of the girl at the other end of the wire. For minutes were passing, "Murphy" figured again; also some unexplained incident of a shirt bosom and a drug store. The caller blushed, and he read the old mail he kept in his pocket for just such occasions. More minutes passed.

"Goodby. . . . What can I do for you, sir?" said the clerk in an apologetic, business-like tone. "I should like to see Mr. K—, please."

"The clerk smiled. "He's gone for the day." Whence the clerk's leisure. Like master, like man—in Washington, D. C., at least.

ERA OF "SHERLOCKING" AT CAPITAL



EVERYTHING IN THIS PLACE NEEDS INVESTIGATING

THE era of investigation has begun in Washington and soon will affect every corner of the United States. It is impossible to walk around Washington without running across a Sherlock Holmes. There is no branch of the government too inconspicuous to escape attention. The Democrat microscope is being cleaned for use in matters ranging from the action of the president in mobilizing United States troops on the border of Mexico to the sanitary conditions in the public buildings.

The various committees cannot get actively at work in this direction until December, when the estimates for expenses will be submitted by the president, and this affords an opportunity for the resurrection of a number of committees. The investigations these committees will conduct are as follows:

- Expenditures in the department of agriculture.
 - Expenditures in the department of commerce and labor.
 - Expenditures in the interior department.
 - Expenditures in the department of justice.
 - Expenditures in the postoffice department.
 - Expenditures in the state department.
 - Expenditures in the treasury department.
 - Expenditures in the war department.
- It is the purpose of some of these committees to ask for additional power, which will enable them to extend their investigations beyond the expenditures. In addition, the Democrats desire to investigate the administration pure food law and the operation of the bureau of education.
- The railway mail service may be examined, with a view to establishing under what conditions the men work. The postoffice department will be delved into by the postoffice committee, and the Democrats and progressives anticipate some golden campaign finds in that department.

TWO STORIES ON REPUBLICAN LEADER

TWO stories on Jim Mann, Republican leader in the house, have developed recently, and the worst of it is they are both on the Chicagoan. A newspaper man who likes the birds and flowers and knows all about them was walking down town from his home early one morning the other day. He stopped at Iowa circle to look at the crocuses and the forget-me-nots that were poking their heads through the flower plots. He saw another man similarly engaged, except that the other man was more curious and was poking around in the black loam with his walking stick. The newspaper man recognized Mr. Mann.

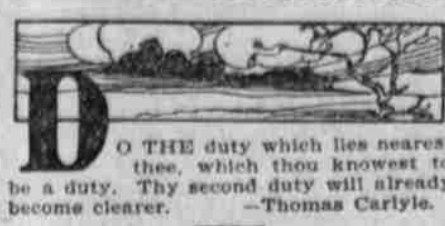


come secretive and has little to say to the correspondents. The newspaper man nodded him at the door. "Nothing doing, boys," said Mann, and he placed the tip of his finger to his lips.

At that precise instant a flock of visiting school girls and their teachers loomed into view from behind a bush abutting the path to the executive offices. The girls saw a dignified looking gentleman with a white beard looking directly at them and apparently throwing a kiss. They giggled, they blushed and they retreated.

"The old villain," muttered the bespectacled teacher. "He wasn't bad looking, was he?" murmured one of the tenderest of the chickens.

THE KITCHEN CABINET



DO THE duty which lies nearest thee, which thou knowest to be a duty. Thy second duty will already become clearer. —Thomas Carlyle.

STRAWBERRIES.
Doubtless God could have made a better berry, but doubtless God never did.

The strawberry season will soon be at hand, and as there is no berry that is superior to the queen of all berries, a few recipes and ideas on canning may be acceptable.

First of all, there is no way of serving the fruit more attractively than fresh from the vines, garnished with its own leaves.

When we can strawberries, a fruit that is difficult to keep a good color, buy the berry that is a rich red all the way through and use this method, which, though not new, may not be well known:

If you have berries from your own garden, the conditions may be ideal. If picked at night, before the dew falls, they may be put in an airy, cool place until morning. Hull them without washing, if possible, as a little moisture on the berries spoils the firmness and flavor. If they must be washed, do it quickly, and put the fresh berries at once into the cans, with one handling. When all the cans are full, make a rich sirup, as rich as liked, and pour boiling hot over the berries. Put on the rubbers and seal tight. Have a large clothes boiler half full of boiling water, set the jars on a long-handled skimmer and plunge into the boiling water. See that the cans are covered to a depth of four inches. Put on the boiler cover and throw several thicknesses of carpet over the boiler. Let the fruit stand for twenty-four hours or longer. Take out of the water and store in a cool dark place. Such fruit will be fine flavored and beautiful in color.

