Always Makes
Good


PUT YOUTH ON HIS GUARD


in a , Never beard of tite" replled Charles
 remember, ht was that pair of silpperrs
I presented o you the Corrstmas be
tore we were marrled that ted to our




 All." REASONED IT OUT A
 the same nort ot ocereftil attenton $v$
himeelf nid to hlis health. And yel himseif and to hla health. And yef
his buisnees would be worth Hutte without good health to caro for tit $A$.
buasiness man tells how he did htm
 ond out what was needed, and the
changing to the right tood. ed a great deal after mealls. My too
 thise renoered mo more or leas untit
tor business, and I mado up my mind that homething would have to be done
Reffection led me to the concluston that overeatitng, alling the estomacil Tor miny of the Hiss that human fienh
endures, and that I was punatulug was makting me mo dull, heary ane un
comfortable, and unft for busines atter meals. 1 concluded to try Grape
Nuts
feod to gee what $1 t$ could do for T have been wising it tor some
monthn now, and am Elad to say that

${ }^{-1} \mathrm{hava}$ regained my n
and find that busineas is a ploasure once more can take more interest tin
it, and my mind ise clearer and mone Name fiven by Postum Co , Battle
Creek, Mich.


##  ravalajes <br> Secretary Fisher Faces Big Task

## HOME OF CPOCOCEII



|  | Mount Wilson simultaneously, and ifthe two sets of measurements should agree the conclusion will be proved. |
| :---: | :---: |
|  |  |
|  |  |
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|  |  |
|  |  |
| Is not often made in astronomical work. This investigation is expected to |  |
|  |  |
|  |  |
| a corresponding variation in the temperature of the earth. While this dis |  |
|  |  |
|  |  |
|  |  |
|  |  |

Uncorseted Girl Belle of Capital

$D_{\text {with the }}^{\text {EAL }} 1$
$\qquad$



Her hatr she dresses with Greclan
simplicity-the wnole ensemble agree
ing pertecty with the satif shat

MacVeagh Will Abolish Red Tape



| W Hine the cuatoms service tis be position at the treasury depariment to clip off red tape wherever posalble. The abues has grown up through many years, and Secretary MacVeagh wants to ellminate it and practical pollttes whenever be can $A$ collect or at a small port in New Jersey, who has a record of collecting 50 cents a year and drawing $\$ 40 \mathrm{in}$ saiary and expenses recently was called to ac- count for not seading certaln $\begin{aligned} & \text { to }\end{aligned}$ docu | ary, I had not sworn that I had re celved the salary which 1 1 had pald myself. cont me 25 cents. <br> I then had to put in a voucher for the 25 centa and make an amdavi that I had pald myself the 25 cents This, according to a new ruling, wa accompanied by an affidavit that I had received the 25 cents. I had sworn had pald myself. This han started an endless chain, which threatens to land me in an insane asylum." | them the wages range from $\$ 10$. month for common help to $\$ 30$ and $\$ 50$ for specialists-that is, for in stance, qualifled cooks. <br> New York'e street-Car Traffle. <br> New York +-More than 50 per cent of $3,500,000$ persons, of the seven mil Hons living in Greater New York and its environs, ride dafly on the trao tion lines of the Metropolitan district according to statisties completed by |
| :---: | :---: | :---: |the public service commision.



## 

## WHERE WOMEN ARE WANTED

Farmers of the Great Canadian North
West Are Suffering From
Lonelliness.
Winnipeg, Man-The farmers hang
about the tiny stations that dot the rout the thy stations that dot the
reat trancontinental rallroad tracks watting for a sight of the emigrant
siris on the west-bound truing that
goen through once in 24 hours. Every

$$
\begin{aligned}
& \text { ne of them is on the lookout for a } \\
& \text { iffo. Loneliness is not good for a } \\
& \text { nan, and that ts why one finds hun }
\end{aligned}
$$

Preserved as Memorial to Hero of the Alamo.


$$
\begin{aligned}
& \text { Ireds of young fellown who are de } \\
& \text { veloping the land of the great north. } \\
& \text { west eaker to find a mate. }
\end{aligned}
$$

noney to send them out." dearth o
Further proof of the d
somen in Canada is furnished by Arneetle service of varloun kinds is to
be had for the anking.".
Jut a word of warning, however
Girla must not expect to be snapped
A Poor Weak Woman
550 for specialists-thet is.
tance, qualifled cooks.
New York'e Street-Car Trampe.
New York, +More than 50 perof $3,500,000$ persona, of the seven mil
Itons Iving in Grater NNew York and
Its environs, rlie deally on the trao
tion lines of the Metropolitan district

## Hood's Sarsaparilla

## Which effecta ita wonderful cures, not simply because it contains sarasparil-

 la, but because it combines the utmpst remedial values of more than twentydifferent ingredients. There is no renl substitute for Hood's Saraaparilla. different ingredients. There is no renl subatitute for Hood's Saraaparilla.
If urged to buy any preparation said to be "just as good,", you may bo sure
it is inferion costs "JUST FERNINST THE HILL"


PHYSICAL WRECK RESTORED TO


The Farmer's Son's Great Opportunity

$$
=
$$

Bix

,
Felt by so many upon the return of warm weather is due to the impure, impoverished, devitalized condition of the blood which causes that tired feeling and loss of appetite as well as the pimples, bolls and other eruptions so common at this season. boils and other eruptions so common at this seaso


"One who heows
body, of course."

We always like those who admire
us; we do not aways ilke those whom
we ndmire.- Francla Duc de noche-

Why quarrel over rellgtion when
men agree-all men, that to, at
Garfied Tee will win your npproval. It
jo phenent to toke, mind in attion and very
healhegiving. It overcomes conatipation,8mokeren like Lowin' ' Single /
for its rich mellow quality.

## Debility

 Graduation. Upper clans for Advancod
Special Stadent. Muxic and Art Writo OLD SORES CURED


RUPTURE cured in a fow day
 SWEEPSTAKES prizw winning Reatan Yel

PATENTS

$$
\begin{aligned}
& \text { Afsomonaniv mato } \\
& \text { her } \\
& \text { mudiden Crif or Fhemethers Catororin } \\
& \text { Pamat bivo meman yituot vili }
\end{aligned}
$$

