

SOIL FOR CABBAGES

Cool, Moist Loam, With Abundant Supply of Nitrogen.

Vegetable Is Grown More Or Less Successfully From Semi-Tropics to Arctic Circle in Alaska—Culture by Irrigation.

(By E. R. BENNETT, Colorado Agricultural College.)

Cabbages have been grown for home consumption since the early settlement of this country. About 1880 the potato buyers of the Greeley district found there was a considerable demand for cabbage in the southern markets...

The soil best adapted to the growth of the cabbage is a cool, moist loam. An abundant supply of available nitrogen tends to promote leaf growth at the expense of fruit or seed.

None of the horticultural products have a wider range as to climate than the cabbage. This vegetable is grown more or less successfully from the semi-tropics to the arctic circle in Alaska.

Much of the land used for cabbage growing is considered too valuable to rotate in the usual way. If alfalfa is used the land may be sufficiently fertile to produce a crop without the addition of manure.

After the crop is taken off in the fall, the plow is run under each row, turning the old stumps and leaves of the cabbage under. This leaves the surface rough, so as to catch the snows of winter...

Seed must be sown from six to seven weeks before it is desired to set the plants in the field. The time of setting early plants necessarily varies somewhat with the season.

Excitement or abuse lessens the flow of a cow's milk. The last profit, though by no means the least, is in the rearing of calves.

When peaches are ripe, the matter of suitable desserts becomes a very simple one for peaches are of all fruits most delicious. There are hundreds of ways in which the peach may be served either cooked or in its natural state.

Old-fashioned home remedies. For toothache dampen a small piece of cotton with oil of cloves and put in the cavity of the tooth.

For sore stomach take a teaspoonful of soda in a glass of water and sip slowly before meals.

Green Tomato Lemon Meringue Pie. Line a dish with good pie crust, fill two-thirds full with alternate layers of green tomatoes and lemon.

Sunshine Cake. Cream one cupful of butter, add three cupfuls of sugar and the well beaten yolks of ten eggs.

From six well scrubbed grate the yellow rind, pour over this a pint of water and steep an hour, then drain. To a cup of sugar add a pint of water.

Weeds rob crops of needed plant food and moisture. Kill them when small or even before germination is complete.

IRRIGATE IN GROWING SEASON

By Proper Handling of Water Farmer May Draw From Lower Depths for Plant Food.

While it is true that the majority of field crops reach down into the soil two or three feet and tap the plant foods at these depths, yet the surface of the soil would still be deficient were it not for the water which brings the foods up from the lower depths and distributes them evenly among the roots.

To be able to irrigate intelligently, a farmer should be possessed of these facts. It is necessary that he should know the depth of the soil in order that he may know how long he should irrigate or to what depth he may safely saturate his ground.

If a cooked cereal is used it is worth noting that a cereal is either made or marred by salt. Too much spoils it, too little makes it flat, and no amount of salt added will season it as if it were cooked in it.

The flour and lard or butter for pastry may be prepared in sufficient quantity to last for several days and kept in the icebox to be used when needed.

Work is good for us and those who sit around panting with the heat, doing nothing but talk of the weather and their sufferings are much more uncomfortable than those who are busy and have the mind well occupied.

WASH drives the horses of the sun. Shall I lord it but a day; Better the lowly deed were done, And kept the humble way.

The happiest heart that ever beat "Was in some quiet breast That found the common daylight sweet, And left to heaven the rest."

LAUGH and the world laughs with you; weep, and you weep alone, For this grave old earth has need of mirth, It has sorrow enough of its own.

Put a silver knife in the empty fruit jar before turning in the hot fruit and you will not have a cracked jar.

Let the air bubbles up by thrusting a fork or knife down the inside of a jar filled with fruit before sealing it.

After the rubber and lid are adjusted screw the lid down as tight as possible, then with the back of a knife tap the edge of the lid firmly down on the rubber, this will prevent it from leaking.

Take nine cupfuls of corn freshly cut from the cob, a cupful each of sugar and water and a half cupful of salt. Stir until the salt and sugar is well dissolved, then can without cooking in air-tight cans.

For old-fashioned home remedies. For toothache dampen a small piece of cotton with oil of cloves and put in the cavity of the tooth.

For pain in the chest or headache with a cold, apply camphorated oil with rubbing, then cover with a cloth.

For chronic indigestion add one-half an ounce of lime water to a pint of boiled water, take a tablespoonful at a time for relief.

For sour stomach take a teaspoonful of soda in a glass of water and sip slowly before meals.