Try all fruit canning this way and see if the work is not much pleasanter. The cans may be filled in a cool place under the trees or out on the porch, and with the hot sirup ready, the boiler of water prepared, fruit canning need not spoil the complexion.

In all fruit canning, see that the jars have been well sterilized by putting them with the covers into cold water and bringing slowly to the boiling point. Then see that the rubbers are new and the jars air tight.



HERBACEOUS treat "Would tempt the dying anchorite to eat. Back to the world he'd tempt his fleeting soul. And plunge his finger in the salad bowl. Serenely full, the epicure would say, Fate cannot harm me. I have dined today." —Sidney Smith.

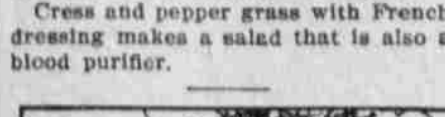
ABOUT GREEN VEGETABLES.
Green vegetables form the ideal salad. Salad is a term that belongs especially to a class of uncooked vegetables, although now it has become so mixed that almost any combination has that name.

Creamed Celery Served in an Edam Cheese Shell.—Cook the celery until tender, then mix with a rich cream sauce; put into the cheese shell, sprinkle with grated cheese and bread crumbs and bake.

Stuffed Cabbage.—Cut off the top of a cabbage, remove the center and cook in a muslin cloth, to keep it from breaking. In boiling water until tender. Make a stuffing of bread crumbs and butter and seasonings and fill the shell. Cover and bake. Serve with a white sauce.

Fricassee of Parsnips.—Wash, scrape and boil until tender several parsnips. Cut in small pieces and add to a half cup each of white stock and rich milk or thin cream, a blade of mace, one tablespoonful of butter and salt and pepper to season. Simmer a few minutes, add a tablespoonful each of flour and butter together. Boil and serve.

Spanish Salad.—Cut into dice three slices of rye bread. Add an equal quantity of diced cold boiled potatoes, three tomatoes sliced and one onion chopped fine. Rub the salad bowl with the cut side of a clove of garlic and pour over plenty of French dressing. Make the dressing by using three tablespoonfuls of oil to one of vinegar, a dash of salt and pepper. Dress and pepper grass with French dressing makes a salad that is also a blood purifier.



NED Isaac brought forth the milk of the goat, cool with the mountain, and said to Abraham, "eat and drink, for the sun is hot, that thou mayest be cool."

THE GREEN VEGETABLES.
The green or succulent vegetables include many parts of plants, as shoots, leaves, stalks, stems and roots. Vegetables are not only valuable as food, but for the water and mineral matters which they contain and the

flavor and variety which they give to our diet. Many of our vegetables contain materials suited physiologically to our needs. Better far take iron from the vegetable direct than from a bottle. If "it runs in our family not to like vegetables," it follows that we are continually taking drugs to bring about the necessary conditions which may usually be produced by a judicious and regular diet of vegetables.

It is a noticeable fact that people who suffer from neuralgia and kindred ailments, usually are limited in their vegetable diet and are over fond of sweets.

The object of cooking vegetables is to soften the fiber and so render them easier of digestion. It is not a simple thing to serve vegetables in a palatable and tasty way. It is necessary to study the food values of different vegetables so that we may more intelligently feed our families.

Carrots, parsnips, beets and salsify are roots rich in sugar. Turnips are less so, and beets, when old, are apt to be fibrous, and thus indigestible.

Spinach should be cooked without water, after washing carefully. The water that clings to the leaves will be sufficient. When putting it into a hot kettle, stir until it is wilted, then toss often to keep it from sticking to the kettle. Chop fine and season. Serve with hard cooked eggs cut in eighths.

Green vegetables in combination with milk make acceptable soups. Such soups are highly nutritious for children. Those to be recommended are potato, cream of pea and corn soups.

In serving cucumbers, many cooks think they are more palatable if soaked for a while in salt water. As a matter of fact, the crispness and delicacy of the vegetable are entirely destroyed by that process.



THE inner side of every cloud is bright and abiding. I, therefore turn my clouds about, and always wear them inside out. To show the silver lining.

MORE ABOUT STRAWBERRIES.
Early in the season when strawberries are expensive, they may be used as a garnish for dishes or in small quantities.

For a change, try:
Strawberry Custard.—Separate four eggs, putting the yolks with a pint of milk and four tablespoonfuls of sugar into a double boiler. Mix the yolks with the sugar before adding to the milk. Stir until thick and smooth. Place a pint of fresh strawberries in a pretty dish, pour around them the custard and add the stiffly beaten whites, which have been sweetened with four tablespoonfuls of powdered sugar. Set in the oven to brown and serve cold.

When making strawberry shortcake roll out the cake rather thin and butter generously, then lay on another cake. When baked they will split without being soggy.

Strawberries in Snow.—Pour one cupful of cold water and one cup of sugar over half a package of gelatine. When soft, add one cupful of boiling water and the juice of two lemons, then the whites of four well-beaten eggs. Beat all together until light and foamy. Just before it sets add a pint of whole strawberries and pour into a mold that has been dipped in cold water. Serve with whipped cream.

Strawberry Salad.—Arrange tender white head lettuce in the form of nests. Fill each nest with fresh strawberries and put a tablespoonful of mayonnaise on each. When making mayonnaise for this salad, omit the mustard.

Strawberries mashed with sugar (powdered), and flavored with a little lemon juice makes a nice filling for sandwiches. Thin sponge cake could be used instead of bread for the sandwiches.

A delicious pie is made by baking a rich pastry shell and filling it with sweetened fresh berries. Over the top put a cover of sweetened whipped cream and garnish with quartered berries.

Nellie Maxwell.

A Matter of Training.
When Josephine was six years old she was taken for the first time to see a trained animal show, and went home much pleased with the performance. As she was at times slow to obey, her mother thought this a good time to teach her a lesson, so she said: "Don't you think, Josephine, that if dogs and ponies and monkeys can learn to obey so well, a little girl like you, who knows much more than animals, should obey even more quickly?" "Of course, I would, mother," came the instant reply, "if I had only been as well trained as they have been."

Table Popularity.
They say Miss Lulu is very popular when charity banquets are in question. "So they tell me. She is a regular dinner belle."

HEALTHY KIDNEYS ESSENTIAL TO PERFECT HEALTH.

When healthy, the kidneys remove about 500 grains of impure matter from the blood daily; when unhealthy, some part of the impure matter is absorbed, causing various diseases and symptoms. To attain perfect health, you must keep your filters right. You can use no better remedy than Doan's Kidney Pills.



Dr. R. F. Marshall, East Oakland, Cal., says: "I practiced medicine in Marshall County, Iowa, from 1870 to 1891 and during that time I became conversant with the splendid properties of Doan's Kidney Pills. I prescribed them in cases of kidney trouble with excellent results."

Remember the name—Doan's. For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

GETTING FRIENDLY.



Tom—Making any progress in your suit for Miss Millyun's hand?
Dick—Oh, yes.

Tom—Why, I heard her father kick you out every time you called.

Dick—Yes; but he doesn't kick me as hard as he used to.

ECZEMA BROKE OUT ON BABY

"When my baby was two months old, she had eczema and rash very badly. I noticed that her face and body broke out very suddenly, thick and red as a coal of fire. I did not know what to do. The doctor ordered castile soap and powders, but they did no good. She would scratch, as it itched, and she cried, and did not sleep for more than a week. One day I saw in the paper the advertisement of the Cuticura Soap and Cuticura Ointment, so I got them and tried them at once. My baby's face was as a cake of sores.

"When I first used the Cuticura Soap and Cuticura Ointment, I could see a difference. In color it was redder. I continued with them. My baby was in a terrible condition. I used the Cuticura Remedies (Soap and Ointment) four times a day, and in two weeks she was quite well. The Cuticura Remedies healed her skin perfectly, and her skin is now pretty and fine through using them. I also use the Cuticura Soap today, and will continue to, for it makes a lovely skin. Every mother should use the Cuticura Remedies. They are good for all sores, and the Cuticura Soap is also good for shampooing the hair, for I have tried it. I tell all my friends how the Cuticura Soap and Ointment cured my baby of eczema and rash." (Signed) Mrs. Drew, 210 W. 15th St., New York city, Aug. 26, 1910.

Cuticura Remedies are sold throughout the world. Send to Potter Drug & Chem. Corp., Boston, Mass., for free booklet on the skin.

His Wurst.
The German proprietor of a Brooklyn delicatessen store has got far enough along to pun in English. A writer in the New York Sun reports the fact.

Hanging in the window of the little shop is this advertisement: "The Best You Can Do Is Buy Our Wurst."—Youth's Companion.

Important to Mothers
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletcher* In Use For Over 30 Years. Children Cry for Fletcher's Castoria

If You Have Money.
"That fellow Gotrox is a multimillionaire. He has more money than brains."
"Well, what does he want with brains?"

Give Defiance Starch a fair trial—try it for both hot and cold starching, and if you don't think you do better work, in less time and at smaller cost, return it and your grocer will give you back your money.

The Riddle.
The Sphinx propounded a puzzle. "Why does it always rain the day you move?" she asked.
Herewith the ancients gave it up.

It sometimes happens that a street fight reminds a married man that there are other places like home.

When a married woman prays for a hat, the Lord may answer her prayer, but it's her husband who pays for it.

Lewis' Single Binder gives a man what he wants, a rich, mellow-tasting cigar.

When a girl yawns it's up to the young man to get in the home stretch.