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The KITCHEN CABINET

THIS learned I from the shadow of a tree, That to and fro did away upon the wall Our shadow selves, our influences, may fall Where we can never be.

Summer Breakfasts. To most housewives the first meal of the day is the one most difficult to prepare.

Many a case of indigestion and bad temper may be followed back to a poorly planned and worse cooked meal. Our food has much to do with our dispositions.

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BE PROMPT at meals, And don't find fault; Let wit provide Both spice and salt; Smile at mistakes, And overlook Some of the blunders Of the cook.

Hot Weather Hints. All the exertion exercised to endure the heat and the enervating atmosphere while performing household tasks during the summer.

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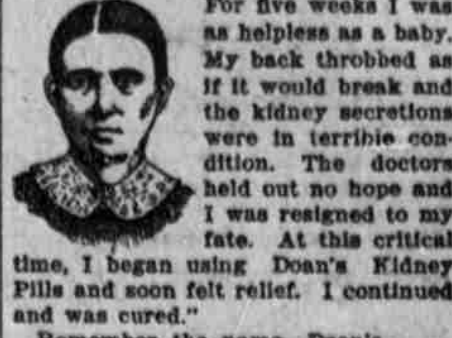
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GIVEN UP TO DIE. Doan's Kidney Pills Effect Marvelous Recovery.

Mrs. M. A. Jenkins, Quannah, Texas, says: "I was bloated almost twice natural size, I had the best physicians but they all failed to help me.



Remember the name—Doan's. For sale by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Saucy Soldier Shut Her Up. Col. Robert C. Carter at a Nashville banquet was talking about campaign comrades.

"Then there was Dash of Company A," he said. "Dash had the reputation of being the nastiest tongued man in the regiment.

"It was Private Dash, you know, who, out foraging one evening on a rich estate, came accidentally upon the owner's wife, a grande dame in evening dress.

"Dash asked her for food. She refused him. He asked again. But, still refusing, she walked away.

"No," she said, "I'll give you nothing, trespassing like this; I'll give you nothing. My mind is made up."

"Made up, is it?" said Dash. "Like the rest of you, eh?"

Taken at His Word. "Since you are so busy today," said the urbane journalist, "will you kindly tell me when and where I can meet you for an interview?"

"Go to blazes!" exclaimed the irate politician.

"Thanks, I'll consider it an appointment."

No man can justify censure or condemn another, because, indeed, no man truly knows another.—Sir Thomas Browne.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. Be a teetotal.

If you would keep your friends don't put them to a severe test.

Muscle lends expression to that for which the speech has no words.—Carmen Sylva. When the yellow streak begins to work out of some people they have a fit of the blues.

ASSIST YOUR WEAK STOMACH. Oftentimes the stomach needs some assistance in its great work of digestion and assimilation and an occasional dose of Hostetter's Stomach Bitters will give that assistance better than anything else you might take.

STOCKERS & FEEDERS. Choice quality; feeds and rations, white faces or Angus bought on orders. Tens of thousands to select from.

TRY MURINE EYE REMEDY. For Red, Weary, Watery Eyes and GRANULATED EYELIDS. Murine Doesn't Smart—Soothes Eye Pain.

A HOMESTEAD. Do you want a Land Homestead? Information sent free. How to Get a Farm of Land. Address: THE COLONY HOMESTEAD COMPANY.

REAL ESTATE.—Mines—Stocks at Goldfield, Nev. Two-story, modern new building on 1/2 acre lot at 100—18 rooms up—upstairs. Price \$1,200. W. J. Donnelly, Box 1814, Goldfield, Nev.

Attention Sick Women. If you had positive proof that a certain remedy for female ills had made many remarkable cures, would you not feel like trying it? If during the last thirty years we have not succeeded in convincing every fair-minded woman that Lydia E. Pinkham's Vegetable Compound has cured thousands and thousands of women of the ills peculiar to their sex, then we long for an opportunity to do so by direct correspondence.



Mrs. J. H. Breyer, St. Regis Falls, N. Y. "Two years ago I was so bad that I had to take to my bed every month, and it would last from two to three weeks. I wrote to you for advice and took Lydia E. Pinkham's Vegetable Compound in dry form. I am happy to say that I am cured, thanks to your medicine and good advice."



For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No sick woman does justice to herself who will not try this famous medicine. Made exclusively from roots and herbs, and has thousands of cures to its credit.

MICA AXLE GREASE. Keeps the spindle bright and free from grit. Try a box. Sold by dealers everywhere. STANDARD OIL CO. (Incorporated). For DISTEMPER. Pink Eye, Epistaxis, Shipping Fever & Catarrhal Fever.